Outcome	Studies (n)	Total Participants						Weight Change (kg)	95% CI	I Squared
Transwomen vs cisgender men femoral neck BMD	3	258			-	_		0.02	[-0.12 ; 0.16]	0.96
Transwomen vs cisgender men femoral neck BMD	1	35			+			-0.07	[-0.08; -0.06]	n/a
Transwomen vs cisgender men lumbar spine BMD	4	327			-	-		-0.01	[-0.13; 0.10]	0.95
Transwomen vs cisgender men lumbar spine BMD	1	35			+			-0.06	[-0.08; -0.04]	n/a
Transwomen vs cisgender men total femur BMD	3	274			─			-0.08	[-0.23; 0.06]	0.97
Transwomen vs cisgender men total femur BMD	1	35	- 53					-0.74	[-0.77; -0.71]	n/a
Transgender men vs cisgender women femoral neck BMD	2	170						0.06	[-0.09; 0.20]	0.95
Transgender men vs cisgender women lumbar spine BMD	2	170			-4-			-0.01	[-0.06; 0.03]	0.19
Transgender men vs cisgender women total femur BMD	1	100			+			0.01	[-0.03; 0.05]	n/a
						-				I
			-1	-0.5	0	0.5	1			