## **ILERAEKO STANDARD JAARA**

## **SCOPE OF BENEFIT COVERAGE**

DETAILS	ILERAEKO STANDARD JAARA
Consultation	
<ul> <li>Registration</li> <li>General consultation</li> <li>Blood Pressure, Weight, Temperature Checks, Height, RR</li> <li>Specialist Consultation         <ul> <li>(General surgeons, Paediatrician, ENT Surgeon, Dietician, Gynaecology, Family Physician, Cardiology, Orthopaedics)</li> <li>Physiotherapy (when medically indicated)</li> </ul> </li> </ul>	COVERED (limited to 4 visits)
	(Up to 5 sessions annual)
COMMON AILMENTS	
<ul> <li>Outpatient care for common ailments - Malaria and other acute uncomplicated febrile illnesses, Diarrhoeal diseases, Acute respiratory tract infections, Uncomplicated pneumonia, Simple anaemia (not requiring blood transfusion), Simple skin diseases Other uncomplicated bacterial, fungal, parasitic and viral infections and illnesses,</li> <li>Follow-up treatment of chronic illnesses, e.g. Hypertension, Diabetes mellitus, Sickle cell, Asthma, Osteoarthritis.</li> <li>First Aid for Dog bites, Snakebites, Scorpion stings, and other minor musculoskeletal diseases</li> </ul>	COVERED
CHILDHOOD ILLNESSES	
<ul> <li>Feeding problems and nutritional counselling</li> <li>Treatment of common childhood illnesses, e.g., (Malaria and other uncomplicated febrile illnesses, Diarrhoea diseases, Uncomplicated malnutrition, Measles, Upper respiratory tract infections.</li> <li>Uncomplicated pneumonia and other childhood exanthemas, Common skin diseases</li> </ul>	COVERED
EYECARE	
· Treatment of minor eye ailments including Conjunctivitis, Parasitic and allergic ailments, Simple contusion, Abrasions	COVERED
· Removal of conjunctival non-penetrating foreign body	COVERED
· Refraction, Lens and Frames	N 10,000 LIMIT
• Pterygium Surgery	COVERED
· Cataract Extraction Surgery	COVERED
FAMILY PLANNING SERVICES	

· Counselling on family planning methods	COVERED
· Provision of services - Oral Contraceptive, Condom (3units-per family/policy)	COVERED
· Provision of services - Emergency contraception, Injectables, Implant, Plain	COVEDED
Intrauterine contraceptive device (Copper T)	COVERED
CHILD WELFARE SERVICES	
· Nutritional advice, health education and other services	COVERED
· Growth monitoring	COVERED
·National Programme on Immunization (NPI) schedule for Under 5s	COVERED
HOSPITAL CARE AND ADMISSION	
·Standard/General ward	
· A single meal where available	COVERED
· 15 days cumulative/annum	
PHARMACEUTICAL CARE	
· Provision of prescribed drugs in line with LSHS drug formulary	COVERED
BLOOD TRANSFUSION	
· Two (2) pint limit per year	COVERED
· Donor Screening	
CHRONIC DISEASE	
· Screening and Diagnosis of Diabetes, Hypertension, Asthma, Osteoarthritis.	COVERED
· Treatment of Diabetes, Hypertension. Asthma and Osteoarthritis	COVERED
· Periodic routine investigations for Diabetes and Hypertension	O TENEB
HIV/AIDS SERVICES	
· Provider initiated test based on clinical guidelines	COVERED
· Referral to HIV referral centres for treatment	
· Client-Initiated testing (once a year)	COVERED
· HIV service charge (consultation and dispensing of medication)	COVERED
· Perinatal HIV exposure for Neonate (Zidovudine and Nevirapine)	COVERED
TUBERCULOSIS SERVICES	
· Sputum AFB for Tuberculosis	COVERED
Referral linkages to designated treatment centres for treatment)     TB Service charge (Consultation, counselling and dispensing of drugs)	COVERED
HAEMATOLOGY	COVERED
· Full Blood count, ESR Westergren, Malaria Parasites, Genotype	COVERED
Rhesus Factor, Blood Group, Bleeding Time, Clotting Time, Prothrombin	COVERED
Time (PT), Partial Thromboplastin Time (PTT), Screening of Blood	COVERED
CLINICAL CHEMISTRY	
Random/Fasting Blood Sugar, 2HPP, Electrolyte (Sodium, Potassium, Chloride	
& Bicarbonate)	COVERED
· Pregnancy Test, Urinalysis, Widal	COVERED
· Oral Glucose Tolerance Test (OGTT)	
· Blood Urea Creatinine, Creatinine Clearance,	
· Liver function Test (Cholesterol, Triglyceride, HDL/LDL Cholesterol, Gamma GT, Uric	0.01/5555
Acid, Bilirubin (Direct/Indirect)	COVERED
· Albumin, Glycosylated Haemoglobin (HbA1C)	
MICROBIOLOGY	
·Sputum M/C/S	COVERED
· M/C/S for urine, stool, blood, HVS, wound swabs, semen and CSF	
· Semen analysis	COVERED
· Helicobacter Pylori	
DIAGNOSTIC RADIOLOGICAL INVESTIGATIONS	
·Plain X-Ray (Chest, limbs, <mark>abdomen</mark> , vertebra, <mark>pelvis</mark> )	COVERED

· Echocardiogram	COVERED 1 per year
ULTRASOUND SCAN & TESTS	i por your
· Obstetric Scan	COVERED
· Abdomen USS, Pelvic USS	2 PER YEAR
·ECG	(2 Per Year)
·Cervical Cytology (VIA)	(1 Per Year)
·Mammogram	(1 Per Year)
MATERNAL & NEWBORN CARE (PRINCIPAL OR SPOUSE ONLY)	
· Antenatal Services (VDRL, Hep B (HbsAg), HIV, blood group, BP, glucose, HB, prenatal drugs and at least 2 routine ultrasound scans)	COVERED
· Cervical Cerclage	COVERED
· Normal Delivery, Assisted vacuum or forceps deliveries,	
· Elective/Emergency Caesarean Section	COVEDED
Dilatation and curettage for missed abortion and incomplete abortion,	COVERED
·Rho(D) immune globulin human (Anti-D)	
·Hysterectomy	
Explorative laparotomy indicated to control post-partum haemorrhage, Ruptured	COVERED
Ectopic	
National Programme on Immunization (NPI) vaccination schedule	00//5050
· Circumcision of a male neonate	COVERED
Ear piercing of female neonate	
Perinatal care for the following conditions in the first 28days  Ø Incubator care for premature newborn (5 days limit)	COVERED
Ø Ophthalmia neonatorum, Phototherapy, Asphyxia, Sepsis, EBT, Neonatal Tetanus.	COVERED
Local Ambulance Services for Maternity emergency from Primary care facility	COVERED
DENTAL CARE	OOVERED
· Preventive oral health care COUNSELLING	
·Scaling and polishing (once a year),	COVERED
·Non-Surgical extraction (max 2 per annum)	
·Dental X-ray (max 2 per annum)	COVERED
·Composite Filing (max 1 per annum)	COVERED
SURGERIES	
Minor	
· Incisions and Drainages	COVERED
· Suturing of Minor Laceration	
· Wound dressing (5 days limit)	
· Herniotomy Herniorrhaphy, Appendectomy,	COVEDED
· Lumpectomy (ganglion, simple lipoma, breast)	COVERED
POP application for simple fractures  Major	
· Exploratory Laparotomy (Ruptured appendix & Ruptured Ectopic)	
Salpingectomy	COVERED
Repair of vesicovaginal/recto-vaginal fistula	
Renal Dialysis	
· Acute Renal Failure (at designated centers)	COVERED (3 Sessions)
ANNUAL MEDICAL SCREENING (at designated centers) FOR PRINCIPAL & SPOUSE	[ <del></del>
· Physical examination	COVERED
· Urinalysis	COVERED

<ul> <li>Fasting Blood Sugar</li> <li>Total Cholesterol</li> <li>Basic Eye Exam</li> <li>CA- 125</li> <li>Stool, occult blood</li> <li>X-RAY Chest (PA View)</li> <li>PAP Smear</li> <li>Sono Breasts</li> </ul>	COVERED COVERED COVERED COVERED COVERED COVERED COVERED COVERED COVERED
• HbsAg	COVERED
·Serum PSA (Male 40 Years & Above)	COVERED
EMERGENCY CARE	
<ul> <li>Establishing an intravenous (infusion) line, Simple tracheostomy, Management of convulsion, Control of bleeding, Cardio-Pulmonary resuscitation, Assisted respiration (e.g. Ambu bag, etc.),</li> <li>Management of simple fractures (using splints, neck collars etc.),</li> <li>Aspiration of mucus plug to clear airways. Acute Asthma Attack &amp; other emergency conditions as may be listed from time to time</li> </ul>	COVERED
TELEMEDICINE SERVICES	
<ul> <li>Teleconsultation Services (Physical access at the vBooth 8:30am – 4pm &amp; 24hrs via the App and Telephone 080000 EKO-VBT 080 000 356 828)</li> <li>Advice / Prescription for medication where available</li> <li>Health education broadcast</li> <li>Mental Health Consultation &amp; Counseling</li> </ul>	COVERED
CANCER TREATMENT From second continuous year on the scheme at Designated	
Centres)	
Treatment of Breast, Prostate, Cervix, Colorectal     Childhood cancer - Burkitt's Lymphoma and Retinoblastoma	N2,000,000 LIMIT

## **PLAN PREMIUMS**

	INDIVIDUAL		FAMILY OF UP TO 4		FAMILY OF UP T		
	Individual Premium	Annual Rates	Family Premium (4 Size)	Annual Rates	Family Premium (6 Size)	Annu Rate	
Annual	15,000	15,000	55,000	55,000	80,000	80,00	
Semi Annual	8,000	16,000	29,250	58,500	42,500	85,00	
Quarter	4,125	16,500	15,000	60,000	22,000	88,00	
Month (Initial Premium Payment- 3Months Lump Sum)	1,500	18,000	5,400	65,000	8,000	96,00	

## <u>Notes</u>

- Access to Maternal Services, Surgeries, Annual Medical Investigations and Secondary Services is subject to full payment of annual premiums.
- 2. Maternal Care is an exclusion for dependents
- 3. Family of up to 4 comprises of Principal, Spouse & 2 children below 23 years, or Principal and 3 children below 23 years.
- 4. Family of up to 6 comprises of Principal, Spouse & 4 children below 23 years, or Principal and 5 children below 23 years.
- 5. Adult dependent age limit is under 23 years.
- 6. Additional dependent below 23 years will attract an additional premium of N10,000
- 7. Additional dependent above 23 years will attract the individual premium
- 8. Payment of premiums must be made on or before 25th of every month to initiate access to care the following month.