**Figure 8.1a Framework for harmonizing the process to derive NRVs. Modified from NASEM, 2018.**

(seen enclosed figure) in WHO EARS (under IZiNCG Fortification; 16a Harmonization of Approaches to Nutrient….



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| --- | --- | --- | --- | --- | --- | --- | --- |
| Tools/  Resources |  | Data |  | Approach/  Methods |  | Key Reference Values |  |
| Systematic reviews  Databases |  | Nutrient status Health outcomes Physiological requirement  Bioavailability Health factors (e.g., infection |  | Dose-response modeling |  | Average requirement |  |
|  |  | Factorial approach |  |  | Recommended intake |
| Local and regional factors |  | Body size  Dietary patterns  Nutrient intakes  Biomarkers  Risk of chronic disease |  | Risk assessment\* |  | Upper limit |  |
|  |  |  |  |  |  |