Solution to Problem Sheet 2

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Solve for problem no. 1

Given

$$\{\gamma^{\mu}, \gamma^{\nu}\} = 2\eta^{\mu\nu} \tag{1}$$

From L.H.S.

$$\begin{split} \left[\gamma^{\kappa}\gamma^{\lambda},\gamma^{\mu}\gamma^{\nu}\right] &= \gamma^{\kappa} \left[\gamma^{\lambda},\gamma^{\mu}\gamma^{\nu}\right] + \left[\gamma^{\kappa},\gamma^{\mu}\gamma^{\nu}\right]\gamma^{\lambda} \\ &= \gamma^{\kappa} \left(\gamma^{\lambda}\gamma^{\mu}\gamma^{\nu} - \gamma^{\mu}\gamma^{\nu}\gamma^{\lambda}\right) + \left(\gamma^{\kappa}\gamma^{\mu}\gamma^{\nu} - \gamma^{\mu}\gamma^{\nu}\gamma^{\kappa}\right)\gamma^{\lambda} \\ &= \gamma^{\kappa} \left(\left(\gamma^{\lambda}\gamma^{\mu} + \gamma^{\mu}\gamma^{\lambda}\right)\gamma^{\nu} - \gamma^{\mu} \left(\gamma^{\lambda}\gamma^{\nu} + \gamma^{\nu}\gamma^{\lambda}\right) + \left(\left(\gamma^{\kappa}\gamma^{\mu} + \gamma^{\mu}\gamma^{\kappa}\right)\gamma^{\nu} - \gamma^{\mu} \left(\gamma^{\nu}\gamma^{\kappa} + \gamma^{\kappa}\gamma^{\nu}\right)\right)\gamma^{\lambda}\right) \\ &= \gamma^{\kappa} \left(\left(\left\{\gamma^{\lambda},\gamma^{\mu}\right\}\gamma^{\nu} - \gamma^{\mu} \left\{\gamma^{\lambda},\gamma^{\nu}\right\}\right) + \left(\left\{\gamma^{\kappa},\gamma^{\mu}\right\}\gamma^{\nu} - \gamma^{\mu} \left\{\gamma^{\nu},\gamma^{\kappa}\right\}\right)\gamma^{\lambda}\right) \\ \left[\gamma^{\kappa}\gamma^{\lambda},\gamma^{\mu}\gamma^{\nu}\right] &= 2\eta^{\lambda\mu}\gamma^{\kappa}\gamma^{\nu} - 2\eta^{\lambda\nu}\gamma^{\kappa}\gamma^{\mu} + 2\eta^{\kappa\mu}\gamma^{\nu}\gamma^{\lambda} - 2\eta^{\nu\kappa}\gamma^{\mu}\gamma^{\lambda} & \text{(Showed)} \end{split}$$

$$(a) Tr(\gamma^{\mu}) = Tr(\gamma^{\mu}\gamma_{5}\gamma_{5}) \qquad ([because (\gamma_{5})^{2} = 1])$$

$$= -Tr(\gamma_{5}\gamma^{\mu}\gamma_{5}) = -Tr(\gamma_{5}\gamma^{\mu}\gamma_{5})$$

$$\implies Tr(\gamma^{\mu}\gamma_{5}\gamma_{5}) = -Tr(\gamma_{5}\gamma^{\mu}\gamma_{5}) = Tr(\gamma_{5}\gamma^{\mu}\gamma_{5})$$

$$Tr(\gamma^{\mu}\gamma_{5}\gamma_{5}) = 0$$

$$\implies Tr(\gamma^{\mu}) = 0$$

$$(b) Tr(\gamma^{\mu}\gamma^{\nu}) = \frac{1}{2} (Tr(\gamma^{\mu}\gamma^{\nu}) + Tr(\gamma^{\mu}\gamma^{\nu}))$$

$$= \frac{1}{2} (Tr(\gamma^{\mu}\gamma^{\nu}) + Tr(\gamma^{\nu}\gamma^{\mu}))$$

$$= \frac{1}{2} (Tr(\gamma^{\mu}\gamma^{\nu} + \gamma^{\nu}\gamma^{\mu}))$$

$$= \frac{1}{2} Tr \{\gamma^{\mu}, \gamma^{\nu}\}$$

$$= \frac{1}{2} Tr 2\eta^{\mu\nu}$$

$$= \frac{1}{2} 2\eta^{\mu\nu} Tr(1)$$

$$= 4\eta^{\mu\nu}$$

$$(d) (\gamma^5)^2 = i\gamma_0 \gamma_1 \gamma_2 \gamma_3 \cdot i\gamma_0 \gamma_1 \gamma_2 \gamma_3$$

$$= -(-1)\gamma_0 \gamma_0 \gamma_1 \gamma_2 \gamma_3 \gamma_1 \gamma_2 \gamma_3$$

$$= \gamma_1 \gamma_2 \gamma_3 \gamma_1 \gamma_2 \gamma_3$$

$$= \gamma_1 \gamma_1 \gamma_2 \gamma_3 \gamma_2 \gamma_3$$

$$= \gamma_2 \gamma_2 \gamma_3 \gamma_3$$

$$= 1$$

$$= -\gamma_2 \gamma_3 \gamma_2 \gamma_3$$

$$\begin{split} (e) \, Tr(\gamma^5) &= Tr(\gamma^5 \gamma^0 \gamma^0) \\ &= -Tr(\gamma^0 \gamma^5 \gamma 0) = Tr(\gamma^0 \gamma^5 \gamma 0) = 0 \end{split} \tag{$(\gamma^0)^2 = 1$}$$

Solution to problem 2

Given,

$$\psi(\vec{x}) = \sum_{s=1}^{2} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}}}} \left[b_{\vec{p}}^{s} u^{s}(\vec{p}) e^{i\vec{p}\cdot\vec{x}} + c_{\vec{p}}^{s\dagger} v^{s}(\vec{p}) e^{-i\vec{p}\cdot\vec{x}} \right]$$
(2)

And

$$\psi^{\dagger}(\vec{x}) = \sum_{s=1}^{2} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}}}} \left[b_{\vec{p}}^{s\dagger} u^{s\dagger}(\vec{p}) e^{-i\vec{p}\cdot\vec{x}} + c_{\vec{p}}^{s} v^{s\dagger}(\vec{p}) e^{i\vec{p}\cdot\vec{x}} \right]$$
(3)

Now

$$\begin{split} &\left\{\psi_{\alpha}(\overrightarrow{x}),\psi_{\beta}^{\dagger}(\overrightarrow{y})\right\} \\ &= \left\{\sum_{\alpha=1}^{4}\sum_{s=1}^{2}\int\frac{d^{3}p}{(2\pi)^{3}}\frac{d^{3}p'}{(2\pi)^{3}}\frac{1}{\sqrt{2E_{\overrightarrow{p}}}}\left[b_{\overrightarrow{p}}^{s}u_{\alpha}^{s}(\overrightarrow{p})e^{i\overrightarrow{p}\cdot\overrightarrow{x}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}}\right],\\ &\sum_{\beta=1}^{4}\sum_{r=1}^{2}\int\frac{d^{3}p'}{(2\pi)^{3}}\frac{d^{3}p'}{(2\pi)^{3}}\frac{1}{\sqrt{2E_{\overrightarrow{p}}}}\left[b_{\overrightarrow{p}}^{r\dagger}u_{\beta}^{r\dagger}(\overrightarrow{p'})e^{-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{r}v_{\beta}^{r\dagger}(\overrightarrow{p'})e^{i\overrightarrow{p'}\cdot\overrightarrow{y}}\right]\right\} \\ &=\sum_{\alpha=1}^{4}\sum_{\beta=1}^{4}\sum_{s=1}^{2}\sum_{r=1}^{2}\int\frac{d^{3}p}{(2\pi)^{3}}\frac{d^{3}p'}{(2\pi)^{3}}\frac{1}{\sqrt{2E_{\overrightarrow{p}}}}\frac{1}{\sqrt{2E_{\overrightarrow{p}}'}}\left[b_{\overrightarrow{p}}^{s}u_{\alpha}^{s}(\overrightarrow{p})b_{\overrightarrow{p}}^{r\dagger}u_{\beta}^{r\dagger}(\overrightarrow{p'})e^{i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+b_{\overrightarrow{p}}^{s}u_{\alpha}^{s}(\overrightarrow{p})c_{\overrightarrow{p}}^{r}v_{\beta}^{r\dagger}(\overrightarrow{p'})e^{i\overrightarrow{p}\cdot\overrightarrow{x}+i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})c_{\overrightarrow{p}}^{r}v_{\beta}^{r\dagger}(\overrightarrow{p'})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}+i\overrightarrow{p'}\cdot\overrightarrow{y}}+b_{\overrightarrow{p}}^{r\dagger}u_{\beta}^{r\dagger}(\overrightarrow{p'})b_{\overrightarrow{p}}^{s}u_{\alpha}^{s}(\overrightarrow{p})e^{i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}\\ &+c_{\overrightarrow{p}}^{r}v_{\beta}^{r\dagger}(\overrightarrow{p'})b_{\overrightarrow{p}}^{s}u_{\alpha}^{s}(\overrightarrow{p})e^{i\overrightarrow{p}\cdot\overrightarrow{x}+i\overrightarrow{p'}\cdot\overrightarrow{y}}+b_{\overrightarrow{p}}^{r\dagger}v_{\beta}^{r}(\overrightarrow{p'})c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+b_{\overrightarrow{p}}^{r\dagger}v_{\beta}^{r}(\overrightarrow{p'})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}\\ &+c_{\overrightarrow{p}}^{r}v_{\beta}^{r\dagger}(\overrightarrow{p'})b_{\overrightarrow{p}}^{s}u_{\alpha}^{s}(\overrightarrow{p})e^{i\overrightarrow{p}\cdot\overrightarrow{x}+i\overrightarrow{p'}\cdot\overrightarrow{y}}+b_{\overrightarrow{p}}^{r\dagger}v_{\beta}^{r\dagger}(\overrightarrow{p'})c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+b_{\overrightarrow{p}}^{r\dagger}v_{\beta}^{r\dagger}(\overrightarrow{p'})c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+b_{\overrightarrow{p}}^{r\dagger}v_{\beta}^{r\dagger}(\overrightarrow{p'})c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}}+c_{\overrightarrow{p}}^{s\dagger}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p}}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p}}v_{\alpha}^{s}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot\overrightarrow$$

$$= \sum_{\alpha=1}^{4} \sum_{\beta=1}^{4} \sum_{s=1}^{2} \sum_{r=1}^{2} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{d^{3}p'}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}}}} \frac{1}{\sqrt{2E_{\vec{p}}'}} \left[\left\{ b_{\vec{p}}^{s}, b_{\vec{p}'}^{r\dagger} \right\} u_{\alpha}^{s}(\vec{p}) u_{\beta}^{r\dagger}(\vec{p}') e^{i\vec{p}\cdot\vec{x} - i\vec{p}'\cdot\vec{y}} + \left\{ c_{\vec{p}}^{s}, b_{\vec{p}'}^{r\dagger} \right\} v_{\alpha}^{s}(\vec{p}) u_{\beta}^{r\dagger}(\vec{p}') e^{-i\vec{p}\cdot\vec{x} - i\vec{p}'\cdot\vec{y}} + \left\{ c_{\vec{p}}^{s}, b_{\vec{p}'}^{r\dagger} \right\} v_{\alpha}^{s}(\vec{p}) u_{\beta}^{r\dagger}(\vec{p}') e^{-i\vec{p}\cdot\vec{x} - i\vec{p}'\cdot\vec{y}} + \left\{ c_{\vec{p}}^{s}, c_{\vec{p}'}^{r\dagger} \right\} v_{\alpha}^{s}(\vec{p}) u_{\beta}^{r\dagger}(\vec{p}') e^{-i\vec{p}\cdot\vec{x} - i\vec{p}'\cdot\vec{y}} \right]$$

$$(4)$$

Given

$$\left\{b_{\vec{p}}^{s}, b_{\vec{p'}}^{r}\right\} = \left\{c_{\vec{p}}^{s}, c_{\vec{p'}}^{r}\right\} = \left\{c_{\vec{p}}^{s}, b_{\vec{p'}}^{r\dagger}\right\} = \left\{c_{\vec{p}}^{s}, b_{\vec{p'}}^{r}\right\} = \dots = 0$$
 (5)

$$\left\{b_{\vec{p}}^{s}, b_{\vec{p'}}^{r\dagger}\right\} = \left\{c_{\vec{p}}^{s}, c_{\vec{p'}}^{r\dagger}\right\} = (2\pi)^{3} \delta^{rs} \delta^{(3)}(\vec{p} - \vec{p'}) \tag{6}$$

Therefore eqn(4) will be

$$\begin{split} &\left\{\psi_{\alpha}(\overrightarrow{x}),\psi_{\beta}^{\dagger}(\overrightarrow{y})\right\} = \\ &\sum_{\alpha=1}^{4} \sum_{\beta=1}^{4} \sum_{s=1}^{2} \sum_{r=1}^{2} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{d^{3}p'}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\overrightarrow{p}}}} \frac{1}{\sqrt{2E_{\overrightarrow{p}'}}} \left[(2\pi)^{3}\delta^{rs}\delta^{(3)}(\overrightarrow{p}-\overrightarrow{p'})u_{\alpha}^{s}(\overrightarrow{p})u_{\beta}^{r\dagger}(\overrightarrow{p'})e^{i\overrightarrow{p}\cdot\overrightarrow{x}-i\overrightarrow{p'}\cdot\overrightarrow{y}} \right. \\ &\left. + (2\pi)^{3}\delta^{rs}\delta^{(3)}(\overrightarrow{p}-\overrightarrow{p'})v_{\alpha}^{s}(\overrightarrow{p})v_{\beta}^{r\dagger}(\overrightarrow{p'})e^{-i\overrightarrow{p}\cdot\overrightarrow{x}+i\overrightarrow{p'}\cdot\overrightarrow{y}} \right] \\ &= \sum_{\alpha=1}^{4} \sum_{\beta=1}^{4} \int \frac{d^{3}p}{(2\pi)^{6}} \frac{1}{2E_{\overrightarrow{p}}} \left[(2\pi)^{3}u_{\alpha}(\overrightarrow{p})u_{\beta}^{\dagger}(\overrightarrow{p})e^{i\overrightarrow{p}\cdot(\overrightarrow{x}-\overrightarrow{y})} + (2\pi)^{3}v_{\alpha}(\overrightarrow{p})v_{\beta}^{\dagger}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot(\overrightarrow{x}-\overrightarrow{y})} \right] \\ &= \sum_{\alpha=1}^{4} \sum_{\beta=1}^{4} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{1}{2E_{\overrightarrow{p}}} \left[u_{\alpha}(\overrightarrow{p})\overrightarrow{u}_{\beta}^{\dagger}\gamma_{\alpha\beta}^{0}(\overrightarrow{p})e^{i\overrightarrow{p}\cdot(\overrightarrow{x}-\overrightarrow{y})} + v_{\alpha}(\overrightarrow{p})\overrightarrow{v}_{\beta}^{\dagger}\gamma_{\alpha\beta}^{0}(\overrightarrow{p})e^{-i\overrightarrow{p}\cdot(\overrightarrow{x}-\overrightarrow{y})} \right] \\ &= \sum_{\alpha=1}^{4} \sum_{\beta=1}^{4} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{1}{2E_{\overrightarrow{p}}} \left[[(\gamma \cdot p + m)\gamma^{0}]_{\alpha\beta}e^{i\overrightarrow{p}\cdot(\overrightarrow{x}-\overrightarrow{y})} + [(\gamma \cdot p - m)\gamma^{0}]_{\alpha\beta}e^{-i\overrightarrow{p}\cdot(\overrightarrow{x}-\overrightarrow{y})} \right] \\ &= \sum_{\alpha=1}^{4} \sum_{\beta=1}^{4} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{1}{2E_{\overrightarrow{p}}} \left[[(\gamma^{0}E_{p} - \gamma \cdot p + m)\gamma^{0}]_{\alpha\beta}e^{i\overrightarrow{p}\cdot(\overrightarrow{x}-\overrightarrow{y})} + [(\gamma^{0}E_{p} - \gamma \cdot p - m)\gamma^{0}]_{\alpha\beta}e^{-i\overrightarrow{p}\cdot(\overrightarrow{x}-\overrightarrow{y})} \right] \end{split}$$

beacause of antiparticle second half of the eqn wil be $p \rightarrow -p$

$$\begin{split} &=\sum_{\alpha=1}^4\sum_{\beta=1}^4\int\frac{d^3p}{(2\pi)^3}\frac{1}{2E_{\vec{p}}}\bigg[[(\gamma^0E_p-\gamma\cdot p+m)\gamma^0]_{\alpha\beta}+[(\gamma^0E_p+\gamma\cdot p-m)\gamma^0]_{\alpha\beta}\bigg]e^{i\vec{p}\cdot(\vec{x}-\vec{y})}\\ &=\sum_{\alpha=1}^4\sum_{\beta=1}^4\int\frac{d^3p}{(2\pi)^3}\frac{1}{2E_{\vec{p}}}\bigg[[\gamma^0E_p\gamma^0]_{\alpha\beta}+[\gamma^0E_p\gamma^0]_{\alpha\beta}\bigg]e^{i\vec{p}\cdot(\vec{x}-\vec{y})}\\ &=\int\frac{d^3p}{(2\pi)^3}\delta_{\alpha\beta}e^{i\vec{p}\cdot(\vec{x}-\vec{y})}\\ &\therefore\Big\{\psi_\alpha(\vec{x}),\psi_\beta^\dagger(\vec{y})\Big\}=\delta_{\alpha\beta}\delta^{(3)}(\vec{x}-\vec{y}) \end{split}$$

$$\begin{split} \left\{ \psi_{\alpha}(\vec{x}), \psi_{\beta}(\vec{y}) \right\} &= \\ &= \left\{ \sum_{\alpha=1}^{4} \sum_{s=1}^{2} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{d^{3}p'}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}}}} \left[b_{\vec{p}}^{s} u_{\alpha}^{s}(\vec{p}) e^{i\vec{p}\cdot\vec{x}} + c_{\vec{p}}^{s\dagger} v_{\alpha}^{s}(\vec{p}) e^{-i\vec{p}\cdot\vec{x}} \right], \\ &\sum_{\beta=1}^{4} \sum_{r=1}^{2} \int \frac{d^{3}p'}{(2\pi)^{3}} \frac{d^{3}p'}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}'}}} \left[b_{\vec{p}'}^{r} u_{\beta}^{r}(\vec{p}') e^{i\vec{p}'\cdot\vec{y}} + c_{\vec{p}'}^{r\dagger} v_{\beta}^{r}(\vec{p}') e^{-i\vec{p}'\cdot\vec{y}} \right] \right\} \\ &= \sum_{\alpha=1}^{4} \sum_{\beta=1}^{4} \sum_{s=1}^{2} \sum_{r=1}^{2} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{d^{3}p'}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}}}} \frac{1}{\sqrt{2E_{\vec{p}'}}} \left[\left\{ b_{\vec{p}}^{s}, b_{\vec{p}'}^{r} \right\} u_{\alpha}^{s}(\vec{p}) u_{\beta}^{r}(\vec{p}') e^{i\vec{p}\cdot\vec{x}+i\vec{p}'\cdot\vec{y}} + \left\{ b_{\vec{p}}^{s}, c_{\vec{p}'}^{r\dagger} \right\} u_{\alpha}^{s}(\vec{p}) v_{\beta}^{r}(\vec{p}') e^{i\vec{p}\cdot\vec{x}-i\vec{p}'\cdot\vec{y}} + \left\{ c_{\vec{p}}^{s\dagger}, b_{\vec{p}}^{r} \right\} v_{\alpha}^{s}(\vec{p}) u_{\beta}^{r}(\vec{p}') e^{i\vec{p}\cdot\vec{x}-i\vec{p}'\cdot\vec{y}} \\ &+ \left\{ c_{\vec{p}}^{s}, c_{\vec{p}'}^{r} \right\} v_{\alpha}^{s}(\vec{p}) v_{\beta}^{r}(\vec{p}') e^{i\vec{p}\cdot\vec{x}-i\vec{p}'\cdot\vec{y}} \right] \end{split}$$

because of eqn(5) every term vanishes.

Therefore

$$\left\{\psi_{\alpha}(\vec{x}), \psi_{\beta}(\vec{y})\right\} = 0 \tag{7}$$

And

$$\begin{split} \left\{ \psi_{\alpha}^{\dagger}(\vec{x}), \psi_{\beta}^{\dagger}(\vec{y}) \right\} &= \\ &= \left\{ \sum_{\alpha=1}^{4} \sum_{s=1}^{2} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{d^{3}p'}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}}}} \left[b_{\vec{p}}^{s\dagger} u_{\alpha}^{s\dagger}(\vec{p}) e^{-i\vec{p}\cdot\vec{x}} + c_{\vec{p}}^{s} v_{\alpha}^{s\dagger}(\vec{p}) e^{-i\vec{p}\cdot\vec{x}} \right], \\ &\sum_{\beta=1}^{4} \sum_{r=1}^{2} \int \frac{d^{3}p'}{(2\pi)^{3}} \frac{d^{3}p'}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}'}}} \left[b_{\vec{p}'}^{\dagger} u_{\beta}^{r\dagger}(\vec{p'}) e^{-i\vec{p'}\cdot\vec{y}} + c_{\vec{p}'}^{r} v_{\beta}^{r\dagger}(\vec{p'}) e^{i\vec{p'}\cdot\vec{y}} \right] \right\} \\ &= \sum_{\alpha=1}^{4} \sum_{\beta=1}^{4} \sum_{s=1}^{2} \sum_{r=1}^{2} \int \frac{d^{3}p}{(2\pi)^{3}} \frac{d^{3}p'}{(2\pi)^{3}} \frac{1}{\sqrt{2E_{\vec{p}}}} \frac{1}{\sqrt{2E_{\vec{p}'}}} \left[\left\{ b_{\vec{p}}^{s\dagger}, b_{\vec{p}'}^{r\dagger} \right\} u_{\alpha}^{s\dagger}(\vec{p}) u_{\beta}^{r\dagger}(\vec{p'}) e^{-i\vec{p}\cdot\vec{x}-i\vec{p'}\cdot\vec{y}} + \left\{ b_{\vec{p}}^{s\dagger}, c_{\vec{p}'}^{r} \right\} u_{\alpha}^{s\dagger}(\vec{p}) v_{\beta}^{r\dagger}(\vec{p}') e^{-i\vec{p}\cdot\vec{x}+i\vec{p'}\cdot\vec{y}} + \left\{ c_{\vec{p}}^{s}, b_{\vec{p}'}^{r\dagger} \right\} v_{\alpha}^{s\dagger}(\vec{p}) u_{\beta}^{r\dagger}(\vec{p'}) e^{i\vec{p}\cdot\vec{x}-i\vec{p'}\cdot\vec{y}} + \left\{ c_{\vec{p}}^{s}, c_{\vec{p}'}^{r\dagger} \right\} v_{\alpha}^{s\dagger}(\vec{p}) v_{\beta}^{r\dagger}(\vec{p}') e^{i\vec{p}\cdot\vec{x}-i\vec{p'}\cdot\vec{y}} \right\} \\ &+ \left\{ c_{\vec{p}}^{s}, c_{\vec{p}'}^{r} \right\} v_{\alpha}^{s\dagger}(\vec{p}) v_{\beta}^{r\dagger}(\vec{p}') e^{i\vec{p}\cdot\vec{x}+i\vec{p'}\cdot\vec{y}} \right] \end{split}$$

Also for eqn(5)

$$\left\{\psi_{\alpha}^{\dagger}(\vec{x}), \psi_{\beta}^{\dagger}(\vec{y})\right\} = 0 \tag{8}$$

Now

$$\begin{split} H &= \\ &\int d^{3}x\overline{\psi}(-i\gamma^{i}\partial_{i} + m)\psi \\ &= \int \frac{d^{3}}{(2\pi)^{6}} \sum_{s,s'=1}^{2} \int d^{3}k' \frac{1}{\sqrt{2E^{\vec{p}'}}} d^{3}k \frac{1}{\sqrt{2E^{\vec{p}'}}} (\vec{u}^{s}(\vec{p})b_{\vec{p}}^{s}e^{i\vec{p}\cdot\vec{x}} + c_{\vec{p}}^{s}\overline{v}^{s}(\vec{p})e^{i\vec{p}\cdot\vec{x}})(-i\gamma^{i}\partial_{i} + m) \\ &\times (b_{\vec{p}'}^{s'}u^{s'}(\vec{p'})e^{i\vec{p}'\cdot\vec{x}} + c_{\vec{p}'}^{s'\dagger}v^{s'}(\vec{p'})e^{-i\vec{p}'\cdot\vec{x}}) \\ &= \int \frac{d^{3}}{(2\pi)^{6}} \sum_{s,s'=1}^{2} \int d^{3}k' \frac{1}{\sqrt{2E^{\vec{p}'}}} d^{3}k \frac{1}{\sqrt{2E^{\vec{p}}}} (\vec{u}^{s}(\vec{p})b_{\vec{p}}^{s}e^{i\vec{p}\cdot\vec{x}} + c_{\vec{p}}^{s}\overline{v}^{s}(\vec{p})e^{i\vec{p}\cdot\vec{x}}) \\ &\times (e^{i\vec{p}'\cdot\vec{x}}b_{\vec{p}'}^{s'}u^{s'}(\vec{p'}) + e^{-i\vec{p}'\cdot\vec{x}}c_{\vec{p}'}^{s'\dagger}v^{s'}(\vec{p'})) \end{split}$$