

# Praying Scripture Practice Tips

Here's how you can get started:

1. Select a passage that is meaningful to you and that you feel really speaks truth into your life. A Psalm is a great place to start for this practice (e.g., if you want to pray a prayer of praise to God, try **Psalm 100**)
2. Take a moment to ask God to bless your time in Scripture, to keep you focused, and to help you pray his Word
3. Start reading through your passage slowly, meditating on each word and verse
4. Pray as you go through the passage, bringing the ideas of the passage into your own conversation to God
5. Use your time praying Scripture to glorify God and let him encourage your spirit

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*A fuller description of Praying Scripture and other approaches to engaging Scripture can be found online at: <https://www.biblegateway.com/resources/scripture-engagement/>.*