

Downloading R and RStudio:

**R – you must do this first**

- 1) Download R from this website: <https://cran.rstudio.com/>  
Click on the download link for your specific platform (i.e. “**Download R for Windows**” (or Mac))
- 2) On the right-hand side of the screen click on “**install R for first time**”
- 3) On the top of the next page click on “**Download R 4.5.1 for Windows**” (or Mac)
- 4) Run the installer and follow all instructions

**\*\*\* Do this step to update R even if you already have it. We should all have the most up to date version**

**RStudio – install this second**

- 1) **R must be installed first.** Double click on the R icon and open it to make sure that it opens. Then close it.
- 2) Download RStudio here: <https://posit.co/download/rstudio-desktop/> (Under “2: Install RStudio”)
- 3) Click on Download RStudio for Windows (or Mac)
- 4) Follow installation instructions
- 5) Open RStudio

**\*\*\* If you already have Rstudio, update it to have the same version as everyone in the class. (RStudio 2025.05.1)**