

Windows Fundamentals – Complete Notes & Lab (Definitions & Practice)

Descripton:

- Comprehensive definitions, practice questions, and step-by-step **labs for mastering Windows** security, administration, and system management.
- Windows Fundamentals 1 Tasks 1 to 9
- Window Fundamentals 2 Tasks 1 to 8
- Windows Fundamentals 3 Tasks 1 to 9

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Learning Source:

TryHackMe

📝 Windows Fundamentals 1 – Tasks 1 to 9 (Complete lab)

Task 1: Introduction to Windows

Definition:

Windows is a graphical operating system developed by **Microsoft**.

- It allows users to *manage hardware and software* using a visual interface.
- It *supports* multitasking, file management, user authentication, and system utilities.

Practice Questions & Answers:

Q1: What is the purpose of an operating system like Windows?

A: It acts as an interface between the user and hardware, managing resources, applications, memory, and user input/output.

Q2: How do you check the Windows version installed?

A: Use winver in the Run dialog (Windows + R) or type msinfo32 for detailed system info.

Q3: What type of user interface does Windows provide?

A: Graphical User Interface (GUI)

Q4: How do you open the Command Prompt in Windows?

A: Press Windows + R, type cmd, and press Enter.

Q5: What is NTFS?

A: New Technology File System – used by Windows for secure and efficient file storage.

Q6: Which utility shows complete system hardware and OS details?

A: System Information – msinfo32

Q7: What key combination opens Task Manager?

A: Ctrl + Shift + Esc

Q8: How do you shut down or restart the system using CMD?

A: Use shutdown /s to shut down and shutdown /r to restart.

Q9: How can you open Windows Settings quickly?

A: Windows + I

Q10: What distinguishes Windows from command-line-based systems?

A: It provides a GUI that simplifies operations through clicks and menus instead of typed commands.

Task 2: Windows Editions

Definition:

Windows comes in different editions such as Home, Pro, Enterprise, and Education.

• Each tailored for different users and organizations with varied features and capabilities.

Practice Questions & Answers:

Q1: How can you check which edition of Windows is installed?

A: Open Run (Windows + R), type winver, or go to Settings > System > About.

Q2: What feature is available in Windows Pro but not in Home?

A: BitLocker, Group Policy Editor, and Remote Desktop are Pro-exclusive.

Q3: Can Windows Home be upgraded to Pro?

A: Yes, through the Microsoft Store or by entering a Pro license key.

Q4: What is the purpose of Windows Enterprise edition?

A: Designed for large organizations with advanced security, virtualization, and IT management features.

Q5: Which edition is optimized for low-end devices or embedded systems?

A: Windows 10/11 IoT

Q6: What is the main use of Windows Education edition?

A: It provides Pro features tailored for schools and academic institutions.

Q7: Is Group Policy Editor available in Windows Home?

A: No, it's only available in Pro and above.

Q8: What is the default edition for most personal laptops?

A: Windows Home

Q9: How can you upgrade from Education to Enterprise?

A: Through Volume Licensing or using an Enterprise product key.

Q10: Which edition is best for server use?

A: Windows Server (separate from desktop editions)

✓ Task 3: The Desktop (GUI)

Definition:

The **Desktop** is the *primary interface* of Windows where users interact with icons, open applications, manage files, and access the taskbar, Start menu, and system tray.

Practice Questions & Answers:

Q1: What keyboard shortcut shows the desktop instantly?

A: Windows + D

Q2: How do you open Task View for multitasking?

A: Windows + Tab

Q3: How can you lock your PC instantly?

A: Windows + L

Q4: Which shortcut opens File Explorer directly?

A: Windows + E

Q5: How do you pin an app to the taskbar?

A: Right-click the app icon > "Pin to taskbar"

Q6: How do you access the notification panel?

A: Windows + A or click the notification icon in the system tray.

Q7: How can you search for apps, files, or settings from the desktop?

A: Click Start and type directly into the search bar.

Q8: What is the system tray and what does it show?

A: Located at the bottom-right, it shows background app icons, time, volume, and notifications.

Q9: How do you snap a window to the side of the screen?

A: Drag it to the edge or use Windows + Left/Right Arrow.

Q10: How do you switch between open apps quickly?

A: Press Alt + Tab

✓ Task 4: The File System

Definition:

The *file system* in Windows is the *method by which data is stored and organized on drives*.

 Windows primarily uses NTFS (New Technology File System), which supports file permissions, encryption, and compression.

Practice Questions & Answers:

Q1: What is NTFS and why is it important?

A: NTFS (New Technology File System) is the default Windows file system that provides support for large files, file permissions, encryption, and efficient storage management.

Q2: How can you view the contents of a directory from CMD?

A: Use the command dir

Q3: What is the command to change directories?

A: Use cd foldername (e.g., cd Documents)

Q4: How do you create a new folder using CMD?

A: Use mkdir foldername (e.g., mkdir MyFolder)

Q5: How do you delete a file using CMD?

A: Use del filename (e.g., del notes.txt)

Q6: How do you copy a file from one location to another?

A: Use copy source destination (e.g., copy a.txt D:\Backup)

Q7: How do you move a file using command line?

A: Use move source destination (e.g., move a.txt D:\Files)

Q8: What is the command to view all logical drives?

A: Use wmic logicaldisk get name

Q9: How can you make hidden files visible in File Explorer?

A: Go to View > Show > Hidden items

Q10: How do you copy the full path of a file in GUI?

A: Hold Shift + Right-click on the file > Select "Copy as path"

✓ Task 5: The Windows\System32 Folder

Definition:

C:\Windows\System32 contains critical system files, executables, drivers, and libraries required for Windows to function properly.

Practice Questions & Answers:

Q1: What is the role of the System32 folder?

A: It holds system-critical files such as .dll, .exe, and .sys, which are required to run Windows services and features.

Q2: How do you open the System32 folder directly?

A: Press Windows + R, type C:\Windows\System32, and press Enter.

Q3: Which command-line tool is located in System32 to open the registry?

A: regedit.exe

Q4: How do you verify the integrity of files in System32?

A: Use sfc /scannow in Command Prompt (admin mode).

Q5: What does cmd.exe do and where is it located?

A: It opens the Command Prompt and is located in System32.

Q6: Name a System32 tool used for process management.

A: taskmgr.exe opens Task Manager.

Q7: What happens if you delete files from System32?

A: The system may become unbootable or highly unstable.

Q8: How can you list .dll files in System32 via CMD?

A: dir C:\Windows\System32*.dll /b

Q9: What is the purpose of services.exe in System32?

A: Manages starting/stopping of system services.

Q10: Command to check if System32 is being redirected on 64-bit OS?

A: Use echo %windir%\System32

✓ Task 6: User Accounts, Profiles, and Permissions

Definition:

Windows allows *multiple user accounts* with unique profiles. Permissions define access rights to files, folders, and system tasks.

Practice Questions & Answers:

Q1: How to create a new local user via command line?

A: net user username password /add

Q2: How to check your current username?

A: whoami

Q3: What is a user profile?

A: It's a folder with a user's desktop, documents, and settings (C:\Users\Username).

Q4: Command to check all users on the system?

A: net user

Q5: How to open Local Users and Groups manager?

A: Run lusrmgr.msc (Not available in Home edition)

Q6: What does NTFS stand for and why is it important?

A: New Technology File System — it supports permissions and encryption.

Q7: How to view file permissions in GUI?

A: Right-click file > Properties > Security tab

Q8: How to view access control list via command line?

A: icacls filename

Q9: Which command adds a user to the Administrators group?

A: net localgroup administrators username /add

Q10: What is the SID in Windows?

A: Security Identifier — uniquely identifies users and groups.

✓ Task 7: User Account Control (UAC)

Definition:

UAC is a *Windows security feature* that prevents unauthorized changes to the system by requiring admin approval.

Practice Questions & Answers:

Q1: How to open UAC settings?

A: Control Panel > User Accounts > Change UAC settings or run UserAccountControlSettings.exe

Q2: What does UAC protect against?

A: Unauthorized system changes by malware or users without admin rights.

Q3: How to disable UAC via registry?

A: Set EnableLUA to 0 in HKLM\SOFTWARE\Microsoft\Windows\CurrentVersion\Policies\System

Q4: UAC setting to never notify?

A: Lowest level in UAC slider.

Q5: Command to force run a program as administrator?

A: Right-click > Run as Administrator

Q6: What's the command to open Control Panel directly?

A: control

Q7: What happens when UAC is triggered?

A: A prompt appears for admin approval before proceeding.

Q8: Which tool audits UAC events?

A: Event Viewer > Security Logs

Q9: Does UAC block unsigned apps?

A: It prompts, but does not automatically block.

Q10: Can UAC be bypassed?

A: Yes, but it requires exploiting misconfigurations or vulnerabilities.

✓ Task 8: Settings and the Control Panel

Definition:

Settings and Control Panel are interfaces to manage system settings such as accounts, network, devices, and updates.

Practice Questions & Answers:

Q1: How to open Control Panel?

A: Run control or search in Start.

Q2: Command to open Device Manager from CMD?

A: devmgmt.msc

Q3: What is the difference between Control Panel and Settings?

A: Control Panel is legacy; Settings is the modern interface introduced in Windows 10.

Q4: How to open Network settings?

A: Start > Settings > Network & Internet or ncpa.cpl

Q5: Command to open Programs and Features?

A: appwiz.cpl

Q6: How to change display resolution?

A: Settings > Display > Resolution

Q7: Command to open System Properties window?

A: sysdm.cpl

Q8: Command to access power settings?

A: powercfg.cpl

Q9: How to check installed updates via GUI?

A: Settings > Windows Update > Update history

Q10: Tool to uninstall system apps?

A: Control Panel > Programs and Features or use PowerShell for advanced removal.

▼ Task 9: Task Manager

Definition:

Task Manager is a tool to monitor running processes, system performance, app history, and startup programs.

E Practice Questions & Answers:*

Q1: Shortcut to open Task Manager?

A: Ctrl + Shift + Esc

Q2: Command to launch Task Manager from Run?

A: taskmgr

Q3: How to kill a process using Task Manager?

A: Right-click > End Task

Q4: How to view CPU and RAM usage?

A: Use the "Performance" tab in Task Manager.

Q5: Command-line way to kill a process?

A: taskkill /IM notepad.exe /F

Q6: What is the purpose of the Startup tab?

A: Manage apps that run at Windows startup.

Q7: How to run a new task from Task Manager?

A: File > Run new task

Q8: What's the difference between a process and a service?

A: A process is a running instance of an app; services run in background with no UI.

Q9: Can Task Manager monitor GPU usage?

A: Yes, in the Performance tab (Windows 10+).

Q10: How to access services from Task Manager?

A: Services tab > Right-click > Go to Services



📝 Windows Fundamentals 2 – Tasks 1 to 8 (Complete Lab)

✓ Task 1: Introduction

Definition:

Windows Fundamentals 2 focuses on system configuration, management tools, and administrative tasks.

• It builds foundational knowledge for managing Windows at a deeper level.

Practice Questions & Answers:

Q1: What does Windows Fundamentals 2 cover?

A: System configuration, resource monitoring, command-line tools, and administrative utilities.

Q2: Name one important GUI tool for system management.

A: Computer Management (compmgmt.msc)

Q3: Which Windows feature monitors system performance in real time?

A: Resource Monitor

Q4: How to open the Command Prompt as administrator?

A: Right-click CMD > "Run as administrator"

Q5: What is System Configuration used for?

A: Managing startup items, services, boot options, and tools.

✓ Task 2: System Configuration

Definition:

System Configuration (msconfig) is a tool used to troubleshoot and manage startup settings, services, and system behavior.

Practice Questions & Answers:

Q1: How to open System Configuration?

A: Run msconfig

Q2: Which tab controls startup items in msconfig?

A: Startup tab (redirects to Task Manager in modern versions)

Q3: What is Safe Boot in Boot tab?

A: Minimal startup environment for troubleshooting.

Q4: How do you enable diagnostic startup?

A: In General tab, select "Diagnostic startup"

Q5: Which tab gives access to advanced tools?

A: Tools tab

▼ Task 3: Change UAC Settings

Definition:

User Account Control settings determine when Windows prompts the user for elevation of privileges.

Practice Questions & Answers:

Q1: Command to open UAC settings?

A: UserAccountControlSettings.exe

Q2: How many UAC levels are available?

A: Four levels ranging from "Always notify" to "Never notify"

Q3: Can standard users change UAC settings?

A: No, admin privileges are required.

Q4: Which registry key stores UAC config?

A: HKLM\Software\Microsoft\Windows\CurrentVersion\Policies\System

Q5: What does UAC protect against?

A: Unauthorized changes by users or software.

✓ Task 4: Computer Management

Definition:

Computer Management combines several administrative tools like Disk Management, Event Viewer, Services, and Device Manager.

Practice Questions & Answers:

Q1: Command to open Computer Management?

A: compmgmt.msc

Q2: How to view disk partitions?

A: Use Disk Management inside Computer Management.

Q3: Which tool shows system logs and errors?

A: Event Viewer

Q4: How to manage services using GUI?

A: services.msc

Q5: How to disable a hardware device?

A: Via Device Manager > Right-click device > Disable

✓ Task 5: System Information

Definition:

System Information (msinfo32) provides a detailed overview of the hardware, drivers, and software environment of the system.

Practice Questions & Answers:

Q1: How to open System Information tool?

A: msinfo32

Q2: Which section lists installed drivers?

A: "Software Environment > System Drivers"

Q3: Can you export system info?

A: Yes, File > Export

Q4: What tab shows BIOS version?

A: System Summary

Q5: How to find total RAM installed?

A: Under System Summary > Installed Physical Memory

Task 6: Resource Monitor

Definition:

Resource Monitor (resmon) is used to monitor CPU, memory, disk, and network usage in real-time.

Practice Questions & Answers:

Q1: How to launch Resource Monitor?

A: Run resmon or open via Task Manager > Performance tab > Open Resource Monitor

Q2: What graphs does it show?

A: CPU, Memory, Disk, Network usage

Q3: Can you end processes in Resource Monitor?

A: Yes, right-click > End Process

Q4: How to analyze disk activity?

A: Use Disk tab in Resource Monitor

Q5: What does "Hard Faults/sec" indicate?

A: Virtual memory usage due to insufficient RAM

✓ Task 7: Command Prompt

Definition:

Command Prompt (cmd.exe) is a *command-line interface* used to execute system commands and scripts.

Practice Questions & Answers:

Q1: How to open CMD as administrator?

A: Right-click on CMD > Run as administrator

Q2: Command to list all files in a directory?

A: dir

Q3: Command to check system IP?

A: ipconfig

Q4: Command to list running processes?

A: tasklist

Q5: Command to shut down PC immediately?

A: shutdown /s /t 0

✓ Task 8: Registry Editor

Definition:

Registry Editor (regedit) is a tool to view and edit the Windows registry.

• A hierarchical database that stores system and user configurations.

Practice Questions & Answers:

Q1: How to launch Registry Editor?

A: Run regedit

Q2: What key stores startup programs?

A: HKCU\Software\Microsoft\Windows\CurrentVersion\Run

Q3: How to back up a registry key?

A: Right-click key > Export

Q4: Can editing the registry harm the system?

A: Yes, incorrect edits can cause instability or failure.

Q5: Which key contains system policies?

A: HKLM\Software\Policies

Windows Fundamentals 3 – Tasks 1 to 9 (Complete Lab)

✓ Task 1: Introduction

Definition:

Windows Fundamentals 3 focuses on *security features* such as antivirus, firewall, BitLocker, device protection, and backup systems.

Practice Questions & Answers:

Q1: What does Windows Security offer?

A: Antivirus, firewall, device protection, and app control.

Q2: What is BitLocker?

A: A disk encryption feature to protect data on drives.

Q3: How to access Windows Security Center?

A: Settings > Update & Security > Windows Security

Q4: What is VSS used for?

A: Volume Shadow Copy Service is used to create backup snapshots.

Q5: Can you enable firewall per network type?

A: Yes – Private, Public, and Domain profiles.

✓ Task 2: Windows Updates

Definition:

Windows Update is responsible for keeping the *system secure and up-to-date* with patches, drivers, and feature updates.

Practice Questions & Answers:

Q1: How to manually check for updates?

A: Settings > Update & Security > Windows Update

Q2: Command to check updates via CMD?

A: wuauclt /detectnow

Q3: How to view update history?

A: Settings > Update History

Q4: Can updates be paused?

A: Yes, from the Update settings.

Q5: How to roll back a Windows update?

A: Settings > Recovery > Go back to previous version

✓ Task 3: Windows Security

Definition:

Windows Security is the *built-in antivirus* and threat protection suite in Windows that monitors viruses, ransomware, and other malware threats in real-time.

Practice Questions & Answers:

Q1: How do you open Windows Security?

A: Go to Settings > Privacy & Security > Windows Security or run windowsdefender: in the Run dialog.

Q2: What areas are protected by Windows Security?

A: Virus & threat protection, firewall, app control, device security, and more.

Q3: Can you perform a quick scan from Windows Security?

A: Yes, under "Virus & Threat Protection" > Quick scan.

Q4: What is Real-time Protection?

A: It actively scans files and programs as they are accessed.

Q5: Where can you manage notifications?

A: Inside Windows Security settings under Notification preferences.

✓ Task 4: Virus & Threat Protection

Definition:

This section of **Windows Security** focuses on scanning, quarantining, and removing malicious threats from the system.

Practice Questions & Answers:

Q1: What scan types are available?

A: Quick, Full, Custom, and Microsoft Defender Offline scan.

Q2: What happens to quarantined files?

A: They are isolated from the system and can be reviewed or deleted later.

Q3: How to view scan history?

A: Go to Virus & threat protection > Protection history.

Q4: What is Microsoft Defender Offline scan?

A: A deep scan that runs before Windows boots.

Q5: Command-line version of Defender scan?

A: MpCmdRun.exe -Scan -ScanType 1

▼ Task 5: Firewall & Network Protection

Definition:

The Windows Firewall helps prevent unauthorized access to or from a private or public network.

Practice Questions & Answers:

Q1: How to access firewall settings?

A: Go to Windows Security > Firewall & network protection

Q2: What types of network profiles are available?

A: Domain, Private, and Public

Q3: How to allow an app through the firewall?

A: Firewall & Network Protection > Allow an app through firewall

Q4: How to disable firewall for a specific network type?

A: Select the network type and turn off Microsoft Defender Firewall.

Q5: What is the command to reset firewall settings?

A: netsh advfirewall reset

▼ Task 6: App & Browser Control

Definition:

This feature *manages app* reputation-based protection and SmartScreen settings for safer browsing and app usage.

Practice Questions & Answers:

Q1: What is Microsoft Defender SmartScreen?

A: It helps protect your device by warning about malicious websites and downloads.

Q2: Where can you manage app reputation settings?

A: App & browser control > Reputation-based protection

Q3: Can you block potentially unwanted apps (PUAs)?

A: Yes, via Reputation-based protection settings.

Q4: What does Exploit protection do?

A: Helps guard against malware attacks through system vulnerabilities.

Q5: How to disable SmartScreen temporarily?

A: App & browser control > Turn off all toggles under SmartScreen

✓ Task 7: Device Security

Definition:

Device security provides *hardware-level security features* like Core Isolation and Secure Boot to protect the OS from rootkits and unauthorized access.

Practice Questions & Answers:

Q1: What is Core Isolation?

A: A virtualization-based security feature that isolates critical parts of the OS.

Q2: What is Secure Boot?

A: Ensures the system boots only with software trusted by the OEM.

Q3: How to check if Core Isolation is enabled?

A: Go to Windows Security > Device Security > Core Isolation Details

Q4: What does TPM do?

A: Trusted Platform Module stores cryptographic keys and ensures integrity.

Q5: How to check TPM availability?

A: Run tpm.msc

✓ Task 8: BitLocker

Definition:

BitLocker is a drive encryption feature that helps protect data by encrypting entire volumes.

Practice Questions & Answers:

Q1: How to enable BitLocker?

A: Control Panel > BitLocker Drive Encryption

Q2: Which Windows editions support BitLocker?

A: Windows Pro, Enterprise, and Education

Q3: How to back up your BitLocker recovery key?

A: During setup or via Control Panel > Save to file/USB/Account

Q4: Command-line to manage BitLocker?

A: manage-bde

Q5: How to check BitLocker status?

A: manage-bde -status

▼ Task 9: Volume Shadow Copy Service (VSS)

Definition:

VSS enables taking backup snapshots of system or user data even while the system is running.

Practice Questions & Answers:

Q1: What is the primary use of VSS?

A: To create system restore points and backups without disrupting operations.

Q2: What tool uses VSS to create restore points?

A: System Restore and Backup utilities

Q3: How to open System Restore settings?

A: Control Panel > Recovery > Configure System Restore

Q4: What is the command to create a restore point?

A: Use wmic.exe or PowerShell commands for scripting restore points.

Q5: What happens if VSS fails during backup?

A: The backup may fail or be incomplete.