

nutrition!



nu3tion!







Welcome to nu3tion!
Fuel your best self.

Create Account

Sign In



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Welcome back.
We are so happy you are here!

Your Email

Your Password



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Your Password



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Sign In

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Select your dietary restrictions.

Gluten

Oats

Barley

Rye

Wheat

Crustaceans

Egg

Fish

Peanuts

Milk

Nuts

Soy

Sesame

Celery

Mustard

Sulphites

Molluscs

Lupin

Allergen not listed

Next!



**Your health and safety
are top priority.**

I have reviewed the
allergens and have
checked that my allergies
are correctly selected.

I agree



Data Privacy Consent

Your Name

Your Email

**Your Health
Information**

**We Will Not
Sell Your Data
to Any Third
Parties**

I agree



Welcome Back!

Choose 3 to focus on for today's meal.

🔍 Search for more options

Alpha Carotene

Beta Carotene

Calories

Calcium

Carbohydrates

Choline

Cholesterol

Copper

Fiber

Folic Acid

Iron

Lutein

Lycopene

Magnesium

Manganese

Mono-
Unsaturated
Fat

Niacin

Pantoic Acid

Phosphorus

Poly-
Unsaturated
Fat

Potassium

Retinol

Riboflavin

Selenium

Sodium

Sugar

Saturated Fats

Thiamin

Total Fats

Vitamin A

Vitamin B6

Vitamin C

Vitamin D

Vitamin E

Vitamin K

Zinc

Submit



Select your range.

Carbohydrates



10g

Protein



22g

Vitamin C



45mg

Submit



Select your range.

Carbohydrates



15g

Protein



22g

Vitamin C



45mg

Submit



Select your range.

Carbohydrates



20g

Protein



22g

Vitamin C



45mg

Submit



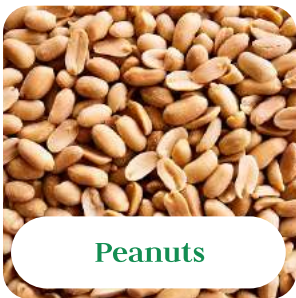
Today's Menu



Multigrain Bread



Chicken Skewers



Peanuts



Almonds



Sunflower Seeds

Sounds Good!

Regenerate