Endocrine and Hypothalamic Control of Appetite

Dave Bridges, Ph.D.

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This lecture covers endocrine control of appetite. It covers the following pages in the textbook: 571-4 [1]. T [1]

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Learning Objectives

For this lecture, the learning objectives are:

- Describe the appetite-regulating hormones secreted from the gut, how they are regulated and under what conditions they are released.
- Describe the AgRP/POMC circuit and its relationship to both circulating factors and neuropeptides.
- Understand the relationship between adipose mass and appetite regulation, including how adipokines are regulated and what role they play.
- List the effects of insulin on appetite and what the neurological targets of insulin are.
- Describe the role of the blood-brain barrier in the regulation of appetite and how it is altered in obesity.
- Describe how hypothalamic feeding circuits integrate with other pleasure and reward circuits in the brain.
- Explain how neuroendocrine obesity differs from idiopathic obesity and how they might be treated in different ways.

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