**Product name for image upload to FTS**

1. **GROCERIES**

* *Rice*
* *Beans, Pulses & Grains*
* *Pasta & Noodles*
* *Cooking Ingredients*
* *Cupboard Foods*
* *Drinks*
* *Ready meals & Snacks*
* *Beverages*
* *Flours, Powders & Garri*
* *Oil & Sauces*
* *Herbs, Spices & Seasonings*

1. **MEAT, FISH & POULTRY**

* *Fish*
* *Seafood*
* *Meat*
* *Poultry*

1. **FRUITS & VEGGIES**

* *Fresh Produce*
* *Dried Produce*
* *Frozen Produce*

**Please use the links below to support images**

<https://www.wanis.com/brochure>

[Ades Foods](https://www.adesfoods.co.uk/ades/)

**Item List**

1. **Grocery:**

* *Rice:*

|  |  |
| --- | --- |
| **Product Names** | **Image** |
| Easy Cook  500g  2kg  5kg  10kg  ***Brand - Tropical Sun, Tilda, Tolly Boy, Village Pride, Aani*** |  |
| Long Grain  500g  2kg  5kg  10kg  ***Brand – Tilda, Tolly Boy, Aani*** |  |
| Basmati  500g  2kg  5kg  10kg  20kg  ***Brand – Asli, Laila, Setara, Tilda, Tolly Boy, Tropical Sun*** |  |
| Fragrant & Specialty  500g  2kg  5kg  10kg  ***Brand – Tropical Sun, Tilda, Pegasus, Village Pride, Dragon, Aani Red, African Pride*** |  |
| Brown  500g  2kg  5kg  10kg  ***Brand – African Pride, Setara, Aani, Tropical Sun,*** |  |

* *Beans, Pulses & Grains*

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| --- | --- |
| **Beans** - Tropical Sun: Brown, Blackeye, Crabeye, Honey (oloyin), Kidney (red and light red), Pinto  500g, 2kg, 1.5kg  FTS Beans |  |
| **Pulses & Grains** – Brown & Red Lentils, Bulgur Wheat, Popcorn, Quinoa, Peanuts,  500g |  |

* Noodles

|  |  |
| --- | --- |
| Indomie – Nigerian & Ghana brands |  |
| Sun Yan |  |
| KoKa |  |
| Maggie  Knorr |  |

* Cooking Ingredients

|  |  |
| --- | --- |
| **Product Names** | **Image** |
| Dried Fish  Ground smoked fish, Ground Prawns, Blue Whiting fillet, Smoked Catfish fillet, Smoked Barracuda Fillet, Whole Prawns, Crayfish, Stockfish (whole & ground)  40g, 70g, 100g |  |
| Dried Leaves  Bitter leaf, Ukazi, Okazi, Ugu, Utazi, Eferin, Uziza, Banga, |  |
| Others  Whole Ogbono, Ground Ogbono, Whole Egusi, Ground Egusi, Ground ginger, Pepper soup mix, Achi, Locust Beans (Iru)  Ades - Banga Spice Mix, |  |
| Salt  750g, 1.5kg |  |

* Cupboard Foods

|  |  |
| --- | --- |
| **Product Names** | **Image** |
| Specials  155g, 160g, 198g, 340g,  Ades – Blue Band – 250g |  |
| Canned Tomatoes  Palm Fruit & Paste  70g, 140g, 200g, 210g 300g, 400g, |  |
| Others  Pap (Ogi) – White, Brown, Yellow  Ades |  |

* Drinks:

|  |  |
| --- | --- |
| **Product Categories** | **Image** |
| Malt Drinks  330ml, 500ml,  ***Brands – Supermalt, Power Malt, Vita Malt, Maltina, including multi-packs*** |  |
| Non-Alcoholic Wine  ***Brands – DeVina, Heaven and multipack*** |  |
| Soft Drinks  290ml, 330ml, 500ml, 600ml, 625ml |  |
| Coconut Water with/without pieces  310ml, 330ml, 350ml, 520ml, 1L,  ***Brands – Tropical Sun and Grace, Foco*** |  |
| Water  500ml, 1.5L, 2L, 5L,  Brands – Volvic, Avant, Evian, Highland, Cristaline |  |
| Aloe Vera Drink – strawberry, mango, blueberry, original  500ml  ***Brand – Tropical Sun*** |  |
| Juice Drinks  300ml, 350ml, 475ml,  ***Brand – Foco, Tropical Sun, Tropical Vibes, Grace*** |  |
| Beer  330ml and 600ml |  |

* Ready Meals & Snacks:

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| --- | --- |
| **Product Categories** | **Image** |
| Nuts  50g, 140g, 150g, 165g, |  |
| Plantain Chips  60g, 75g, 450g |  |
| Chin Chin  60g, 80g, 250g,950g |  |
| Ready Meal  Bread – Agege & Abuja  Eko (Agidi)  Moi-Moi Elewe  Image to come later for the below:  Nene’s Jollof Rice with Beef  Nene’s Jollof Rice with Chicken  Nene’s Jollof Rice with fish  Nene’s KuliKuli  Nene’s Meat pie | Ekomois |

* Beverages

|  |  |
| --- | --- |
| **Hot Chocolate**  Milo, Ovaltine, Horlicks, Cadbury, Bournvita, |  |
| **Teas & Infusions**  Tumeric  Peppermint & Cinnamon  Honey & Ginger  Green Tea  Moringa  Senna  Peppermint  Detox Herbal Tea  Ginger Tea  Lipton  ***Brands – Tropical Sun, Caribbean Dreams, Dalegety, Morning Sun, Lipton*** |  |
| Milk  Dunn’s, Peak, Nido, Tropical Sun, Coconut, Carnation  400ml, 170g, 400g, 410g, 900g |  |
| Sugar & Honey  400g, 500g,  Brands – Tate Lyle, Tropical Sun, |  |

* Flours, Powders & Garri:

|  |  |
| --- | --- |
| Rice, Corn meal, Garri, Cassava, Plantain, Yam,  Ades Cocoyam, Achi, Ofor,  500g, 1kg, 5kg |  |

* Oils & Sauces:

|  |  |
| --- | --- |
| **Product Categories** | **Image** |
| Coconut & Palm Oil      250ml, 480ml, 500ml, 1L, 2L, 4.5L |  |
| Sunflower, Vegetable, Groundnut oil  1L, 2L, 3L, 5L, |  |
| Special – Groundnut, Rapeseed, Corn, Mustard, Olive, Chilli, Sesame, Almond oil |  |
| Sauce |  |
| Lemon Juice  Apple Cidar |  |

* Herbs, Spices & Seasonings:

|  |  |
| --- | --- |
| **Product Names** | **Image** |
| Herbs & Spices  Ades Chili Powder (Cameroon)  FTS Chili Powder (Cameroon)  FTS Suya Mix  Knorr Seasoning |  |
| Seasonings  Stock Cubes  Knorr Cubes |  |
| Stock Powder & Gravy |  |
| Liquid Seasoning  100ml |  |

1. Meat, Fish Poultry:

**Frozen Meat**

|  |  |
| --- | --- |
| **Product** | **Image** |
| Beef  1kg, 2kg, 5kg |  |
| Boneless Cow foot  1kg, 2kg, 5kg |  |
| Cow foot with bone  1kg, 2kg, 5kg |  |
| Cow Skin – Kpomo  1kg, 2kg, 5kg |  |
| Offals (cow)  liver, kidneys, heart, shaki  1kg, 2kg | liver kidneys  heart shaki |
| Ox or Cow Tail  1kg, 2kg |  |
| Goat Meat Pepper soup Mix  1kg, 2kg |  |
| Lamb Meat  1kg, 2kg |  |
| Lamb Ribs  1kg, 2kg |  |
| Lamb Chops  2.5kg, 5kg |  |
| Chicken Wings  1kg, 2kg, 5kg |  |
| Chicken thighs & legs  2.5kg, 5kg |  |
| Turkey Legs  Turkey Wings  2.5kg, 5kg |  |
| African Giant Snails  Ades websites |  |
| Smoked Turkey Wings – Cut  Smoked Turkey Legs – Cut  2.5kg, 5kg | wings legs |
| Turkey & Chicken Gizzard  1kg, 2kg each | Turkey Chicken |

1. Fruits and Veggies:

* Fresh Produce

|  |  |
| --- | --- |
| **Product Names** | **Image** |
| Tomatoes  Vine Tomatoes  Plum Tomatoes  Beef Tomatoes | Vine Plum  Beef |
| Bell Peppers – green, red, yellow |  |
| Green & Red Chillies |  |
| Long Peppers |  |
| Scotch Bonnet  Red, Yellow, Green, Mixed |  |
| Plantain |  |
| Lemon & Lime |  |
| Okra |  |
| Yam  White  Yellow (Seasonal) |  |
| Spinach, African Pumpkin (Ugu)  Frozen  Fresh (seasonal) |  |
| Coriander, Parsley & Mint leaves |  |
| Ginger & Garlic | Ginger  Garlic |
| Sweet Potatoes |  |
| Cassava |  |
| Sweetcorn (Seasonal) |  |
| Carrots |  |
| Ewedu, Bitter leaf (Frozen) | ewedu  bitter |
| Moimoi Leaves |  |
| Scent Leaves (Efinrin) |  |
| Shoko Leaves |  |

* Dried Produce

|  |
| --- |
| **Add from Spices & Seasonings section…** |

A group of fruits and vegetables

Description automatically generated

Can these be added as a fade background on the website?