

Overview

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Primary thoracic neoplasms are reviewed in detail in the chapters of this section. In this overview, we consider developments and controversies in the diagnosis and treatment of non–small cell lung cancer (NSCLC), small cell lung cancer (SCLC), esophageal cancer, thymic tumors, pulmonary carcinoid, and mesothelioma.

EPIDEMIOLOGY

Lung Cancer

Lung cancer is the most common and deadliest thoracic malignancy, accounting for approximately 3000 deaths each week in the United States.¹ Exposure to tobacco smoke is the most common cause of lung cancer, with 85% to 90% of cases directly linked to active or passive tobacco exposure.² Lung cancer mortality rates have been trending downward in men because of reductions in smoking prevalence dating back to the mid-1960s, whereas mortality rates in women started to stabilize only in 2003. There is substantial geographic variation in the United States, with California the only state with decreasing lung cancer incidence and death rates in women.³ Exposures to several occupational respiratory carcinogens have been controlled in developed nations, but environmental exposure to radon, the second-leading cause of lung cancer death, remains problematic.⁴ Lung cancer in never-smokers is increasingly recognized as a distinct entity, described in greater detail in Chapter 44, and is the seventh-most common cause of cancer worldwide. Most of these cancers occur in women, and geographic, cultural, and genetic differences and hormonal factors have been implicated.⁵

The median age of patients who present with lung cancer is 70 years.⁶ Lung cancer is broadly separated into SCLC and NSCLC types, and NSCLC accounts for approximately 80% to 85% of cases. Less than 50% of patients with NSCLC have resectable disease on initial presentation, and 25% of patients present with locally advanced (regional lymph node involvement without distant metastases) disease. Approximately 30% of patients with SCLC have limited-stage disease on presentation.⁷

Esophageal Cancer

In 2013, an estimated 17,990 patients Americans were diagnosed with esophageal cancer, and the incidence of esophageal cancer has increased approximately 15% during the past two decades.⁸ Patients with esophageal cancers often present with advanced-stage disease, and most eventually die of their

disease. Approximately 50% of patients present with locally advanced disease, and another 30% to 40% present with systemic metastases.⁹

Esophageal carcinomas are divided into squamous cell carcinoma and adenocarcinoma, each of which has a distinct epidemiology. Adenocarcinoma is associated with gastroesophageal reflux disease, Barrett's esophagus, obesity, and male gender. Squamous cell carcinoma is associated with alcohol and tobacco exposure, nutritional deficits, and lower socioeconomic status.¹⁰ Although the incidence of squamous cell carcinoma has remained stable in the United States, the incidence of esophageal adenocarcinoma has increased dramatically over the past several decades, surpassing squamous cell carcinoma as the most common esophageal cancer in the United States.

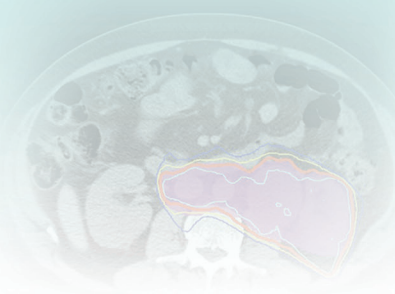
Thymic Neoplasms

Thymoma is the most common tumor in the anterior mediastinum. Most thymic neoplasms arise in the epithelial cells of the thymus. The incidence of thymoma in the United States is estimated to be 0.13 to 0.15 per 100,000 people.¹¹ The median age of patients with thymoma is older than 50 years, and thymomas are diagnosed equally in men and women.¹² Thymic carcinomas account for a minority of all thymic neoplasms,¹³ and they are more aggressive than thymomas.¹⁴ Thymic carcinoids represent less than 5% of anterior mediastinal tumors, but they have a higher rate of regional lymph node metastases on presentation compared with carcinoids found in other locations in the body.¹⁵

Pulmonary Carcinoid

Pulmonary or bronchial carcinoid tumors are often low-grade neoplasms that arise from bronchial mucosal cells known as enterochromaffin cells or Kulchitsky cells.¹⁶ These specialized cells are capable of producing bioactive amines, which cause carcinoid syndrome if released into the blood stream by the tumor. The respiratory tract is the second-most common site for carcinoids (after the gastrointestinal tract). Pulmonary carcinoid tumors are often centrally located and confined to the main or lobar bronchi.¹⁷

The incidence of bronchopulmonary carcinoids in the United States is estimated to be 0.6 per 100,000 people.¹⁷ Carcinoid tumors tend to occur at a younger age than other lung cancers, with a median age ranging from 50 to 56 at diagnosis. In contrast to NSCLC and SCLC, bronchial carcinoids are more common in women.



Mesothelioma

The incidence of mesothelioma in the United States is estimated to be 10 per 1 million people,¹⁸ or approximately 3000 patients per year, and the rate is expected to increase to about 4000 cases per year by 2025. Approximately 90% of mesotheliomas can be attributed to prior occupational asbestos exposure, and a lag of 20 to 40 years between asbestos exposure and diagnosis is typical.¹⁹ Mesothelioma occurs predominantly in men, but secondary asbestos exposure from a spouse or parent can be as significant as environmental exposure. Major histologic subtypes of mesothelioma include epithelioid, biphasic, and sarcomatoid. Although epithelioid tumors are most common and have a better prognosis than other histologic types, the prognosis for most patients with mesothelioma remains poor.²⁰

BIOLOGY

Lung Cancer

Lung cancers have a propensity to disseminate early and have a high rate of relapse despite aggressive treatment with surgery, chemotherapy, radiotherapy (RT), or combinations of these modalities. Molecular characteristic of NSCLC and SCLC are described in Chapters 43 and 44. Although NSCLC has traditionally been treated as a single disease, there is increasing recognition that histologic and molecular characteristics may help direct therapy, and targeted drugs are now considered first-line therapy for advanced NSCLC with specific epidermal growth factor receptor (EGFR) mutations or anaplastic lymphoma kinase (ALK) gene rearrangements.^{21,22} Efforts to take advantage of molecular abnormalities in small cell lung cancer in developing more effective treatment have been less successful.

Esophageal Cancer

Esophageal cancer is characterized by early locoregional and distant spread of disease. Although the biologic characteristics of squamous cell carcinoma and adenocarcinoma of the esophagus differ, implications for therapeutic approach are unclear at this time. Molecular targets of interest identified in carcinoma of the esophagus include EGFR, Her2-neu, vascular endothelial growth factor (VEGF), cyclin D1, and cyclooxygenase-2.²³ Alterations in p53 may be important in the development of esophageal cancer, although mutations for squamous cell carcinoma differ from adenocarcinoma, and p15 and p16 have been found to be involved in the pathogenesis of esophageal cancer.²⁴

Thymus Tumors

The cause of thymic neoplasms is unclear. Environmental factors that contribute to the development of thymic neoplasms may include Epstein-Barr virus infection²⁵ and exposure to ionizing irradiation.²⁶ The translocation of chromosomes 15 and 19 has been observed in thymic carcinoma.²⁷ Benign thymoma has been associated with deletion of the short arm of chromosome 6. Abnormalities in TP53, epidermal growth factor, and EGFR may contribute to the development of thymoma.^{28,29}

Thymic carcinoma displays features that are similar to features of carcinoma arising in other body sites. It has a higher rate of capsular invasion, involvement of the regional lymph nodes, and systemic metastases compared with invasive thymomas.³⁰ Features of thymic carcinomas may include expression of high levels of EGFR, VEGF, and basic fibroblast

growth factor.^{31,32} CD70 positivity may serve as a marker for thymic carcinoma.³³ In contrast to lung cancer, thymic carcinomas usually do not express transcription termination factor-1.³⁴

Pulmonary Carcinoid

Although most pulmonary carcinoids are nonfunctional, some can secrete various substances, which can lead to paraneoplastic syndromes, including carcinoid and Cushing's syndrome.³⁵ Serotonin is the most common substance released by carcinoid tumors, but corticotropin, histamine, dopamine, substance P, neurotensin, prostaglandins, and kallikrein may also be involved.³⁶

Typical carcinoids usually display an indolent clinical course, but atypical carcinoids have a higher rate of regional and systemic involvement on presentation.³⁷ Most familial pulmonary carcinoids have been reported in patients with multiple endocrine neoplasia type I.³⁸ In atypical carcinoids, there seems to be a higher rate of inactivation of TP53.³⁹ Other genetic alterations in lung carcinoids include losses of 3p, 5p, 9p, 10q, and 13q.⁴⁰

STAGING AND WORKUP

Lung Cancer

As with other medical conditions, the workup begins with a careful history and physical examination. There should be an emphasis on the duration of symptoms and signs related to the thoracic neoplasm and the overall baseline medical condition of the patient.

Diagnosis and staging should be accomplished in an orderly and cost-effective manner. Although sputum cytology reveals a diagnosis in only a small percentage of patients, it is a simple and noninvasive evaluation that should be considered for patients with respiratory symptoms and a suspicious lung mass. Traditionally, bronchoscopy has been employed for biopsy of central lesions, whereas transthoracic needle biopsy is often the first consideration for peripheral lesions. Endobronchial ultrasound is increasingly used to obtain tissue from mediastinal lymph nodes or parenchymal lung lesions; esophageal ultrasound may be used for biopsy of paraesophageal lymph nodes.

Staging evaluation is often initiated before a definitive pathologic diagnosis has been established. Positron emission tomography with ¹⁸F-fluorodeoxyglucose positron emission tomography (¹⁸F-FDG-PET) combined with computed tomography (CT) imaging is indicated in most patients with localized NSCLC and SCLC and can replace the traditional workup that included CT imaging of the chest and abdomen plus a bone scan. The use of ¹⁸F-FDG-PET imaging has been shown to reduce the number of futile thoracotomies for patients with NSCLC and has a substantial impact on the radiation treatment plan for NSCLC and SCLC, particularly when an approach of involved field RT is used.⁴¹⁻⁴³ Generally, biopsy of suspected distant metastatic sites should be considered in lieu of biopsy of the primary lung lesion because this would confirm both histology and stage. ¹⁸F-FDG-PET imaging is typically not warranted in patients presenting with evidence of distant metastases (on other imaging studies) because treatment would not likely be altered by the PET results. Magnetic resonance imaging (MRI) of the brain should be obtained in patients with localized SCLC and patients with clinical stage III NSCLC, in addition to patients presenting with neurologic symptoms.

The TNM (primary tumor, regional nodes, metastases) staging system for bronchogenic cancer has undergone substantial revision to correlate stage better with clinical outcome

(see Tables 44-2 and 44-3). Changes in T stage include subclassifying T1 into T1a and T1b and T2 into T2a and T2b, reclassifying T2c and additional nodules in the same lobe as T3, and reclassifying nodules in the ipsilateral nonprimary lobe as T4. Malignant pleural or pericardial effusions have been reclassified from T4 to M1.⁴⁴ Although the American Joint Committee on Cancer (AJCC) system has been proposed for use in staging patients with both SCLC and NSCLC, it is more common to use the 1973 Staging System of the Veterans Administration Lung Cancer Study Group for staging SCLC. It distinguishes disease extent as limited versus extensive,⁴⁵ with limited-stage SCLC often described as one that can be treated with a “reasonable” RT portal to encompass the known disease.

Mediastinal staging is indicated for most patients with early-stage clinical node-negative NSCLC because CT and ¹⁸F-FDG-PET imaging have a false-negative rate (in the mediastinum) ranging from 10% to greater than 25%.⁴⁶ Combined anatomic and functional imaging is generally sufficient to assess mediastinal lymph node involvement for the subset of patients with peripheral stage I NSCLC.⁴⁷ Whether comprehensive mediastinal lymph node sampling with endobronchial ultrasound can replace mediastinoscopy is an area of active investigation.

Esophageal Cancer

The staging of esophageal cancer underwent substantial revision in the most recent version (seventh edition) of the AJCC Staging Manual (see Box 45-1). Staging groups are now divided according to histology, acknowledging the difference in biology between squamous cell carcinoma and adenocarcinoma. The staging system has also been amended to account for the influence of tumor grade on prognosis. Regional lymph nodes have been redefined, and N has been subdivided according to the number of lymph nodes involved. In addition, the previous division between M1a and M1b has been abandoned because it was not found to be useful.

Clinical staging is typically based on findings of endoscopy with biopsy, endoscopic esophageal ultrasound, and anatomic CT imaging. Endoscopic ultrasound can assess the depth of invasion with up to 90% accuracy once the tumor has gone through the submucosa and can detect abnormal or enlarged lymph nodes.⁴⁸ Assessment with ¹⁸F-FDG-PET/CT has become commonplace in the workup of esophageal carcinoma and is particularly helpful in detection of unsuspected distant or regional disease, although the sensitivity of ¹⁸F-FDG-PET imaging in defining regional lymph node metastases seems to be improved with integrated ¹⁸F-FDG-PET/CT imaging.⁴⁹⁻⁵¹ A randomized prospective trial from the American College of Surgeons Oncology Group showed that ¹⁸F-FDG-PET after conventional staging evaluation identified confirmed metastatic disease in approximately 5% of patients. This study was performed before routine availability of integrated ¹⁸F-FDG-PET/CT.⁵² Thoracoscopic or laparoscopic assessment may be helpful in certain cases to help determine disease extent and resectability.

Thymic Tumors

Approximately 10% to 15% of patients with myasthenia gravis have thymoma, and 30% to 45% of patients with thymomas have myasthenia gravis.⁵³ Serum alpha-fetoprotein and beta-human chorionic gonadotropin levels should be obtained in young men to exclude nonseminomatous germ cell tumors.⁵⁴ Thymic carcinoids may also be associated with Cushing's syndrome, Eaton-Lambert syndrome, syndrome of inappropriate secretion of antidiuretic hormone, and hypercalcemia.⁵⁵

TABLE C-1 Masaoka Staging System for Thymoma

Stage	Criteria
I	Completely encapsulated macroscopically and no microscopic capsular invasion
II-1	Macroscopic invasion into surrounding fatty tissue or mediastinal pleura
II-2	Microscopic invasion into capsule
III	Microscopic invasion into adjacent organs
IVA	Pleural or pericardial implants
IVB	Lymphatogenous or hematogenous metastasis

Symptoms of classic carcinoid syndrome are rare in patients with thymic carcinoids.

A routine chest x-ray examination can detect 30% to 40% of patients with thymic neoplasms.⁵⁶ CT is the most valuable radiologic study in the workup of thymic tumors.⁵⁷ It can establish the initial clinical staging and response to treatment. MRI has not been shown to be more accurate than CT in assessing anterior mediastinal tumors.⁵⁸ ¹⁸F-FDG-PET has not been established as routine in the workup of thymic neoplasms. The risk of tumor spillage and pleural seeding during biopsy of thymoma is uncertain, although current guidelines suggest biopsy may be avoided for resectable tumors if thymoma is strongly suspected by clinical and radiographic features.

Thymomas histologically display epithelial and lymphatic cell types. They can be classified according to the degree of the epithelial and lymphatic cell combination. The neoplastic cells are the epithelial cells, but there is no consistent correlation between the histology of thymomas and their malignant potential or systemic syndromes. The degree of invasion of the capsule and adjacent tissues defines malignancy.⁵⁹ The Masaoka staging system⁶⁰ is used widely and is based on the anatomic extent of disease at the time of surgery (Table C-1). Thymic carcinoma histology is cytologically not different from carcinomas in other sites. Thymic carcinomas often involve the pleura and locoregional lymph nodes. Distant metastases to the lungs, liver, brain, and bone can also develop.⁶¹

Pulmonary Carcinoid

Pulmonary carcinoids are often located centrally within the tracheobronchial tree, and approximately 10% to 20% are in the peripheral lung parenchyma.⁶² The AJCC lung staging system (TNM) is commonly used for lung carcinoids. Most patients with typical carcinoid present with early-stage disease, and less than 5% have evidence of distant spread. Approximately 20% of patients with atypical carcinoids have stage IV disease at presentation.

Functioning carcinoids may be diagnosed by showing an increase in urinary excretion of the serotonin metabolite, 5-hydroxyindoleacetic acid. In addition to anatomic CT imaging, targeted radioactive octreotide or pentetreotide has been used to stage carcinoids.⁶³ Such targeted imaging against type 2 somatostatin receptors may be useful in 80% of carcinoids. The utility of ¹⁸F-FDG-PET imaging is controversial, although PET imaging using alternative tracers seems promising.^{64,65}

Mesothelioma

A detailed history of asbestos exposure should be investigated for any patient with mesothelioma. Thoracentesis and percutaneous fine-needle aspiration biopsy have a low diagnostic

sensitivity because mesothelioma can be difficult to differentiate from benign pleural disease and other malignancies.⁶⁶ Video-assisted thoroscopic biopsy seems to be the most accurate means to establish a pathologic diagnosis.⁶⁷

Contrast-enhanced CT imaging of the chest is indicated as part of initial staging but can underestimate the extent of the disease. MRI may be more accurate in predicting the extent of chest wall and diaphragm invasion. Additional invasive studies such as laparoscopy and peritoneal lavage may be indicated to document resectability. The AJCC staging system, which is based on the International Mesothelioma Interest Group staging system, is commonly used, and the most common sites of metastatic disease are the peritoneum, contralateral pleura, and lung.⁶⁸

NORMAL TISSUE TOXICITY CONSIDERATIONS

The spinal cord, lung, esophagus, and heart are the dose-limiting structures in RT for thoracic malignancy. Generally, functioning subunits of an organ may be arranged as an in-series or in-parallel structure. Normal tissue such as the lung is an example of an in-parallel structure in which critical numbers of functioning units must be damaged before the organ is impaired.⁶⁹ Organ failure occurs when functional subunits are damaged beyond a critical level. The gastrointestinal tract and spinal cord represent in-series structures in which a loss of a single functioning subunit may lead to organ impairment or development of clinical symptoms. Current grading systems for toxicities include Common Terminology Criteria for Adverse Events version 4.0 (CTCAEv4) from the National Cancer Institute.

Although many reports suggest limited toxic effects after stereotactic body radiotherapy (SBRT) for early-stage NSCLC, mature prospective results are just starting to appear in the literature.⁷⁰ Phase II data from Indiana University initially showed an increased risk of toxic deaths after SBRT for centrally located lesions, although a statistically significant difference in severe toxicity was not seen between central and peripheral lesions with longer follow-up.^{71,72} Nevertheless, central tumors were excluded from the subsequent multiinstitutional RTOG Phase II study (RTOG 0236), and caution should be used in treating central lesions with SBRT outside of a clinical study.⁷³ No treatment-related deaths were reported on RTOG 0236, which was reported with 34-month median follow-up, although 14% grade 3 and 4% grade 4 *protocol-specified* toxicity was observed, and six additional patients had severe toxicity that was not classified prospectively as protocol specified. Rigorous quality assurance was mandated. In addition to tumor location, size of the gross tumor volume was a significant predictor of severe toxicity in the Indiana University trial.⁷⁴ In other experience, fatalities have been observed secondary to fistula (tracheoesophageal or bronchopulmonary), pneumonitis, pleural effusion, and hemoptysis.⁷⁵ Several more recent SBRT reports have also shown higher than expected skin, rib, soft-tissue, and brachial plexus toxicity.⁷⁶⁻⁷⁸ Specific dose constraints for SBRT regimens have been suggested by the RTOG and National Comprehensive Cancer Network (NCCN).

The following sections are generally based on data derived with conventionally fractionated RT and may not apply when large doses per fractions are used, such as in SBRT. Routine integration of conformal RT planning has facilitated the assessment of dose-volume relationships for conventionally fractionated RT. A systematic review of the literature found that an ideal dose-volume parameter predicting for pulmonary toxicity has not been identified,⁷⁹ although the most widely

used measures are the total lung volume receiving at least 20 Gy (i.e., V20) and the mean lung dose.⁸⁰⁻⁸² Other metrics, including baseline pulmonary function and perfusion abnormalities, have also been used, and it is likely that multiple physical and biologic factors are important in predicting the risk of pulmonary toxicity.^{83,84} Barriers to describing accurately the relationship between treatment and its resultant toxicity include the use of imperfect metrics and the inaccurate reporting of toxic effects. The latter may be particularly relevant for patients with underlying pulmonary toxicity, where it may be difficult to determine whether a functional decline is attributable to the effects of therapy.

The dose-volume relationship may also be affected by the integration of systemic chemotherapy, and the sequencing of therapies may have a significant impact on the toxic effects of therapy.⁸⁵ Most current prospective combined modality trials have adopted V20 as a treatment planning parameter and limit V20 to a maximum 30% to 40% of the total lung volume. Current NCCN guidelines recommend limiting the V20 lung to less than 37% and the mean lung dose to less than 20 Gy. There is increasing recognition of the potential impact of exposing relatively large volumes of lung to low doses of 5 Gy or 7 Gy, which is particularly relevant when intensity-modulated radiotherapy (IMRT) techniques are employed for lung cancer, esophageal cancer, or mesothelioma.⁸⁶

Esophageal toxicity is generally the major clinically relevant acute toxicity during thoracic RT. The implementation of conformal techniques may affect esophageal toxicity by reducing the volume of esophagus irradiated, particularly for patients without extensive mediastinal adenopathy. The risk of radiation-induced acute esophageal toxicity varies according to fractionation, and increased acute toxicity has been observed with hyperfractionated and accelerated RT regimens.⁸⁷ The integration of concurrent chemotherapy with thoracic RT results in significantly increased severe esophagitis compared with primary RT or sequential therapy. Dosimetric parameters that may correlate with esophageal toxicity include the length of esophagus treated to greater than 40 Gy to 50 Gy, the volume of esophagus receiving greater than 50 Gy, and the mean esophageal dose.⁸⁸⁻⁹⁰ Current NCCN guidelines recommend keeping the mean esophageal dose less than 34 Gy if possible, but esophageal dose guidelines are not absolute, and acute esophagitis should be managed aggressively with measures including pain management and nutritional support.

It is crucial that the patient's treatment plan not be compromised because of a (generally) temporary toxic effect of therapy. The role of "radioprotective" agents is unclear; the RTOG conducted a randomized trial to test the ability of amifostine to reduce esophagitis in locally advanced NSCLC treated with concurrent RT and chemotherapy.⁹¹ The rate of grade 3 esophagitis did not differ between arms (34% versus 30%), although subjective swallowing function was apparently better with the addition of amifostine. Amifostine was associated with higher rates of acute nausea, vomiting, cardiovascular toxicity, and infection or febrile neutropenia. Amifostine is not recommended in combination with thoracic RT outside of a clinical trial.

Spinal cord radiation injury, covered in detail in Chapter 30, is a serious but rare complication of thoracic RT. Most contemporary clinical trials of concurrent fractionated RT and chemotherapy for thoracic malignancies limit the maximum point dose to the spinal cord to 45 Gy to 50 Gy.

The risk of radiation-induced cardiovascular disease is difficult to define for patients treated for locally advanced lung cancer and esophageal cancer as there are relatively few long-term survivors, though a recent analysis of RTOG 0617 demonstrated a negative impact of increasing heart dose (V50) on overall survival in patients with locally advanced NSCLC

(ASCO 2013).⁹² Most data relating to cardiovascular toxicity is derived from patients with Hodgkin's disease and breast cancer. Multiple studies have shown that patients with Hodgkin's disease are at higher risk for the development of cardiovascular disease after mediastinal irradiation, and fatal myocardial infarction is the leading cause of noncancer death in this population.⁹³ Although the total dose used to treat Hodgkin's disease has been reduced over the years, it is not yet clear whether this results in a reduced risk of myocardial infarctions.

The increased risk of cardiac mortality for patients treated with RT for breast cancer has been defined by the Early Breast Cancer Trialists' Collaborative Group meta-analyses of randomized clinical trials, which showed patients treated with RT have a 1.27 relative risk of mortality from cardiac disease compared with patients not receiving RT.⁹⁴ The treatment of left-sided breast cancer and the treatment of internal mammary lymph nodes seem to increase the risk of cardiac morbidity further.⁹⁵ There seems to be a decline in RT-induced cardiac disease with modern RT planning. The implementation of advanced treatment techniques including conformal therapy, IMRT, image guidance, and respiratory gating should reduce the risk of cardiac toxicity, through improved sparing of cardiac structures, in treating thoracic cancers. Current NCCN guidelines suggest that no more than 50% of the heart should receive 4000 cGy when combined RT and chemotherapy is given.

TREATMENT CONSIDERATIONS

Non-Small Cell Lung Cancer

The standard of care for fit patients with early-stage I NSCLC is anatomic resection (lobectomy). Patients with borderline cardiopulmonary function should be assessed for rehabilitation and smoking cessation before being deemed to be medically inoperable. In a Phase III trial conducted during the 1980s for fit patients with peripheral stage I (<3 cm) NSCLC, limited resection was associated with a substantially higher risk of local tumor relapse and increased risk of death from cancer compared with lobectomy.⁹⁶ Evidence has emerged supporting the use of limited resection for peripheral NSCLC smaller than 2 cm, although most experience comes from Asia where the biology of small peripheral lesions may differ from the biology in North America and Europe.⁹⁷ An ongoing North American Phase III trial studying limited resection for lesions less than 2 cm should soon complete accrual.⁹⁸ Alternatively, provocative results with SBRT have been reported in certain fit patients with early-stage NSCLC. Prospective Phase II trials of SBRT in operable patients have been completed in North America and Japan and mature outcomes are pending. Phase III trials comparing SBRT and surgery in this population have not successfully met accrual goals.⁹⁹⁻¹⁰¹

Treatment of patients with early-stage NSCLC and cardiopulmonary dysfunction has rapidly evolved during the past decade. Fractionated RT has been the most frequent treatment, but approaches including sublobar resection, SBRT, and radiofrequency ablation are increasingly used.^{102,103} Local tumor control approaching 90% has been reported in several trials of SBRT for stage I NSCLC, although some trials with aggressive SBRT regimens restrict entry to lesions in the lung periphery owing to concerns about severe toxicity.⁷⁵ Accelerated hypofractionated RT regimens, with daily fractions given over 3 to 4 weeks, also seem promising.^{104,105} Although traditional dose escalation is feasible with modern treatment planning, protracted regimens do not seem to be as effective as accelerated regimens and are more burdensome for patients.¹⁰⁶⁻¹⁰⁸ Although pilot experience suggested the addition of I-125 brachytherapy might reduce local relapse for high-risk patients treated with

sublobar resection for stage I NSCLC, an initial report of a Phase III American College of Surgeons Oncology Group (ACOSOG) trial failed to show a benefit with intraoperative I-125.¹⁰⁹ The relative merit of SBRT and sublobar resection in high-risk early stage NSCLC remains unclear. A randomized Phase III trial comparing SBRT and sublobar resection for high-risk peripheral stage I NSCLC was closed prematurely because of poor accrual, and it is not likely that level 1 evidence will emerge in the foreseeable future. Large randomized studies show that adjuvant chemotherapy improves survival for patients with resected NSCLC, although the benefit diminishes over time.¹¹⁰ The role of adjuvant chemotherapy for early-stage node-negative NSCLC is controversial. A Cancer and Leukemia Group B (CALGB) trial did not show a benefit for adjuvant chemotherapy for T2 NSCLC, although there was a suggestion of improved survival for tumors larger than 4 cm.¹¹¹ Whether chemotherapy should be given to patients treated with primary RT for node-negative NSCLC has not been well studied.

The role of surgery for patients with stage IIIA NSCLC is unclear despite the reporting of mature results of a Phase III trial comparing concurrent chemotherapy and definitive RT (61 Gy) with induction concurrent chemotherapy and RT (45 Gy) followed by surgical resection.¹¹² Improved relapse-free survival, but not overall survival, was observed for patients assigned to receive surgery. Nevertheless, surgical resection is currently used in certain patients with stage IIIA NSCLC, although it is recognized that induction therapy should be administered. Whether induction therapy should consist of chemotherapy or combined chemotherapy and RT is controversial, and a randomized trial assessing the question closed prematurely because of poor accrual.

The cornerstone of treatment for patients with "unresectable" locally advanced NSCLC is concurrent systemic doublet chemotherapy and thoracic RT as described in Chapter 42. There are several controversies regarding the optimal treatment of this population, as described next.

Chemotherapy Regimen and Schedule During Radiotherapy

The landmark Phase III studies supporting concurrent chemotherapy and RT over a sequential approach used cisplatin-based chemotherapy in a schedule similar to that administered when chemotherapy is given for systemic disease.¹¹³ Nevertheless, several Phase III trials have adopted a regimen of weekly paclitaxel and carboplatin as standard of care despite a lack of level 1 evidence.¹¹⁴ Whether the weekly chemotherapy schedule or the substitution of carboplatin for cisplatin affects outcomes is unknown, though the excellent results from the standard (60 Gy) arm of RTOG 0617 lend support to the considering weekly concurrent paclitaxel and carboplatin as an acceptable standard therapy.⁹²

Sequencing and Timing of RT and Chemotherapy

Trials conducted in the 1980s first showed that giving cisplatin-based chemotherapy before thoracic RT improved overall survival compared with RT alone, and subsequent trials showed that concurrent administration of chemotherapy and RT was better than sequential treatment.¹¹⁵ Additional chemotherapy is frequently given in clinical practice either before or after concurrent therapy, although more recent Phase III randomized trials failed to show benefit for either induction chemotherapy or consolidation chemotherapy.^{116,117} Toxicity was enhanced in the cohorts receiving longer duration chemotherapy. Further research assessing consolidation chemotherapy is likely given more recent reports favoring "maintenance" chemotherapy for patients with metastatic NSCLC treated with primary chemotherapy.¹¹⁸

Radiation Dose Escalation and Fractionation

The standard RT regimen for NSCLC, 60 Gy in daily 2-Gy fractions, was defined by an RTOG trial conducted in the 1970s.¹¹⁹ The emergence of conformal RT planning ushered in several dose escalation studies, and encouraging outcomes of Phases I-II studies led to development of a Phase III trial, RTOG 0617, testing 74 Gy compared with 60 Gy with weekly carboplatin and paclitaxel chemotherapy.^{120,121} Unexpectedly, results of this seminal trial demonstrate that higher doses of RT result in significantly worse survival and provides strong evidence against dose-escalated RT outside of a clinical trial.⁹²

Altered fractionation has been tested in several Phase III trials of locally advanced NSCLC. Regimens that accelerate the time to complete therapy by giving multiple daily treatments have shown promise, although the utility of these regimens is limited by difficulty in integrating concurrent chemotherapy and the logistic challenge for many centers to treat patients up to three times a day.^{122,123} The use of hyperfractionated RT seems to have no benefit if the time to complete treatment is not shortened.¹²⁴⁻¹²⁶ The emergence of advanced treatment technologies, which facilitate limiting radiation dose to critical normal tissue, has resulted in increased interest in studying accelerated hypofractionated regimens, and ongoing cooperative group studies are assessing hypofractionated RT concurrent with chemotherapy.

Although there is limited experience treating locally advanced NSCLC with proton therapy, the increase in proton facilities in the United States and worldwide has resulted in the development of a Phase III RTOG trial comparing photon and proton radiotherapy concurrent with chemotherapy. A planned total dose of 7000 cGy is recommended in both arms, although there is allowance for dose reduction if normal tissue constraints cannot be met.¹²⁷

Radiation Target Volumes

The role of elective nodal irradiation (ENI) is controversial; current practice has generally evolved such that clinically uninvolved lymph node regions are not intentionally targeted.^{128,129} Studying the impact of ENI and accurately documenting sites of relapse in locally advanced NSCLC is challenging, although a modest-sized Chinese study showed less toxicity without a detriment in survival with involved field treatment compared with ENI.¹³⁰

The potential influence of ENI may be lessened in the era of routine ¹⁸F-FDG-PET staging, and most ongoing prospective trials do not include ENI.

Integration of Molecular Targeted Agents

A Phase III trial conducted by SWOG from 2001 to 2005 demonstrated worse survival with maintenance EGFR inhibitor gefitinib after chemoradiotherapy in locally advanced NSCLC,¹³¹ curbing enthusiasm for large-scale study of targeted agents in potentially curable populations. Pilot data from CALGB showed gefitinib concurrent with chemoradiotherapy results in poor outcomes, although encouraging results were observed with concurrent administration of gefitinib with RT if concurrent chemotherapy was not given.¹³² A subsequent Phase II trial assessing erlotinib and RT for patients who were a poor risk with stage III NSCLC failed to reach the primary survival endpoint although the median survival of 17 months was reasonable for a poor-risk population.¹³³ Additionally, although Phase II studies showed that combining cetuximab (a monoclonal antibody against EGFR) with concurrent chemotherapy and RT yielded encouraging outcomes,^{134,135} cetuximab did not improve survival in the recently reported Phase III RTOG 0617 trial.⁹² Routine administration of targeted agents do not appear to have a role in the treatment

of unselected patients, but a recently activated randomized RTOG study is assessing the role of induction targeted therapy in patients with locally advanced NSCLC harboring either an EGFR mutation or an ALK gene rearrangement.

The addition of the VEGF inhibitor bevacizumab to doublet chemotherapy improves survival for patients with advanced non-squamous cell carcinoma.¹³⁶ Although there was initial enthusiasm for studying bevacizumab in locally advanced disease, an increased risk of tracheoesophageal fistula has been shown when bevacizumab is given with chemoradiotherapy for both NSCLC and SCLC. Administration of bevacizumab months to years after completion of thoracic RT has been linked to fistula formation.¹³⁷ These agents should not be used in combination with RT outside of a clinical trial.

Prophylactic Cranial Irradiation

The role of prophylactic cranial irradiation was assessed in four early trials for locally advanced NSCLC,¹³⁸⁻¹⁴¹ with the general conclusion that prophylactic cranial irradiation reduces brain metastases but does not improve overall survival. Results of an RTOG-led an intergroup study confirm this observation, although the trial was terminated prematurely because poor accrual.¹⁴²

Postoperative Radiotherapy

Meta-analyses of postoperative RT has been roundly criticized on many counts, including the use of outdated technology, inclusion of patients with early-stage disease, and administration of excessive RT doses.¹⁴³ Nevertheless, a survival detriment was shown for postoperative RT in early-stage node-negative NSCLC, with an unclear benefit in patients who are node positive. Current efforts have generally focused on assessing postoperative RT for resected N2 disease, and a more recent Surveillance, Epidemiology, and End Results (SEER) analysis supports the contention that postoperative RT may be beneficial in N2 disease when delivered with modern technology in appropriate doses (e.g., 50 Gy in 2-Gy fractions).¹⁴⁴ A Phase III European study assessing postoperative RT is ongoing.¹⁴⁵

Small Cell Lung Cancer

Treatment of limited stage SCLC includes the concurrent administration of RT and chemotherapy. Standard practice includes delivery of full dose cisplatin-based systemic chemotherapy during accelerated hyperfractionated thoracic RT (1.5 Gy twice daily to 45 Gy over 3 weeks). Prophylactic cranial irradiation is indicated after completion of thoracic RT and chemotherapy in patients with a good tumor response. Several issues that remain unresolved in the standard treatment of limited SCLC are described next.

Thoracic Radiotherapy Dose and Fractionation

Although high clinical response rates are expected with combined-modality therapy, durable local tumor control is poor when modest dose, conventionally fractionated thoracic RT is employed. Intensifying the RT course by accelerating the time to complete treatment seems to be an effective strategy in limited stage SCLC. Intergroup trial 0096 randomly assigned patients to receive 4500 cGy in either conventional (180 cGy daily fractions) or hyperfractionated, accelerated (150 cGy twice daily fractions) regimens.¹⁴⁶ Thoracic RT was initiated with the first cycle of etoposide and cisplatin chemotherapy. Mature results favored accelerated RT. With accelerated RT, 5-year survival was 26% compared with 16% for patients receiving conventional RT. The major increased toxicity of the accelerated regimen was a doubling of the grades 3 to 4 acute esophagitis rate (e.g., 16% versus 32%). Despite this result, the

regimen of 45 Gy twice daily has not been well accepted in clinical practice. The Patterns of Care Study published in 2003 noted that less than 10% of patients with limited stage SCLC received this regimen, whereas more than 80% were treated with daily RT.¹⁴⁷ Reluctance to accept accelerated RT may be in part as a result of the increased acute toxicity and practical issues involved with treating patients twice each day. However, the results of the study have also been questioned because of the inclusion of relatively low dose (45 Gy) daily RT as the standard treatment.

The CALGB studied high dose daily thoracic RT. CALGB 8837,¹⁴⁸ a Phase I study, assessed the maximum tolerated dose of RT given in standard daily and accelerated twice daily schedules. The maximum tolerated dose of twice daily RT was determined to be 45 Gy in 30 fractions over 3 weeks, whereas it was judged to be at least 70 Gy in 35 fractions for daily RT. The median survival for patients receiving daily RT was 29.8 months compared with 24 months for patients receiving twice daily RT. A subsequent Phase II study suggested encouraging survival with less apparent toxicity than was observed on studies using twice-daily fractions to 45 Gy.¹⁴⁹ Alternatively, the RTOG studied a concomitant boost strategy in limited stage SCLC. A Phase II study, RTOG 0239, employing a 61.2-Gy concomitant boost regimen demonstrated excellent local tumor control although 2-year overall survival fell well short of expectations.¹⁵⁰ An ongoing Phase III trial, CALGB 30610/RTOG 0538, initially compared standard thoracic RT (1.5 Gy twice daily) with the CALGB 70-Gy once daily and the RTOG 61.2-Gy concomitant boost regimens, but the 61.2-Gy cohort was discontinued in 2013 after an interim analysis of acute toxicity.¹⁵¹ A Phase III study in Europe for limited small cell lung cancer, assessing 45-Gy twice-daily RT compared with 66-Gy once-daily RT, recently completed accrual and results should be reported in the next few years.¹⁵²

Timing of Radiotherapy

The optimal timing of thoracic RT relative to chemotherapy is controversial. CALGB 8083 randomly assigned patients to receive initial RT plus chemotherapy, delayed RT plus chemotherapy, or chemotherapy alone. Mature results showed that survival with chemotherapy alone was inferior to both thoracic RT arms. A significant difference was not observed between early and delayed RT, although there was a trend favoring delayed thoracic RT ($p = 0.14$).¹⁵³ Conversely, a Phase III trial from the National Cancer Institute of Canada showed a benefit for initiating RT, 40 Gy in 3 weeks, with the second chemotherapy cycle compared with the sixth cycle of chemotherapy.¹⁵⁴ In the early thoracic RT cohort, 5-year survival was 20% compared with 11% in the late thoracic RT arm; the difference was ascribed to a reduction in brain metastases because local tumor control did not differ between arms. Additional studies have attempted to address the timing of thoracic RT. Meta-analyses have been published addressing this issue.^{155,156} Although definitive conclusions cannot be reached, there is general consensus that the early initiation of thoracic RT (e.g., first through third cycle) may be beneficial, particularly in the context of intensive thoracic RT.

Treatment Volume

The issue of optimal thoracic RT volume in limited stage SCLC therapy has not been well studied in comparative trials. Investigators from the Southwest Oncology Group found that targeting the postchemotherapy tumor volume instead of the tumor volume on presentation did not result in increased failure rates.¹⁵⁷ More recent prospective trials using delayed (e.g., third or fourth cycle) chemotherapy incorporated reduced volume thoracic RT for all patients.^{158,159} Mature patterns of failure data from the North Central Cancer Treatment

Group, showing that only 2 of 90 local relapses may have occurred outside the postinduction volume but inside the pre-induction volume, indicate that reduced field thoracic RT may be an acceptable strategy.¹⁵⁹

Data attesting to the role of ENI for limited stage SCLC are lacking. Most prospective trials have included selected bilateral mediastinal stations as part of the initial target volume, although elective inclusion of the supraclavicular regions and the contralateral hilum is not indicated. Whether implementation of ¹⁸F-FDG-PET imaging can reduce the role of ENI for SCLC has not been well studied, though small trials from the Netherlands suggest that promising results can be obtained with FDG-PET-guided involved field radiotherapy.¹⁶⁰

Prophylactic Cranial Irradiation

The meta-analysis by the Prophylactic Cranial Irradiation Overview Collaborative Group¹⁶¹ showed a convincing survival benefit (5.4% at 3 years) for the addition of prophylactic cranial irradiation following a complete response to therapy. A Phase III trial compared standard dose (25 Gy in 10 fractions) and high dose (36 Gy in either once-daily or twice-daily fractions) in limited stage SCLC. Higher doses of prophylactic cranial irradiation did not further reduce brain metastases, but increased mortality was observed on the patients receiving high doses.¹⁶²

Chemotherapy Regimen

SCLC is exquisitely sensitive to systemic chemotherapy. The combination of cisplatin and etoposide became standard frontline therapy in the 1980s because of its clinical activity and tolerability in combination with concurrent thoracic irradiation. Efforts to improve outcomes by adding a third chemotherapy agent have been disappointing. A Phase III trial showed increased severe toxicity without a survival benefit when paclitaxel was added to etoposide and cisplatin for first-line therapy in extensive SCLC.¹⁶³ The RTOG conducted a Phase II study of paclitaxel, etoposide, and cisplatin chemotherapy with 45-Gy twice-daily RT in limited stage SCLC. Although the regimen was active, the authors of the study concluded that the addition of paclitaxel was unlikely to improve survival in patients with limited stage SCLC.¹⁶⁴ Topotecan and irinotecan, topoisomerase I inhibitors, are active agents against SCLC. Topotecan has been studied in combination with paclitaxel in both extensive and limited SCLC, but Phase II results did not warrant study in a Phase III setting.¹⁶⁵ In contrast, chemotherapy with irinotecan and cisplatin was superior to cisplatin and etoposide in a Phase III study for extensive SCLC conducted by the Japanese Cooperative Oncology Group.¹⁶⁶ Nevertheless, confirmatory trials conducted in North America failed to show improved survival for irinotecan and cisplatin chemotherapy over cisplatin and etoposide chemotherapy.^{167,168}

Esophageal Cancer

There is no universally agreed on standard treatment for many patients with esophageal cancer, due in large part to the difficulty conducting large-scale randomized trials. Surgical resection alone is considered curative therapy for the few patients with early stage disease, with the potential for a minimally invasive approach (endoscopic mucosal resection) in certain patients.¹⁶⁹

Treatment of locally advanced disease with primary RT is inappropriate for patients able to receive combined-modality therapy. This point is best illustrated by the results of RTOG 85-01, which showed a statistically and clinically significant survival benefit for concurrent chemotherapy¹⁷⁰ and RT compared with primary RT. In that experience, none of the patients

assigned to receive primary RT survived at least 5 years compared with a 5-year survival of 27% of patients receiving chemoradiotherapy.

Whether induction therapy improves outcomes for surgically treated patients has been debated extensively, and recently reported studies contribute substantially to evidence supporting multimodality therapy. The Phase III Chemoradiotherapy for Oesophageal Cancer followed by Surgery Study (CROSS) included 366 patients, and overall survival was significantly improved with preoperative radiotherapy (41.4 Gy) with concurrent weekly paclitaxel and carboplatin. Median survival was 24 months for patients assigned to surgery and 49.4 months in the preoperative chemoradiotherapy group.¹⁷¹ A North American Intergroup trial also demonstrated improved survival with the addition of neoadjuvant chemoradiotherapy to surgery, even though the study was closed because of poor accrual after only 56 patients were randomized.¹⁷² The impact of induction chemotherapy (without RT) on survival for surgically treated esophageal cancer is likewise controversial, and the two largest studies addressing the question reached different conclusions.^{173,174}

The role of surgical resection after concurrent RT and chemotherapy remains unclear. Two European Phase III trials, the French FFCD 9102 trial¹⁷⁵ and the German Esophageal Cancer Study Group trial,¹⁷⁶ did not find a significant difference in survival between patients who received preoperative chemoradiotherapy or chemoradiotherapy alone, although the local recurrence rate was higher without surgery. On the other hand, locoregional tumor relapse was only 14% with trimodality therapy in the recently reported CROSS study, which is far less than would be expected with either definitive chemoradiotherapy or surgery alone, suggesting trimodality therapy should be considered for fit patients with locally advanced disease.¹⁷⁷ Additional studies suggest reduced local relapse with the addition of surgery. The possible benefit of surgical resection needs to be weighed against the risk of perioperative morbidity and mortality.

The standard RT dose regimen for patients treated with definitive RT and concurrent chemotherapy is 5040 cGy in 180-cGy fractions, and prospective studies have demonstrated that higher doses of radiotherapy result in increased toxicity without improving outcomes.¹⁷⁸ When neoadjuvant chemoradiotherapy is used, radiation doses typically range between 4500 cGy and 5040 cGy, similar to nonsurgical treatment, although a slightly reduced dose of 4140 cGy was used in the CROSS trial. Whether the integration of advanced technology, including ¹⁸F-FDG-PET imaging, image-guided RT, and motion management, might alter the therapeutic ratio of delivering more intense doses of RT remains open to study.

The combination of cisplatin and 5-fluorouracil, which had been considered standard chemotherapy for esophageal cancer in the United States (before the CROSS trial was reported), has resulted in pathologic complete response rates of approximately 20% to 30%. Although no chemotherapy regimen has proven superior to cisplatin and 5-fluorouracil in combination with RT, the regimen of weekly paclitaxel and carboplatin resulted in encouraging outcomes in the CROSS study and is increasingly used in clinical practice and clinical trials. An active CALGB Phase II trial is assessing the role of FDG-PET response directed chemotherapy and should complete accrual in the near future.¹⁷⁹ Despite overexpression of EGFR in esophageal cancer, several trials assessing agents that inhibit the EGFR pathway have reported disappointing results.¹⁸⁰ An active RTOG Phase III trial specific to Her2-overexpressing esophageal adenocarcinoma is evaluating trastuzumab in patients treated with trimodality therapy.¹⁸¹

RT guidelines have been published for gastroesophageal junction adenocarcinoma, and these tumors are sometimes

managed similarly to gastric adenocarcinoma with initial surgical resection followed by adjuvant chemotherapy and RT as pathologically indicated.¹⁸²⁻¹⁸⁵

Thymoma

The initial treatment of choice for thymic tumors is surgery. Adjuvant RT or chemotherapy should be considered for patients at high risk for recurrence. Complete en bloc surgical resection is the standard of care for resectable thymomas. The primary determinants of clinical outcome are surgical-pathologic staging, tumor size, histology, and extent of surgical resection.

Complete resection of thymoma can lead to low recurrence and excellent survival rates.¹⁸⁶ Although prospective, randomized data on the value of adjuvant RT after resection of invasive thymoma are lacking, certain retrospective studies have shown improvements in local tumor control and survival in patients receiving RT for invasive disease.¹⁸⁷⁻¹⁸⁹ However, conflicting results regarding the utility of adjuvant RT have been reported from analyses of large multiinstitutional series, including the SEER database. A more recent analysis of SEER data showed postoperative RT had no advantage in patients with localized thymoma (Masaoka stage I), but a possible survival benefit was suggested in patients with regional disease (Masaoka stage II-III).¹⁹⁰ The strongest data supporting postoperative RT were in the population of patients with non-extirpative surgery. In contrast, Kondo and Monden¹³ reported a large multiinstitutional, retrospective study of 1320 patients with stage II or III thymic epithelial tumors for whom no significant benefit of adjuvant irradiation after surgery was found.

Primary RT has been administered to certain patients with unresectable thymoma with reasonable results, including approximately 65% local control and 5-year survival rate of 40% to 50%.¹⁹¹ Likewise, salvage RT for patients with recurrent thymoma may achieve a 7-year survival rate of approximately 70%.¹⁹²

Similar to the treatment for thymomas, surgery remains the predominant treatment for patients with thymic carcinomas, which are treated similarly to carcinomas found in other body sites. Adjuvant RT is commonly administered after surgery.¹⁹³ There may be a trend toward improved survival and local control with adjuvant therapy, but it is difficult to show.¹⁹⁴ There are reports of promising 5-year overall survival rates of more than 50% for patients who received irradiation after surgery.¹⁹⁵

Pulmonary Carcinoid

Surgery is the primary treatment for typical and atypical pulmonary carcinoids, and long-term results after complete resection are excellent.¹⁹⁶ Clinical symptoms such as flushing can be relieved with ondansetron, a serotonin 5-HT₃ antagonist. Somatostatin analogs, inhibitors of neuropeptide release, relieve the symptoms of carcinoids by binding to somatostatin receptors.¹⁹⁷ Long-acting analogs of somatostatin, such as octreotide and lanreotide, are used to control diarrhea and flushing, and they have an approximately 70% chance of improving symptoms.

Typical carcinoids do not require adjuvant therapy after curative resection.¹⁹⁸ Patients with a tumor greater than 3 cm in diameter, lymph node metastasis, atypical histology, or residual disease may benefit from RT.¹⁹⁹

Tumor targeting with radioactive somatostatin analogs has been used in patients with carcinoids with inconclusive results.²⁰⁰ Interferon- α , alone or in combination with octreotide, has resulted in symptomatic relief in some patients.²⁰¹

Chemotherapy results have been inconclusive, with a possible role for cisplatin and etoposide in patients with atypical carcinoids.²⁰² RT may palliate symptoms in patients with locally advanced or metastatic disease.²⁰³

Mesothelioma

Because mesothelioma usually involves the visceral and parietal pleural surfaces of the lung and extends into the pleural-lined pulmonary fissures, it can be difficult to perform a complete resection without an extrapleural pneumonectomy (EPP). EPP includes en bloc removal of tissues in the hemithorax, including the parietal and visceral pleura, involved lung, mediastinal lymph nodes, diaphragm, and pericardium. Given the aggressive nature of the surgery, EPP is considered only for patients with localized disease who have minimal comorbid medical problems. Even with EPP, R0 resections cannot be accomplished, and the relative value of EPP compared with lesser resection has been questioned.²⁰⁴

The value of RT in patients with unresectable mesothelioma is controversial. A report from Cancer Care Ontario's Program in Evidence-based Care suggested there was little evidence in the published literature to support a role for RT in the management of mesothelioma.²⁰⁵ A more recent review of the SEER database identified epithelioid histology, pneumonectomy, and RT as predictive of increased survival.²⁰⁶ Median survival for patients treated with pneumonectomy with and without RT was 19 months and 13 months ($p = 0.01$). Additional studies have suggested improved local tumor control when RT is administered after EPP.

The combination of pemetrexed and cisplatin is considered standard of care for patients with advanced (unresectable) mesothelioma,²⁰⁷ and the expected median survival in patients treated with the regimen approaches 12 months. Carboplatin is frequently substituted for cisplatin, often owing to medical comorbidity, without an apparent decrease in efficacy. Chemotherapy has now routinely been integrated as part of trimodality therapy for patients with resectable mesothelioma based primarily on promising results in select series.²⁰⁸

Treatment of the ipsilateral hemithorax with IMRT after EPP has been associated with a high rate of toxic deaths in several single-institution experiences.^{209,210} Fatal pneumonitis has been related to radiation exposure of the contralateral lung, and NCCN guidelines suggest that the mean lung dose be limited to 8.5 Gy and the V5 lung be kept as low as possible. Recent series suggest IMRT can be used with acceptable toxicity if normal tissue dose constraints are strictly followed.

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