

# ECHOES

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# Preface

Echoes is a collection of poems that captures the reverberations of moments, emotions, and memories that linger long after they've passed. In these pages, you will find the silent whispers of love, loss, joy, and introspection, where each word is an echo of something deeper, something that remains even when it is no longer spoken.

This book is not just a collection of poems rather it is a reflection on the resonance of our experiences. It's about what endures, the parts of ourselves that continue to echo through time, the moments that never quite fade away. The poems here come from places of silence, spaces where thoughts stretch beyond words, and from moments of euphoria that linger in the heart long after they have passed.

Echoes is a personal journey, an invitation to listen to the subtle reverberations within us all. It is through these echoes that we find connection, understanding, and sometimes, healing. I invite you to walk through these pages, to listen to the echoes of your own heart, and to find the parts of you that resonate in the words that follow.

- Shreyam Regmi

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# **The Unspoken Journey**

# Do I Even Exist?

Life lately has not been the same as it used to be  
And I feel like connected to somebody and I can't be free  
Only noticed her and I don't really know the things that I missed  
And I am confused that, for her, Do I even exist?

Might just be a forced conversation which I always start  
And I might be hitting on the right target with the wrong dart  
I know that even if I try, I can't actually be apart  
My mind is playing games with me but not my heart

I think I could never confess to her that how much I care  
I could never gain the courage to face her glamorous glare  
I know others will confess to her soon and she might well accept  
After that I will be on my very own and nothing will be left

She is a treasure that I always cherished but couldn't get  
She is the gift who is prettier than evening pink sunset  
And I am trying still, doing my best of efforts  
But I can't show it to her and write it only in words

# Faded Echoes of Us

We shared all of our dreams and imagined a happy life

But it later became hard, like driving the edge of a knife

It happened because we both were not ready and mature enough

And we at least could have tried, but trying was actually tough

We both shared pretty good vibes and loved hanging out

But our paths didn't align and now I am crying out loud

Promises that we made might have just gone in vain

Don't know about you but I am feeling its intense pain

We were not just meant to be and there's no one to blame

I might just be a simple player in your sweet life's game

I was not capable enough to cross your standard bars

And us being together is just not written in the stars

And now we are in different paths of our lives forever

And now we are never ever getting back together

We could rewrite the stars if we tried but now it's too late

And referring to you as my girl is not in my fate

# Empty Space Between Memories

Life lately has not been good and I have been tired for a while

It's been years and years since I last saw your pretty smile

We made pretty good memories we probably couldn't forget

And those feelings which we once loved has transformed into hate

We loved each other and promised we will never ever be apart

But because of circumstances it ended before even being start

And after all these years, remembering you I still cry

I know I shouldn't but it's really hard to say goodbye

We ended our conversation forever with dispute and hate

And we could've worked things out but now it's too late

We promised to love each other up until our last breath

But these promises couldn't save our relationship's death

I know I have not seen you or talked to you in years

And after we broke apart my life is filled with tears

I wanted you and you were the only one whom I can trust

Even we are not together but I will never ever forget August

# Silent Conversations

Our conversations ended years ago but the memories remain still

I know I desperately loved you then and I know I always will

And I know we haven't talked with each other for a while

I just wanna know remembering our pasts do you ever smile

I know that I am the one whom you might not want to remember

But in my lifetime I will never forget that snowy cold December

You might have forgotten December and the promises we made

I hope your life will be colourful, in which I am just a filthy shade

I tried reaching out to you wanted to make things right

But you have already moved on leaving me at a distant sight

You argued with me, accused me that I was the one who didn't blend

And soon after I got blocked and I had to accept our end

We started our conversation in December and ended it in June

Even I have moved on but I always remember you when I see the moon

I am not trying to say that we should be together nor regretting our separation

But I am trying to say is, together we would have reached a beautiful destination

# Mixed Signals

When I saw you in college, I believed in love at first sight  
After I looked at you, I felt like my dark world is shining bright  
You didn't even give me attention and I was nobody for you  
But I really love you girl and all the promises I made is actually true

We started talking on insta after completing high school  
Can't even say a mutual talk because for you I was just a fool  
Kept on getting ignored in messages but I didn't care  
And I was just a fool that thought we have something to share

You just could have said no and I could've moved on  
And I wouldn't have been devastated, now that you are gone  
Why you keep on talking with me even you had zero attraction  
I identified you as my better half but for you I was not even a fraction

I knew I had no chance but you just gave me some belief  
Should've told already that you loved flower but not this leaf  
I guess I was the undeserved one and now my all efforts are in vain  
I am sorry for texting you and I promise I won't ever again

# Last Petal of a Faded Rose

I purely loved you and kept on loving you from the core of my heart  
But I didn't realize instead of being together rather we are drifting apart

Every time I saw your smile, I fell in love with you again and again  
And now you are gone, only some unanswered questions remain

These questions remain fully unanswered because I didn't ask you  
And believe me I tried hard but failed and guess that's what life do  
You may not share the same feelings with me and I totally understand why  
But how can I move on when I remember you every time, I see the sky

I had a crush on you since the beginning of our eleventh grade  
You were the rainbow of my life but for you I was just a shade  
We got diverged by our paths because to us our destiny was calling  
I guessed our love blossomed like rose but never noticed the petals falling

I was completely into you girl, when I saw you for the first time  
And if we were together, I guess my life would be pretty sublime  
For me you were the red rose which I saw in the garden from the bars  
Didn't imagined that instead of giving touch of softness, it would give me scars

# Smile I Embrace

Before I saw you, I was a normal guy with no interest in love  
But when I saw you, I felt like you are an angel from the heaven above

That day we didn't talk and didn't even look at each other  
But later that day I prayed to God to please make us together

For me you are more beautiful than those gorgeous Saturn's rings  
And your voice is melodious even more than when cuckoo bird sings

I didn't even care about love and feelings until I found you  
But after that day, I kept on getting those feelings and ever since it always grew

I love you always and forever and more than I could ever express  
And you are the one by talking with whom I smile even my life is a mess  
I wish to get you but even more I pray to God to make me worthy for you  
And the promises that I make about you are not fake but it's all actually true

When you smile and laugh, it lights up my sad and depresses mood  
And girl you are perfect whether you are soft or too much rude  
I love your smile and its beautiful every time no matter how much I look at it  
And I hope that you would be mine because girl you are my heartbeat

# Letters Never Sent

When they say that I always say your name in my prayers that's kind of true  
But I never prayed to God make you mine rather I pray to make me worthy of you

I know the flaws that I have in me and day by day I try to improve it  
And that's because I just want to be good for you since you are my heartbeat

I always remember you and there is not a single hour that passes without your name  
And I always seek to be with you with hope that together we will play life's beautiful game  
Just like for revolving electron, neutron is the center, you are the center for my heart  
And just like electron, my revolving heart can neither come close to you nor drift apart

I always tried to be close with you but you didn't notice and I guess that it's my fate  
Hoped for the happy sunrise in my life but was rather gifted with sad sunset  
And guess we were like the sun and moon who can never ever meet each other  
And when its not written in the stars, then no amount of efforts can make us together

And I think that you are that chapter of my life that I didn't want to ever turn  
But this chapter was even more beautiful than the gorgeous rings of Saturn  
Closing this chapter was the only option left and guess that's how it went  
And I torn apart those thousands of letters that were really never sent

# Where did we go wrong?

I cherished each and every moment I got to spend with you  
But I never got the chance to make you mine because you loved someone new  
I believed that I had no luck to get you and I was kind of late  
But whom to blame when I didn't have you as my girl in my fate

I will always love you and the part in my life where I had you was sweet  
I can fight and sacrifice too for your love but sorry that I can't compete  
I didn't want to stop trying because I believed trying will give us everything  
But I had to stop, when I found out, I was not the one who would give you the ring

I felt like we have a connection, a connection that can't be torn apart  
But it was my delusion and now all that remains is my wretched heart  
I don't know why my heart is heavy and I don't like this heavy shit  
And I guess, I can't fix my heart which had forgotten to beat for the one who broke it

Our relation never got the chance to make it out of the mobile screen  
And I had to let it go when I found out that some hearts are not meant to intertwine  
I lost against your love and I guess I was the one who wasn't capable to blend  
And I tried to rewrite our stories but some stories are meant to have a sad end

# Dancing In Delight

Dazzling eyes of yours makes me feel like I am watching stars at night

But your eyes shine even brighter than those twinkling starlight

Even I know, I have no chance to get you, still I did put everything in  
And I really hoped that, after lots of losses in life I will finally get my win

I didn't care about the world telling me that I should stop falling for you

But if you had told me to stop, I would have completely stopped and that's actually true

And I was 99% sure that we won't be together and never ever talk again

But that 1% was making me go, so that I can clear my feelings so that no pain remain

When I looked you for the first time, I found you prettier than the pink sunset

I really hoped that you were the other end of my red string of fate

Later on, I realized I was completely delusional about you and your action

I identified you as my better half but for you I was not even a fraction

But in December we stopped talking and it was the last time you said goodbye

And from that moment, I finally realized that you were my fish upon the sky

When you finally decided to walk out of my life, the pain in my life really started to grow

And I realized that, its not the goodbyes that hurt but it's the flashbacks that follow

# **Euphoria**

# Found You

Entered the college gates and sat on my desk  
And I saw somebody who was prettier than snow flakes  
After seeing you my wretched heart became fortunate  
After the moment I saw you, I always thanked my fate

21st August 2022 was the date to be exact  
After that your memories made my mind stacked  
I was yearning so much knowing you can't be mine  
But one thing I am sure that girl you are divine

I found you but you didn't even noticed me  
And I am sure that you have never ever missed me  
But I really miss you girl every single day  
“Make her mine” is always what I pray

Searched you through social media but you weren't there  
I am searching you all day and you don't even care

# A Confession

If I sent you this poem believe me its my confession  
I just want you to know that you are my complete obsession  
It was morning of 21st August when you came into my sight  
And from that day you are my sunshine and my moonlight

I had dedicated a poem to you but you didn't even noticed  
And you are the only girl who is on top of my manifestation list  
To make you notice me I had tried million different ways  
But nothing worked out for me and only failure stays

I know I am not good enough for you and you might love someone new  
But I always pray to God just to make me completely worthy for you  
You are my fondest wish and I may not be even in your wildest dreams  
But girl you are so pretty, even prettier than morning sunlight beams

Your smile is as bright as the stars and attitude is seemingly bold  
You are exceptionally gorgeous and even prettier than rose gold  
Your humour is so nice and your way of talking is what I like the most  
And after looking into your eyes for the very first day I had already been lost

I don't know why I am writing this even knowing you won't ever be mine  
But how can I not write this for you when you are my only sunshine  
I know I may be the most boring person on your following list  
But after writing this I am hoping one day I will get noticed

# Lunar Glow

Stepped outside in the gardens and saw a lightning jewel  
Saw you in only nights, don't know why God is cruel  
Maybe you are only meant for the nights, to make them shine  
And I whispered to myself that your presence makes the night divine

Never saw your back face and only front was enough  
Since you will be gone, welcoming the day is always tough  
Even you are not in day, the day seems pretty fine  
But the night becomes more gorgeous because of your moonshine

Saying goodbye to the night is hardest because you will be gone  
And staying up all day without you is like sitting on throne  
We might not be united in day but will always be in night  
And you are the only one who makes my life bright

You may have 8 different phases but I like them all  
Even in new moon I don't find you dull  
Many people say that your phase as full moon is elegant  
But in all of your 8 phases I find you excellent

# Beneath the Northern Lights

This scene feels so magical and I don't want the sun to rise  
Only thing, I can compare with the Northern Lights is your shiny eyes  
We both are under the northern lights and enjoying the magical view  
And I really loved this time because I got to spend this time with you

Watching this view together is magical and it makes us forget our stress

And as I am with you, I am feeling great although my life is a mess  
Aurora Borealis is magical and beautiful and we both are impressed  
And I got to watch this scene with you, for this I am really blessed

I am just happy that we are watching this scene together  
And I just want to be with you and only you forever  
I just want the time to pause so I can enjoy the night  
I just want to spend time with you under these northern light

I just hope that we will be successful in our careers and stick together  
I just want us to support, encourage and always stand for each other

And I know we will never ever leave each other apart  
And because of this sole reason you have stolen my heart

# The Sunset We'll Share

The sun is at the horizon and the sky is crimson red  
I am feeling blessed because my arm is holding your head  
I find myself lucky because I am sharing the sunset with you  
And its my promise to you that we'll share the morning sunrise too

We'll enjoy the chocolate bars and your favourite ice-cream cones  
And for me you are more precious than the world's rarest gemstones  
We are made for each other and I promise we'll never get into fight  
And if we ever get on the brink of separation, I promise to make things right

The sun has finally set and now the moon is shining bright  
But girl your eyes shine brighter even brighter than the starlight  
I believe that we are made for each other and our love Is very strong  
And I promise you that I will try my best to make things right if ever it goes wrong

When I saw you for the first time I believed in love at first sight  
For me you are my princess, the prettiest, even prettier than snow white  
You are truly magical and I always fall in love when I see your dazzling eyes  
And girl as I got you by my side, I have already claimed my prize

# Euphoria In Every Step

I am feeling happy lately, maybe its because I got to talk with you  
And I feel like I know you pretty much even if I know very few  
I don't know but I feel like we are connected to each other  
And even if I am delusional, I just want us to be forever together

I wanna spend the sunset with you and also wanna see the sunrise  
I fell in love again and again with you when ever I see your dazzling eyes  
For you, I want to be caring and understanding to solve any of our issue  
And if ever you broke down into tears by life, I want to be your tissue

Whenever I am in a bad mood, your message lights me up  
And for us, I want to buy the gifts from your best gift shop  
I just wanna enjoy my life with you by my side in Santorini's beach  
And I just want to make you mine even if you are out of my reach

I never have hanged out with you and I really want to hangout  
And if ever you need me in your life, I promise I will standout  
I will always love you because for me you are the best even at your worst  
Because you have already stolen my heart when I saw you on August 21st

# Moments Of Pure Ecstasy

I just feel pure euphoria when I see your message or call  
And I just want to hangout with you girl even if its just a small stroll

My love for you is pure and for me you are beyond comparison  
I love you always and forever in each and every beautiful season

Your voice is like the chirping sound, which, spring's cuckoo bird makes  
For me you are the prettiest, even prettier than winter snow flakes  
Your smile is more beautiful, than the autumn's glorious maple trees

And the memories we made last summer are sweeter than the honey made by bees

I don't know you fully and I always seek to know you well  
For me you are like the princess straight out of a fairy tale  
You are the one blessing who can make me able to break every curse  
And I promise that I will stick with you not only in this world but in every universe

I just want to be with you forever girl and that's my only desire  
And I feel like our hearts are connected together by some invisible wire  
I promise that if ever you feel low, I will hold your head in my arm  
And I for me you are the luckiest because you are my lucky charm

# Under The Blanket of Stars

That day, you were telling me that in the past stars in the sky looked crystal clear  
But I knew from start that my life is crystal clear only when I am with you my dear

You were the fairy of my life, prettier and gorgeous than everyone I know  
And I purely loved you whether there was flood of happiness or blood of sorrow

I fell in love with you when I saw you for the first time in the month of August  
And for me, girl you were the one and only person whom I can blindly trust  
I was pretty positive and confident that we were made for each other  
And I was damn sure that no matter what we will end up together

But girl, later I found out that we being together was my complete delusion  
And what I ecstatically imagined about our future life was only an illusion  
Without bidding a final goodbye to me girl you were gone  
And even if I didn't want to, from you I had to move on

I feel like our delusional love story is just like of the Avengers  
Later we crossed our paths once more but this time as strangers  
You didn't even look at me and drifted far apart instead of coming near  
And girl you were right that in the past when I had you stars looked crystal clear

# Shooting Star

Every time when I stare at the night sky, I hope to see a shooting star just to say your name  
I had lost several times in my life but this time I wanted to win this life's game  
You were the one who used to light up my mood and cheer me up in my lows  
And the more I tried to detach from you and unlove you, the more love grows

The world says that you only get that person if that person is written in your fate  
And I hoped you were that person with whom I walk together and cross each of life's gate  
I never told you that you were my crush but dropped so many hints along the way  
But you didn't notice those hints and now we are just drifting apart and fading away

The shooting star didn't grant my wish to get you and that's actually fine  
I guess there is no one to blame except my fate, where I can never make you mine  
We had to take different paths in our life and our relation was torn apart  
And everybody told me about a new start but they didn't know about my shattered heart

And even after all this I hoped that one day we will be together and find a way  
I was a single star in the night sky hoping to be seen but you gazed at galaxies far away  
But every time when I stare at the night sky, I hope to see a shooting star just to say your name  
But I guess no matter how many times I read the book, the ending is always same

# **Letting Go**

# The Words He Couldn't Say

This is the story of a guy in the form of poem specially about his heart  
And how his heart bore the pain of his and his beloved drifting far apart  
He didn't have the courage to say that she was the silver lining to his dark cloud  
And it's not the silence that haunts him, but its the words that he could never speak out loud

He had a crush on her for a long time and guess in terms of love, he was pretty late  
He wanted to say, the moon is beautiful, isn't it, but was forced to say sunset  
He tried so hard to get her and did so much efforts just to be with her  
But he never showed it to her and due to which he always used to suffer

He always believed that efforts to matter so he decided to give a final throttle  
It took some time but eventually he realized that he was just nursing an empty bottle  
And that realization left him with immense pain, enduring scars and bruises  
He can beat the world for her but can't beat the man she chooses

He always thought about her and always loved her but she didn't care  
And some stories don't have a happy ending rather they are destined to end in despair  
He never gave up on her and she never gave up on him and in life both were quiet free  
It would be an amazing story if it was of 2 persons but unfortunately it was of three

# The Love I Couldn't Unfeel

You will never know how much I loved you and how many times I fell for you  
And you will never understand how much I wished that you felt the same I do  
I was trying to be close to you but you were the one who was drifting away  
Knowing you would never ever catch me, I kept falling for you anyway

You were my true and pure love that I expected to last for ages  
And I wrote poems for you but you never turned the pages  
I was just trying to make you mine because I loved you and that's true  
It hurts to know that you are happy without me in a way I could never be without you

Now, I am finally letting you go and I know now that from my life you will be gone  
And letting go is not the hardest part rather it's realizing that you never wanted to hold on  
I wrote the words for you in the sand but it was constantly washing away by tide  
And I learned the hard way that love is real even if it is only felt on one side

For me, you were the world, but for you, my presence was just like a drama show  
And sometimes, the heart holds on to something that the mind knows it should let go  
And I guess I can never unlove you and you also felt the same way for someone new  
And it's not the emptiness that hurts, what hurts is that emptiness is perfectly filled by you

# Watching Her Walk Away

He loved her purely and every time he sees her or even thinks about her his emotions go burst  
But every time he wants to text her, he realizes that there is a guy in her life who doesn't have to text first

He genuinely fell in love with her and wanted to spend the rest of his life with her  
But she also loved someone new and his all of the efforts doesn't even matter

When the infinite efforts that he did for her went in vain, he felt immense pain  
He tried to forget this part of his life but circumstances made him remember again and again  
This was the most beautiful chapter in his life but he did want to forget it  
And now the only thing he ever wishes for, is that they never ever meet

He wanted to be with her and support her as well as stand for her when he was there  
She was the girl of his fondest dreams but in her life, he was just like a nightmare  
After realizing that she doesn't have interest in him he got out of his mind and lost his track  
Guess there's a special kind of pain in waiting for someone who he knew is never coming back

He lost her in every universe and this is what we call A Life's Merciless and Dreadful game  
He didn't regret loving her but regretted his hope thinking that she would feel the same  
He loved her girl of dreams and so she did with her man of dreams and there is no one to blame  
But the saddest part is watching someone you love, fall in love with someone else in the same way you fell for them

# Friend Zoned

So, after all of the text we sent,  
And all of those cuddling in the tent,  
All after those good morning messages and heartfelt goodbyes too,  
Am I just a friend to you?

After all of the feelings we shared with each other,  
And all those promises saying that we will always be together,  
Now, I got to know you love someone new,  
And now, I am just a friend to you

After, all those little secrets to pretty gifts,  
After all those late calls from our night shifts,  
After all those convincing messages we thought our love is true,  
But now you are saying I am just a friend to you

What I always wanted was to make you mine,  
But still if I am just a friend to you, its fine,  
I always loved you from the bottom of my heart and its true,  
But now I am drifting myself apart because I cannot be just friend with you

As this journey through Echoes comes to an end, I hope these words have found a place in you, resonating in ways that feel both familiar and new. Each poem was crafted as a small reflection of life's quieter moments, the feelings that stay with us, and the questions that linger long after we've asked them.

If these pages have stirred memories, touched upon forgotten dreams, or simply given you pause, then Echoes has served its purpose. The words here are only beginnings, seeds for the stories you continue to write, the journeys you have yet to take, and the echoes that will remain with you long after you close this book.

Thank you for allowing my words into your world. May you carry these echoes forward, finding in them the quiet strength, beauty, and light that words can offer.

With gratitude,  
Shreyam Regmi

A BOOK BY SHREYAM REGMI