When a difficult assignment is given to me, I feel confident that I can complete it 29.4 Before (n=51) -2101.8 56.9 Strongly Agree Agree Neutral Disagree Strongly Disagree 9.7 48.4 41.9 After (n=31) -100% 80% 60% 40% 20% 0% 20% 40% 60% 80% 100%