



DELHI PUBLIC SCHOOL NEWTOWN

SESSION 2021-2022

MONDAY TEST [ONLINE]

CLASS: IX

SUBJECT: HOME SCIENCE

FULL MARKS: 40

DATE: 21.06.2021

Attempting all questions are compulsory.

This paper contains 1 printed page.

The intended marks for questions or parts of questions are given in brackets [].

SECTION A (20)

- 1] Classify food according to the function it serves in the body. [2]
- 2] Define “nutrients” and “nutrition”? [2]
- 3] Explain “Balanced Diet”. [2]
- 4] What is a ‘lifestyle disease’? Give any two examples of this disease. [2]
- 5] Mention the different aspects of Home Science. [2]
- 6] Discuss the difference between “Self -employment” and “Wage-employment” with examples. [2]
- 7] Define herbs. Name any two herbs that help in the process of digestion? [2]
- 8] Describe stringing julienne of vegetables? [2]
- 9] Enumerate any two career options under communication and extension. [2]
- 10] Write any two advantages of studying Home Science. [2]

SECTION B (20)

- 1] Differentiate between malnutrition and optimum nutrition. [5]
- 2] What is the importance of protective food? Describe in five sentences. [5]
- 3] Explain the statement, “Management covers the entire success of Home Science”. [5]
- 4] Discuss any two cookery terms which we use while baking cake. [5]