Shift-Left Accessibility for UX/UI: A Figma Preflight vs. Code-Time Checks (Pilot)

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Problem Statement & Motivation

My project asks a practical question: how much accessibility can we catch while the interface is still a Figma mockup, and does doing that early save time once we write code? In real teams, accessibility often shows up late and creates rework. I will test whether a short, repeatable "preflight" checklist during design reviews prevents common issues from ever reaching implementation.

Background & Prior Work

Accessibility is about real people being able to use what we ship—from screen reader and keyboard-only users to people with low vision, older adults, and anyone using a cracked phone outdoors. HCI research argues that inclusive design should start at the beginning, not as a last-minute checklist [?]. Recent studies show that many problems are visible in the mockups themselves—low color contrast, small hit targets, unclear component states, and weak hierarchy—and can be assessed systematically in Figma before any code exists [?, ?]. Work with UX practitioners also highlights barriers such as time, ownership, and uneven training, and recommends lightweight checklists and design-system constraints as realistic improvements [?]. This pilot turns those insights into a small but measurable study.

Project Scope & Goals

Goal 1. Create a one-page Figma Accessibility Preflight centered on five checks: (a) contrast and legibility, (b) hierarchy and structure, (c) target size and spacing, (d) state visibility (focus/hover/active/disabled/error), and (e) basic semantics and affordances (labels, recognizable controls).

Goal 2. Implement two matching screens (Home and Register) as a tiny website and run code-time checks (keyboard, screen reader, automated tools).

Goal 3. Compare which issues are caught when, and the minutes to fix at design versus code time.

Research Questions. RQ1: Which issue types are reliably caught at design time versus only at code time (for example, focus order and announcements)? RQ2: Does the preflight reduce minutes to fix compared to fixing after implementation?

Planned Software (what I will build)

To keep effort manageable and the focus on accessibility (not tooling), I will build a minimal two-page site using HTML/CSS with a small amount of JavaScript:

- Home: semantic landmarks (header/nav/main/footer), a visible "Skip to main content" link, proper headings, high-contrast tokens, and a clear :focus-visible outline.
- Register: explicit <label for> on each field, hint text via aria-describedby, inline error messages with role="alert", and focus moves to the first error on submit. All key interactions work by keyboard (Tab/Shift-Tab/Enter/Space/Esc).

Method & Measures

Phase A — Design-time preflight. I will run the five checks on two Figma mockups (Home, Register). For every issue, I will log: screen_id, phase=design, category, severity, found_by=preflight, fix_minutes, notes. Then I will update the mockups and record design fix minutes.

Phase B — Code-time checks. I will build the two pages and perform three passes:

- 1. Keyboard pass: reach everything with Tab/Shift-Tab, visible focus, no traps, expected Enter/Space/Esc behavior.
- 2. Screen reader pass (macOS VoiceOver): names/roles/labels, headings/landmarks, and whether errors are announced.
- 3. Automated audits: Lighthouse and axe DevTools for quick, repeatable checks.

Each issue will be logged with phase=code and code fix minutes.

Analysis. I will compare counts by phase and category and graph the average minutes to fix at design versus code. Based on prior work, I expect the preflight to catch many visual and structural issues quickly, while code-time checks remain essential for focus order and screen reader announcements [?, ?, ?]. I will note limits (small pilot, student context) and outline how to expand next semester (more screens; possibly recruit assistive technology users; compare teams with versus without the preflight).

Illustration (logic only)

This proposal includes one figure: a logic diagram summarizing the flow from the Figma preflight to code-time checks and the final comparison of issues and fix minutes (Figure 1).



Figure 1: Workflow: Preflight on mockups \rightarrow implement pages \rightarrow keyboard/screen reader/axe checks \rightarrow compare issues and fix minutes.

Expected Contributions

Deliverables will include: (1) a short, printable preflight that can be used in design critique, (2) a small set of accessible component patterns (focus ring, skip link, labeled inputs, reduced motion), and (3) a small dataset showing where early checks save time and where code-time checks are still required. These are practical outcomes for student teams and a foundation to scale into a larger Senior IS.

Appendix: Feature List (implementation order)

- 1. Add semantic landmarks and a "Skip to main content" link.
- 2. Set heading hierarchy (H1/H2/H3) and spacing scale.
- 3. Add a clear :focus-visible outline (high contrast, offset).
- 4. Define color tokens and verify contrast (text and UI) against WCAG AA.
- 5. Build Home navigation: keyboard-reachable links; hover/active states; visible focus.
- 6. Build Register form with Label for and hint text via aria-describedby.
- 7. Inline error message with role="alert" and focus-to-first-error on submit.
- 8. Enforce target size minimums (about 44×44 px) and adequate spacing between controls.
- 9. Respect @media (prefers-reduced-motion) for users who limit animation.
- 10. Run Lighthouse/axe; log issues and fix_minutes; capture before/after screenshots.
- Stretch Add a basic table pattern (caption, header cells with scope) plus a one-sentence text summary.
- Stretch Add a short alt-text guide and test a tiny image gallery (good versus poor examples).
- Stretch Optional automation: run Pa11y or jest-axe locally for quick regression checks.

References