Name: Nolan Monnier Total Points: 100

**Why is this week's topic important for teamwork? (20pts):**

Having awareness and knowing what type of person we are helps team members. By knowing our own personality traits, we can know how we learn, how we grow and what can work for us in a team setting.

**If this was a religion class, how would you relate this week’s topic to the gospel? (20pts)**

Every Sunday, we get to review our week and improve our self-awareness. We get to evaluate how we are doing with our own life.

**How does your experience relate to other experiences you have had? (20pts)**

My first thought is marriage. My wife and I have grown a lot in the last 4 years. We have been able to improve each other, and have been able to grow through our awareness of each other. It has been great to be able to grow in that way so far, and to know that there is much more to come.

**Tell me about what you taught someone? And what did they learn, that they** **didn’t know before? (20pts)**

I talked about this topic with my wife, which led to a great conversation on how we can gain self-awareness. This comes through reviewing personal actions, and accepting feedback from loved ones. I think that this last point is truly the most important one.

**What did I do to prepare for class this week? (5pts)**

I read the readings and pondered about them.

**Where did you put your assignments in GitHub? (5pts)**

I uploaded this word document, and put it on my index.html file, as a link.

**What is the most significant take-a-way you have gained from your study this week? (10pts)**

I am a person that is between an introvert and an extrovert. I was never able to understand in which category I fit, but now I know that this isn’t just a black or white situation. There is so much more to it than just those 2 categories.