

Greetings, let me start with a question, can we imagine going about our daily lives today without technology? Surely not. As we all came to understand, technology has greatly advanced over the years and has become such an integral part of our daily lives. We can't even begin to comprehend a life without smartphones, laptops, internet. Although many people argue that the increased use of technology has led to more loneliness, as people spend less time interacting with others face-to-face and more time interacting with screens. However, I would argue that it actually brings people closer together and helps to foster a sense of connection and community. In fact, technology has greatly enhanced our ability to connect with others, regardless of distance or time. My name is Muhammad Izham Bin Norhamadi and I would like to give a speech today about how technology does not necessarily make you more alone. but instead foster good connections with other people

One of the key ways in which technology helps us stay connected with others is through the ability to communicate with people remotely and instantly. Social media, messaging apps, and video calls have made it possible to stay in touch with friends and family no matter where they are in the world. We also have the option to send messages, share photos and videos at a touch of a button. This has made it possible for us to maintain close relationships with people who live far away, and to stay connected with loved ones even when we are physically apart.

Furthermore, technology also facilitates socialization and community building. Online communities and events, such as forums, virtual meetups, and online gaming have brought people together from all over the world to share interests and connect with one another. Moreover, technology has made it easier to organize and promote in-person events and gatherings, allowing people to come together for a common cause or purpose. Meetups can be anything from a group of people who enjoy hiking, to a group of business owners who want to network and share ideas.

Even with all these benefits, there are concerns about [technology leading us to social isolation in the future](#). But it is important to note that these concerns stem from the [overuse and misuse of technology](#), rather than its inherent nature. By [using technology in moderation and being aware of its potential pitfalls](#), we can avoid [falling into the trap](#) of disconnection from people around us.

For example, one of the main concerns about technology is that [it can replace face-to-face interactions](#) with screens and devices. However, this issue arises when [people spend excessive amounts of time on their devices](#), rather than engaging in real-life interactions. By [setting boundaries and limiting screen time](#), we can prevent technology from replacing genuine social connections.

In conclusion, [while technology has the potential to isolate individuals](#), it is not inherently bad. By using technology in moderation, [it can be a great tool](#) to bring people closer together and helps to foster a sense of connection and community.