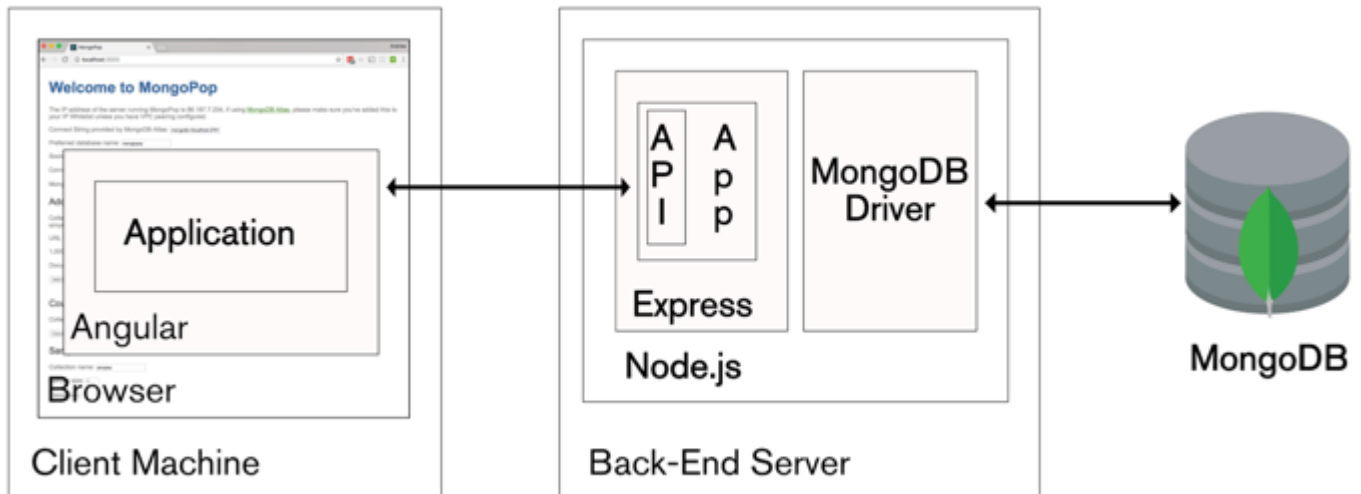# API Recap

In the image above, you can see the relationship between the front-end and the backend and how they communicate with each other.
During all the previous super skills, we have learned how to build a front-end application. The API is the intermediate between the front-end and the backend server
Let's practice more with the checkpoint.

Right now, we are ready to work with external API, to make our application consume external resources, and to interact with these resources. Let's practice more with the checkpoint.

Note : Ask your instructor to play the Practice Box for this superskill

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