PITCHING + CATCHING CLINIC

With Calista Phippen and Jenna Downey

August 6th, 8th, & 10th

Volunteer Park, Valatie, NY, 12184

8 am - 10 am Sign in at 7:45

TOGETHER WE WILL:



- Learn Proper mechanics
- Improve skills
- Improve mentality
- Condition
- Build relationships



SIGN UP DEADLINE: AUGUST YTH

To sign up: Contact Calista Phippen or Jenna Downey via e-mail or text **Please fill out the accompanying form to bring with you on Monday**

Calista Phippen Jenna Downey

Phone: (518) 755-0643 Phone: (518) 694-2972

Email: <u>phippencalista@gmail.com</u> Email: <u>jennadowney@nycap.rr.com</u>

*Cash or check (made out to Calista Phippen or Jenna Downey) due upon sign-in on Monday, August 6th

Athlete's Name:	
DOB:	
Parent/Guardian Name:	
Phone:	
Email:	
Parent/Guardian Name:	
Phone:	
Email:	
Emergency Contact Name:	
Phone:	
Email:	
Pick up/Drop Off Contact Name:	
Phone:	
Email:	
Known Allergies:	
Other: (please include injuries, asthma (inhaler), mig	raines, etc. we should be aware of)
**All insurance is through Northern Columbia Little League*	
Parent/Guardian Signature:	Date: