**My reality, what am I facing today?**

**Other**

**What other “outside noise” are you experiencing? (i.e. health, social expectations, etc.)**

**Family**

**What are your family obligations?**

**(Family/Children)**

**Work/School**

**What’s your schedule, and how do you balance that with Year Up?**

I work a lot when I am outside and I do not fully look out for my lunch or health. Sometimes I would not have enough time to eat my breakfast, lunch, or dinner. Health wise, I realized that when I go home I knock out. That way I miss assignments and hand them in late. Sometimes I go home very late that it is not possible to submit an assignment on time. However, I am adjusting to my schedule and I see a lot of space in myself for progress. Also both of my parents left to my country over the summer. It is the first time I am living without them. My mom would cook for me and help me out a lot. I am also in the progress of becoming independent.

I do not have any family obligations. They are very supportive of my education, especially my parents.

My schedule has been the busiest ever. I am a full time student and I do Year up. I am still learning to balance them and I see a lot of progress in myself. I dedicate more time to my studies by limiting my social life and the amount time I spent on my phone.

**What does your Year Up experience look like?** **Why is it important to set goals?**

**MODULE I**

**Understanding the basics and laying the foundation. Stepping out of your comfort zone. What soft skills do you want to develop? (i.e. Public Speaking)**

1. Proficiency at basic software
2. More proficiency in java
3. Suitable selection for the internship

**MODULE II**

**Track Specific: Financial Operations/Investment Operations/IT/Software. Let’s get down to work! What are tangible or hard skills are you hoping to acquire?**

Use them to help me in my college

Look for other internships, internships because I am not sure if I want to work since I am still finishing my bachelors.

Apply the skills I learned in Year Up to anywhere I go.

**MODULE III**

**Putting it to the test. Now that you gained all these new skills, how will you use it?**

1. Having the proper conversation at the right time.
2. Expressing what I want to say in a concise way.
3. Time management
4. Good first impression