Table 6-4.
 Start-up Times for the Low Power Crystal Oscillator Clock Selection (Continued)

Oscillator Source / Power Conditions	Start-up Time from Power-down and Power-save	Additional Delay from Reset (V _{CC} = 5.0V)	CKSEL0	SUT10
Crystal Oscillator, BOD enabled	16K CK	14CK	1	01
Crystal Oscillator, fast rising power	16K CK	14CK + 4.1 ms	1	10
Crystal Oscillator, slowly rising power	16K CK	14CK + 65 ms	1	11

Notes:

- These options should only be used when not operating close to the maximum frequency of the device, and only if frequency stability at start-up is not important for the application. These options are not suitable for crystals.
- These options are intended for use with ceramic resonators and will ensure frequency stability at start-up. They can also be used with crystals when not operating close to the maximum frequency of the device, and if frequency stability at start-up is not important for the application.

6.4 Full Swing Crystal Oscillator

Pins XTAL1 and XTAL2 are input and output, respectively, of an inverting amplifier which can be configured for use as an On-chip Oscillator, as shown in Figure 6-2 on page 29. Either a quartz crystal or a ceramic resonator may be used.

This Crystal Oscillator is a full swing oscillator, with rail-to-rail swing on the XTAL2 output. This is useful for driving other clock inputs and in noisy environments. The current consumption is higher than the "Low Power Crystal Oscillator" on page 28. Note that the Full Swing Crystal Oscillator will only operate for $V_{CC} = 2.7 - 5.5$ volts.

C1 and C2 should always be equal for both crystals and resonators. The optimal value of the capacitors depends on the crystal or resonator in use, the amount of stray capacitance, and the electromagnetic noise of the environment. Some initial guidelines for choosing capacitors for use with crystals are given in Table 6-6 on page 31. For ceramic resonators, the capacitor values given by the manufacturer should be used.

The operating mode is selected by the fuses CKSEL3..1 as shown in Table 6-5.

Table 6-5. Full Swing Crystal Oscillator operating modes⁽¹⁾

Frequency Range (MHz)	Recommended Range for Capacitors C1 and C2 (pF)	CKSEL31	
0.4 - 20	12 - 22	011	

If 8 MHz frequency exceeds the specification of the device (depends on V_{CC}), the CKDIV8
 Fuse can be programmed in order to divide the internal frequency by 8. It must be ensured
 that the resulting divided clock meets the frequency specification of the device.

