

Dars e Qur'an:- gheebat aur bad gumani se bachna (surah hujrat ayat 12)

Sawal se shuru karo:

□ “Agar koi aapki peeth piche burai kare to aapko kaisa lagega?”

Surah Hujurat Ayat 12

يَا أَيُّهَا الَّذِينَ ءَامَنُوا اجْتَنِبُوا كَثِيرًا مِّنَ الظَّنِّ إِنَّ بَعْضَ الظَّنِّ إِثْمٌ وَلَا تَجَسَّسُوا
وَلَا يَغْتَب بَّعْضُكُم بَعْضًا أَيُحِبُّ أَحَدُكُمْ أَن يَأْكُلَ لَحْمَ أَخِيهِ مَيْتًا فَكَرِهْتُمُوهُ
وَاتَّقُوا اللَّهَ إِنَّ اللَّهَ تَوَّابٌ رَّحِيمٌ

Yaaa ayyuhal lazeena aamanuj taniboo kaseeram minaz zanni inna ba'daz zanniismunw wa laa tajassasoo wa
la yaghtab ba'dukum ba'daa; a yuhibbu ahadukum any yaakula lahma akheehi maitan fakarih tumooh;
wattaqul laa; innal laaha tawwaabur Raheem

O you who have believed, avoid much [negative] assumption. Indeed, some assumption is sin. And do not spy or backbite each other. Would one of you like to eat the flesh of his brother when dead? You would detest it. And fear Allah. indeed, Allah is Accepting of repentance and Merciful.

MY
ISLAM

□ Translation:-

12: Aey logon jo iman laye ho, bahut gumaan ((thinking/assumption).) karne se parheiz karo ke baaz gumaan (suspicion) gunaah hote hain. Tajassus (jasusi) na karo aur tum mein se koi kisi ki geebat na kare. kya tumhare andar koi aisa hai jo apne mare (dead) huey bhai ka gosht khana pasand karega? Dekho, tum khud is se gheen khate ho. Allah se daro, Allah bada tauba qabool karne wala aur Raheem hai.

□ Asaan Tashreeh

- Allah ta'ala humein keh rahe hain:
- **Buri gumaan (bad-gumani)** se bacho – kyunki kuch gumaan gunah hai.

- **Tajassus (chugli, jasoosi, doosron ki burai talash karna)** mat karo.
- **Gheebat (peeth piche burai karna)** mat karo.
- Gheebat ka tashbeeh: Jaise apne marhe hue bhai ka gosht khana. Kitni nafrat hoti hai! Aise hi Allah ke nazdeek gheebat bohot nafrat angez hai.
- Is ayat ka paigham hai:
 - Apne zubaan aur dil ko paak rakho.
 - Doosron ke bare mein bura sochne se pehle unhe samajhne ki koshish karo.
 - Muslim society ko mohabbat aur husn-e-zann (achhi gumaan) par chalana chahiye.

Misal do: Jaise hum school/college mein doston ki peeth piche burai karte hain. Ye gheebat hai.

Seerah se link: Nabi ﷺ ne farmaya:

“Gheebat ye hai ke tum apne bhai ka zikr aisi baat se karo jo use pasand na ho.”
(Muslim)

Aaj ki zindagi mein amal:

- WhatsApp groups / social media par gheebat aur badgumani se bacho.
- Hamesha positive socho.
- Agar burai suno to mana karo.

☐ Chhota Quiz

Q1: Gheebat ka matlab kya hai?

A1: Kisi ki peeth piche aisi baat kehna jo usay pasand na ho.

Q2: Qur'an mein gheebat ki misaal kis cheez se di gayi?

A2: Apne murde bhai ka gosht khana.

Q3: Badgumani se bachna kyu zaroori hai?

A3: Kyunki kuch gumaan gunah hota hai aur society mein fasad phailata hai.