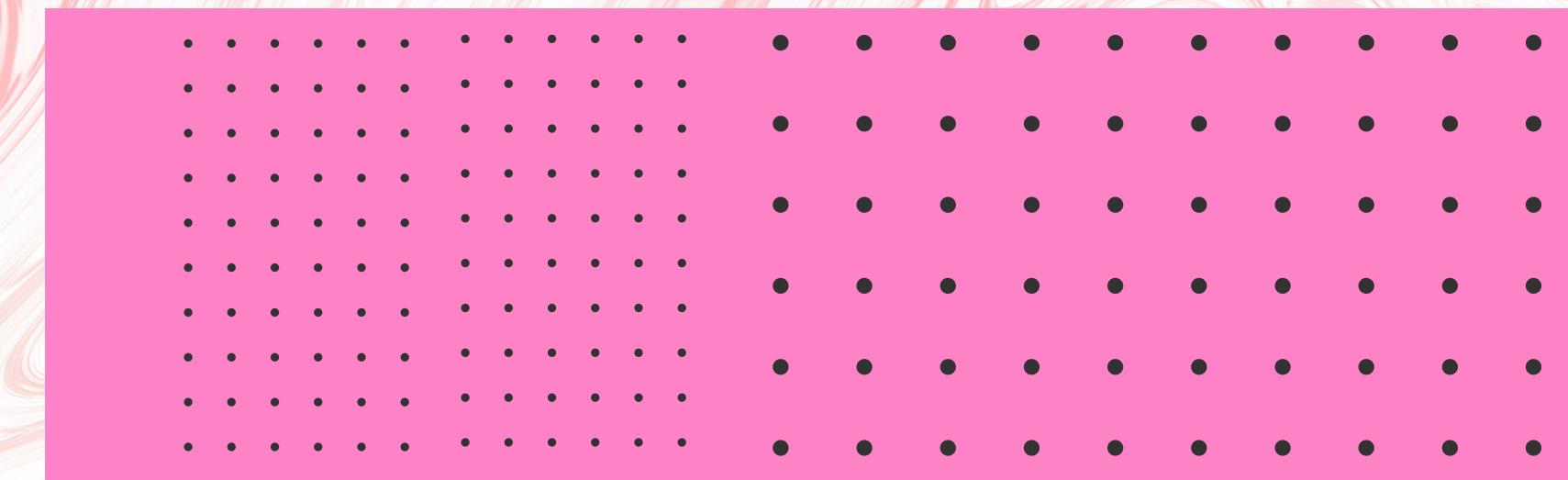


PROJECT EXHIBITION

DSN-2099

GROUP NUMBER - 129



TEAM COGNION





PROJECT NAME:COGNION

OUR PROJECT GUIDE:-

DR. NITIN KR. MISHRA

PROGRAM CHAIR:-

DR. PREETAM SUMAN

TEAM COGNION



**NORAIZ
AMAAAN**



**HARSH
KUMAR**



**KUMAR
RISHIRAJ**



DIKSHA SINHA



**TUSHAR
KUMAR**

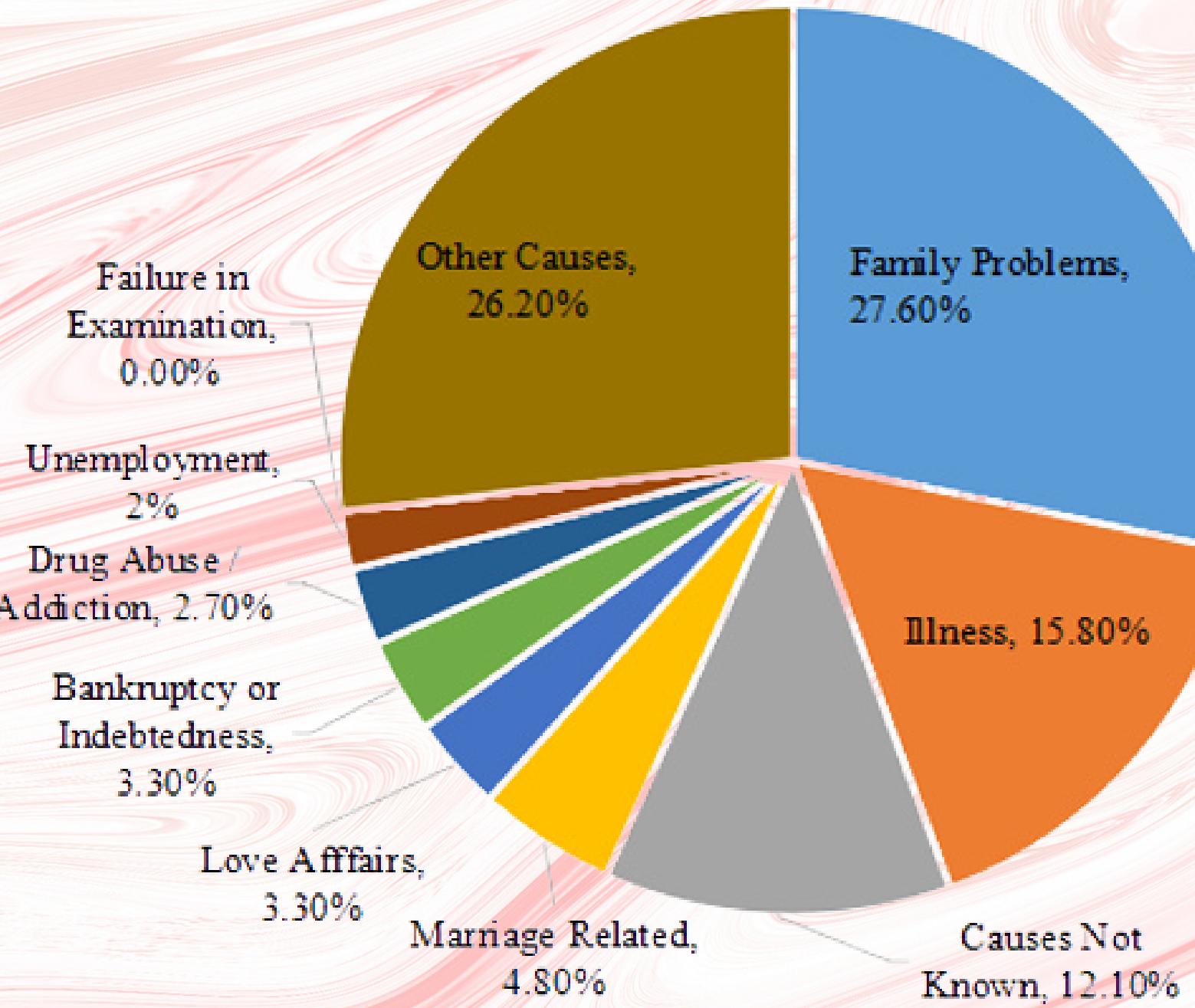
IMPORTANCE OF MENTAL HEALTH

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, related to others, and make healthy choices. Mental health is important at every stage of our life, from childhood and adolescence through adulthood.

Mental and physical health are equally important components of overall health. For example, depression increases the risk for many types of physical health problems, particularly long-lasting conditions like diabetes, heart disease, and stroke. Similarly, the presence of chronic conditions can increase the risk for mental illness, but in the modern world, mental illness is dominating society.

DATA ANALYTICS

A total of 1,53,052 suicides were reported in the country during 2020



WHAT?

COGNION

COGNITIVE-COMPANION

A platform through which, the people who need mental care and guidance can take it without any threat to their privacy. Also, the psychiatrists are not available in small towns and villages, hence we also aim to bring this facility to those places through our website.



OUR LOGO



WORK DONE TILL NOW

- a) Home Page of Website**
- b) Login authentication**
- c) Contact us**
- d) Blog Page**
- e) Doctor Consultation(using google meet)**
- f) Doctor's appointment**
- g) Chatting Anonymously**





PROPOSED WORK / AIM OF PROJECT

Our project aims at minimising suicidal deaths in the world by providing proper guidance and medication to the people who are mentally unfit at the correct time , without breaching their privacy.

NOVELTY IN OUR PROJECT

Our website provides you a platform to share your thoughts and problems with unknown people without sharing your identity , which makes the conversation very private and comfortable . We aim to bring all features related to mental illness together at one place on our website.



HARDWARE **REQUIREMENTS:-**

INTEL PENTIUM CORE AND ABOVE

MINIMUM 2 GB OF RAM

256GB ROM

WEB CAM AND MICROPHONE



SOFTWARE REQUIREMENTS

HTML

CSS

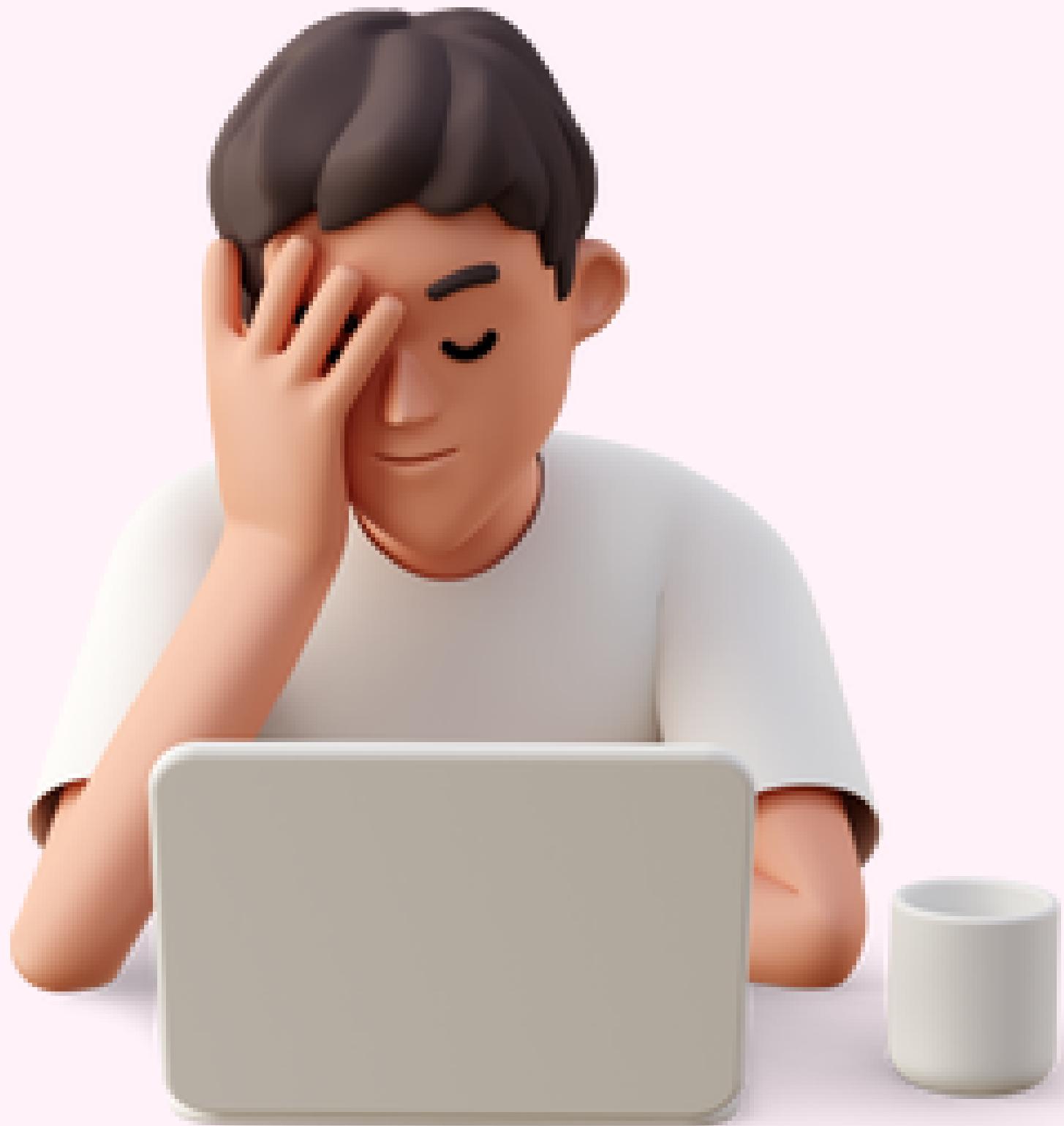
JAVASCRIPT

REACT

NODE.JS

FIREBASE





LITERATURE **REVIEW(SURVEY).**

- a) More than 970 million individuals worldwide are affected by mental illness.
- b) More than 8,00,000 suicides annually
- b) Sixty percent of young people with severe depression do not receive mental health care.
- c) The age range of 18 to 29 suffers the most from depression.
- e) Compared to men, many more women who suffer from mental illness.



CONCLUSION

This project has developed our thinking and developed our interest in reducing this important but mostly ignorant factor called "Mental Health." We will not stop here, rather would work on this and deploy it on a global level.



Cognitive Companion

localhost:3000/#Home

Cloud Skills... GoogleCloudReady... [Read only]Google... Google Cloud Esse... Spark AR Studio - C... A Tour of Google Cl... Cognitive Pictures |... Learn with Lokesh L... Human Computer I...

COGNION Home About Services Contact Us Sign Out

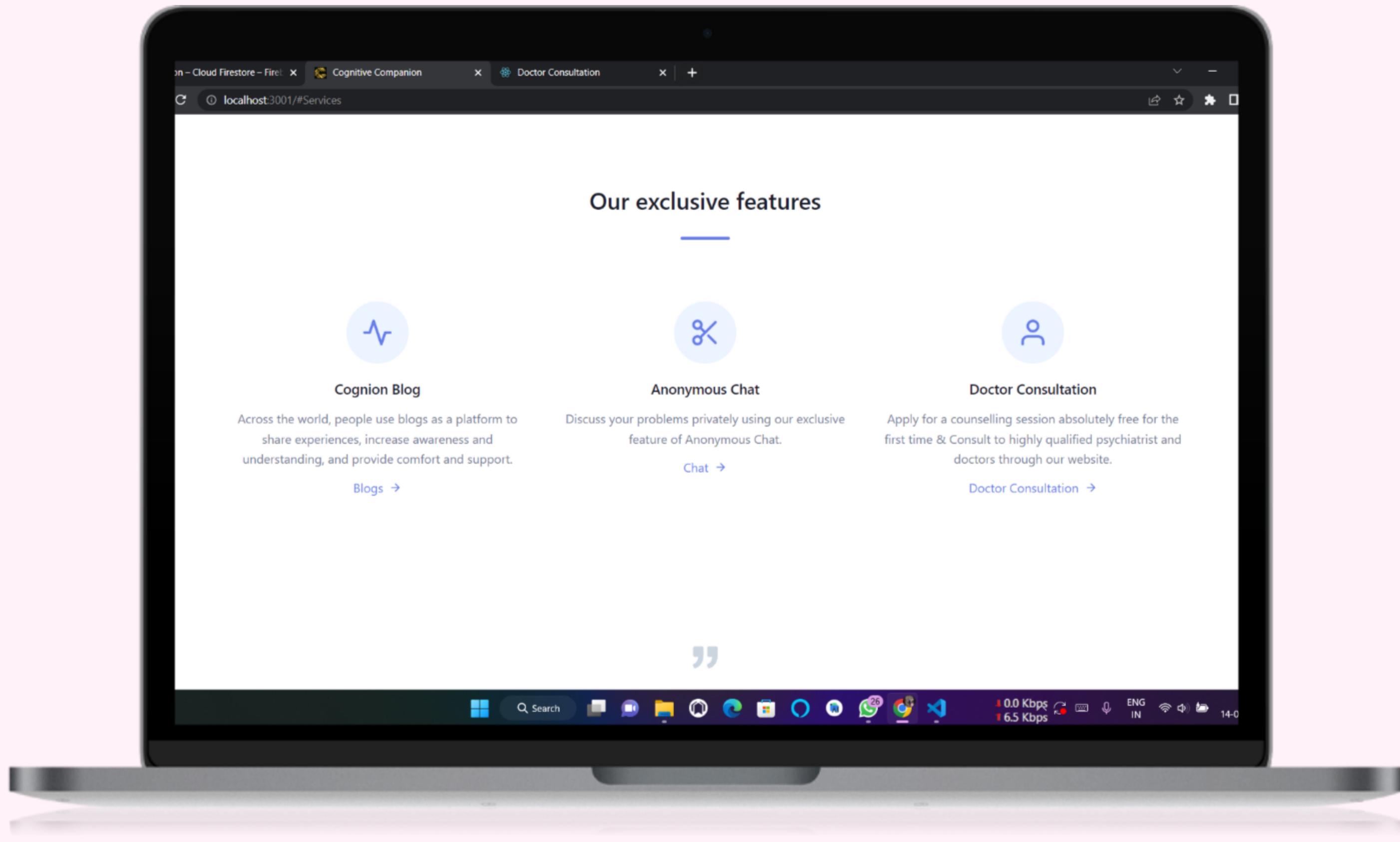
Lets Get Ready to be Mentally FIT Find your Cognitive Companion

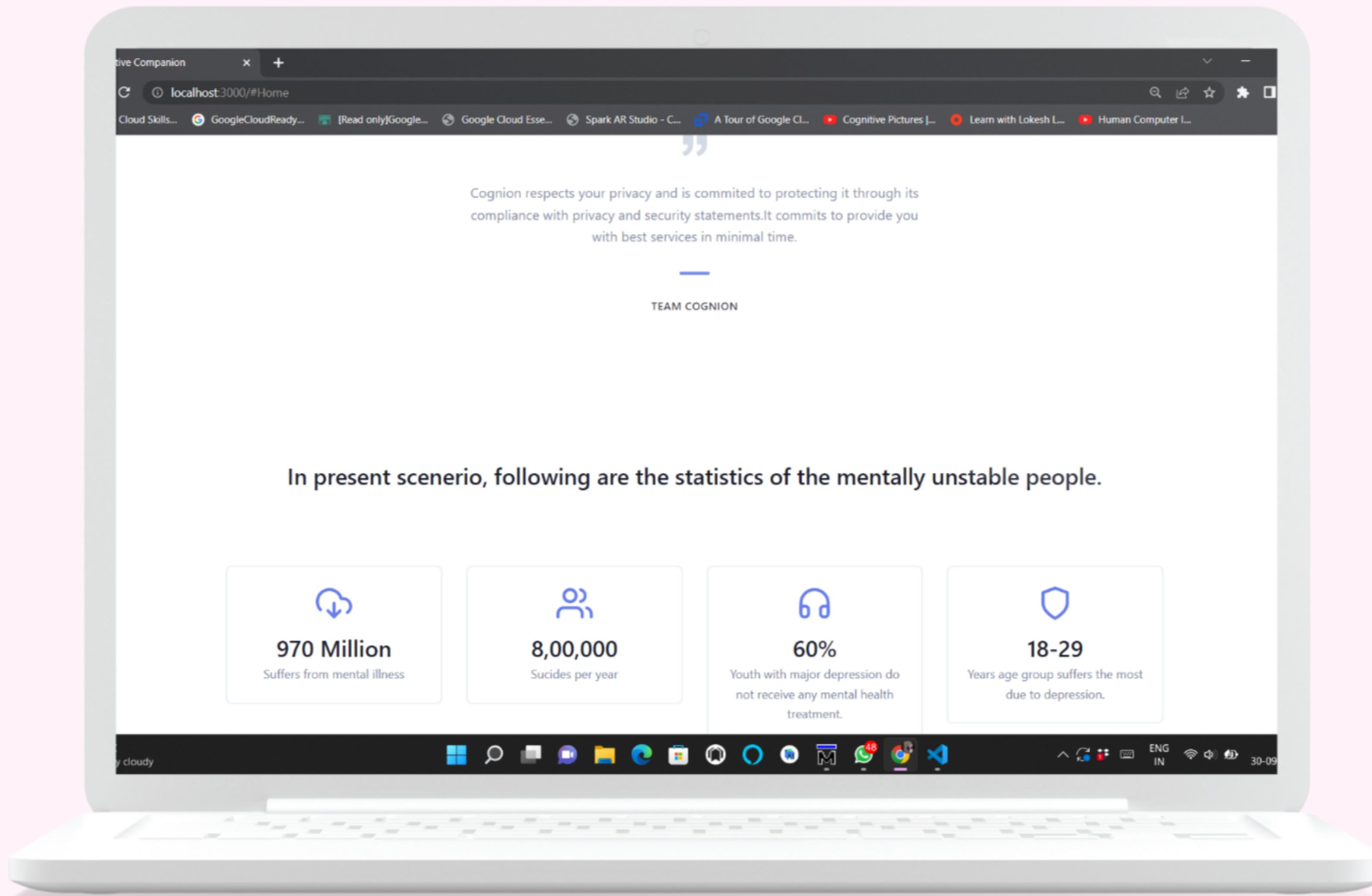
Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps us determine how we handle stress, related to others, and make healthy choices. Mental health is important at every stage of our life, from childhood and adolescence through adulthood.

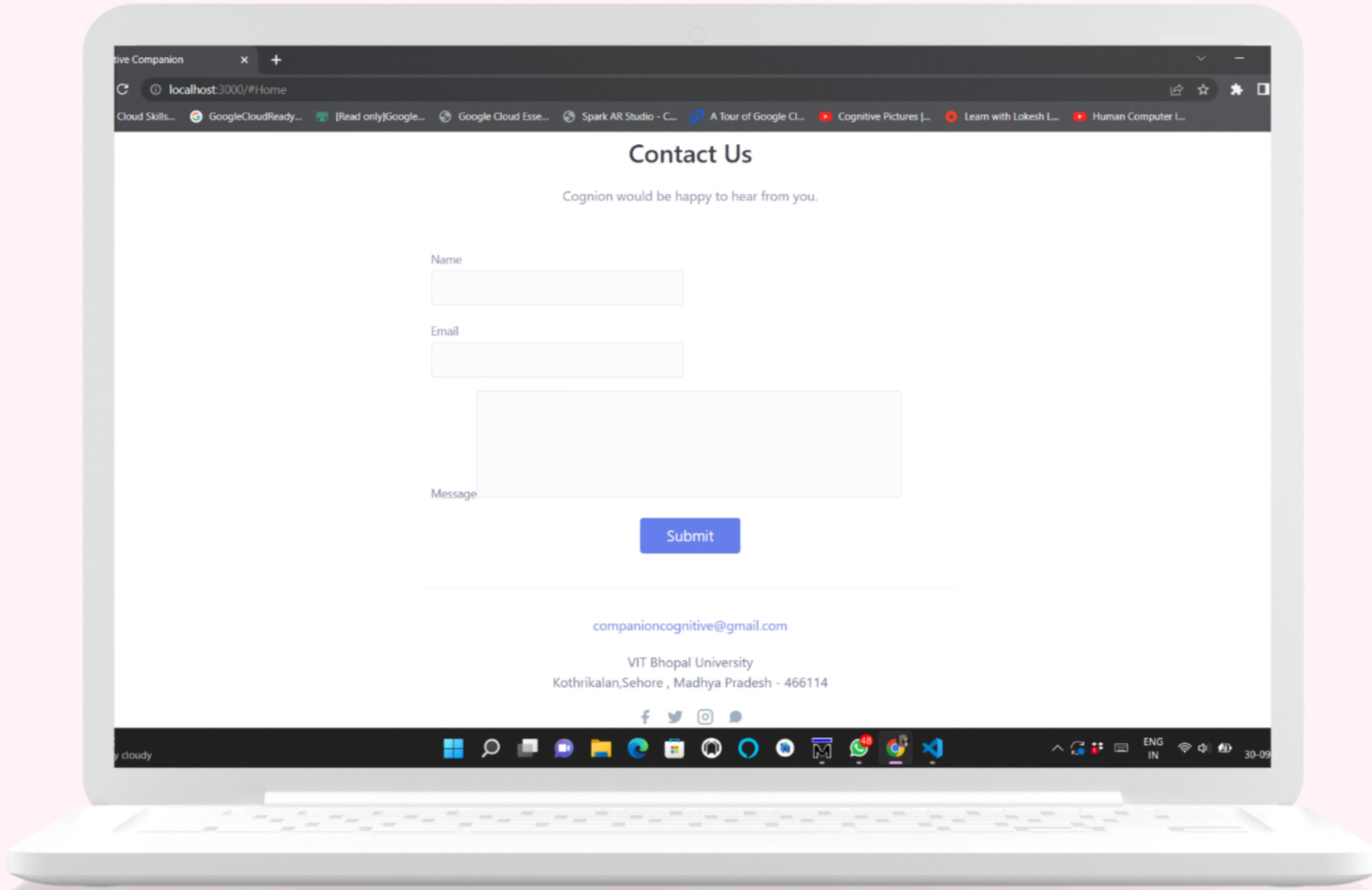
Mental and physical health are equally important components of overall health. So let's make ourselves FIT mentally through Cognion.

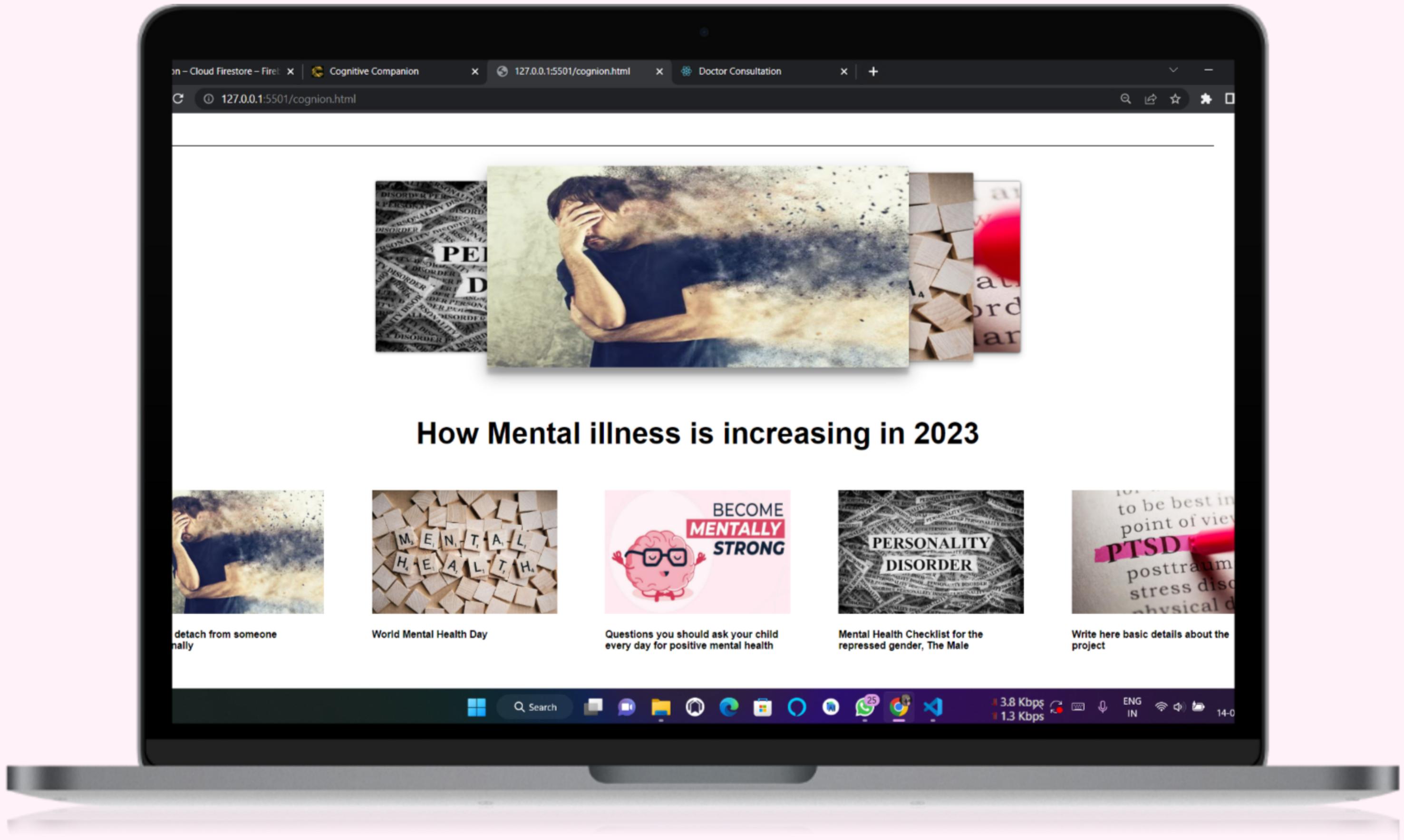


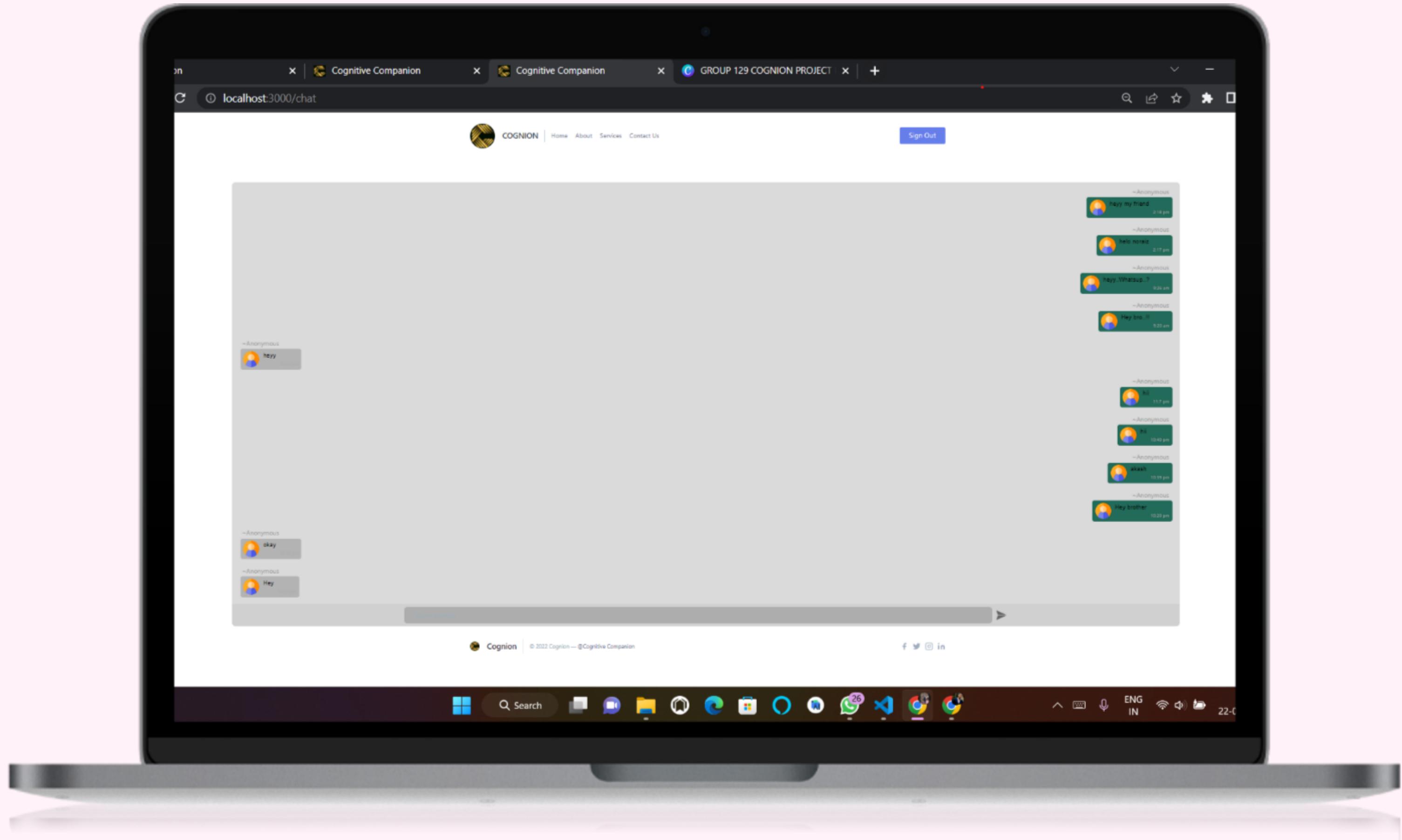
Cloudy ENG IN 30-09











Cognion - Cloud Firestore - Fire | Cognitive Companion | 127.0.0.1:5501/cognion.html | Doctor Consultation | localhost:3000/#blogs

Cognion

Home services about doctors book review blogs

BOOK NOW



Book Appointment

name

contact

email

dd-mm-yyyy

7°C sunny

Search

91.2 Kbps 96.4 Kbps

ENG IN

14-02-20 15

on - Cloud Firestore - Fire | Cognitive Companion | 127.0.0.1:5501/cognition.html | Doctor Consultation

localhost:3000/#blogs

Cognion

Home services about doctors book review blogs



Find Your Cognitive Companion

Mental And Physical Health Are Equally Important Components Of Overall Health. So Let's Make Ourselves FIT Mentally Through Cognion!

Contact Us >

4.9 Mbps
186.3 Kbps

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OUR DOCTORS



Dr. Khushboo Dewani
Psychiatrist

[f](#) [t](#) [i](#) [l](#)



Dr. Jitendra P. Badgugar
Counselling Psychologist(Specialist)

[f](#) [t](#) [i](#) [l](#)



Dr. Samir Parikh
MD - Psychiatry

[f](#) [t](#) [i](#) [l](#)







32.6 Kbps
70.7 Kbps

ENG IN

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Cognion

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OUR BLOGS



1st May, 2021 By Admin

How To Overcome Depression?

This Guidance To Ease Depression Comes From A Psychotherapist Who Doesn't Shy Away To Share Her Own Journey Out Of The Grips Of Depression. The Tips Are Honest, Based On Personal Experience, And Supported By Real Life Examples From The Author Herself.

[Learn More >](#)



1st May, 2021 By Admin

Mindfulness For Psychosis: Healing Or Harmful?

Mindfulness Has Transformed The Treatment Of Many Mental Illnesses, But People With Schizophrenia Have Been Left Out. It's Time Clinicians Forget The Frightening Images Of Meditation-Induced Psychotic Relapse And Embrace Mindfulness For Treating Psychosis.

[Learn More >](#)



1st May, 2021 By Admin

Stress, Anxiety And Adapting To Uncertainty In Everyday Life

Our World May Seem Unpredictable And Uncertain, Especially When Others Are Involved. When Interacting With Others, We Cannot Know For Sure What They May Be Thinking Or Planning To Do, But We Do A Good Job Guessing. This May Not Be So Easy For Everyone.

[Learn More >](#)

Quick Links

- > Home
- > Services
- > About

Our Services

- > Mental Care
- > Anonymous Message
- > Medicines

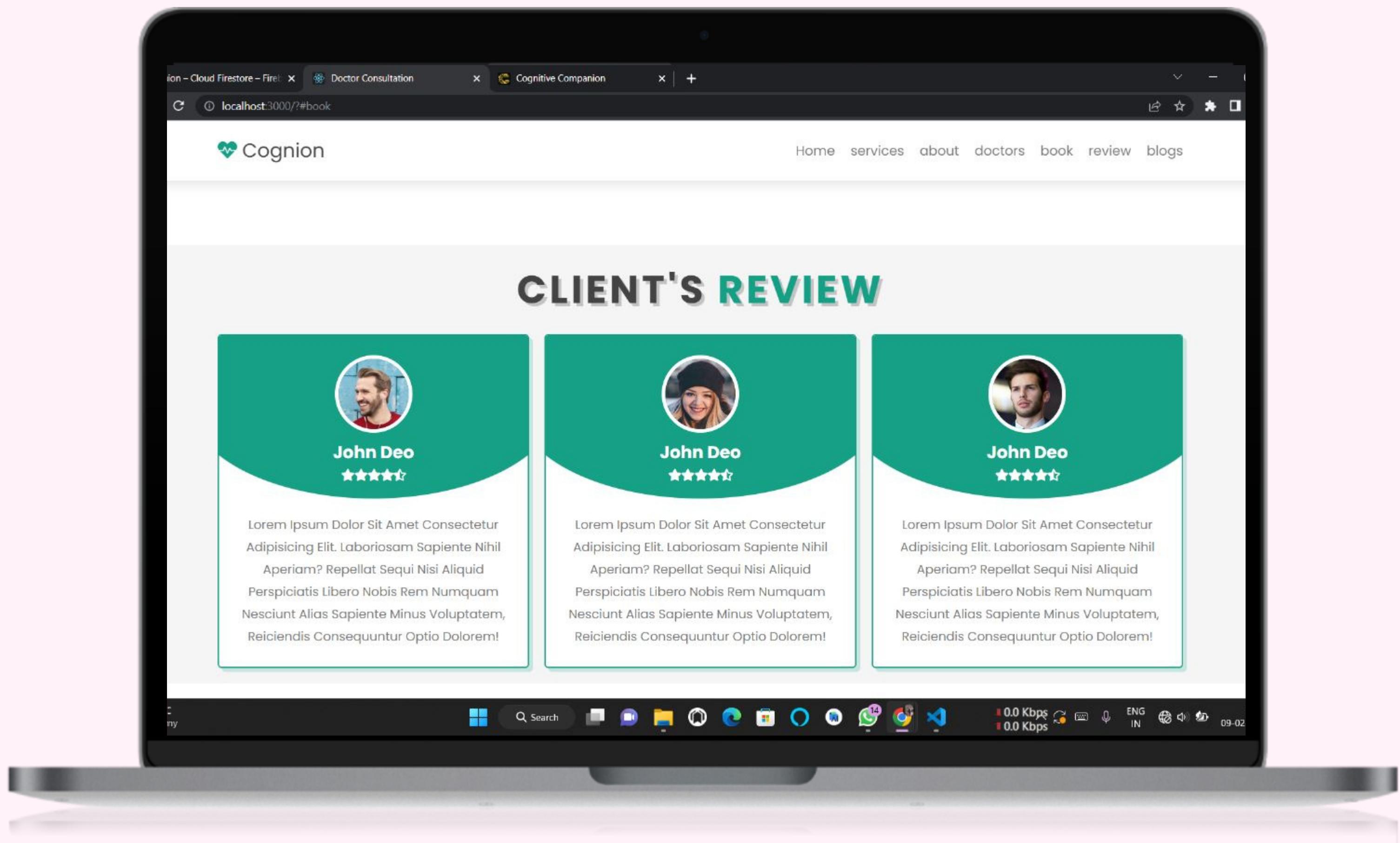
Contact Info

- +91 9031488680
- +91 9876543210
- Companioncognitive@Gmail.Com

Follow Us

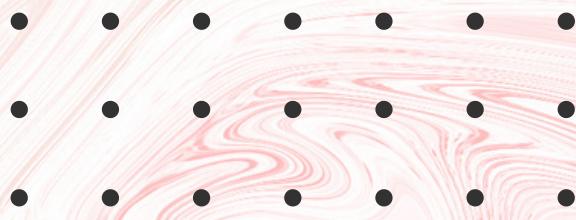
- Facebook
- Twitter
- Twitter

30.5 Kbps 32.8 Kbps ENG IN 14-02



CONTRIBUTION:-

- **HARSH KUMAR:-BACK-END**
- **DIKSHA SINHA:- FRONT-END**
- **NORAIZ AMAAN:- BACK-END**
- **TUSHAR KUMAR:- FRONT-END**
- **KUMAR RISHIRAJ:- USER INTERFACE ,
AND FRONTEND**



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VIT BHOPAL UNIVERSITY





THANK YOU