

Q02 - Lecture 5

Until now, I have stated that the interaction Hamiltonian is given by:

$$H_I = - \underset{\substack{\uparrow \\ \text{dipole} \\ \text{moment}}}{\vec{d}} \cdot \underset{\substack{\nwarrow \\ \text{electric} \\ \text{field}}}{\vec{E}}$$

where does this come from?

We can start from (see Q01 notes):

$$\hat{H} = \frac{1}{2m} (\hat{\vec{p}} - q\vec{A}(\hat{\vec{r}}, t))^2 + qU(\hat{\vec{r}}, t)$$

Is this a unique Hamiltonian? NO! We can choose a function $F(\vec{r}, t)$, called the gauge, and some new potentials defined by:

$$A'(\vec{r}, t) = A(\vec{r}, t) + \nabla F(\vec{r}, t)$$

$$U'(\vec{r}, t) = U(\vec{r}, t) - \frac{\partial}{\partial t} F(\vec{r}, t)$$

Then the observable electric and magnetic fields given by:

$$\vec{B}(\vec{r}, t) = \nabla \times \vec{A}(\vec{r}, t)$$

$$\vec{E}(\vec{r}, t) = -\frac{\partial}{\partial t} \vec{A}(\vec{r}, t) - \nabla U(\vec{r}, t)$$

are completely unchanged!

The Coulomb Gauge

We choose a gauge such that $\nabla \cdot \vec{A}(\vec{r}, t) = 0$.

eg. recall a plane EM wave!

$$\vec{E} = \vec{E}_0 \cos(\omega t - \vec{k} \cdot \vec{r})$$

$$\vec{B} = \frac{\vec{k} \times \vec{E}_0}{\omega} \cos(\omega t - \vec{k} \cdot \vec{r})$$

$$\vec{E}_0 \cdot \vec{k} = 0$$

Then it is easy to verify

$$A_{\perp} = -\frac{E_0}{\omega} \sin(\omega t - \mathbf{k} \cdot \mathbf{r})$$

$$U = 0$$

satisfy the equations for \mathbf{E} & \mathbf{B} .

Thus
$$\mathbf{E}(\mathbf{r}, t) = -\frac{\partial}{\partial t} \mathbf{A}_{\perp}(\mathbf{r}, t)$$

Then our Hamiltonian, for this choice of gauge, becomes:

$$H = \frac{1}{2m} (\mathbf{p} - q \mathbf{A}_{\perp})^2 + V_{\text{coll}}$$

\uparrow only contains field variables \uparrow only contains atomic variables

Advantage: Clear separation of field & atomic variables.

Now, recall $\hat{\mathbf{p}} = -i\hbar \nabla$.

$$\begin{aligned} \vec{\nabla} \cdot (\vec{A}_{\perp} \psi) &= \vec{A}_{\perp} \cdot (\vec{\nabla} \psi) + \underbrace{(\vec{\nabla} \cdot \vec{A}_{\perp})}_{=0} \psi \\ &= \vec{A}_{\perp} \cdot \vec{\nabla} \psi \end{aligned}$$

$$\text{Thus } \vec{\nabla} \cdot \vec{A}_{\perp} \psi - \vec{A}_{\perp} \cdot \vec{\nabla} \psi = 0 = [\vec{\nabla}, \vec{A}_{\perp}]$$

$$\text{and } [\vec{p}, \vec{A}_{\perp}] = 0$$

So the Hamiltonian becomes:

$$\hat{H} = \hat{H}_0 + \hat{H}_I$$

$$\hat{H}_0 = \frac{\mathbf{p}^2}{2m} + V_{\text{coll}}$$

$$\hat{H}_I = -\frac{q}{m} \hat{\mathbf{p}} \cdot \vec{A}_{\perp}(\mathbf{r}, t) + \frac{q^2 A_{\perp}^2(\mathbf{r}, t)}{2m}$$

The Gröppert-Mayer Gauge

We're not done yet! We now apply the gauge transform:

$$F(\mathbf{r}, t) = -(\vec{\mathbf{r}} - \vec{\mathbf{r}}_0) \cdot \mathbf{A}_\perp(\mathbf{r}_0, t)$$

where $\vec{\mathbf{r}}_0$ is the location of the nucleus. This looks like we're moving to the reference frame of the atom!

Then applying this we have:

$$A'(\hat{\mathbf{r}}, t) = A_\perp(\hat{\mathbf{r}}, t) - A_\perp(\mathbf{r}_0, t)$$

$$U'(\hat{\mathbf{r}}, t) = U_{\text{coul}}(\mathbf{r}) + (\hat{\mathbf{r}} - \mathbf{r}_0) \cdot \frac{\partial}{\partial t} \mathbf{A}_\perp(\mathbf{r}_0, t)$$

Recall that $\mathbf{E}(\mathbf{r}, t) = -\frac{\partial}{\partial t} \mathbf{A}_\perp(\mathbf{r}, t)$

and calling $\hat{\mathbf{D}} = q(\hat{\mathbf{r}} - \mathbf{r}_0)$

we have:

$$H = \frac{1}{2m} (\hat{\mathbf{p}} - q \mathbf{A}'(\hat{\mathbf{r}}, t))^2 + \hat{V}_{\text{coul}}(\mathbf{r}, t) - \hat{\mathbf{D}} \cdot \hat{\mathbf{E}}(\mathbf{r}_0, t)$$

Long Wavelength Approximation (or: Dipole Approximation)

Assume the vector potential is constant over the extent of the atom.

$$\lambda \gtrsim 100 \text{ nm}$$

$$a_0 \sim 0.1 \text{ nm}$$

so this looks like a good approximation.

So we replace $\mathbf{A}'(\hat{\mathbf{r}}, t)$ with $\mathbf{A}'(\mathbf{r}_0, t) = 0$.

And finally

$$H = H_0 + H_I$$
$$H_0 = \frac{\hat{\mathbf{p}}^2}{2m} + V_{\text{coul}}(\hat{\mathbf{r}}), \quad H_I = -\hat{\mathbf{D}} \cdot \mathbf{E}(\mathbf{r}_0, t)$$

A Two Level Atom Coupled to an EM Field

Recall we studied interactions of the type:

$$\hat{H}_I(t) = \hat{W} \cos(\omega t + \phi)$$

Here, this amounts to a sinusoidal E-field:

$$\vec{E}(\vec{r}_0, t) = \vec{E}(\vec{r}_0) \cos(\omega t + \phi)$$

with the identification $\vec{W} = -\vec{D} \cdot \vec{E}(\vec{r}_0)$

We found that transitions were only significant when

$E_k = E_i \pm \hbar\omega$, within $\Delta\omega = \pi/T$, where T is the duration of the interaction.

$$\text{We found that } P_{i \rightarrow k} = \frac{T |W_{ki}|^2}{4} \left(\frac{2\pi}{\hbar} \right) \delta_T(E_k - E_i - \hbar\omega)$$

$$\text{Then set } \hbar\Omega_R \equiv W_{ki} = -\langle k | \vec{D} \cdot \vec{E} | i \rangle E(\vec{r}_0) \text{ where } \vec{E}(\vec{r}_0) = \vec{\hat{E}} E(\vec{r}_0) \\ = -d \vec{\hat{E}} E(\vec{r}_0)$$

where Ω_R is the Rabi frequency and d is the dipole moment in the direction $\vec{\hat{E}}$ of the electric field.

$$\text{Then } P_{i \rightarrow k} = \frac{T \Omega_R^2 \hbar}{4} 2\pi \delta_T(E_k - E_i - \hbar\omega)$$

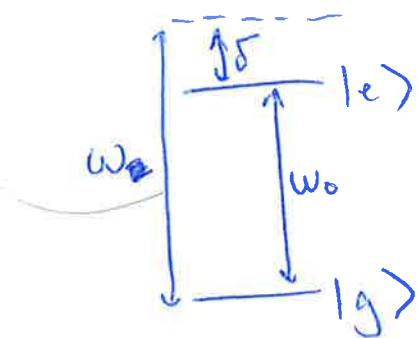
Define the DETUNING $\delta = \omega - |E_i - E_k|/\hbar$, the laser frequency shift above or below resonance.

$$\text{Then } \delta_T(\hbar\delta) = \frac{2\hbar \sin^2(\delta T/2)}{\pi T (\delta \hbar)^2} = \frac{T}{2\pi \hbar} \frac{\sin^2(\delta T/2)}{(\delta T/2)^2}$$

$$\boxed{P_{i \rightarrow k} = \frac{\Omega_R^2 T^2}{4} \left(\frac{\sin(\delta T/2)}{(\delta T/2)} \right)^2} \quad \text{✓}$$

How does this compare to an exact solution?

Rabi Oscillation between 2 levels



$$\hat{H} = \hat{H}_0 + \hat{H}_I$$

It is convenient to define $H_0|g\rangle = -\frac{\hbar\omega_0}{2}|g\rangle$

$$H_0|e\rangle = \frac{\hbar\omega_0}{2}|e\rangle$$

In the basis of the two states,

$$H_0 = \begin{pmatrix} \frac{\hbar\omega_0}{2} & 0 \\ 0 & \frac{\hbar\omega_0}{2} \end{pmatrix}$$

What about \hat{H}_I ? Recall the $\langle i | H_I | i \rangle = 0$, so

$$H_I = \begin{pmatrix} 0 & \hbar\Omega_R \\ \hbar\Omega_R & 0 \end{pmatrix} \cos(\omega t + \phi)$$

Remembering the Pauli matrices:

$$\sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}, \quad \sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}$$

we see that:

$$\hat{H} = \frac{\hbar\omega_0}{2} \sigma_z + \hbar\Omega_R \sigma_x \cos(\omega t + \phi)$$

This is difficult to solve exactly, since it's time dependent.

We have some other tricks!

The rotating frame

To solve this problem, we move into a frame of reference that rotates about the z-axis @ frequency ω_F :

$$| \psi' \rangle = R_z^\dagger(\omega_F t) | \psi \rangle, \quad R_z^\dagger(\theta) = e^{i\theta \sigma_z / 2}$$

How does the Schrödinger equation change?

$$\hat{H} | \psi \rangle = i\hbar \frac{d}{dt} | \psi \rangle, \quad \text{substitute } | \psi \rangle = R_z(\omega_F t) | \psi' \rangle$$

$$\frac{d}{dt} | \psi \rangle = \left(\frac{d}{dt} R_z(\omega_F t) \right) | \psi \rangle + R_z(\omega_F t) \frac{d}{dt} | \psi' \rangle$$

$$\text{and } \frac{d}{dt} R_z(\omega_F t) = -\frac{i\omega_F \sigma_z}{2} R_z(\omega_F t)$$

Now multiply on the left by $R_z^\dagger(\cdot)$ and the SE becomes:

$$R_z^\dagger(\omega_F t) \hat{H} R_z(\omega_F t) | \psi' \rangle = \frac{\hbar \omega_F \sigma_z}{2} | \psi' \rangle + i\hbar \frac{d}{dt} | \psi' \rangle$$

Then we have:

$$\underbrace{\left[R_z^\dagger(\omega_F t) \hat{H} R_z(\omega_F t) - \frac{\hbar \omega_F \sigma_z}{2} \right]}_{H'} | \psi' \rangle = i\hbar \frac{d}{dt} | \psi' \rangle$$

So moving into the rotating frame consists of:

$$\begin{aligned} \hat{H} &\rightarrow \hat{H}' = R_z^\dagger(\omega_F t + \phi_F) \hat{H} R_z(\omega_F t + \phi_F) - \frac{\hbar \omega_F \sigma_z}{2} \\ \text{and } | \psi \rangle &\rightarrow R_z^\dagger | \psi' \rangle \end{aligned}$$

Recall that for Pauli matrices:

$$e^{i\theta(\hat{n}\cdot\hat{\sigma})} = \mathbb{I} \cos\theta + i(\hat{n}\cdot\hat{\sigma}) \sin\theta$$

$$\text{Then } R_z(\omega_F t + \phi_F) = \begin{pmatrix} e^{i(\omega_F t + \phi_F)/2} & 0 \\ 0 & e^{-i(\omega_F t + \phi_F)/2} \end{pmatrix}$$

and then:

$$R_z^\dagger \sigma_x R_z = \begin{pmatrix} 0 & e^{-i(\omega_F t + \phi_F)} \\ e^{i(\omega_F t + \phi_F)} & 0 \end{pmatrix}$$

Now remember

$$\hat{H}' = \frac{\hbar(\omega_0 - \omega_F)}{2} \sigma_z + \hbar \Omega_R R_z^\dagger \sigma_x R_z \cos(\omega t)$$

$$(\text{Note: } R_z^\dagger \sigma_z R_z = \sigma_z)$$

$$\text{and that } \cos(\omega t) = \frac{e^{i\omega t} + e^{-i\omega t}}{2}$$

then the second term is:

$$\frac{\hbar \Omega_R}{2} \begin{pmatrix} 0 & e^{-i\phi_F/2} \left[e^{-i(\omega_F + \omega)t} + e^{-i(\omega_F - \omega)t} \right] \\ e^{i\phi_F/2} \left[e^{i(\omega_F + \omega)t} + e^{i(\omega_F - \omega)t} \right] & 0 \end{pmatrix}$$

There are two rotating terms, one @ $\omega_F + \omega$ (FAST) and one at $\omega_F - \omega$ (SLOW). THE ROTATING WAVE APPROXIMATION ignores the fast-rotating terms, so the second term becomes:

$$= \frac{\hbar \Omega_R}{2} \begin{pmatrix} 0 & e^{-i\phi_F/2} e^{-i(\omega_F - \omega)t} \\ i\phi_F/2 & i(\omega_F - \omega)t \\ e & 0 \end{pmatrix}$$

Now we choose $\omega_F = \omega$ and:

$$= \frac{\hbar}{2} \begin{pmatrix} 0 & \Omega_R \\ \Omega_R & 0 \end{pmatrix}$$

where I have redefined Ω_R as a complex number with amplitude $\hbar|\Omega_R| = -dE(\vec{r}_0)$ and phase ϕ_F .

Then finally, we have:

$$H' = \frac{\hbar}{2} (-\delta \sigma_z + \Omega_R \sigma_x)$$

$$H' = \frac{\hbar}{2} \begin{pmatrix} -\delta & \Omega_R \\ \Omega_R & +\delta \end{pmatrix} \quad \begin{matrix} * \\ * \\ * \end{matrix}$$

This Hamiltonian is time-independent! (and easily solvable).

In fact, we already solved it!

- Rabi oscillations @ $\Omega = \sqrt{\delta^2 + \Omega_R^2}$

- Amplitude of oscillations = $\frac{\Omega_R^2}{\delta^2 + \Omega_R^2}$