


Ideal Weight Calculator

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US Units	Metric Units	Other Units
Age	<input type="text" value="25"/>	ages 2 - 80
Gender	<input checked="" type="radio"/> male <input type="radio"/> female	
Height	<input type="text" value="180"/> cm	
<div><div>Calculate </div><div>Clear</div></div>		

Result

The ideal weight based on popular formulas:

Formula	Ideal Weight
Robinson (1983)	72.6 kg
Miller (1983)	71.5 kg
Devine (1974)	75.0 kg
Hamwi (1964)	77.3 kg
Healthy BMI Range	59.9 - 81.0 kg

US Units	Metric Units	Other Units
Age	<input type="text" value="25"/>	ages 2 - 80
Gender	<input checked="" type="radio"/> male <input type="radio"/> female	
Height	<input type="text" value="152"/> cm	
<div><div>Calculate </div><div>Clear</div></div>		

ResultAccording to the World Health Organization's recommendations, your healthy weight range is **42.7 - 57.8 kg**.

