

ALMOST 3.1 BILLION PEOPLE COULD NOT AFFORD A HEALTHY DIET IN 2020 DUE TO THE INCREASED COST

| Cost of a healthy diet in 2020 | | | People unable to afford a healthy diet in 2020 | | |
|--------------------------------|-------------------------------|--|--|-------------------------|--|
| | Cost (USD per person per day) | Change between 2019 and 2020 (percent) | Percent | Total number (millions) | Change between 2019 and 2020 (percent) |
| WORLD | 3.54 | 3.3 | 42.0 | 3 074.2 | 3.8 |
| AFRICA | 3.46 | 2.5 | 79.9 | 1 031.0 | 2.5 |

TABLE 5

| | | | | | |
|--|-------------|------------|-------------|----------------|------------|
| Northern Africa | 3.57 | -0.7 | 57.2 | 136.7 | -0.8 |
| Sub-Saharan Africa | 3.44 | 2.9 | 85.0 | 894.3 | 3.1 |
| Eastern Africa | 3.37 | 3.4 | 87.4 | 360.8 | 3.0 |
| Middle Africa | 3.34 | 2.2 | 85.4 | 152.2 | 3.0 |
| Southern Africa | 3.84 | 3.3 | 65.5 | 44.2 | 1.8 |
| Western Africa | 3.45 | 2.7 | 85.7 | 337.1 | 3.3 |
| ASIA | 3.72 | 4.0 | 43.5 | 1 891.4 | 4.3 |
| Central Asia | 3.11 | 4.0 | 21.5 | 7.5 | 6.9 |
| Eastern Asia | 4.72 | 6.0 | 11.0 | 174.4 | 18.7 |
| South-eastern Asia | 4.02 | 4.2 | 53.9 | 347.2 | 4.7 |
| Southern Asia | 3.81 | 4.0 | 70.0 | 1 331.5 | 2.7 |
| Western Asia | 3.22 | 2.9 | 17.8 | 30.9 | -1.4 |
| LATIN AMERICA AND THE CARIBBEAN | 3.89 | 3.4 | 22.5 | 131.3 | 6.5 |
| Caribbean | 4.23 | 4.1 | 52.0 | 13.9 | 3.5 |
| Latin America | 3.56 | 2.5 | 21.0 | 117.3 | 6.9 |
| Central America | 3.47 | 2.1 | 27.8 | 43.1 | 9.8 |
| South America | 3.61 | 2.7 | 18.4 | 74.2 | 5.3 |
| Low-income countries | 3.20 | 2.7 | 88.3 | 454.2 | 3.0 |
| Lower-middle-income countries | 3.70 | 2.9 | 69.4 | 2 230.7 | 2.9 |
| Upper-middle-income countries | 3.76 | 2.9 | 15.2 | 374.0 | 10.9 |
| High-income countries | 3.35 | 4.0 | 1.4 | 15.3 | 3.3 |
| OCEANIA | 3.07 | 3.6 | 2.7 | 0.7 | 1.0 |
| NORTHERN AMERICA AND EUROPE | 3.19 | 3.2 | 1.9 | 19.8 | 5.4 |
| COUNTRY INCOME GROUP | | | | | |

NOTES: The cost of a healthy diet is the benchmark 2017 USD cost per person per day (published in the 2020 edition of this report and updated as outlined in Box 6), projected forward to 2019 and 2020 using FAOSTAT data for each country's CPI for food, and WDI data for purchasing power parity (PPP) exchange rate. The people unable to afford a healthy diet is expressed as the weighted percentage (%) and the total number (millions) of the population in each region and country income group who could not afford the diet in 2020. For country income groups, the 2021 World Bank income classification is used for the years 2019 and 2020.

SOURCE: FAO.