Breakfast

Lunch

Dinner

Brussel Sprout Pasta

Ingredients

- 3 tbsp butter
- 1 onion thinly sliced
- few pounds brussel sprouts
- mushrooms
- garlic, minced
- peas
- ham
- \bullet orchetti
- sour cream
- parmesan

Process

- \bullet Melt butter in pan.
- Add onion cook till soft
- $\bullet\,$ Add garlic cook for 2 minutes.
- $\bullet\,$ Add brussel sprouts and mushrooms.
- Meanwhile boil water and cook orchetti al dente.
- Add diced ham and peas when orchetti goes into boiling water.
- Add a few ladle fulls of pasta water to dish, drain pasta and add to other ingredients.
- Mix in enough sour cream and parmesan to make give dish a smooth creamy consistency.