

# BERD Getting Started with R and Rstudio

*Pre-workshop Installation Instructions*

*Updated: 2019-09-17*

## Pre-course installation

- R and Rstudio are two separate programs. You must install R first. Then Install Rstudio desktop.
- For help, try [watching this video](#)
- Even if you have R installed already, we highly recommend installing the latest version. Just follow the instructions as below to update everything.
- **TRY TO DO THIS YOURSELF BEFORE THE WORKSHOP** If you have tried it at home and still have questions, come to the workshop 30 minutes early and the instructors will try to help.

## Install R (first)

- Windows: Download from <https://cran.rstudio.com/bin/windows/base/> from the link “Download R 3.6.1 for Windows”
- Mac OS X: Download the latest .pkg file (top link, currently R-3.6.1.pkg) from <https://cran.rstudio.com/bin/macosx/>

## Install RStudio Desktop Open Source License (second)

- Select download file corresponding to your operating system from <https://www.rstudio.com/products/rstudio/download/#download>

## Open Rstudio

After installation, open Rstudio by clicking on the Rstudio icon, a round blue ball with R in it, that should look something like this:



Do not open the regular R software, it is just working in the background when you use Rstudio.

## Prepare for the course

### *Highly recommended*

- Get acquainted with Rstudio and R prior to the workshop. You will get much more out of the workshop if you have explored the interface first.

- View previous workshops that have been recorded, including an earlier version of “Getting Started with R and Rstudio”
  - Slides at [github.com/jminnier/berd\\_r\\_courses](https://github.com/jminnier/berd_r_courses)
  - Recordings are on echo.
  - Slides from the original version of this workshop
- Try out the [Programming basics](#) interactive lesson from Rstudio.

### Want more preparation?:

- **Very Useful:** [Rstudio interactive lessons](#)
- Long list of other resources [here](#)
- [Rstudio IDE cheatsheet](#)
- [Modern Dive textbook chapter getting started](#)
- [R bootcamp - interactive tutorial](#) Ted Laderas & Jessica Minnier
- [Introduction to module and RStudio](#) by Emma Rand
- [Basic Basics](#) opinionated tour of Rstudio

### Instructor Info

[Jessica Minnier, PhD](#) & [Meike Niederhausen, PhD](#) Oregon Health & Science University

Slides and code for BERD workshop materials: [jminnier/berd\\_r\\_courses](https://github.com/jminnier/berd_r_courses)