Mappeeksamen IDR4000

Anders Nybakk

2024-11-22

Table of contents

Forord	3
1 Statistisk inferens	4
Kilder	5

Forord

1 Statistisk inferens

add text (Schoenfeld et al., 2016)

Kilder

Schoenfeld BJ, Ogborn D & Krieger JW (2016). Dose-response relationship between weekly resistance training volume and increases in muscle mass: A systematic review and meta-analysis. *Journal of Sports Sciences* **35**, 1073–1082.