

Lisnasharragh Central Kitchen

	Monday	Tuesday	Wednesday	Thursday	Friday
04.09.17 02.10.17 30.10.17 27.11.17	Sausages Beans Mashed Potatoes	Chicken Curry, Rice & Naan Bread	Fish coleslaw Chips/Baked Potatoes	Roast Beef, cauliflower Broccoli Roasted Potatoes	Savoury Mince Peas Mashed Potatoes
	Yoghurt/Fresh Fruit	Date Krispie & Milkshake	Flakemeal Biscuit, Fresh Fruit	Ice Cream Jelly & Fruit	Chocolate Cake & custard
11.09.17 09.10.17 06.11.17 04.12.17	Breaded Fish Beans Chips/Baked Potatoes	Pasta Bolognese Crusty Bread	Chicken Pie with Potato Peas & Sweetcorn	Roast Turkey, Stuffing Gravy Carrot & Parsnip Mashed Potatoes	Beef Burger in Bap Lettuce, Cheese, Coleslaw Herb Dice/Baked Potatoes
	Rice Pudding, Jam Sauce & Fruit Salad	Sponge, Mandarins & Custard	Shorthread, Fresh Fruit & Milk	Fruit Muffin, Milkshake	Fruit Smoothie & Fruit
18.09.17 16.10.17 13.11.17 11.12.17	Steak Casserole Carrots Mashed Potatoes	Chicken Curry, Rice & Naan Bread	Roast Gammon, Gravy Cabbage Mashed Potatoes	Salmon Fishcakes Beans Mashed Potatoes	Chicken Burgers Sweetcorn Chips/Baked Potatoes
	Flakemeal Biscuit, Fruit & Milk	Jelly & Two Fruits	Apple Crumble & Custard	Ice Cream & mandarins	Chocolate Muffin, Fresh Fruit & Milk
25.09.17 23.10.17 20.11.17 18.12.17	Pasta Bolognese Crusty Bread	Fish Fingers Peas Chips/Baked Potatoes	Roast Pork, Gravy Turnip Mashed Potatoes	Ham & Cheese Pizza Salad & Coleslaw Diced/Baked Potatoes	Chicken Bites Beans Mashed Potatoes
	Date Krispie & Custard	Fruit Muffin, Fruit	Chocolate Brownie, Milkshake & Fruit	Ice Cream Tub & Fruit	Jam Sponge & Custard

School food

try something new today!
www.schoolfoodni.com

**Bread, Fresh Fruit,
Yoghurt, Milk and Water
are available daily.**

If you require any additional
information on allergens or
special diets please contact
the school in the first instance.

