	1 wk ahead						2 wk ahead						
training period average for - 2018/2019	-2.84	-2.62	-2.53	-2.48	-2.53	-2.47	-3.06	-2.87	-2.82	-2.75	-2.81	-2.74	
2018/2019 -	-2.90	-2.65	-2.60	-2.52	-2.60	-2.51	-3.23	-3.01	-3.01	-2.87	-3.02	-2.87	
	3 wk ahead							4 wk ahead					
training period average for - 2018/2019	-3.22	-3.06	-2.99	-2.94	-2.98	-2.92	-3.33	-3.18	-3.11	-3.07	-3.10	-3.04	
2018/2019 -	-3.40	-3.21	-3.24	-3.10	-3.23	-3.08	-3.50	-3.35	-3.37	-3.26	-3.36	-3.23	
,	EW-LP	LP	EW-BLP	BLP	EW-BMC ₂	BMC ₂	EW-LP	LP	EW-BLP	BLP	EW-BMC ₂	BMC ₂	
rank 1 2 3 4 5 6													