














































## Konkurranseklasse

| Plass | Snr | Navn                            | Land  | Klubb                         | Klasse | Tid     | Etter  |
|-------|-----|---------------------------------|---|-------------------------------|--------|---------|--------|
| 1     | 158 | Ola Sakshaug                    |  NOR   | Kristiansand Løpeklubb        | M23-34 | 30:11.0 | 0:00.0 |
| 2     | 245 | Vegard Ruttenborg               |  NOR   | Ntnui Orientering             | M23-34 | 31:36.0 | 1:25.0 |
| 3     | 133 | Håvard Eidsmo                   |  NOR   | Freidig Orientering           | M18-19 | 31:40.0 | 0:00.0 |
| 4     | 227 | Simen Aamodt                    |  NOR   | Ntnui                         | M23-34 | 31:46.0 | 1:35.0 |
| 5     | 384 | Eivind Klokkaug                 |  NOR   | NTNUI                         | M23-34 | 31:58.0 | 1:47.0 |
| 6     | 264 | Kristian Engen Forbord          |  NOR   | Rindal IL                     | M23-34 | 32:06.0 | 1:55.0 |
| 7     | 231 | Daniel DEBERTIN                 |  NOR   | Ntnui                         | M23-34 | 32:09.0 | 1:58.0 |
| 8     | 265 | Jon Arne Gaundal                |  NOR   | Rindal IL                     | M23-34 | 32:16.0 | 2:05.0 |
| 9     | 196 | Andreas Huse                    |  NOR   | Ntnui                         | M23-34 | 32:34.0 | 2:23.0 |
| 10    | 361 | Eivind Dybdahl                  |  NOR   | NTNUI / Ntnui Friidrett       | M23-34 | 32:45.0 | 2:34.0 |
| 11    | 345 | Sindre Østgulen Deisz           |  NOR   | Ntnui Orientering             | M20-22 | 32:47.0 | 0:00.0 |
| 12    | 274 | Nils Haktor Bua                 |  NOR   | Spirit Friidrettsklubb        | M23-34 | 33:16.0 | 3:05.0 |
| 13    | 266 | Lars Morten Bardal              |  NOR   | Rindal IL                     | M23-34 | 33:20.0 | 3:09.0 |
| 14    | 101 | Erlend Bjerkås                  |  NOR   | Bratsberg IL                  | M35-39 | 33:22.0 | 0:00.0 |
| 14    | 118 | Eystein Relling                 |  NOR   | CT Placebo                    | M23-34 | 33:22.0 | 3:11.0 |
| 16    | 275 | Gunnar Skjeflo                  |  NOR   | St Olavs Hospital BIL         | M23-34 | 33:25.0 | 3:14.0 |
| 17    | 212 | Glenn Tore Løland               |  NOR   | Ntnui                         | M23-34 | 33:37.0 | 3:26.0 |
| 18    | 251 | Gjermund Nordskar               |  NOR  | Ntnui Team Dropracks          | M23-34 | 33:42.0 | 3:31.0 |
| 19    | 137 | Andre Nyeng Olsen               |  NOR | Granåsen Skiteam              | M23-34 | 33:46.0 | 3:35.0 |
| 20    | 296 | Jørgen Natvig Løvseth           |  NOR | Strindheim IL                 | M20-22 | 33:49.0 | 1:02.0 |
| 21    | 304 | Håvard Barkved                  |  NOR | Team Meru                     | M23-34 | 33:51.0 | 3:40.0 |
| 22    | 160 | Sindre Nås                      |  NOR | Lagplace                      | M23-34 | 33:52.0 | 3:41.0 |
| 23    | 300 | Håkon Selvnes                   |  NOR | Svorkmo NOI                   | M23-34 | 33:54.0 | 3:43.0 |
| 24    | 301 | Eirik Selvnes                   |  NOR | Svorkmo NOI                   | M23-34 | 33:56.0 | 3:45.0 |
| 25    | 205 | Kristian Stenerud               |  NOR | Ntnui                         | M23-34 | 34:05.0 | 3:54.0 |
| 26    | 363 | Anders Quist Nyrnes             |  NOR | Byåsen IL / Langrenn          | M20-22 | 34:09.0 | 1:22.0 |
| 27    | 144 | Ben David Normann               |  NOR | Ingen                         | M23-34 | 34:12.0 | 4:01.0 |
| 28    | 241 | Geir Olav Roset                 |  NOR | Ntnui Langrenn                | M23-34 | 34:16.0 | 4:05.0 |
| 29    | 288 | Anne Nevin                      |  NOR | Strindheim                    | K40-44 | 34:18.0 | 0:00.0 |
| 30    | 239 | Didrik Graham Henriksen         |  NOR | Ntnui Langrenn                | M23-34 | 34:22.0 | 4:11.0 |
| 31    | 64  | Erik Johannes B. L. G. Husom    |  NOR | OSLO                          | M20-22 | 34:24.0 | 1:37.0 |
| 32    | 366 | Lars Solheim                    |  NOR | TRONDHEIM                     | M23-34 | 34:26.0 | 4:15.0 |
| 33    | 106 | Tormod Garnes Flatjord          |  NOR | Byaasen Skiklub               | M18-19 | 34:28.0 | 2:48.0 |
| 34    | 379 | Magnus Krog                     |  NOR | Høydalsmo Idrettslag          | M23-34 | 34:34.0 | 4:23.0 |
| 35    | 235 | Magnus Warvik                   |  NOR | Ntnui Friidrett               | M20-22 | 34:37.0 | 1:50.0 |
| 36    | 252 | Øyvind Hanssen-Bauer            |  NOR | Ntnui-Langrenn                | M23-34 | 34:43.0 | 4:32.0 |
| 37    | 108 | Brage Skei                      |  NOR | Byaasen Skiklub               | M18-19 | 34:44.0 | 3:04.0 |
| 38    | 129 | Mathias Syversen Waage Hermstad |  NOR | Freidig                       | M16-17 | 34:45.0 | 0:00.0 |
| 39    | 119 | Petter Nissen-Sollie            |  NOR | Denstad&Nissen Fætt å Fælj AS | M20-22 | 35:02.0 | 2:15.0 |
| 40    | 286 | Knut Anders Hatlen              |  NOR | Stranda IL                    | M35-39 | 35:03.0 | 1:41.0 |
| 41    | 299 | Ove Baardsgaard                 |  NOR | Strindheim IL                 | M20-22 | 35:04.0 | 2:17.0 |
| 42    | 353 | Frode Solskinnsbakk             |  NOR | Trønderenergi Bil             | M23-34 | 35:10.0 | 4:59.0 |
| 42    | 375 | Odd Egil Brobakk                |  NOR | Støren Sportsklubb            | M40-44 | 35:10.0 | 0:00.0 |

| Konkurranseklasse |     |                              |   |                         |        |         |        |
|-------------------|-----|------------------------------|---|-------------------------|--------|---------|--------|
| Plass             | Snr | Navn                         | Land  | Klubb                   | Klasse | Tid     | Etter  |
| 44                | 95  | Anders Furnee                |  NOR   | Asker Skøyteklubb       | M23-34 | 35:13.0 | 5:02.0 |
| 45                | 230 | Vegard DAHLE                 |  NOR   | Ntnui                   | M23-34 | 35:16.0 | 5:05.0 |
| 46                | 81  | Terje Sørli                  |  NOR   | TRONDHEIM               | M23-34 | 35:18.0 | 5:07.0 |
| 47                | 168 | Fredrik Grøvdal              |  NOR   | Lyn ski                 | M23-34 | 35:21.0 | 5:10.0 |
| 48                | 134 | Martin Grønli                |  NOR   | Frol IL                 | M20-22 | 35:25.0 | 2:38.0 |
| 49                | 389 | Mattys Elschot               |  NOR   |                         | M23-34 | 35:31.0 | 5:20.0 |
| 50                | 171 | Bendik Støa-Aanensen         |  NOR   | Midjo Marathon Club     | M23-34 | 35:33.0 | 5:22.0 |
| 50                | 175 | Mattis Amundsen              |  NOR   | Namdal Løpeklubb        | M23-34 | 35:33.0 | 5:22.0 |
| 52                | 229 | Benjamin Werner              |  GER   | Ntnui                   | M23-34 | 35:39.0 | 5:28.0 |
| 53                | 132 | Kjetil Mølnevik              |  NOR   | Freidig                 | M18-19 | 35:40.0 | 4:00.0 |
| 54                | 174 | Tomas Sandvik                |  NOR   | Namdal Løpeklubb        | M35-39 | 35:41.0 | 2:19.0 |
| 55                | 173 | Ola Raaum Jansen             |  NOR   | Namdal LK               | M20-22 | 35:46.0 | 2:59.0 |
| 56                | 386 | Mats IVERSEN                 |  NOR   | IL Varden Meråker       | M23-34 | 35:49.0 | 5:38.0 |
| 57                | 130 | Oskar Spets STORHOV          |  NOR   | Freidig                 | M16-17 | 35:50.0 | 1:05.0 |
| 58                | 382 | Olve Johansen Rye            |  NOR   | Byneset IL              | M16-17 | 35:51.0 | 1:06.0 |
| 59                | 368 | Audun THONSTAD               |  NOR  | Rindal IL               | M35-39 | 35:56.0 | 2:34.0 |
| 60                | 172 | Johan Landrø                 |  NOR | Multiconsult BIL        | M23-34 | 35:59.0 | 5:48.0 |
| 61                | 329 | Stian Oldervik               |  NOR | Rindal IL               | M23-34 | 36:01.0 | 5:50.0 |
| 62                | 107 | Thomas EKREM                 |  NOR | Byaasen Skiklub         | M23-34 | 36:05.0 | 5:54.0 |
| 63                | 7   | Jo-Kristian Stræte Røttereng |  NOR | TRONDHEIM               | M23-34 | 36:09.0 | 5:58.0 |
| 64                | 151 | Håvar Sørboen                |  NOR | Kaffekompaniet IL       | M20-22 | 36:11.0 | 3:24.0 |
| 65                | 179 | Håvard Bakke Bjerkevik       |  NOR | Nidelv IL               | M23-34 | 36:14.0 | 6:03.0 |
| 66                | 105 | Birk Manum Bjerkan           |  NOR | Byaasen Skiklub         | M18-19 | 36:15.0 | 4:35.0 |
| 66                | 354 | Pål Reiten                   |  NOR | Stjørdals-Blink         | M45-49 | 36:15.0 | 0:00.0 |
| 68                | 383 | Jørg Johansen Rye            |  NOR | Byneset IL              | M14-15 | 36:16.0 | 0:00.0 |
| 69                | 215 | Thomas Haaland               |  NOR | Ntnui                   | M23-34 | 36:22.0 | 6:11.0 |
| 70                | 20  | Håkon Gisnås Vardeberg       |  NOR |                         | M20-22 | 36:25.0 | 3:38.0 |
| 71                | 261 | Sivert Flåten                |  NOR | Rauma sk                | M23-34 | 36:26.0 | 6:15.0 |
| 72                | 307 | Snorre Sulheim               |  NOR | Tindegruppa             | M23-34 | 36:28.0 | 6:17.0 |
| 73                | 88  | Mats Flaaten                 |  NOR | FLATÅSEN                | M23-34 | 36:46.0 | 6:35.0 |
| 73                | 22  | Per Martin Westerfjell       |  NOR | TRONDHEIM               | M23-34 | 36:46.0 | 6:35.0 |
| 75                | 269 | Alessio Zambon               |  NOR | RTZ                     | M23-34 | 36:48.0 | 6:37.0 |
| 76                | 311 | Brage BERGSMYR               |  NOR | Trondheim Biathlon Team | M18-19 | 36:54.0 | 5:14.0 |
| 77                | 380 | Thomas Kjelbotn              |  NOR | Bardu IL                | M23-34 | 36:55.0 | 6:44.0 |
| 78                | 376 | Øystein Lie                  |  NOR | Frosta IL               | M45-49 | 37:01.0 | 0:46.0 |
| 79                | 84  | Stefan Blankvoort            |  NOR | TRONDHEIM               | M23-34 | 37:06.0 | 6:55.0 |
| 80                | 55  | Bjørn Erik Aae               |  NOR | BIRKELAND               | M23-34 | 37:07.0 | 6:56.0 |
| 81                | 177 | Håkon Austad Langberg        |  NOR | NGI                     | M23-34 | 37:09.0 | 6:58.0 |
| 82                | 254 | Erik Christiansen            |  NOR | Orkanger IF             | M23-34 | 37:13.0 | 7:02.0 |
| 83                | 287 | Lars B Jutulstad             |  NOR | Strindheim              | M18-19 | 37:15.0 | 5:35.0 |
| 84                | 369 | Michael Watts                |  NOR | TRONDHEIM               | M23-34 | 37:16.0 | 7:05.0 |
| 84                | 223 | Ola Myrset                   |  NOR | Ntnui                   | M23-34 | 37:16.0 | 7:05.0 |
| 86                | 374 | Oskar Gåsø                   |  NOR | Heimdal Ski             | M14-15 | 37:19.0 | 1:03.0 |

| Konkurransklasse |     |                           |   |                                  |        |         |        |
|------------------|-----|---------------------------|---|----------------------------------|--------|---------|--------|
| Plass            | Snr | Navn                      | Land  | Klubb                            | Klasse | Tid     | Etter  |
| 87               | 114 | Jonas BERG                |  NOR   | Byåsen IL                        | M20-22 | 37:20.0 | 4:33.0 |
| 88               | 331 | Didrik Strand             |  NOR   | Ntnui Triathlon                  | M23-34 | 37:21.0 | 7:10.0 |
| 88               | 94  | Niklas Rohling            |  GER   | ASC Konstanz                     | M23-34 | 37:21.0 | 7:10.0 |
| 90               | 116 | Fredrik Arntsen           |  NOR   | Byåsen IL / Sparebank 1 SMN      | M40-44 | 37:24.0 | 2:14.0 |
| 91               | 34  | Andre Sommervold          |  NOR   | TRONDHEIM                        | M23-34 | 37:25.0 | 7:14.0 |
| 91               | 290 | Øivind Aunøien            |  NOR   | Strindheim                       | M35-39 | 37:25.0 | 4:03.0 |
| 93               | 167 | Fabian MAYER              |  GER   | LG Region Karlsruhe              | M23-34 | 37:28.0 | 7:17.0 |
| 94               | 297 | Øyvind Paus               |  NOR   | Strindheim IL                    | M23-34 | 37:29.0 | 7:18.0 |
| 95               | 256 | Agnar Vold                |  NOR   | Overhalla IL                     | M23-34 | 37:31.0 | 7:20.0 |
| 96               | 387 | Gjermund Løfald           |  NOR   | Rindal IL                        | M23-34 | 37:32.0 | 7:21.0 |
| 96               | 280 | Lisbeth Vold              |  NOR   | Statoilstrindheim                | K45-49 | 37:32.0 | 0:00.0 |
| 98               | 282 | Roger Hafsmo              |  NOR   | Stiftstaden sk                   | M40-44 | 37:35.0 | 2:25.0 |
| 99               | 109 | Steinar Røe               |  NOR   | Byåsen                           | M40-44 | 37:38.0 | 2:28.0 |
| 100              | 220 | Stig Marsteng Nilsen      |  NOR   | Ntnui                            | M23-34 | 37:46.0 | 7:35.0 |
| 101              | 351 | Kristian Dahl             |  NOR   | Granåsen Ski-Team                | M40-44 | 37:48.0 | 2:38.0 |
| 101              | 120 | Petter Heggen             |  NOR   | DFØ                              | M23-34 | 37:48.0 | 7:37.0 |
| 101              | 346 | Sigurd Tenold Fridten     |  NOR  | Meru IL                          | M23-34 | 37:48.0 | 7:37.0 |
| 104              | 310 | Tomas Moe Skjølvold       |  NOR | Trøndersk Beinbruddsforening     | M23-34 | 37:50.0 | 7:39.0 |
| 105              | 330 | Øystein Wammer            |  NOR | CK Victoria G-Max                | M40-44 | 37:56.0 | 2:46.0 |
| 106              | 364 | Aleksander Wisløff        |  NOR | Ranheim IL / Langrenn            | M20-22 | 37:57.0 | 5:10.0 |
| 107              | 159 | Marius Killi              |  NOR | Kvam IL                          | M23-34 | 38:00.0 | 7:49.0 |
| 107              | 263 | Rikard Bakkehaug          |  NOR | Rindal IL                        | M23-34 | 38:00.0 | 7:49.0 |
| 109              | 5   | Jan Frode Haugseth        |  NOR | TRONDHEIM                        | M35-39 | 38:01.0 | 4:39.0 |
| 110              | 82  | Gaute Guldahl             |  NOR |                                  | M23-34 | 38:02.0 | 7:51.0 |
| 111              | 253 | Steffen Bakker            |  NED | Oranje Nassau Groningen          | M23-34 | 38:07.0 | 7:56.0 |
| 112              | 83  | Magnus Åsland Hansen      |  NOR | TRONDHEIM                        | M23-34 | 38:08.0 | 7:57.0 |
| 113              | 110 | Bjørn Balstad             |  NOR | Byåsen Festlangrenn              | M35-39 | 38:10.0 | 4:48.0 |
| 114              | 61  | Anthony Sebergesen        |  NOR |                                  | M20-22 | 38:11.0 | 5:24.0 |
| 115              | 306 | Sigurd Brørs              |  NOR | The Brørs                        | M45-49 | 38:19.0 | 2:04.0 |
| 116              | 191 | Daniel Røyland            |  NOR | Ntnui                            | M23-34 | 38:22.0 | 8:11.0 |
| 117              | 152 | Gunnar Fiskum             |  NOR | Keegdalen Øl og Ultra            | M23-34 | 38:25.0 | 8:14.0 |
| 117              | 315 | Sebastian Arndt           |  NOR | Trondheim Triathlonklubben       | M23-34 | 38:25.0 | 8:14.0 |
| 119              | 207 | Kristin Antonsen          |  NOR | Ntnui                            | K23-34 | 38:28.0 | 0:00.0 |
| 119              | 285 | Øyvind Vada               |  NOR | Støren Sportsklubb               | M35-39 | 38:28.0 | 5:06.0 |
| 121              | 388 | Bjørn Skaare              |  NOR | Staal Jørpeland IL / Statoil BIL | M40-44 | 38:36.0 | 3:26.0 |
| 122              | 161 | Jo Kristoffer Benjaminsen |  NOR | Langdalen Runners                | M40-44 | 38:38.0 | 3:28.0 |
| 123              | 218 | Lars Even Schei           |  NOR | Ntnui                            | M23-34 | 38:40.0 | 8:29.0 |
| 123              | 225 | Rotem Sharoni             |  NOR | Ntnui                            | M23-34 | 38:40.0 | 8:29.0 |
| 125              | 1   | Sebastian Aas             |  NOR | JONSVATNET                       | M18-19 | 38:42.0 | 7:02.0 |
| 126              | 294 | Bård Olav Moen            |  NOR | Strindheim IL                    | M60-64 | 38:53.0 | 0:00.0 |
| 127              | 314 | Marcus Nordahl            |  SWE | Trondheim Triathlonklubb         | M23-34 | 38:56.0 | 8:45.0 |
| 128              | 153 | Asbjørn Sigstadstø        |  NOR | Klæbu Løpeklub                   | M20-22 | 38:58.0 | 6:11.0 |
| 129              | 27  | Vibeke Jensen             |  NOR | TRONDHEIM                        | K20-22 | 39:00.0 | 0:00.0 |

| Konkurranseklasse |     |                              |   |                                     |        |         |         |
|-------------------|-----|------------------------------|---|-------------------------------------|--------|---------|---------|
| Plass             | Snr | Navn                         | Land  | Klubb                               | Klasse | Tid     | Etter   |
| 130               | 260 | Bjørn Owren                  |  NOR   | Rambøll                             | M23-34 | 39:02.0 | 8:51.0  |
| 131               | 131 | Aleksander Skoglund          |  NOR   | Freidig                             | M16-17 | 39:03.0 | 4:18.0  |
| 132               | 259 | Bjørnar Fjellidal            |  NOR   | Powel                               | M23-34 | 39:14.0 | 9:03.0  |
| 133               | 170 | Petter Kjeeverud Nyland      |  NOR   | Matematikerne                       | M23-34 | 39:15.0 | 9:04.0  |
| 134               | 335 | Jarl Sander Grue             |  NOR   | Granåsen Skiteam                    | M16-17 | 39:27.0 | 4:42.0  |
| 135               | 143 | Simen Hegstad                |  NOR   | IL Aasguten                         | M14-15 | 39:30.0 | 3:14.0  |
| 135               | 318 | Thomas Svensson Moen         |  NOR   | Trondhjems<br>Studentersangforening | M20-22 | 39:30.0 | 6:43.0  |
| 135               | 344 | Viljar Rystad                |  NOR   | Entreprenørskolen                   | M23-34 | 39:30.0 | 9:19.0  |
| 138               | 342 | Bjørn Fredriksli             |  NOR   | Trondheim Triatlonklubb             | M23-34 | 39:31.0 | 9:20.0  |
| 138               | 157 | Ulf Lilleengen               |  NOR   | Koseklubben                         | M23-34 | 39:31.0 | 9:20.0  |
| 140               | 193 | Hanna Breivold               |  NOR   | Ntnui                               | K23-34 | 39:34.0 | 1:06.0  |
| 141               | 190 | Ole Anders ek LUNDBY         |  NOR   | Ntnui                               | M20-22 | 39:35.0 | 6:48.0  |
| 141               | 270 | Sindre Skånøy                |  NOR   | Skauga il                           | M23-34 | 39:35.0 | 9:24.0  |
| 143               | 76  | Henrik Alvestad              |  NOR   | TRONDHEIM                           | M20-22 | 39:36.0 | 6:49.0  |
| 144               | 103 | Edvin Ingebrigtsen           |  NOR   | Bratsberg IL                        | M14-15 | 39:38.0 | 3:22.0  |
| 145               | 240 | Christoffer Hagen            |  NOR   | Ntnui Langrenn                      | M23-34 | 39:39.0 | 9:28.0  |
| 146               | 73  | Magnus Leidland              |  NOR  | EGERSUND                            | M20-22 | 39:45.0 | 6:58.0  |
| 147               | 63  | John Marius Hegseth          |  NOR | TRONDHEIM                           | M23-34 | 39:54.0 | 9:43.0  |
| 147               | 385 | Øyvind Lavoll                |  NOR | NTNUI                               | M23-34 | 39:54.0 | 9:43.0  |
| 149               | 341 | Christian Arne Raknes Brekke |  NOR |                                     | M23-34 | 39:58.0 | 9:47.0  |
| 149               | 336 | Odd-Bjørnar Jobotten         |  NOR | Hitra Friidrettsklubb               | M23-34 | 39:58.0 | 9:47.0  |
| 151               | 25  | Aleksander Waagenes          |  NOR | TRONDHEIM                           | M23-34 | 39:59.0 | 9:48.0  |
| 151               | 358 | Tore Flatås                  |  NOR | TILLER                              | M45-49 | 39:59.0 | 3:44.0  |
| 153               | 198 | Thomas Maudal Gilje          |  NOR | Ntnui                               | M23-34 | 40:00.0 | 9:49.0  |
| 154               | 234 | Espen Lund Johannessen       |  NOR | Ntnui Basket                        | M23-34 | 40:03.0 | 9:52.0  |
| 155               | 39  | Daniel Wehner                |  NOR | TRONDHEIM                           | M23-34 | 40:09.0 | 9:58.0  |
| 156               | 38  | Kristian Steinnes            |  NOR | TRONDHEIM                           | M50-54 | 40:10.0 | 0:00.0  |
| 157               | 138 | Audun Storhaug               |  NOR | Helleland IL                        | M23-34 | 40:14.0 | 10:03.0 |
| 158               | 148 | Sondre Borg Gjertsen         |  NOR | Jonsvatnet IL                       | M23-34 | 40:15.0 | 10:04.0 |
| 159               | 111 | Jens Balstad                 |  NOR | Byåsen Festlangrenn                 | M35-39 | 40:16.0 | 6:54.0  |
| 160               | 182 | Inge Johan Holthe            |  NOR | Noteam                              | M45-49 | 40:25.0 | 4:10.0  |
| 161               | 257 | Ingvild Sangesland           |  NOR | Øvrebø IL                           | K20-22 | 40:28.0 | 1:28.0  |
| 162               | 85  | Anders Svenheim Rene         |  NOR |                                     | M23-34 | 40:32.0 | 10:21.0 |
| 162               | 370 | Svenn-Ivar Svendsen          |  NOR | Tr. Triatlonklubb                   | M40-44 | 40:32.0 | 5:22.0  |
| 164               | 216 | Espen Storslett              |  NOR | Ntnui                               | M23-34 | 40:38.0 | 10:27.0 |
| 165               | 293 | Siri Ann Nyrnes              |  NOR | Strindheim IL                       | K45-49 | 40:42.0 | 3:10.0  |
| 166               | 79  | Einar Lunde                  |  NOR |                                     | M23-34 | 40:43.0 | 10:32.0 |
| 166               | 273 | Stian Mjøsund                |  NOR | Sparebank 1 Regnskapshuset<br>SMN   | M35-39 | 40:43.0 | 7:21.0  |
| 168               | 372 | Gunnar Melting               |  NOR | Mosvik IL                           | M50-54 | 40:48.0 | 0:38.0  |
| 169               | 15  | Torje Stenkjær               |  NOR | LEKSVIKLEKSVIK                      | M23-34 | 40:49.0 | 10:38.0 |
| 170               | 373 | John-Ivar Eriksen            |  NOR | TRONDHEIM                           | M23-34 | 40:50.0 | 10:39.0 |
| 171               | 75  | Kristian Fauskanger          |  NOR | TRONDHEIM                           | M23-34 | 40:52.0 | 10:41.0 |

| Konkurransklasse |     |                           |   |                         |        |         |         |
|------------------|-----|---------------------------|---|-------------------------|--------|---------|---------|
| Plass            | Snr | Navn                      | Land  | Klubb                   | Klasse | Tid     | Etter   |
| 171              | 113 | Mariann Lande             |  NOR   | Byåsen IL               | M23-34 | 40:52.0 | 10:41.0 |
| 173              | 188 | Malene Hjorteland         |  NOR   | Ntnui                   | K20-22 | 40:53.0 | 1:53.0  |
| 174              | 255 | Kristian Vemund Haaland   |  NOR   | Oslo Kajakklubb         | M23-34 | 40:56.0 | 10:45.0 |
| 175              | 291 | Andreas Bruland           |  NOR   | Strindheim              | M16-17 | 41:01.0 | 6:16.0  |
| 176              | 59  | Frode Hallberg            |  NOR   | TRONDHEIM               | M23-34 | 41:03.0 | 10:52.0 |
| 177              | 197 | Eirik Storesund           |  NOR   | Ntnui                   | M23-34 | 41:06.0 | 10:55.0 |
| 178              | 221 | Ivar Marthinussen         |  NOR   | Ntnui                   | M23-34 | 41:08.0 | 10:57.0 |
| 179              | 66  | Lars Kjerpeseth           |  NOR   | OSLO                    | M23-34 | 41:09.0 | 10:58.0 |
| 180              | 33  | Mads Grimsbu              |  NOR   | TRONDHEIM               | M35-39 | 41:11.0 | 7:49.0  |
| 181              | 302 | Vegard Selvnes            |  NOR   | Svorkmo NOI             | M20-22 | 41:12.0 | 8:25.0  |
| 182              | 355 | Jørgen Frøland            |  NOR   | Adresseavisen           | M35-39 | 41:13.0 | 7:51.0  |
| 183              | 347 | Odd Kristian Hagen        |  NOR   | Markane IL              | M23-34 | 41:14.0 | 11:03.0 |
| 184              | 96  | Lars Erik Notevarp Bjørge |  NOR   | Beinhinnjeknuserane     | M23-34 | 41:16.0 | 11:05.0 |
| 184              | 339 | Marit Mia Bjørnstad       |  NOR   | Malvik IL               | K23-34 | 41:16.0 | 2:48.0  |
| 186              | 206 | Martin Wohlwend           |  NOR   | Ntnui                   | M23-34 | 41:18.0 | 11:07.0 |
| 186              | 313 | Martin Strickert          |  NOR  | Trondheim Kortbaneklubb | M23-34 | 41:18.0 | 11:07.0 |
| 188              | 122 | Christer Eidstø           |  NOR | Drevja IL               | M23-34 | 41:19.0 | 11:08.0 |
| 189              | 8   | Audhild Bakken            |  NOR |                         | K23-34 | 41:21.0 | 2:53.0  |
| 190              | 232 | Joar Krohn Mauseth        |  NOR | Ntnui                   | M20-22 | 41:22.0 | 8:35.0  |
| 191              | 332 | Mattis Madsbu             |  NOR | CT Placebo              | M23-34 | 41:24.0 | 11:13.0 |
| 192              | 202 | Fredrik Moen              |  NOR | Ntnui                   | M23-34 | 41:27.0 | 11:16.0 |
| 193              | 362 | Per Ole Gundersen         |  NOR |                         | M35-39 | 41:30.0 | 8:08.0  |
| 194              | 277 | Martine Holm Frekhaug     |  NOR | Statens Vegvesen        | K23-34 | 41:31.0 | 3:03.0  |
| 195              | 124 | Christian Prestegård      |  NOR | Fanaråk/Kondis          | M60-64 | 41:32.0 | 2:39.0  |
| 196              | 289 | Per-Arve Sørngård         |  NOR | Strindheim              | M60-64 | 41:36.0 | 2:43.0  |
| 197              | 102 | Eva Ingebrigtsen          |  NOR | Bratsberg IL            | K12-13 | 41:37.0 | 0:00.0  |
| 197              | 97  | Håkon Walter Bjørnsrud    |  NOR | Berg                    | M23-34 | 41:37.0 | 11:26.0 |
| 199              | 204 | Mai Watson                |  NOR | Ntnui                   | K23-34 | 41:38.0 | 3:10.0  |
| 199              | 100 | Mette Ingebrigtsen        |  NOR | Bratsberg IL            | K40-44 | 41:38.0 | 7:20.0  |
| 201              | 237 | Vilde Sund Jensen         |  NOR | Ntnui Friidrett         | K23-34 | 41:40.0 | 3:12.0  |
| 202              | 303 | Madelen Rekkebo           |  NOR | Team Kløver             | K16-17 | 41:44.0 | 0:00.0  |
| 203              | 365 | Magnus Irgens             |  NOR | Bil Miljødirektoratet   | M35-39 | 41:51.0 | 8:29.0  |
| 204              | 178 | Marianne Kvennås          |  NOR | NGI                     | K45-49 | 41:59.0 | 4:27.0  |
| 205              | 89  | Sara Ehrenpohl Sand       |  NOR |                         | K20-22 | 42:00.0 | 3:00.0  |
| 206              | 150 | Øyvind Lindgård           |  NOR | Kaffekompaniet IL       | M20-22 | 42:01.0 | 9:14.0  |
| 207              | 321 | Kasper Eggen Remseth      |  NOR | Utleira IL              | M14-15 | 42:02.0 | 5:46.0  |
| 208              | 262 | Erik Opdal                |  NOR | Rebil                   | M23-34 | 42:04.0 | 11:53.0 |
| 209              | 104 | Emma Endal Hansen         |  NOR | Budal IL                | K35-39 | 42:06.0 | 0:00.0  |
| 210              | 349 | Carl Olav Larsson         |  NOR | Sweco BIL               | M23-34 | 42:07.0 | 11:56.0 |
| 211              | 348 | Johanna Røst Wehinger     |  NOR | Blaker IL               | M23-34 | 42:09.0 | 11:58.0 |
| 212              | 320 | Gerit Pfuhl               |  GER | UiT BIL                 | K35-39 | 42:10.0 | 0:04.0  |
| 213              | 267 | Kjersti DAHL              |  NOR | Ringkollen Skiklubb     | K23-34 | 42:16.0 | 3:48.0  |
| 214              | 141 | Herman Andersen           |  NOR | IF Overtråkk            | M23-34 | 42:22.0 | 12:11.0 |

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| Konkurransklasse |     |                           |   |                          |        |         |         |
|------------------|-----|---------------------------|---|--------------------------|--------|---------|---------|
| Plass            | Snr | Navn                      | Land  | Klubb                    | Klasse | Tid     | Etter   |
| 215              | 99  | Nina Johanne Tørset       |  NOR   | Børsa                    | K40-44 | 42:23.0 | 8:05.0  |
| 215              | 359 | Svend Østmo               |  NOR   | Statoil IL               | M50-54 | 42:23.0 | 2:13.0  |
| 217              | 334 | Guro Toppen               |  NOR   | Gålå                     | K23-34 | 42:25.0 | 3:57.0  |
| 218              | 201 | Håkon Bråten              |  NOR   | Ntnui                    | M23-34 | 42:26.0 | 12:15.0 |
| 219              | 184 | Jørgen Haugen             |  NOR   | Ntnu                     | M23-34 | 42:35.0 | 12:24.0 |
| 220              | 281 | Anders Bakken             |  NOR   | Sticos BIL               | M23-34 | 42:36.0 | 12:25.0 |
| 221              | 180 | Inger Lise Sollie         |  NOR   | Norconsult Trondheim     | K23-34 | 42:37.0 | 4:09.0  |
| 222              | 316 | Martin Tverdal            |  NOR   | Trondhjems Skiklub       | M23-34 | 42:42.0 | 12:31.0 |
| 223              | 268 | Kent Roger TANGVIK        |  NOR   | Roger Tangviks Løpeklubb | M23-34 | 42:45.0 | 12:34.0 |
| 224              | 3   | Anne Cecilie Grindstad    |  NOR   | TRONDHEIM                | K23-34 | 42:48.0 | 4:20.0  |
| 225              | 305 | Magnar Nedland            |  NOR   | Telenor BIL              | M35-39 | 42:52.0 | 9:30.0  |
| 226              | 195 | Tor Borgan                |  NOR   | Ntnui                    | M23-34 | 42:54.0 | 12:43.0 |
| 227              | 30  | Hans Ulrik Lingelem       |  NOR   |                          | M23-34 | 42:55.0 | 12:44.0 |
| 228              | 68  | Jorid Ødegård             |  NOR   | TRONDHEIM                | K23-34 | 42:56.0 | 4:28.0  |
| 229              | 367 | Dan Carlos Nyvik          |  NOR   | Namdal løpeklubb         | M23-34 | 42:57.0 | 12:46.0 |
| 229              | 121 | Mads Hetle                |  NOR  | Dnb                      | M50-54 | 42:57.0 | 2:47.0  |
| 231              | 136 | Anita Kvam                |  NOR | Gjensidige               | K23-34 | 43:00.0 | 4:32.0  |
| 232              | 44  | Roald Lilletvedt          |  NOR | MELHUS                   | M55-59 | 43:15.0 | 0:00.0  |
| 233              | 186 | Erik Langørgen            |  NOR | Ntnu EPT                 | M45-49 | 43:16.0 | 7:01.0  |
| 234              | 146 | Arve Sætran               |  NOR | Inventas                 | M40-44 | 43:17.0 | 8:07.0  |
| 235              | 327 | Christian Heger           |  NOR | Velo Johnsen             | M23-34 | 43:25.0 | 13:14.0 |
| 236              | 283 | Alexander Zahl-Thaniem    |  NOR | Stiftstaden SK           | M23-34 | 43:26.0 | 13:15.0 |
| 237              | 200 | Hans Kristian Meyer       |  NOR | Ntnui                    | M23-34 | 43:29.0 | 13:18.0 |
| 238              | 243 | Anna Ulvensøen            |  NOR | Ntnui Orientering        | K23-34 | 43:31.0 | 5:03.0  |
| 239              | 326 | Scott Macody Lund         |  NOR | Varegg                   | M23-34 | 43:34.0 | 13:23.0 |
| 240              | 208 | Clement Donne             |  NOR | Ntnui                    | M23-34 | 43:38.0 | 13:27.0 |
| 241              | 181 | Joakim Andersson          |  NOR | Nordic Semiconductor     | M23-34 | 43:39.0 | 13:28.0 |
| 242              | 52  | Fredrik Heggeset Tranø    |  NOR | TRONDHEIM                | M23-34 | 43:41.0 | 13:30.0 |
| 243              | 203 | Are Malvik                |  NOR | Ntnui                    | M23-34 | 43:44.0 | 13:33.0 |
| 243              | 123 | Johan Sandgrind           |  NOR | Egen                     | M23-34 | 43:44.0 | 13:33.0 |
| 245              | 352 | Knut Størdal              |  NOR | Kirkens Bymisjon         | M50-54 | 43:46.0 | 3:36.0  |
| 245              | 276 | Stian Høegh Sørums        |  NOR | Stag                     | M20-22 | 43:46.0 | 10:59.0 |
| 245              | 51  | Øyvind Aukner             |  NOR |                          | M23-34 | 43:46.0 | 13:35.0 |
| 248              | 28  | Anne Karen Aanonli        |  NOR | TRONDHEIM                | K23-34 | 43:50.0 | 5:22.0  |
| 249              | 338 | Gunhild Viljugrein Stølen |  NOR |                          | K20-22 | 43:59.0 | 4:59.0  |
| 250              | 185 | Stefano Nichele           |  NOR | Ntnu BIL                 | M23-34 | 44:04.0 | 13:53.0 |
| 251              | 210 | Anna Knutsen              |  NOR | Ntnui                    | K23-34 | 44:11.0 | 5:43.0  |
| 251              | 217 | Guro Ørndal Nilsen        |  NOR | Ntnui                    | K23-34 | 44:11.0 | 5:43.0  |
| 253              | 6   | Jakob Jensen              |  NOR | TRONDHEIM                | M20-22 | 44:18.0 | 11:31.0 |
| 253              | 224 | Pål Duus                  |  NOR | Ntnui                    | M23-34 | 44:18.0 | 14:07.0 |
| 255              | 211 | Elida Arstad Skøien       |  NOR | Ntnui                    | K23-34 | 44:20.0 | 5:52.0  |
| 255              | 10  | Glenn Linnerud            |  NOR | BRUMUNDDAL               | M23-34 | 44:20.0 | 14:09.0 |
| 255              | 189 | Ragnar Bråstein           |  NOR | Ntnui                    | M20-22 | 44:20.0 | 11:33.0 |



| Konkurransseklasse |     |                              |   |                       |        |         |         |
|--------------------|-----|------------------------------|---|-----------------------|--------|---------|---------|
| Plass              | Snr | Navn                         | Land  | Klubb                 | Klasse | Tid     | Etter   |
| 258                | 91  | Michel San-Masrtin           |  NOR   |                       | M23-34 | 44:21.0 | 14:10.0 |
| 259                | 2   | Lobke Gierman                |  NED   | TRONDHEIM             | K23-34 | 44:27.0 | 5:59.0  |
| 260                | 35  | Christofer Gilje Skjæveland  |  NOR   | TRONDHEIM             | M20-22 | 44:36.0 | 11:49.0 |
| 261                | 340 | Lars Strømnes Engen          |  NOR   | Hytteplan Sport       | M23-34 | 44:37.0 | 14:26.0 |
| 262                | 11  | Erik Moen Valø               |  NOR   | TRONDHEIM             | M35-39 | 44:43.0 | 11:21.0 |
| 263                | 71  | Sigurd Larsen                |  NOR   |                       | M23-34 | 44:44.0 | 14:33.0 |
| 263                | 187 | Synne Osaland Hådem          |  NOR   | Ntnui                 | K20-22 | 44:44.0 | 5:44.0  |
| 265                | 57  | Ronny Raet                   |  NOR   | MELHUS                | M45-49 | 44:58.0 | 8:43.0  |
| 266                | 228 | Terje Magnus Bakken Sørensen |  NOR   | Ntnui                 | M23-34 | 45:05.0 | 14:54.0 |
| 267                | 140 | Paul Håkon Almås             |  NOR   | Hommelvik             | M55-59 | 45:08.0 | 1:53.0  |
| 268                | 93  | Fredrik Bertilsson           |  SWE   | Acando Buss           | M45-49 | 45:09.0 | 8:54.0  |
| 269                | 360 | Rune Bang Leistad            |  NOR   | St. Olavs Hospital    | M35-39 | 45:13.0 | 11:51.0 |
| 270                | 53  | Martin Dorber                |  GER   | TRONDHEIM             | M23-34 | 45:16.0 | 15:05.0 |
| 271                | 166 | Franziska Wuelker            |  NOR   | LG Region Karlsruhe   | K23-34 | 45:17.0 | 6:49.0  |
| 271                | 17  | Håkon Uhlin Lynne            |  NOR   |                       | M23-34 | 45:17.0 | 15:06.0 |
| 273                | 258 | Max Kjær                     |  NOR  | Powel                 | M60-64 | 45:19.0 | 6:26.0  |
| 273                | 139 | Synnøve Mjør Wingan          |  NOR | Hitra Friidrettsklubb | K23-34 | 45:19.0 | 6:51.0  |
| 275                | 309 | Bengt Eidem                  |  NOR | Trønderenergi AS      | M35-39 | 45:21.0 | 11:59.0 |
| 276                | 4   | Tollef Hjermann              |  NOR | OSLO                  | M23-34 | 45:23.0 | 15:12.0 |
| 277                | 127 | Zhivko Petrov                |  NOR | Flatåsen IL           | M35-39 | 45:25.0 | 12:03.0 |
| 278                | 214 | Maria Grabowski              |  NOR | Ntnui                 | K23-34 | 45:26.0 | 6:58.0  |
| 278                | 226 | Vegard Fredriksen            |  NOR | Ntnui                 | M23-34 | 45:26.0 | 15:15.0 |
| 280                | 40  | Sindre Magnussen             |  NOR | OSLO                  | M23-34 | 45:27.0 | 15:16.0 |
| 281                | 244 | Maja Fjellstad Knutsen       |  NOR | Ntnui Orientering     | K23-34 | 45:28.0 | 7:00.0  |
| 282                | 9   | Anders Sunde                 |  NOR | TILLER                | M35-39 | 45:29.0 | 12:07.0 |
| 282                | 65  | Sigurd Rolland Pettersen     |  NOR |                       | M23-34 | 45:29.0 | 15:18.0 |
| 284                | 246 | Live Bredholt Jørgensen      |  NOR | Ntnui Orientering     | K20-22 | 45:30.0 | 6:30.0  |
| 285                | 115 | Wenche Lande                 |  NOR | Byåsen IL             | K60-64 | 45:33.0 | 0:00.0  |
| 286                | 242 | Julie Krøgenes               |  NOR | Ntnui Mosjon          | K23-34 | 45:36.0 | 7:08.0  |
| 287                | 194 | Martine Hotvedt Aaberg       |  NOR | Ntnui                 | K20-22 | 45:39.0 | 6:39.0  |
| 287                | 176 | Sivert Bjørnaas              |  NOR | Nessegutten Spkl      | M23-34 | 45:39.0 | 15:28.0 |
| 289                | 31  | Dag Aakre                    |  NOR | TRONDHEIM             | M60-64 | 45:40.0 | 6:47.0  |
| 290                | 67  | Jørgen Berg                  |  NOR |                       | M20-22 | 45:43.0 | 12:56.0 |
| 291                | 23  | Karoline Henriksen           |  NOR | JAKOBSLI              | K23-34 | 45:47.0 | 7:19.0  |
| 292                | 295 | Helene Hvidsten              |  NOR | Strindheim IL         | K23-34 | 45:51.0 | 7:23.0  |
| 293                | 209 | Elias Brattli Sørensen       |  NOR | Ntnui                 | M20-22 | 45:55.0 | 13:08.0 |
| 294                | 126 | Kristian Moen                |  NOR | Fitnesspoint          | M40-44 | 46:01.0 | 10:51.0 |
| 295                | 45  | Elisabeth Grindstad          |  NOR | OSLO                  | K23-34 | 46:03.0 | 7:35.0  |
| 296                | 77  | Menno Oudhoff                |  NOR |                       | M35-39 | 46:05.0 | 12:43.0 |
| 297                | 149 | Bendik Johnsen               |  NOR | Kaffekompaniet IL     | M20-22 | 46:06.0 | 13:19.0 |
| 297                | 192 | Jon Kristian Rakstang        |  NOR | Ntnui                 | M20-22 | 46:06.0 | 13:19.0 |
| 299                | 156 | Kristian Hagen               |  NOR | Kondis                | M40-44 | 46:13.0 | 11:03.0 |
| 300                | 117 | Tone Ramstad                 |  NOR | Byåsen Veteran        | K60-64 | 46:15.0 | 0:42.0  |

| Konkurranseklasse |     |                               |   |                          |        |         |         |
|-------------------|-----|-------------------------------|---|--------------------------|--------|---------|---------|
| Plass             | Snr | Navn                          | Land  | Klubb                    | Klasse | Tid     | Etter   |
| 301               | 278 | Tommy jensen Indrefløy        |  NOR   | Statnett BIL             | M35-39 | 46:16.0 | 12:54.0 |
| 302               | 74  | Hans Fredrik Skappel          |  NOR   | TRONDHEIM                | M23-34 | 46:20.0 | 16:09.0 |
| 303               | 324 | Hedda Tveit                   |  NOR   | Utleira IL               | K12-13 | 46:21.0 | 4:44.0  |
| 304               | 16  | Andreas Moen                  |  NOR   | TRONDHEIM                | M23-34 | 46:29.0 | 16:18.0 |
| 305               | 381 | Halvor Hoveid                 |  NOR   | Ntnu Bil                 | M65-69 | 46:33.0 | 0:00.0  |
| 306               | 112 | Ola Melå                      |  NOR   | Byåsen Festlangrenn      | M35-39 | 46:37.0 | 13:15.0 |
| 307               | 250 | Ragnhild Rostad               |  NOR   | Ntnui Rugby              | K23-34 | 46:46.0 | 8:18.0  |
| 308               | 14  | Marius Johansen               |  NOR   | TRONDHEIM                | M35-39 | 46:55.0 | 13:33.0 |
| 309               | 163 | Simone Mora                   |  ITA   | Let's Funk That Hill     | M23-34 | 47:02.0 | 16:51.0 |
| 310               | 199 | Øyvind Lund                   |  NOR   | Ntnui                    | M23-34 | 47:23.0 | 17:12.0 |
| 311               | 41  | Beate Boger                   |  NOR   | OSLO                     | K23-34 | 47:24.0 | 8:56.0  |
| 312               | 377 | Esten Rødsten Sivertsen       |  NOR   | Heimdal Ski              | M23-34 | 47:30.0 | 17:19.0 |
| 313               | 325 | Anette Nilsen                 |  NOR   | Utleira IL               | K14-15 | 47:39.0 | 0:00.0  |
| 313               | 323 | Elise Nilsen                  |  NOR   | Utleira IL               | K16-17 | 47:39.0 | 5:55.0  |
| 315               | 233 | Kaja Krogh                    |  NOR   | Ntnui Basket             | K23-34 | 47:41.0 | 9:13.0  |
| 316               | 90  | Eva Holøyen                   |  NOR   | HEIMDAL                  | K40-44 | 47:48.0 | 13:30.0 |
| 317               | 145 | Daniel Røhme                  |  NOR   | Intervallkollegiet       | M20-22 | 47:49.0 | 15:02.0 |
| 318               | 48  | Rita Vedersø Larsen           |  NOR   | TRONDHEIM                | K35-39 | 47:54.0 | 5:48.0  |
| 319               | 279 | Gro Hege Viberg               |  NOR   | Trondheim Triathlonklubb | K23-34 | 48:04.0 | 9:36.0  |
| 320               | 328 | Kjetil Reinsberg              |  NOR | Eindomsmegler1           | M55-59 | 48:08.0 | 4:53.0  |
| 321               | 37  | Roxane Giametta               |  NOR |                          | K23-34 | 48:24.0 | 9:56.0  |
| 322               | 12  | Eirik Myrvold Hansen          |  NOR | TRONDHEIM                | M23-34 | 48:27.0 | 18:16.0 |
| 323               | 155 | Catrine Sigstadstø            |  NOR | Klæbu Løpeklubb          | K23-34 | 48:28.0 | 10:00.0 |
| 324               | 222 | Ola Nielsen Estensen          |  NOR | Ntnui                    | M23-34 | 48:31.0 | 18:20.0 |
| 325               | 60  | Kristian Nybakken Lund        |  NOR |                          | M23-34 | 48:45.0 | 18:34.0 |
| 325               | 24  | Vegard Fosslund Brøndbo       |  NOR | TRONDHEIM                | M23-34 | 48:45.0 | 18:34.0 |
| 327               | 249 | Ingrid Okkenhaug              |  NOR | Ntnui Orientering        | K20-22 | 49:01.0 | 10:01.0 |
| 328               | 271 | Randi Landrø                  |  NOR | Skaun IL                 | K23-34 | 49:09.0 | 10:41.0 |
| 329               | 357 | Bjørn Wannebo                 |  NOR | HOMMELVIK                | M40-44 | 49:18.0 | 14:08.0 |
| 330               | 284 | Bård Ove Fagerli              |  NOR | Stolavshospital          | M50-54 | 49:21.0 | 9:11.0  |
| 331               | 343 | Ellen Barkost                 |  NOR | Entreprenørskolen        | K23-34 | 49:23.0 | 10:55.0 |
| 332               | 135 | Torjus Rolid Hagen            |  NOR | Gartner Hagens Utvalgte  | M23-34 | 49:24.0 | 19:13.0 |
| 333               | 162 | Erlend Stein                  |  NOR | Langslaget               | M23-34 | 49:25.0 | 19:14.0 |
| 334               | 80  | Pablo Lorenzo                 |  ESP | NIGRÁN                   | M23-34 | 49:31.0 | 19:20.0 |
| 335               | 308 | Lillian Hansen                |  NOR | Tindegruppa Ntnui        | K23-34 | 49:35.0 | 11:07.0 |
| 335               | 56  | Petter Holm Reiso             |  NOR | TRONDHEIM                | M23-34 | 49:35.0 | 19:24.0 |
| 337               | 213 | Silje Nedland Molnes          |  NOR | Ntnui                    | K23-34 | 49:37.0 | 11:09.0 |
| 338               | 125 | Hans Kristian Ormberg         |  NOR | Ferstad Poker og Løping  | M23-34 | 49:59.0 | 19:48.0 |
| 339               | 18  | Fride Thorsdatter Vaagland    |  NOR | VÅGLAND                  | K20-22 | 50:14.0 | 11:14.0 |
| 340               | 78  | Nouk Tanke                    |  NOR | TRONDHEIM                | K23-34 | 50:19.0 | 11:51.0 |
| 341               | 322 | Hermann Solaas                |  NOR | Utleira IL               | M14-15 | 50:29.0 | 14:13.0 |
| 342               | 69  | Vegard Jørgenvåg Bjerkestrand |  NOR |                          | M23-34 | 50:30.0 | 20:19.0 |
| 343               | 128 | Inger Merete Birkeland        |  NOR | Fossum IF                | K20-22 | 50:38.0 | 11:38.0 |



| Konkurransesklasse |     |                       |   |                             |        |           |         |
|--------------------|-----|-----------------------|---|-----------------------------|--------|-----------|---------|
| Plass              | Snr | Navn                  | Land  | Klubb                       | Klasse | Tid       | Etter   |
| 344                | 26  | Aisha Ahmed           |  NOR   | TRONDHEIM                   | K20-22 | 50:45.0   | 11:45.0 |
| 344                | 32  | Lisa Bakken Myrvang   |  NOR   |                             | K20-22 | 50:45.0   | 11:45.0 |
| 346                | 13  | Stian Gjermstad       |  NOR   | TRONDHEIM                   | M23-34 | 51:01.0   | 20:50.0 |
| 347                | 247 | Solveig Blandkjenn    |  NOR   | Ntnui Orientering           | K23-34 | 51:03.0   | 12:35.0 |
| 348                | 312 | Simen Larsen          |  NOR   | Trondheim Bokseklubb        | M20-22 | 51:20.0   | 18:33.0 |
| 349                | 49  | Astrid K Røsvoll      |  NOR   |                             | K20-22 | 51:25.0   | 12:25.0 |
| 350                | 248 | Karoline Fosby        |  NOR   | Ntnui Orientering           | K23-34 | 51:30.0   | 13:02.0 |
| 351                | 337 | Christian Mathisen    |  NOR   | Skatteetaten                | M40-44 | 51:42.0   | 16:32.0 |
| 351                | 42  | Otto Kristoffer Lote  |  NOR   |                             | M23-34 | 51:42.0   | 21:31.0 |
| 353                | 142 | Ingunn Egeberg Vari   |  NOR   | IF Sturla                   | K20-22 | 52:28.0   | 13:28.0 |
| 354                | 165 | Orlane Guillouet-Lamy |  FRA   | Lets Funk That Hill         | K20-22 | 53:04.0   | 14:04.0 |
| 355                | 350 | Snorre Johansen       |  NOR   | B.30/Nts                    | M65-69 | 53:09.0   | 6:36.0  |
| 356                | 147 | Nina Løvdal           |  NOR   | Jernbanens Idrettslag       | K45-49 | 53:34.0   | 16:02.0 |
| 357                | 333 | Sasha Gulati          |  NOR   | St. Olavs                   | M35-39 | 53:41.0   | 20:19.0 |
| 358                | 371 | Annlaug F. Hetland    |  NOR   |                             | M23-34 | 54:17.0   | 24:06.0 |
| 359                | 92  | Håkon Åmdal           |  NOR   | Abarun                      | M23-34 | 54:38.0   | 24:27.0 |
| 360                | 356 | Vegar Rudin           |  NOR  | TRONDHEIM                   | M23-34 | 54:45.0   | 24:34.0 |
| 361                | 19  | Mia Bernås            |  NOR |                             | K23-34 | 54:49.0   | 16:21.0 |
| 362                | 183 | Haakon Tvedt          |  NOR | Ntnu                        | M23-34 | 55:06.0   | 24:55.0 |
| 363                | 272 | Sjur Kvadsheim        |  NOR | Skygolicious Mosjonistklubb | M23-34 | 56:41.0   | 26:30.0 |
| 364                | 58  | Borghild Hildrum      |  NOR | TRONDHEIM                   | M23-34 | 56:58.0   | 26:47.0 |
| 365                | 46  | Hanna Hanssen         |  NOR |                             | K20-22 | 57:14.0   | 18:14.0 |
| 366                | 87  | Jorun Schei           |  NOR | TRONDHEIM                   | K50-54 | 57:56.0   | 0:00.0  |
| 367                | 319 | Karl Sellgren         |  NOR | Tryggglade                  | M60-64 | 58:22.0   | 19:29.0 |
| 368                | 47  | Anja Lian             |  NOR | TRONDHEIM                   | K23-34 | 58:40.0   | 20:12.0 |
| 369                | 62  | Monica Darvik         |  NOR | TRONDHEIM                   | K23-34 | 58:51.0   | 20:23.0 |
| 370                | 36  | Magnus Dahle          |  NOR | TRONDHEIM                   | M23-34 | 58:52.0   | 28:41.0 |
| 371                | 72  | Kristina Husevåg Lund |  NOR |                             | K23-34 | 59:57.0   | 21:29.0 |
| 372                | 86  | Fredrik Haugan        |  NOR | TRONDHEIM                   | M23-34 | 1:01:47.0 | 31:36.0 |
| 373                | 21  | Emil Eide Eriksen     |  NOR | TRONDHEIM                   | M23-34 | 1:02:20.0 | 32:09.0 |
| 373                | 54  | Karina Skogvangmelbye |  NOR |                             | K35-39 | 1:02:20.0 | 20:14.0 |
| 375                | 164 | Gergana Tatarova      |  BUL | Lets Funk That Hill         | K23-34 | 1:03:22.0 | 24:54.0 |
| 376                | 70  | Helene Bour           |  NOR |                             | K23-34 | 1:05:52.0 | 27:24.0 |
| 378                |     | Ole Harald Moe        |  NOR | Moss Roklubb                | M23-34 | DNF       |         |
| 43                 |     | Dag Andreas Aune      |  NOR | TRONDHEIM                   | M45-49 | DNS       |         |
| 298                |     | Eskil Blix            |  NOR | Strindheim IL               | M23-34 | DNS       |         |
| 219                |     | Fredrik Sandvik       |  NOR | Ntnui                       | M23-34 | DNS       |         |
| 292                |     | Fredrik Höner Hanssen |  NOR | Strindheim                  | M14-15 | DNS       |         |
| 236                |     | Hans Petter Aakre     |  NOR | Ntnui Friidrett             | M23-34 | DNS       |         |
| 169                |     | Håkon Hattrem         |  NOR | Malvik IL                   | M23-34 | DNS       |         |
| 154                |     | Kjetil Stubbom        |  NOR | Klæbu Løpeklubb             | M23-34 | DNS       |         |
| 98                 |     | Kristine VOGNILD      |  NOR | Bjerke IL Ski               | M20-22 | DNS       |         |
| 317                |     | Roar Kjøsnes          |  NOR | Trondhjems Skiklub          | M60-64 | DNS       |         |

# OtraRittet 2011

10.09.2011

## Konkurranseklasse

| Plass | Snr | Navn                     | Land  | Klubb           | Klasse | Tid | Etter |
|-------|-----|--------------------------|---|-----------------|--------|-----|-------|
|       | 238 | Thomas Tichelkamp        |  GER | Ntnui Friidrett | M23-34 | DNS |       |
|       | 50  | Wenche Songedal Håkonsen |  NOR | JAKOBSLI        | K40-44 | DNS |       |
|       | 29  | Ørjan Melle              |  NOR |                 | M23-34 | DNS |       |