

# FINDING TIME TO STUDY

## INSTRUCTIONS:

- Block off all committed time (classes, travel time, job, recreation, etc.)
- Block off 3 hours per day for meals and 'down time'
- With the remaining time, determine "quality" hours for school work in 1 or 2 hour blocks
  - Typically, you will need about 6-7 hours of study time for each course you are taking

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6-7am							
7-8							
8-9	Meal Time	Meal Time	Meal Time	Meal Time	Meal Time	Meal Time	Meal Time
9-10	TRAVEL	TRAVEL	TRAVEL	TRAVEL	TRAVEL	Cleaning	Rainbow Noodles Mensal Work
10-11	COMP 445 Lecture	COMP 339 Lecture	COMP 445 Lecture	COMP 339 Lecture	UNSS 200 Lecture	Yoga	COMP 445 STUDY
11-12		TRAVEL		TRAVEL	TRAVEL	COMP 339 STUDY	COMP 339 STUDY
12-1pm	Meal Time	Meal Time	COMP 339 TUTORIAL	Meal Time	Meal Time	COMP 445 STUDY	
1-2	COMP 445				UNSS STUDY	Meal Time	Meal Time
2-3	Lab	workout	Meal Time	Workout	Down Time		Cleaning
3-4	TRAVEL	Down Time	Down Time	Down Time			
4-5	Cleaning Time	COMP 339 STUDY	COMP 445 STUDY	COMP 339 STUDY	COMP 445 STUDY		Down
5-6		COMP 445 STUDY	COMP 339 STUDY	COMP 445 STUDY	COMP 339 STUDY		Time
6-7	Meal Time	Meal Time	Meal Time	Meal Time	Meal Time	Meal Time	Meal Time
7-8	COMP 339 STUDY	Cleaning	Rainbow Noodles Exec Meeting	Cleaning	Cleaning		Worm Time
8-9	COMP 445 STUDY	Down Time	Cleaning	UNSS STUDY	Down Time		
9-10	Down Time	Time	Down Time	Down Time		Down Time	
10-11			Time	Time			
11-12							