



# Lifestyle Tracker

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# Project Overview

This web application is designed to be used as a tool for logging and tracking weights as the user desires. Users will be able to record their logs for a day and viewed later.



# User Story Motivations

- As the very first user for my application, I was looking for a simple way to log my weights on specific dates and store that data for future viewing. This would allow for me to go back and easily review progress, trends, etc.
- Since this is ultimately going to be a tool that I would want to share with anyone who wishes to use it, a user login and logout function were added to allow for multiple users to access their own individual logs.
- In addition to a list of weight logs, it would be nice for users to have an additional view of their logs. A month view calendar was added to the user's dashboard that displays weights and the dates selected when they were logged.



# Project Features

- User-based platform
  - ❑ Login & Logout Features
  - ❑ Registration Form
- Simple User Interface
- Weight Log Calendar
- Add & Remove Logs
  - ❑ Date Picker
  - ❑ Remove Old or Incorrect Logs



# Technology Stack

- Language: Java

- SQL Database

- Spring Boot

- ❑ Dependencies:

- ❖ Web

- ❖ JPA/Hibernate

- ❖ Thymeleaf

- Bootstrap/HTML/CSS

- JavaScript

- ❑ JavaScript was used on the front end to render the data displayed on the dashboard calendar.

- IntelliJ IDE