$$\eta(t+1) = \phi_1 \times \eta(t) + w_1(t)$$

Regime 2:

$$\eta(t+1) = \phi_2 \times \eta(t) + w_1(t)$$

Measurement Model

Regime 1:

iEMG =
$$0 \times SelfReport + \mu_1 + \eta$$

Regime 2:

 $iEMG = \beta_2 \times SelfReport + \mu_2 + \eta$