User

+name: String

+date of birth: datetime

+gender: string +e_mail: String

+sign_up() +login()

+send_messsage()

+view_profile()

Client

+height: float

+weight: float

+health_issues: String

+provide client info()

+find_trainer()

+follow_trainer()

Trainer

+phone: String

+experience: String +education: String

+provide_trainer_info()

+accept_reject_client()

+view clients()