# **Purpose**

Clearly define the project's scope, goals, objectives, and expected outcomes. This will help ensure that everyone is on the same page about what needs to be achieved

Student Health and Wellness Management Feature

- 1. Health tracking
- 2. Online chat with PKU
- 3. SOS
- 4. Making appointment
- 5. Health tips

### **Project's scope**

The Student Health and Wellness Management System proposed in this project will be limited to the development, implementation, and maintenance of the software application. The scope of the project does not include any hardware or infrastructure upgrades or any changes to existing policies or procedures.

The boundaries of the project will be defined by the following:

- 1. The Student Health and Wellness Management System will be designed to integrate seamlessly with the existing student information system, and the development team will work closely with the system's administrators to ensure compatibility.
- 2. The proposed system will only include features related to student health and wellness, including health tracking, online chat with PKU, SOS, making appointments, and health tips. Any additional features requested by stakeholders will be considered out of scope and require further analysis.
- 3. The system's security and privacy features will be designed to comply with all relevant laws and regulations, including the Health Insurance Portability and Accountability Act (HIPAA) and the General Data Protection Regulation (GDPR).

Overall, the proposed Student Health and Wellness Management System's scope is defined by the project's boundaries, limitations, and constraints, and it will be developed and implemented in a manner that ensures compliance with all relevant laws, regulations, and policies.

Project Title: Student Health and Wellness Management System

#### Project Description:

The Student Health and Wellness Management System is an application that aims to provide a platform for students to track their health and wellness, access medical support and resources, and promote healthy behaviors. The system will be developed in collaboration with PKU, which will provide medical expertise and support.

#### Project Features:

The Student Health and Wellness Management System will include the following features:

- 1. Health tracking: The system will allow students to input and track various health metrics, such as their weight, blood pressure, heart rate, and exercise habits. The system may also integrate with wearable devices like smartwatches to automatically collect data if requested.
- 2. Online chat with PKU: The system will enable students to chat with medical professionals at the PKU facility. The chat could be either text-based or video-based and would allow students to ask questions, get medical advice, or receive support for any health-related concerns.
- 3. SOS: The system will provide a quick and easy way for students to call for emergency assistance in case of a medical emergency. The system could include a button on the app that, when pressed, would automatically contact campus security or local emergency services.
- 4. Making appointments: The system will enable students to make appointments with medical professionals at the PKU facility. The system could provide a calendar view of available appointments, allowing students to choose a time slot that works for them.
- 5. Health tips: The system will provide students with tips and advice for staying healthy and promoting wellness. The system could offer articles, videos, or other resources on topics like nutrition, exercise, stress management, and mental health.

#### Other Components:

In addition to these core features, the Student Health and Wellness Management System may include:

- 1. User profiles: To use the system, students would need to create a user profile. This would allow them to track their health data, make appointments, and access the other features of the system.
- 2. Notifications: The system could send notifications to students to remind them of upcoming appointments or to encourage them to track their health data.

- 3. Reporting and analytics: The system could provide reports and analytics on student health trends, allowing PKU to better understand the health needs of the student population and provide targeted interventions.
- 4. Privacy and security: The system will be designed with privacy and security in mind, ensuring that student health data is kept confidential and secure.

#### Conclusion:

The Student Health and Wellness Management System is an important project that aims to promote student health and wellness, provide access to medical support and resources, and collect data on student health trends. By working closely with the PKU facility, we aim to develop a system that meets the needs of our student population and promotes a culture of health and wellness on campus.

## **Project Goals**

The main goals of the Student Health and Wellness Management System are:

- To promote student health and wellness through easy access to medical resources, health tracking tools, and health tips and advice.
- To provide a platform for students to communicate with medical professionals at the PKU facility, receive medical advice, and make appointments for medical services.
- To provide a quick and easy way for students to call for emergency assistance in case of a medical emergency.
- To collect and analyze data on student health trends, allowing PKU to better understand the health needs of the student population and provide targeted interventions.

## **Project objective**

- Develop a user-friendly and secure software application for managing student health and wellness needs
- Provide access to key features such as health tracking, online chat with PKU, SOS, making appointments, and health tips
- Improve students' overall health and well-being through the use of the system
- Ensure seamless integration with the existing student information system
- Comply with all relevant laws and regulations related to data privacy and security
- Use Agile methodology to develop the project and deliver a minimum viable product (MVP) within the allotted timeline and budget

## **Project Expected Outcome**

- 1. Increased accessibility and convenience for students to manage their health and wellness needs.
- 2. Improved health outcomes for students through the use of the system's features such as health tracking, SOS, and health tips.
- 3. More timely and efficient communication between students and PKU through the online chat feature.
- 4. More efficient scheduling and management of appointments with PKU, leading to reduced wait times and improved access to care.
- 5. A more comprehensive understanding of students' health needs and behaviors through the data collected by the system, allowing PKU to provide more targeted and effective health interventions.
- 6. Improved compliance with relevant laws and regulations related to data privacy and security, protecting the privacy and security of students' health information.
- 7. Successful development and launch of a minimum viable product (MVP) within the allotted timeline and budget, allowing for future development and improvements based on user feedback.