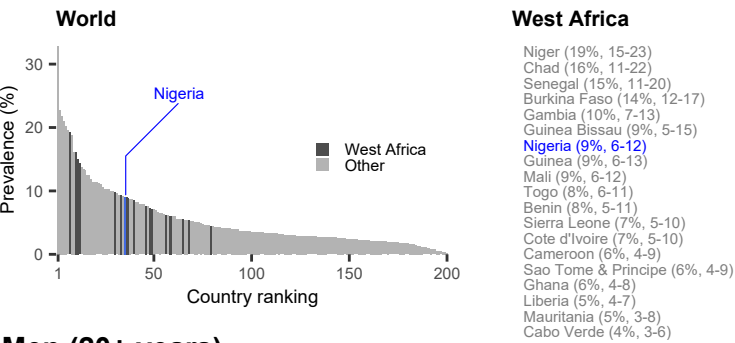


NCD-RisC factsheet | Obesity and underweight in Nigeria

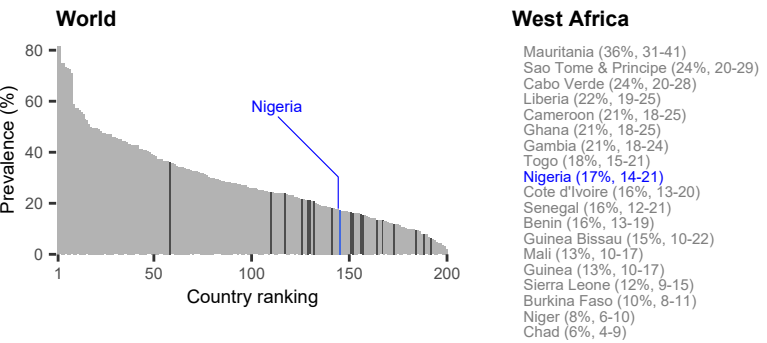
Women (20+ years)

- 22 studies (7 are nationally representative)*
- Underweight was 9% (6-12) in 2022, **a decrease** of 5 (1-10) percentage points from 1990. Nigeria was ranked 7 in West Africa and 35 in the world.
- Obesity was 17% (14-21) in 2022, **an increase** of 14 (10-17) percentage points from 1990. Nigeria was ranked 9 in West Africa and 145 in the world.

Underweight in 2022



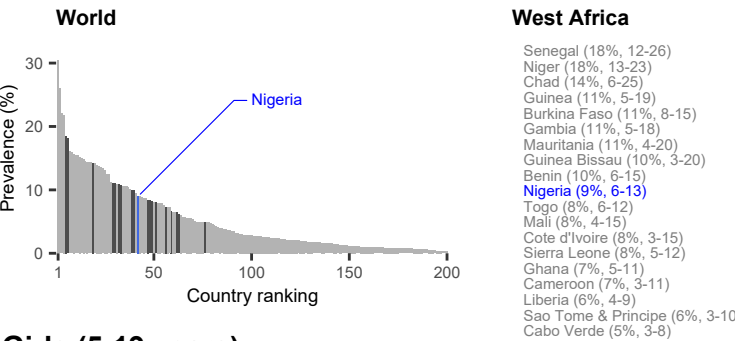
Obesity in 2022



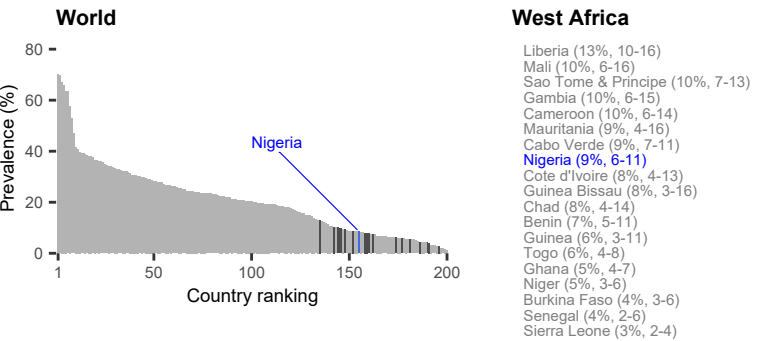
Men (20+ years)

- 19 studies (3 are nationally representative)*
- Underweight was 9% (6-13) in 2022, **a decrease** of 7 (2-13) percentage points from 1990. Nigeria was ranked 10 in West Africa and 42 in the world.
- Obesity was 9% (6-11) in 2022, **an increase** of 8 (5-10) percentage points from 1990. Nigeria was ranked 8 in West Africa and 155 in the world.

Underweight in 2022



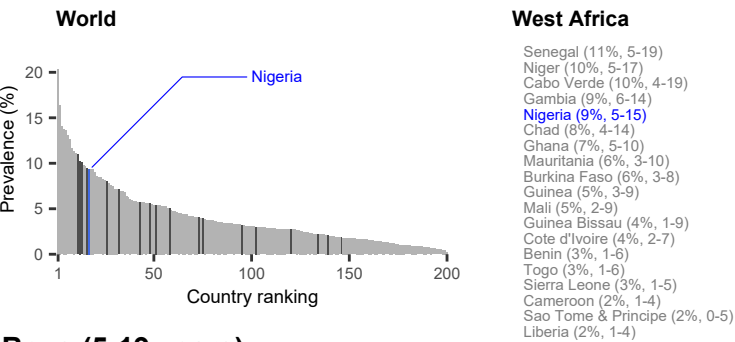
Obesity in 2022



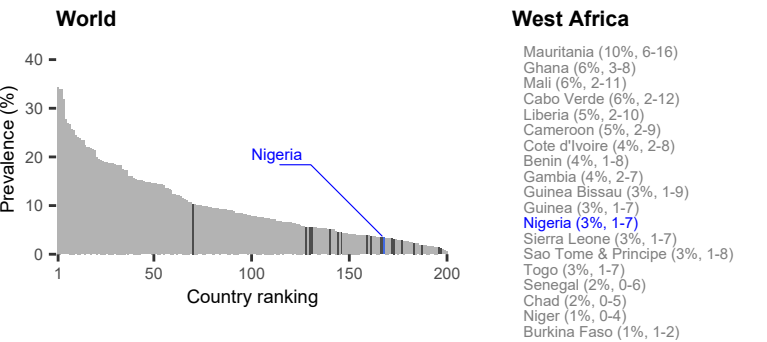
Girls (5-19 years)

- 12 studies (4 are nationally representative)*
- Thinness was 9% (5-15) in 2022, with no distinguishable change from 1990. Nigeria was ranked 5 in West Africa and 17 in the world.
- Obesity was 3% (1-7) in 2022, **an increase** of 3 (0-6) percentage points from 1990. Nigeria was ranked 12 in West Africa and 168 in the world.

Thinness in 2022



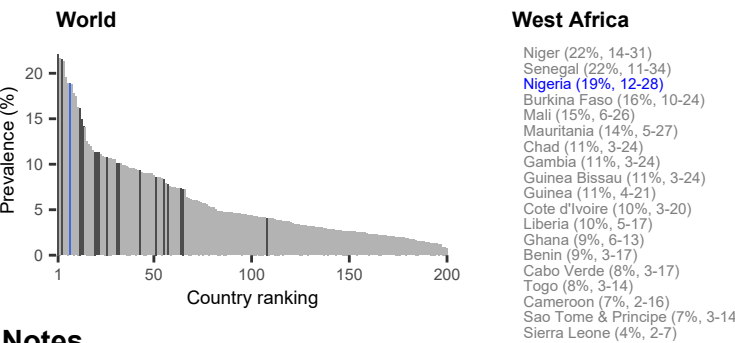
Obesity in 2022



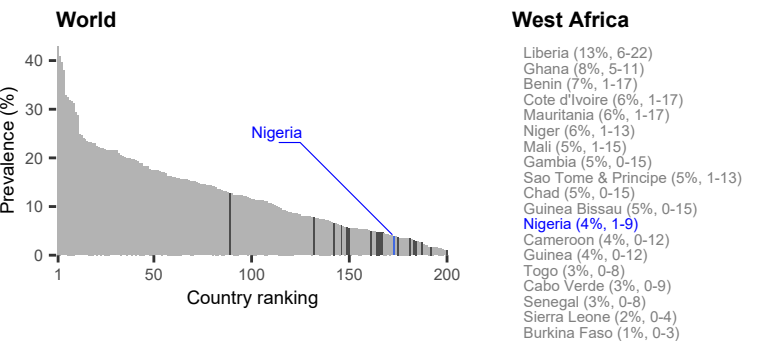
Boys (5-19 years)

- 8 studies (1 is nationally representative)*
- Thinness was 19% (12-28) in 2022, with no distinguishable change from 1990. Nigeria was ranked 3 in West Africa and 7 in the world.
- Obesity was 4% (1-9) in 2022, **an increase** of 4 (1-9) percentage points from 1990. Nigeria was ranked 12 in West Africa and 173 in the world.

Thinness in 2022



Obesity in 2022



Notes

- These estimates, and methodology for their generation, are as reported in NCD Risk Factor Collaboration "XXXXX"
- Estimates are informed both by data from Nigeria and by data from other countries, through a geographical hierarchy. See Methods of above.
- * For a full list of data sources please see Appendix Table 1 of publication above [or link to Zenodo].