

## Stock report dated - 18 August 2025 21:43

| SI No | Item Name  | QTY Zoho | QTY Shelf | Category          |
|-------|--|----------|-----------|-------------------|
| 1     | Coconut oil cold pressed/ Nariyal Tel - 1 litre                        | 31       |           | Cooking Oils      |
| 2     | Coconut oil cold pressed/ Nariyal Tel - 200 ml                         | 4        |           | Cooking Oils      |
| 3     | Cold Pressed Mustard Oil   Kachi Ghani Sarson Ka Tel   1 Litre         | 4        |           | Cooking Oils      |
| 4     | Cold Pressed Mustard Oil   Kachi Ghani Sarson Ka Tel   500 ml          | 3        |           | Cooking Oils      |
| 5     | Cold Pressed Oil Trial Pack - 200ML Each                               | 2        |           | Cooking Oils      |
| 6     | Cold Pressed Safflower Oil - 1 Litre                                   | 3        |           | Cooking Oils      |
| 7     | Groundnut Oil (Cold Pressed) - 1 Litre                                 | 25       |           | Cooking Oils      |
| 8     | Groundnut Oil (Cold Pressed) - 200 ML                                  | 11       |           | Cooking Oils      |
| 9     | Groundnut Oil (Cold Pressed) - 500 ml                                  | 5        |           | Cooking Oils      |
| 10    | Groundnut Oil (Cold Pressed) - Tin - 5 Litres                          | 1        |           | Cooking Oils      |
| 11    | Sesame / Gingelly / Til Oil (Cold Pressed) - 1 Litre                   | 25       |           | Cooking Oils      |
| 12    | Sesame / Gingelly / Til Oil (Cold Pressed) - 200 MI                    | 3        |           | Cooking Oils      |
| 13    | Sesame / Gingelly / Til Oil (Cold Pressed) - 500 MI                    | 3        |           | Cooking Oils      |
| 14    | Castor Oil (Cold Pressed) - 1 Litre                                    | 3        |           | Essential Oils    |
| 15    | Castor Oil (Cold Pressed) - 200 ml                                     | 8        |           | Essential Oils    |
| 16    | Cold Pressed Flax Seed oil - 200MI                                     | 3        |           | Essential Oils    |
| 17    | Cold Pressed Kalonji Oil / Black Seed Oil / Karunjeeragam Oil - 100 ml | 1        |           | Essential Oils    |
| 18    | Lamp Oil 1000ml  | 3        |           | Essential Oils    |
| 19    | Mahua Oil - Iluppai Ennai - Chekku Deepam Oil - 500MI                  | 3        |           | Essential Oils    |
| 20    | Neem Oil - Veppa Ennai - 1 Litre                                       | 2        |           | Essential Oils    |
| 21    | Neem Oil - Veppa Ennai - 200 ml  | 5        |           | Essential Oils    |
| 22    | Virgin Coconut Oil (Centrifugal Method) - 200 ml                       | 2        |           | Essential Oils    |
| 23    | Virgin Coconut Oil (Centrifugal Method) - 500 ml                       | 3        |           | Essential Oils    |
| 24    | Pure Cow Ghee - 1000 MI  | 1        |           | Pure Ghee         |
| 25    | Pure cow ghee 250 ml   | 8        |           | Pure Ghee         |
| 26    | Pure cow ghee 500 ml   | 6        |           | Pure Ghee         |
| 27    | Pure Desi / Gir Cow Ghee (A2) - 250 ml                                 | 3        |           | Pure Ghee         |
| 28    | Pure Desi / Gir Cow Ghee (A2) - 500 ml                                 | 3        |           | Pure Ghee         |
| 29    | Cane Jaggery - 500gms  | 7        |           | Natural Sweetners |
| 30    | Cane Jaggery Powder - NattuSakkarai 1 Kg                               | 9        |           | Natural Sweetners |
| 31    | Nattu Sakkarai - Cane Jaggery Powder (500gms)                          | 6        |           | Natural Sweetners |
| 32    | Natural Honey - 500 gms  | 3        |           | Natural Sweetners |
| 33    | Palm Sugar - Panavellam (500 gms)                                      | 4        |           | Natural Sweetners |
| 34    | Ponni - Boiled Rice - 5 Kgs  | 3        |           | Regular Rice      |
| 35    | Ponni - Raw Rice - 5 Kgs   | 3        |           | Regular Rice      |
| 36    | Ponni - Raw Rice - 500 gms   | 4        |           | Regular Rice      |
| 37    | Black Kavuni - Karuppu Kavuni Rice - 1 kg                              | 7        |           | Traditional Rice  |
| 38    | Black Kavuni - Karuppu Kavuni Rice - 500 gms                           | 6        |           | Traditional Rice  |
| 39    | Brown Rice - Handpound Rice - 500 gms                                  | 6        |           | Traditional Rice  |
| 40    | Idli Rice - 5 Kgs  | 2        |           | Traditional Rice  |
| 41    | Karunguruvai Rice - 500 gms  | 4        |           | Traditional Rice  |
| 42    | Kichili Samba Rice - 500 Gms   | 6        |           | Traditional Rice  |
| 43    | Kullakar Arisi - Idli Rice - 500 gms                                   | 5        |           | Traditional Rice  |
| 44    | Mappillai Samba Arisi (Red Rice) - 500gms                              | 8        |           | Traditional Rice  |
| 45    | Poongar Rice - Boiled Rice - 500gms                                    | 5        |           | Traditional Rice  |
| 46    | Red Rice - Puttu Arisi -500 gms  | 4        |           | Traditional Rice  |
| 47    | Seeraga Samba Rice - 500 gms   | 3        |           | Traditional Rice  |
| 48    | Thooyamalli Rice - Traditional Rice - 1 Kg                             | 7        |           | Traditional Rice  |

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| 49    | Thooyamalli Rice - Traditional Rice - 5 kg                  | 1        |           | Traditional Rice   |
| 50    | Thooyamalli Rice - Traditional Rice - 500 Gms               | 6        |           | Traditional Rice   |
| 51    | Cholam (Sorghum Millet) – 500 gms                           | 2        |           | Pulses and Millets |
| 52    | Dark Red Kidney Bean - 500 gms                              | 3        |           | Pulses and Millets |
| 53    | Green Moong Dal/Chilka - Full (500 Gms)                     | 4        |           | Pulses and Millets |
| 54    | Kabuli Channa White - 500 Gms                               | 2        |           | Pulses and Millets |
| 55    | Kadalai Paruppu   Channa Dhal   Bengal Gram Dal (500 gms)   | 4        |           | Pulses and Millets |
| 56    | Kollu - (Horse gram) - 500 gms                              | 4        |           | Pulses and Millets |
| 57    | Kuthiraivali (Barnyard millet) - 500 gms                    | 2        |           | Pulses and Millets |
| 58    | Naatu Karamani - Red Beans (500 Gms)                        | 2        |           | Pulses and Millets |
| 59    | Naatu Karuppu Kadalai / Mookkadala (500 Gms)                | 2        |           | Pulses and Millets |
| 60    | Paasi Paruppu   Moong Dhal (500 Gms)                        | 8        |           | Pulses and Millets |
| 61    | Paasi Paruppu   Moong Dhal - 1 kg                           | 5        |           | Pulses and Millets |
| 62    | Roasted Bengal Dal / Udachakadalai / Fried Gram Dal 400gms  | 4        |           | Pulses and Millets |
| 63    | Saamai (Little millet) - 500 gms                            | 2        |           | Pulses and Millets |
| 64    | Thinai (Foftail millet) - 500 gms                           | 3        |           | Pulses and Millets |
| 65    | Toor Dhal - Thuvaram Paruppu - 500 gms                      | 7        |           | Pulses and Millets |
| 66    | Toor Dhal – Thuvaram Paruppu - 1 kg                         | 5        |           | Pulses and Millets |
| 67    | Urad Dhal   Ulunthu Parppu - 1 kg                           | 4        |           | Pulses and Millets |
| 68    | Urad Dhal   Ulunthu Parppu - 500 gms                        | 7        |           | Pulses and Millets |
| 69    | Urad Dhal   Ulunthu Paruppu (Split) – 250 gms               | 4        |           | Pulses and Millets |
| 70    | Varagu (kodo millet) - 500 gms                              | 2        |           | Pulses and Millets |
| 71    | Whole Ragi/Finger Millet - 500 Gms                          | 5        |           | Pulses and Millets |
| 72    | Red Poha/ Aval – Flattened Red Rice - 500 Gms               | 2        |           | Rice Flakes        |
| 73    | Barnyard Noodles - Kuthuravali Noodles - 175 Gms            | 9        |           | Millet Noodles     |
| 74    | FoxTail Noodles - Thinai Noodles - 175 Gms                  | 5        |           | Millet Noodles     |
| 75    | Kodo Millet Noodles - Varagu Noodles 175 Gms                | 7        |           | Millet Noodles     |
| 76    | Little Millet Noodles - Saamai Noodles 175 Gms              | 1        |           | Millet Noodles     |
| 77    | Mixed Millet Noodles - Sirudhaniya Noodles - 175 Gms        | 5        |           | Millet Noodles     |
| 78    | Pearl Millet Noodles - Kambu Noodles - 175 Gms              | 6        |           | Millet Noodles     |
| 79    | Proso-Panivaragu Noodles-175 gms                            | 6        |           | Millet Noodles     |
| 80    | Ragi Noodles – Kelvaragu Noodles - 175 Gms                  | 2        |           | Millet Noodles     |
| 81    | Sorghum Noodles – cholam Noodles - 175 Gms                  | 5        |           | Millet Noodles     |
| 82    | Pasta – Foftail Millet (Thinai Pasta) – 175 Gms             | 3        |           | Millet Pastas      |
| 83    | Pasta – Kodo Millet (Varagu Pasta) – 175 GmsPasta           | 2        |           | Millet Pastas      |
| 84    | Pasta – Little Millet (Saamai Pasta) – 175 Gms              | 3        |           | Millet Pastas      |
| 85    | Pasta – Mixed Millet (Sirudhaniya Pasta) – 175 Gms          | 4        |           | Millet Pastas      |
| 86    | Pasta – Pearl Millet (Kambu Pasta) – 175 Gms                | 1        |           | Millet Pastas      |
| 87    | Himalayan Rock Salt (powder) / Indhu Uppu - 1 Kg            | 4        |           | Kitchen Essentials |
| 88    | Himalayan Rock Salt (Small Crystals) / Indhu Uppu - 1 Kg    | 5        |           | Kitchen Essentials |
| 89    | Himalayan Rock Salt (Small Crystals) / Indhu Uppu - 500 gms | 1        |           | Kitchen Essentials |
| 90    | Hing Powder / Perungayam Thool / Asafoetida - 50 gms        | 8        |           | Kitchen Essentials |
| 91    | Long Natural Red Chilli / Milagaai (250 gms)                | 4        |           | Kitchen Essentials |
| 92    | Naatu Dhaniya - Country Coriander - 250 gms                 | 3        |           | Kitchen Essentials |
| 93    | Puli - Tamarind (500 gms)                                   | 2        |           | Kitchen Essentials |
| 94    | Round Natural Red Chilli / Milagaai – 250 gms               | 2        |           | Kitchen Essentials |
| 95    | Bay Leaf / Tejpatta – 50 gms                                | 3        |           | Masala & Spices    |
| 96    | Black Pepper / Milagu 100gms                                | 3        |           | Masala & Spices    |

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| 97    | Black Pepper / Milagu 250gms                             | 2        |           | Masala & Spices    |
| 98    | Black Raisin - Dry Grapes - 50 Gms                       | 2        |           | Masala & Spices    |
| 99    | Cardamom/Elaichi Green/Yelakkai - 25 Gms                 | 3        |           | Masala & Spices    |
| 100   | Ceylon Cinnamon / True Cinnamon - 50 gms                 | 1        |           | Masala & Spices    |
| 101   | Cloves - Lavangam - 50 Gms                               | 4        |           | Masala & Spices    |
| 102   | Cumin Seeds - Jeeragam - 200 Gms                         | 5        |           | Masala & Spices    |
| 103   | Dry Ginger - Sukku (100 gms)                             | 1        |           | Masala & Spices    |
| 104   | Dry Raisin - Kismis 50 Gms                               | 5        |           | Masala & Spices    |
| 105   | Idicha Puli - Grounded Tamarind (500 gms)                | 2        |           | Masala & Spices    |
| 106   | Karunjeeragam - Black Jeera 100gms                       | 4        |           | Masala & Spices    |
| 107   | Kasuri Methi / Dried Fenugreek Leaves - 50 gms           | 1        |           | Masala & Spices    |
| 108   | Kodaikanal Malai Poondur (Single Clove) 250gms           | 2        |           | Masala & Spices    |
| 109   | Masala Tea Powder 100gms                                 | 1        |           | Masala & Spices    |
| 110   | Parambariya Biryani Masala - 50 Gms                      | 3        |           | Masala & Spices    |
| 111   | Parambariya Garam Masala - 50 Gms                        | 3        |           | Masala & Spices    |
| 112   | Star Anise - Annachippu - 50 Gms                         | 2        |           | Masala & Spices    |
| 113   | Vendhayam - Fenugreek - 100 GMS                          | 1        |           | Masala & Spices    |
| 114   | Vendhayam - Fenugreek - 200 Gms                          | 3        |           | Masala & Spices    |
| 115   | Ajwain / Omam / Carom Seeds - 50 gms                     | 2        |           | Dried Nuts & Seeds |
| 116   | Badam / California Almonds - 100 gms                     | 3        |           | Dried Nuts & Seeds |
| 117   | Black Ellu / Black Sesame Seeds /Black Til - 100 gms     | 4        |           | Dried Nuts & Seeds |
| 118   | Chia Seeds - 100 gms                                     | 4        |           | Dried Nuts & Seeds |
| 119   | Flax Seeds 200 Gms                                       | 3        |           | Dried Nuts & Seeds |
| 120   | Gulkand with Honey / No Artificial Ingredients - 250 gms | 2        |           | Dried Nuts & Seeds |
| 121   | Malai Kadugu - Hill Mustard Seeds 200 Gms                | 5        |           | Dried Nuts & Seeds |
| 122   | Natural Black Dates - 500 gms                            | 2        |           | Dried Nuts & Seeds |
| 123   | Natural Cashews - 250 gms                                | 3        |           | Dried Nuts & Seeds |
| 124   | Pista / Pistachios (Roasted and Salted) - 200 gms        | 2        |           | Dried Nuts & Seeds |
| 125   | Poppy Seeds / Khus Khus / KasaKasa - 50 gms              | 2        |           | Dried Nuts & Seeds |
| 126   | Pumpkin Seeds - 100 gms                                  | 4        |           | Dried Nuts & Seeds |
| 127   | Raw Peanut / Groundnut / Fresh Verkadalai - 200 gms      | 3        |           | Dried Nuts & Seeds |
| 128   | Raw Peanut / Groundnut / Fresh Verkadalai - 500 gms      | 2        |           | Dried Nuts & Seeds |
| 129   | Sabja Seeds - Basil Seeds (100 gms)                      | 5        |           | Dried Nuts & Seeds |
| 130   | Sombu - Fennel Seeds - 100 Gms                           | 4        |           | Dried Nuts & Seeds |
| 131   | Sunflower Seeds - 100 gms                                | 2        |           | Dried Nuts & Seeds |
| 132   | Walnuts / Natural Walnut Kernels - Gluten Free           | 1        |           | Dried Nuts & Seeds |
| 133   | White Sesame Seeds / White Ellu / White Til - 100 gms    | 4        |           | Dried Nuts & Seeds |
| 134   | Kothavaranga Vathal - Cluster Beans - 100 Gms            | 5        |           | Vathals & Vadagams |
| 135   | Manathakkali Vathal - 50gms                              | 6        |           | Vathals & Vadagams |
| 136   | Mor Milagai - Dried Chilli - 100 GMS                     | 1        |           | Vathals & Vadagams |
| 137   | Neetu Vadam / Vathal (Rice Fryums) - 200 Gms             | 3        |           | Vathals & Vadagams |
| 138   | Sundakkai Vathal - 100 Gms                               | 1        |           | Vathals & Vadagams |
| 139   | Angaya Powder / Angaya Podi -100 gms                     | 2        |           | Podi Varieties     |
| 140   | Chettinadu Rasam Powder/HomeMade- 250g                   | 2        |           | Podi Varieties     |
| 141   | Coriander Powder - 150gms                                | 5        |           | Podi Varieties     |
| 142   | Ellu Idli Podi (Home Made) - 100 Gms                     | 3        |           | Podi Varieties     |
| 143   | Idli Podi   Home Made - 200 Gms                          | 1        |           | Podi Varieties     |
| 144   | Kancheepuram Idli Podi (Home Made) - 100 Gms             | 4        |           | Podi Varieties     |

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| 145   | Kollu Idli Podi   Horse Gram Podi (Home Made) - 100 Gms    | 4        |           | Podi Varieties  |
| 146   | Moringa Powder – Murangai Keerai Podi 100gms               | 4        |           | Podi Varieties  |
| 147   | Natural Turmeric Powder - 150 Gms                          | 6        |           | Podi Varieties  |
| 148   | Parupu Podi   Home Made - 200 Gms                          | 2        |           | Podi Varieties  |
| 149   | Poondur Idli Podi (Home Made) – 100 Gms                    | 3        |           | Podi Varieties  |
| 150   | Red Chilli Powder – Natural Milagaai Podi – 150gms         | 5        |           | Podi Varieties  |
| 151   | Sambar Powder   Home Made - 500 Gms                        | 1        |           | Podi Varieties  |
| 152   | Sambar Powder   Home Made -250 Gms                         | 2        |           | Podi Varieties  |
| 153   | Sukku powder – Dry Ginger Powder 100gms                    | 1        |           | Podi Varieties  |
| 154   | Amla Candy – 100 gms                                       | 4        |           | Sweets & Snacks |
| 155   | Amla Honey / Amla soaked with Honey – Pack of 12           | 2        |           | Sweets & Snacks |
| 156   | Jackfruit Chips - 40 Gms                                   | 4        |           | Sweets & Snacks |
| 157   | Kadalai Mittai - Peanut Candy 200 Gms                      | 3        |           | Sweets & Snacks |
| 158   | Kadalai Urundai / Peanut Balls 100 gms                     | 1        |           | Sweets & Snacks |
| 159   | Kara Boondi – Homestyle   200 gms                          | 3        |           | Sweets & Snacks |
| 160   | Karuppu Ellu Urundai - 100 gms                             | 2        |           | Sweets & Snacks |
| 161   | Kuthiraivali Cookies - Barnyard Cookies 10 Pcs             | 2        |           | Sweets & Snacks |
| 162   | Masala Kadalai - Masala Peanuts - 125 gms                  | 2        |           | Sweets & Snacks |
| 163   | Mixed Millet Cookies - Siruthaniyam Cookies (Pack of 10)   | 2        |           | Sweets & Snacks |
| 164   | MOGO - Moringa Organic Energy Bar (Pack of 10)             | 2        |           | Sweets & Snacks |
| 165   | Phool Makhana (Roasted)                                    | 3        |           | Sweets & Snacks |
| 166   | Pori Urundai / Puffed Rice Balls –12 nos'                  | 1        |           | Sweets & Snacks |
| 167   | Ribbon Pakoda - 150gms                                     | 1        |           | Sweets & Snacks |
| 168   | Sattur Garlic Seeval - 200 gms                             | 4        |           | Sweets & Snacks |
| 169   | Sattur Kara Sev - 200 gms                                  | 4        |           | Sweets & Snacks |
| 170   | Sweet Corn (vacuum fried)- 40 Gms                          | 2        |           | Sweets & Snacks |
| 171   | Thinai Cookies - Fox Tail Cookies (Pack of 10)             | 2        |           | Sweets & Snacks |
| 172   | Thinai Laddu - Foxtail Laddu - 100 Gms                     | 3        |           | Sweets & Snacks |
| 173   | Coco Scrub - Natural Dishwasher                            | 9        |           | Home Care       |
| 174   | Organic Dishwash Liquids - Drops One - 500 ml              | 2        |           | Home Care       |
| 175   | Organic Washing Detergent Liquid - Drops One - 500 ml      | 3        |           | Home Care       |
| 176   | Aloe vera Gel – Homemade – 100 gms                         | 4        |           | Personal Care   |
| 177   | Amla and Bhringraj Herbal Shampoo                          | 2        |           | Personal Care   |
| 178   | Bamboo Charcoal Toothbrush                                 | 3        |           | Personal Care   |
| 179   | Bamboo Tongue Cleaner – Tongue Scraper                     | 2        |           | Personal Care   |
| 180   | BIO AYURVEDA GREEN APPLE SHAMPOO 650 ML                    | 2        |           | Personal Care   |
| 181   | BIO AYURVEDA NEEM SHAMPOO 650 ml                           | 1        |           | Personal Care   |
| 182   | Hair Oil - (Karisilanganni and Rosemary) - 100 ML          | 3        |           | Personal Care   |
| 183   | Hair Oil - Hibiscus - 100 ml                               | 3        |           | Personal Care   |
| 184   | Hair Oil - Karisilangani and Small Onion - 100 ml          | 1        |           | Personal Care   |
| 185   | Hair Oil - Karisilangani and Small Onion - 200 ml          | 2        |           | Personal Care   |
| 186   | Handmade Baby Soap Bar (Pack of 2)x`                       | 3        |           | Personal Care   |
| 187   | Handmade Soap Bar - Aloe Vera with Coconut Oil (Pack of 2) | 2        |           | Personal Care   |
| 188   | Handmade Soap Bar - Made with pure coconut oil (Pack of 2) | 3        |           | Personal Care   |
| 189   | Handmade Soap Bar – Kuppa Meni Soap (Pack of 2)            | 2        |           | Personal Care   |
| 190   | Handmade Vettiver Soap Bar (Pack of 2)                     | 2        |           | Personal Care   |
| 191   | Handmade Vettiver Soap Bar - 150g                          | 1        |           | Personal Care   |
| 192   | Kasturi Turmeric - Kasturi Manjal Powder 100 Gms           | 3        |           | Personal Care   |

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| 193   | Kids - Bamboo Toothbrush Blue  | 3        |           | Personal Care               |
| 194   | Kids - Bamboo Toothbrush Pink  | 2        |           | Personal Care               |
| 195   | Organic Miyodent Toothpaste-100gms   | 7        |           | Personal Care               |
| 196   | Cast Iron Aapam Chatti   | 1        |           | Natural Cookware            |
| 197   | Cast Iron Kadai - Smooth Finish - Seasoned - Large (10" Diameter)                      | 1        |           | Natural Cookware            |
| 198   | Cast Iron Kadai - Smooth Finish - Seasoned - Medium (8" Diameter)                      | 1        |           | Natural Cookware            |
| 199   | Cast Iron Paniyaram - 7 Pits   | 1        |           | Natural Cookware            |
| 200   | Cast Iron Paniyaram - 9 Pits   | 1        |           | Natural Cookware            |
| 201   | Fry Kadai   Flat Cast Iron Kadai   Pre-Seasoned   Smooth Finish - Large (10" Diameter) | 1        |           | Natural Cookware            |
| 202   | Iron Tadka Pan / Thaalippu Pan / Spice Seasoning Pan                                   | 3        |           | Natural Cookware            |
| 203   | Seasoned Cast Iron Dosa Tawa / Dosai Kallu - Smooth Finish Medium 8-10"                | 2        |           | Natural Cookware            |
| 204   | Cholam Flour (Sorghum) 500 Gms   | 3        |           | Atta and Flours             |
| 205   | Idiyappam / Puttu Flour / Kozhukattai Maavu 500gms                                     | 2        |           | Atta and Flours             |
| 206   | Kambu Dosa Mix - Pearl Millet Dosa Flour - 500g  | 3        |           | Atta and Flours             |
| 207   | Kambu Flour (Pearl Millet Flour) - 500 gms   | 2        |           | Atta and Flours             |
| 208   | Murukku Flour - Murukku Maavu - 500 Gms  | 3        |           | Atta and Flours             |
| 209   | Ragi Dosa Mix - Finger Millet DosaFlour 500g   | 2        |           | Atta and Flours             |
| 210   | Ragi Flour - 500 Gms   | 3        |           | Atta and Flours             |
| 211   | Whole Wheat Flour - Atta - 500 gms   | 2        |           | Atta and Flours             |
| 212   | Samba Broken Wheat / Godhuma Rava / Dalia - 500 gms                                    | 4        |           | Cereals - Wheat             |
| 213   | Raw Rice Broken 500 gms  | 2        |           | Cereals-Rice                |
| 214   | Pungai Oil-Karanja Oil-200 ml  | 6        |           | Cold Pressed Oils           |
| 215   | ABC Malt (100 gms)   | 2        |           | Health Care                 |
| 216   | Badam Pisin 100gms   | 3        |           | Health Care                 |
| 217   | Mudakkathan Soup Mix Powder - 72 gms   | 2        |           | Healthy Soups               |
| 218   | Homemade Amla Pickle (250 grams)   | 2        |           | Pickles                     |
| 219   | Homemade Avakkai Pickle (250 grams)  | 2        |           | Pickles                     |
| 220   | Homemade Lemon Pickle (250 grams)  | 2        |           | Pickles                     |
| 221   | Homemade Maavadu - Vadumaanga Pickle (250 grams)                                       | 1        |           | Pickles                     |
| 222   | Mixed Millet Vermicelli / Sirudhaniya Semiya - 200gms                                  | 2        |           | Vermicelli/Semiya - Millets |
| 223   | Ragi Millet Vermicelli / Kelvaragu Semiya - 200 gms                                    | 1        |           | Vermicelli/Semiya - Millets |
| 224   | Roasted Moringa Vermicelli - 200 Gms   | 1        |           | Vermicelli/Semiya - Millets |
| 225   | Saamai Vermicelli -200gms  | 2        |           | Vermicelli/Semiya - Millets |
| 226   | Varagu Vermicelli -200gms  | 1        |           | Vermicelli/Semiya - Millets |
| 227   | Whole Wheat (Sharbathi) - 500 gms  | 2        |           | Wheat Regular               |
|       | Total  | 801      |           |                             |