

Accountability Partners

It can be difficult to share struggles with others and accountability partners give a defined place to do just that. These are relationships that allow you to be honest about your temptations and tough choices while providing help and support through the battles of life.

We weren't meant to do life alone! We were created to live in community with others and are stronger when we do so. Hebrews 10:24-25 (NIV) says, "And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another ..."

More than just friends, accountability partners are those we give permission to speak truth into our lives. Accountability partners are honest with one other. They walk through the ups and downs of life together and encourage one another to change and grow to be more like Christ.

We all have blind spots. If we're stuck in our faith journey, accountability partners can show us what is holding us back. They help us stay on track with our spiritual goals.

Your accountability partners will have weaknesses and temptations to share with you, too. You'll hold each other up in prayer and commit to the well-being of one another.

Accountability partners help us face the truth of the way we're living. They help us choose to get on the right path and stay there.

These steps will help you connect with accountability partners:

- Write down the names of a few friends who would make good accountability partners. It doesn't necessarily have to be people you know well. Set up a time to meet and discuss how you'll hold each other accountable and how often you'll get together.
- Ask your accountability partners to be honest with you about ways you could grow to be more like Christ.
- Ask an accountability partner to check in and see how you're doing with a spiritual habit you're trying to live out, such as prayer, controlling the tongue or forgiveness.