



DELHI PUBLIC SCHOOL NEWTOWN
SESSION 2024-2025
MONDAY TEST

CLASS: IX

FULL MARKS:40

SUBJECT: PHYSICAL EDUCATION

DATE: 17.05.2024

Instruction:

- All questions are compulsory.
- This paper consists of two printed pages.

Question 1

Choose the correct answer to the questions from the given options.

[10]

- (i) What will the referee's decision be in the following scenario: "An East Bengal defender purposefully kicked the ball towards his own goalkeeper who received it with his hands during a match between East Bengal and Mohun Bagan"?
- (a) a direct free kick against goalkeeper
 - (b) an indirect free kick against goalkeeper
 - (c) a handball
 - (d) a yellow card to goalkeeper
- (ii) How will the game continue after "a ball was deflated during the corner kick as it was hit by a foreign object"?
- (a) the referee will bring another ball and the game will resume with a re-kick
 - (b) the referee will bring another ball and the game will resume with a goal kick
 - (c) the referee will bring another ball and the game will resume with a drop-ball
 - (d) the referee will bring another ball and the game will resume with a direct free kick
- (iii) _____ is the measurement of goal area.
- (a) (6 x 20) yards
 - (b) (6 x 18) yards
 - (c) (18 x 44) yards
 - (d) (5 x 18) yards
- (iv) "Thrower raised leg during throw-in". Mention the consequences.
- (a) it will be a re-throw
 - (b) it will be a foul throw
 - (c) the thrower will be cautioned
 - (d) the thrower will be shown yellow card
- (v) How will the referee indicate that an indirect free-kick is awarded?
- (a) both hands up
 - (b) one hand up
 - (c) both hands down
 - (d) makes an imaginary circle above head with one hand

- (vi) "One of the attacking team members stayed offside during a direct free kick but he didn't interfere with the game or bother the goalie. The ball went right into the goal".
What will the referee decide?
(a) a goal will be awarded
(b) no goal will be awarded
(c) an off-side
(d) yellow card
- (vii) "The corner flag holds great significance on the football field". List the corner flag pole's height in numbers.
(a) it should be less than 5 feet in height and pointed one
(b) it should not be less than 5 feet in height and should not be pointed one
(c) It should be 3.5 feet in height
(d) it should be 4 feet in height
- (viii) How far does the optional mark have to be from the corner arc?
(a) 11 yards
(b) 12 yards
(c) 10 yards
(d) 106 yards
- (ix) "Aggressive play is what Rahul does." After being given a yellow card for breaking the rules during a game, he made the same error again later. In what manner will the referee rule?
(a) he will be given a red card
(b) he will be given a 2nd yellow card followed by a red card
(c) he will be given green card
(d) none of the above
- (x) What dimensions will the football field have?
(a) 120 yards x 80 yards
(b) 130 yards x 80 yards
(c) 110 yards x 90 yards
(d) 115 yards x 90 yards

Question 2

- (i) What is kick off? [2]
(ii) Explain the term extra time. [2]
(iii) Write the weight, circumference and air pressure of a football. [3]
(iv) Mention any three duties of an assistant referee. [3]

Question 3

- (i) Write full form of AIFF and FIFA. [2]
(ii) Differentiate between goal kick and corner kick. [2]
(iii) Explain the importance of red and yellow card in football. [3]
(iv) Write in details the procedure of Throw-in during the game. [3]

Question 4

- (i) Explain the following terms in football: [10]
(a) Goal line
(b) Injury time
(c) Technical area
(d) Off-side
(e) Quarter circle