

CLASS-IX_PHYSICAL EDUCATION_HY2021-22

MARKS:40

ALL QUESTIONS ARE COMPULSORY

TIME:40 MINS

The respondent's email (**null**) was recorded on submission of this form.

* Required

1. Email *

2. NAME *

3. CLASS/SEC *

Mark only one oval.

IX A

IX B

IX C

IX D

IX E

IX F

IX G

IX H

IX I

IX J

Other: _____

QUESTION-1

4. A goalkeeper touches the ball with his hand in his own penalty area after a deliberate pass from a teammate with lower part of the body. How does the play need to be restarted? *

1 point

Mark only one oval.

- Goal kick
- Indirect free kick
- Direct free kick
- Dropped ball

QUESTION-2

5. What is the circumference of a football? *

1 point

Mark only one oval.

- 13-14 inches
- 20-24 inches
- 27-28 inches
- 15-20 inches

QUESTION-3

6. After taking a corner kick the ball strikes a foreign object and becomes defective. What decision should be taken by the referee? * 1 point

Mark only one oval.

- The referee awards a corner kick with a new ball.
- The referee awards a kick off with a new ball.
- The referee awards a dropped ball with a new ball, from the position where the ball touched the foreign object.
- None of the above

QUESTION-4

7. What are goalposts and crossbar made of? * 1 point

Mark only one oval.

- Wood , metal or approved material
- Fiberglass or approved material
- Plastic or wood
- Any material not dangerous to players

QUESTION-5

8. Which of the following offence is punishable by a direct kick? *

1 point

Mark only one oval.

- Spits at an opponent
- Jumps at an opponent
- Kicks or attempt to kick an opponent
- All answers are correct

QUESTION-6

9. During throw-in the ball touches the ground before entering the field of play. *

1 point

Mark only one oval.

- The throw-in can be taken by the same team from the same position.
- The throw-in can be taken by the opponent team the position where the ball was touched.
- The throw-in can be taken by the opponent from the position where the ball was touched.
- The ball is restarted by a dropped ball.

QUESTION-7

10. When does the corner kick being awarded to the attacking team? *

1 point

Mark only one oval.

- When the ball crosses the touch line.
- When ball crosses the goal line last touched by defending player.
- When ball crosses the optional mark.
- When ball crosses the line.

QUESTION-8

11. For an offence to be considered a foul, must occur on the field of play. *

1 point

Mark only one oval.

- Yes
- No
- Yes, with a few exceptions such as when a player leaves the field as part of play and commits offence.
- It is hardly ever necessary.

QUESTION-9

12. What is the height of a corner flag? *

1 point

Mark only one oval.

- 3 feet
- 2 feet
- 5 feet
- 4 feet

QUESTION-10

13. A player is guilty of dangerous play, lifting his leg when opponent tries to head the ball and strikes him on his head. 1 point
What decision does the referee make? *

Mark only one oval.

- He penalises the team with a direct free kick or a penalty kick.
- He penalises the team with an indirect free kick.
- He restarts the play with dropped ball.
- He continues the game.

QUESTION-11

14. A defender holds the shirt of an attacker outside the penalty area and continues inside the penalty area. The referee must restart with? *

1 point

Mark only one oval.

- Indirect free kick, where the holding started.
- Indirect free kick, where holding stop.
- Direct free kick where the holding started.
- Penalty kick (because the holding stopped in the penalty area).

QUESTION-12

15. In the laws of the game, what are the colours of a soccer (football) ball? *

1 point

Mark only one oval.

- White
- Those authorize by the appropriate association.
- The referee decides suitability of the match balls including the colour.
- Any colour except green, which distinguishes it from the field of play.

QUESTION-13

16. What is length of a goal area? *

1 point

Mark only one oval.

- 10 yards
- 5 yards
- 6 yards
- 2 yards

QUESTION-14

17. In which of these situation the ball out of play? *

1 point

Mark only one oval.

- When the ball completely crossed the touch line and goal line, either on the ground or in the air.
- When the ball touches the assistant referee standing on the touch line.
- When the ball bounces off the goal post, crossbar or flag post and remain on the field of play.
- Answer (a) and (b) are correct.

QUESTION-15

18. What is the duration of a football match? *

1 point

Mark only one oval.

- 30 mins
- 45 mins
- 90 mins
- 10 mins

QUESTION-16

19. Is permitted to kick a free kick backwards? *

1 point

Mark only one oval.

- Yes, unless it is inside the goal area.
- Yes, as long as it is in play when it is kicked and moved.
- Yes, as long as it is direct.
- No, unless it is direct.

QUESTION-17

20. When was the first FIFA World Cup was held? *

1 point

Mark only one oval.

1930

1931

1932

1945

QUESTION-18

21. A team must have minimum of how many players to start a game? *

1 point

Mark only one oval.

5

6

7

8

QUESTION-19

22. What colour cards do the referee carry in a football match? *

1 point

Mark only one oval.

- Red and yellow
- Green and red
- Yellow and green
- Red , green and yellow

QUESTION-20

23. Which of the following is assistant referee's duty? *

1 point

Mark only one oval.

- He gives dropped ball.
- He ensures that ball meets the requirements of the rule.
- He entitled to a corner kick, goal kick or throw-in.
- He restarts the match after it has been stopped.

QUESTION-21

24. Choose the equipment which required by a football player. *

1 point

Mark only one oval.

- Shin pad
- Thigh pad
- Helmet
- Whistle

QUESTION-22

25. How many officials required for a football match? *

1 point

Mark only one oval.

- 2
- 4
- 5
- 3
- Other: _____

QUESTION-23

26. When ball is in play, player who is outside his penalty area spits at an opponent keeping his both feet on the line of the penalty area. What decision will be given by the referee? * 1 point

Mark only one oval.

- The referee awards a penalty kick.
- The referee awards a direct free kick from the line of the penalty area.
- The referee awards a direct free kick from where offence is committed.
- None of the above.
- Other: _____

QUESTION-24

27. What is the usual length of time allowed for half time interval in football match? * 1 point

Mark only one oval.

- 10 mins
- 15 mins
- 20 mins
- 45 mins

QUESTION-25

28. Name the area, where the manager, other coaching personnel and substitute players are allowed to occupy during the football match. *

Mark only one oval.

- Fourth official
- Technical area
- Direct free kick
- Penalty Kick

QUESTION-26

29. Who enforces the rules of the game? *

1 point

Mark only one oval.

- Fourth official
- Match commissioner
- Referee
- Assistant Referee

QUESTION-27

30. What is the full form of VAR? *

1 point

Mark only one oval.

- Video audio reference
- Visual analysis record
- Video assistant referee
- All the above

QUESTION-28

31. How does a match start and restart in the game of football? *

1 point

Mark only one oval.

- Penalty kick
- Kick-off
- Indirect free kick
- Direct free kick

QUESTION-29

32. What is the height of a goal post? *

1 point

Mark only one oval.

- 6 feet
- 4 feet
- 8 feet
- 10 feet

QUESTION-30

33. Are rubber or aluminum studs permitted? *

1 point

Mark only one oval.

- Yes
- No
- Yes, provided they are not dangerous.
- Yes, as long as material approved by the organisers of the competition.

QUESTION-31

34. What is the weight of a football? *

1 point

Mark only one oval.

- 500-600 gm
- 410-450 gm
- 100-250 gm
- 60- 160 gm

QUESTION-32

35. A spectators enters the field of play with the intention of preventing the goal ,but does not succeed. What decision should the referee make? *

1 point

Mark only one oval.

- Awards a dropped ball.
- Awards the goal if the spectators did not interfere with defender playing the ball.
- A goal is always awarded.
- Award a penalty kick.

QUESTION-33

36. Which of the following is captain's duty? *

1 point

Mark only one oval.

- He restarts the match after it has been stopped.
- He ensures that the ball meets the requirement of the rule.
- He coordinates and give decision to his team mates.
- He act as a timekeeper.

QUESTION-34

37. What is the full form of FIFA? *

1 point

Mark only one oval.

- Federation of International Football Associates
- Foundation of International Football Association
- Federation of International Football Amusement
- Federation International de Football Association

QUESTION-35

38. When is the ball in play while taking a kick-off? *

1 point

Mark only one oval.

- When it is kicked and clearly moves.
- When it is kicked and moves forward.
- When it has been touched or played by another player.
- When it leaves the center circle.

QUESTION-36

39. How many assistant referees require for a football match? *

1 point

Mark only one oval.

- 4
- 2
- 3
- 6

QUESTION-37

40. A player carelessly kicks an opponent while contesting for the ball in the center circle, how should the referee restart a play? *

1 point

Mark only one oval.

- Dropped ball
- Indirect free kick
- Direct free kick
- Penalty kick

QUESTION-38

41. How is play restarted if a player spits at an assistant referee while the ball is not in play? *

1 point

Mark only one oval.

- Play restarted with direct free kick or penalty kick.
- Play restarted according to the laws of the game.
- Play restarted with dropped ball.
- Play restarted with an indirect free kick.

QUESTION-39

42. What signals the assistant referee shows while foul is occurred? *

1 point

Mark only one oval.

- He raises the flag.
- He stretches his leg.
- He restarts with dropped ball.
- He does not response.

QUESTION-40

43. Can a player leave the field of play at any time to have a drink without prior permission from the referee? *

1 point

Mark only one oval.

- Yes, during break in play.
- No
- Yes, at any time.
- Yes, all player needs to drink liquids.

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