## Getting Started with R and RStudio

Jessica Minnier, PhD & Meike Niederhausen, PhD OHSU BERD Workshop

2019/02/26

Slides available at <a href="http://bit.ly/berd\_r\_intro">http://bit.ly/berd\_r\_intro</a>

### Pre-course installation

#### Install R

- Windows: Download from https://cran.rstudio.com/bin/windows/base/
- Mac OS X: Download the latest .pkg file (currently R-3.5.2.pkg) from https://cran.rstudio.com/bin/macosx/

### Install RStudio Desktop Open Source License

 Select download file corresponding to your operating system from https://www.rstudio.com/products/rstudio/download/#download

## Questions

- Who has used R?
- What other statistical software have you used?
- Has anyone used other programming languages (C, java, python, etc)?
- Why do you want to learn R?

# Learning Objectives

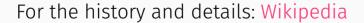
- Basic operations in R/RStudio
- Understand data structures
- Be able to load in data
- Basic operations on data
- Be able to make a plot
- Know how to get help

# Introduction

Rrrrrr?

### What is R?

- A programming language
- Focus on statistical modeling and data analysis
  - import data, manipulate data, run statistics, make plots
- Useful for "Data Science"
- Great visualizations
- Also useful for most anything else you'd want to tell a computer to do
- Interfaces with other languages i.e. python, C++, bash



- an interpreted language (run it through a command line)
- procedural programming with functions
- Why "R"?? Scheme (?) inspired S (invented at Bell Labs in 1976) which inspired R (**free** and open source! in 1993)



### What is RStudio?

- · R is like a car's engine
- · RStudio is like a car's dashboard

R: Engine



#### **RStudio: Dashboard**



- R is a programming language
- RStudio is an integrated development environment (IDE) = an interface to use R (with perks!)

from Modern Dive; see also DataCamp's video discussion on the difference

### Start RStudio

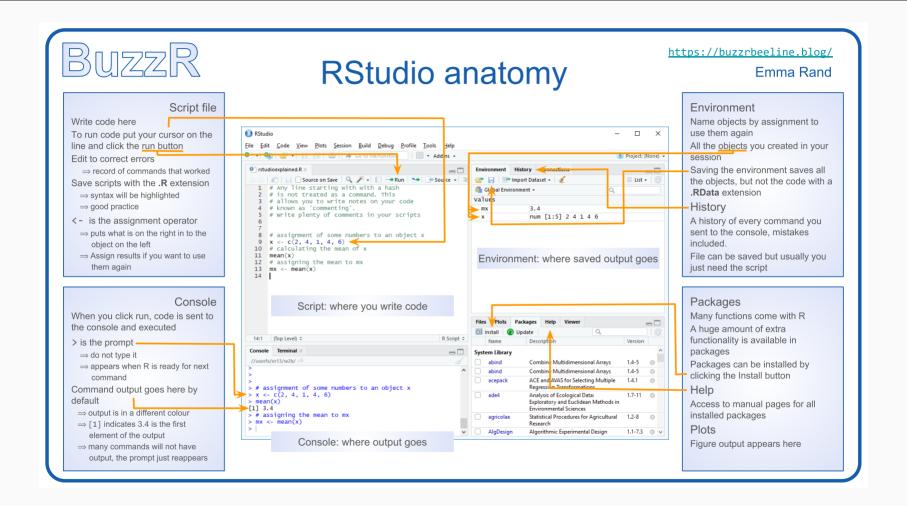
#### 2.1.2 Using R via RStudio

Recall our car analogy from above. Much as we don't drive a car by interacting directly with the engine but rather by using elements on the car's dashboard, we won't be using R directly but rather we will use RStudio's interface. After you install R and RStudio on your computer, you'll have two new programs AKA applications you can open. We will always work in RStudio and not R. In other words:



from Modern Dive

## RStudio anatomy



# Rstudio demo

## Let's code!

## Coding in the console

#### Typing and execting code in the console

- Type code in the console
- Press **return** to execute the code

Coding in the console is not advisable for most situations!

 We only recommend this for short pieces of code that you don't need to save

```
[1] 7
> "hello"
[1] "hello"
```

## We can do math

### We can do math

> 10^2

[1] 100

> 3 ^ 3

[1] 2187

> 6/9

[1] 0.666666

> 9-43

[1] -34

R follows the rules for order of operations and ignores spaces between numbers (or objects)

> 4^3-2\* 7+9 /2

[1] 54.5

The equation above is computed as

$$4^3 - (2 \cdot 7) + \frac{9}{2}$$

# Logarithms and exponentials

```
Logarithms: log() is base e

> log(10)

[1] 2.302585

> log10(10)

[1] 1
```

# Logarithms and exponentials

```
Logarithms: log() is base e Exponentials

> log(10) > exp(1)

[1] 2.302585 [1] 2.718282

> log10(10) > exp(0)
```

## Logarithms and exponentials

> log(exp(1))

```
Logarithms: log() is base e
                                                Exponentials
 > log(10)
                                                 [1] 2.718282
 > log10(10)
                                                 > exp(0)
                                                 [1] 1
Check that log() is base e
```

## **Variables**

Data, information, everything is stored as a variable

Can assign a variable using either = or ←
Using ← is preferable

Assigning just one value:

```
> x = 5
> x

[1] 5

> x ← 5
> x
```

### **Variables**

Data, information, everything is stored as a variable

- Can assign a variable using either = or ←
  Using ← is preferable
- Assigning just one value:

```
> x = 5
> x
```

[1] 5

```
> x ← 5
> x
```

[1] 5

Assigning a **vector** of values

• Consecutive integers

```
> a ← 3:10
> a
```

```
[1] 3 4 5 6 7 8 9 10
```

• **Concatenate** a string of numbers

```
> b ← c(5, 12, 2, 100, 8)
> b
```

```
[1] 5 12 2 100 8 15 / 57
```

## We can do math with variables

Math on variables with just one value

### We can do math with variables

Math on variables with just one value

```
> x ← 5
> x
```

[1] 5

```
> x + 3
```

[1] 8

```
> y ← x^2
> y
```

[1] 25

Math on vectors of values: element-wise computation

```
> a ← 3:6
> a
```

```
[1] 3 4 5 6
```

```
> a+2
```

```
[1] 5 6 7 8
```

```
> a*a
```

## Variable can include text (characters)

```
> hi ← "hello"
> hi

[1] "hello"

> greetings ← c("Guten Tag", "Hola", hi)
> greetings

[1] "Guten Tag" "Hola" "hello"
```

### Common console errors

#### **Incomplete commands**

- When the console is waiting for a new command, the prompt line begins with
  - If the console prompt is +, then a previous command is incomplete
  - You can finish typing the command in the console window

#### Example:

```
> 3 + (2*6
+ )
```

```
[1] 15
```

### Common console errors

#### **Incomplete commands**

- When the console is waiting for a new command, the prompt line begins with
  - If the console prompt is +, then a previous command is incomplete
  - You can finish typing the command in the console window

#### Example:

```
> 3 + (2*6
+ )
[1] 15
```

#### **Obejct is not found**

This happens when text is entered for a non-existent variable (object)

#### Example:

```
> hello
```

```
Error in eval(expr, envir, enclos): object 'hello' not found
```

# R scripts (save your work!)

# Coding in a script (1/3)

#### • Create a new script by

- $\circ$  selecting File  $\to$  New File  $\to$  R Script,
- or clicking on (the left most button at the top of the scripting window), and then selecting the first option R Script

#### • **Type code** in the script

- Type each R command on its own line
- Use # to convert text to comments so that text doesn't accidentally get executed as
   an R command

# Coding in a script (2/3)

- Select code you want to execute, by
  - placing the cursor in the line of code you want to execute,
  - or highlighting the code you want to execute
- Execute code in the script, by
  - clicking on the button in the top right corner of the scripting window,
  - or typing one of the following key combinations to execute the code
    - Windows: ctrl + r
    - Mac: command + return

```
Untitled1* X
Source on Save Adding Y

# Type R commands below to practice scripting and executing

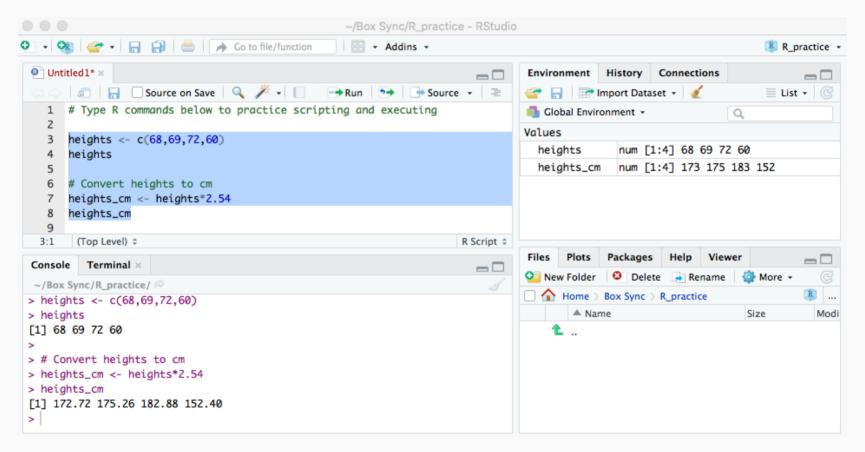
heights <- c(68,69,72,60)
heights

# Convert heights to cm
heights_cm <- heights*2.54
heights_cm

9
```

# Coding in a script (3/3)

- The screenshot below shows code in the scripting window (top left window)
- The executed highlighted code and its output appear in the console window (bottom left window)



## Saving a script

• Save a script by

```
selecting File → Save,
or clicking on □ (towards the left above the scripting window)
```

- You will need to specify
  - a **filename** to save the script as
    - ALWAYS use .R as the filename extension for R scripts
  - the **folder** to save the script in

# Practice time!

## Practice questions

- 1. Create a vector of all integers from 4 to 10, and save it as a1.
- 2. Create a vector of even integers from 4 to 10, and save it as a2.
- 3. What is the sum of a1 and a2?
- 4. What does the command sum(a1) do?
- 5. What does the command length(a1) do?
- 6. Use the commands to calculate the average of the values in a1.
- 7. The formula for the first n integers is n(n+1)/2. Compute the sum of all integers from 1 to 100 to verify that this formula holds for n=100.
- 8. Compute the sum of the squares of all integers from 1 to 100.
- 9. Take a break!

# Object types

### Data frames

**Vectors** vs. **data frames**: a data frame is a collection (or array or table) of vectors

- A data frame allows different columns to be of different data types (i.e. numeric vs. text), and even allows both numeric and text within a column (stored together as text).
- Vectors and data frames are examples of *objects* in R.
  - There are other types of R objects to store data, such as matrices, lists, and tibbles.
  - These will be discussed in future R workshops.

## Variable types

- integer: integer-valued numbers
- numeric: numbers that are decimals
- factor: how categorical variables are stored
- character: text
- logical (TRUE, FALSE)

Each variable (column) in a data frame can be of a different type.

• View the **structure** of our data frame to see what the variable types are:

```
> str(df)
```

```
'data.frame': 3 obs. of 5 variables:
$ IDs : int 1 2 3
$ gender : Factor w/ 3 levels "female","male",..: 2 1 3
$ age : num 28 35.5 31
$ trt : Factor w/ 2 levels "1","control": 2 1 1
$ Veteran: logi FALSE TRUE TRUE
```

## Data frame cells, rows, or columns

#### Show whole data frame

```
> df
```

#### Specific cell value:

DatSetName[row#, column#]

```
> # Fourth row, Third column
> df[2, 3]
```

```
[1] 35.5
```

#### Entire column

```
> # Third column
> df[, 3]
```

```
[1] 28.0 35.5 31.0
```

#### Entire row

```
> # Second row
> df[2,]
```

```
IDs gender age trt Veteran
2  2 female 35.5  1  TRUE
```

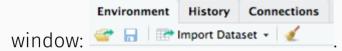
# Getting the data into Rstudio

#### Load a data set

• Open csv file directly from the internet:

```
> mydata ← read.csv(url("http://bit.ly/berd_data_csv"))
```

• Or, download file and open saved file using Import Dataset button in Environment



 If you use this option, then copy and paste the code from the console importing the data to your script so that you have a record of from where and how you loaded the data set.

```
> View(mydata)
> # Can also view the data by clicking on its name in the Environment tab
```

#### About the data

Data from the CDC's Youth Risk Behavior Surveillance System (YRBSS)

- complex survey data
- national school-based survey conducted by CDC and state, territorial, tribal, and local surveys conducted by state, territorial, and local education and health agencies and tribal governments
- monitors six categories of health-related behaviors that contribute to the leading causes of death and disability among youth and adults (including alcohol & drug use, unhealthy & dangerous behaviors, sexuality, physical activity); see Questionnaires
- this data is a small subset (20 rows) of data in the R package <a href="yrbss">yrbss</a> which includes YRBSS from 1991-2013
- we will use the full R data set in a future workshop teaching data cleaning

### Data set summary

```
> summary(mydata)
```

```
grade
                                  age
                                             sex
                                  :1 Female:12 10th:8
Min.
                14 years old
1st Qu.: 925193
               15 vears old
                                         Male : 8 11th:4
Median :1207132
               16 vears old
                                                    12th:4
                17 years old
      :1093150
                                                    9th :4
Mean
3rd Qu.:1313188
                18 years old or older:1
Max. :1316123
                                hmi
                                         weight kg
                    race4
All other races
                           Min. :17.48
                                         Min. :43.09
Black or African American:3
                           1st Qu.:20.36 1st Qu.:57.27
Hispanic/Latino
                           Median :22.23 Median :64.86
White
                           Mean :23.01 Mean :64.09
                            3rd Qu.:26.58 3rd Qu.:70.31
                            Max.
                                  :29.35
                                         Max. :84.82
                   text while driving 30d smoked ever bullied past 12mo
0 days
                                         No :10
                                                    Mode : logical
1 or 2 days
                                         Yes: 6
                                                    FALSE:11
3 to 5 days
                                         NA's: 4
All 30 days
I did not drive the past 30 days: 1
NA's
```

57

### Data set info

```
> dim(mydata)
> nrow(mydata)
> ncol(mydata)
> names(mydata)
 [3] "sex"
 [5] "race4"
 [9] "smoked_ever"
```

#### Data structure

\$ bmi

• What are the different **variable types** in this data set?

```
> str(mydata) # structure of data
data.frame': 20 obs. of 10 variables:
 $ id
                         : int 335340 638618 922382 923122 923963 925603 933724 9354
                         : Factor w/ 5 levels "14 years old", ..: 4 3 1 2 2 3 3 4 2 4
 $ age
                         : Factor w/ 2 levels "Female". "Male": 1 1 2 2 2 2 1 1 2 1 ...
 $ sex
```

## View the beginning of a data set

```
> head(mydata)
```

```
sex grade
                 age
                                                     race4
                                                              hmi
1 335340 17 years old Female 10th
                                                     White 27,5671
2 638618 16 years old Female
                            9th
                                                     <NA> 29.3495
 922382 14 years old Male 9th
                                                     White 18.1827
4 923122 15 years old Male 9th
                                                     White 21.3754
5 923963 15 years old Male 10th Black or African American 19.5988
6 925603 16 years old Male 10th
                                  All other races 22.1910
 weight kg text while driving 30d smoked ever bullied past 12mo
                             <NA>
                                        <NA>
                             <NA>
     84.82
                                         Yes
                             <NA>
                                                        FALSE
                                         Yes
                             <NA>
                                         Yes
                                                        FALSE
                             <NA>
                             <NA>
```

```
> head(mydata, 2)
```

```
sex grade race4 bmi weight kg
               age
1 335340 17 years old Female 10th White 27.5671
2 638618 16 years old Female 9th <NA> 29.3495 84.82
```

#### View the end of a data set

```
> tail(mydata)
```

```
sex grade
                                                                 race4
                            age
                                                       Hispanic/Latino
                   16 years old Female
                                       11th
                                                                 White
                   16 years old Female
                                       11th
                   16 years old Female
                                       10th
                                                       All other races
                   17 years old Female
                                       11th
                                                                  <NA>
19 1315850
                   17 years old Female 12th
                                                       Hispanic/Latino
20 1316123 18 years old or older Female 12th Black or African American
      bmi weight kg
                              text while driving 30d smoked ever
                                              0 davs
16 24.8047 63.50
                                         3 to 5 days
                                              0 davs
18 22.2687 54.89 I did not drive the past 30 days
                                                             Yes
19 19.4922
           49.90
                                              0 davs
                                                            <NA>
                                         All 30 days
                                                             Yes
  bullied past 12mo
              FALSE
              FALSE
              FALSE
                                                                                     57
              FALSE
```

# Working with the data

# The \$

Suppose we want to single out the column of BMI values.

• How did we previously learn to do this?

## The \$

Suppose we want to single out the column of BMI values.

• How did we previously learn to do this?

```
> mydata[, 6]

[1] 27.5671 29.3495 18.1827 21.3754 19.5988 22.1910 20.9913 17.4814
[9] 22.4593 26.5781 21.1874 19.4637 20.6121 27.4648 26.5781 24.8047
[17] 25.0318 22.2687 19.4922 27.4894
```

The problem with this method, is that we need to know the column number which can change as we make changes to the data set.

## The \$

Suppose we want to single out the column of BMI values.

• How did we previously learn to do this?

```
> mydata[, 6]
[1] 27.5671 29.3495 18.1827 21.3754 19.5988 22.1910 20.9913 17.4814
```

```
[1] 27.5671 29.3495 18.1827 21.3754 19.5988 22.1910 20.9913 17.4814
[9] 22.4593 26.5781 21.1874 19.4637 20.6121 27.4648 26.5781 24.8047
[17] 25.0318 22.2687 19.4922 27.4894
```

The problem with this method, is that we need to know the column number which can change as we make changes to the data set.

• Use the \$ instead: DatSetName\$VariableName

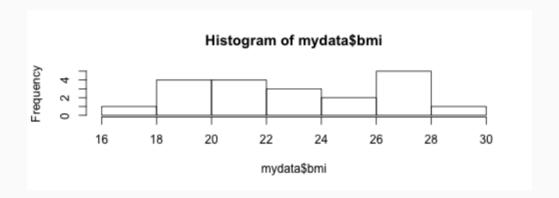
#### > mydata\$bmi

```
[1] 27.5671 29.3495 18.1827 21.3754 19.5988 22.1910 20.9913 17.4814
[9] 22.4593 26.5781 21.1874 19.4637 20.6121 27.4648 26.5781 24.8047
[17] 25.0318 22.2687 19.4922 27.4894
```

## Basic plots of numeric data (1/3)

#### Histogram

> hist(mydata\$bmi)



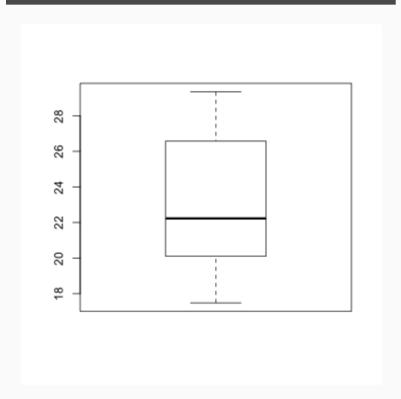
With extra features:

```
> hist(mydata$bmi, xlab = "BMI", main="BMI's of students")
```

# Basic plots of numeric data (2/3)

#### Boxplot

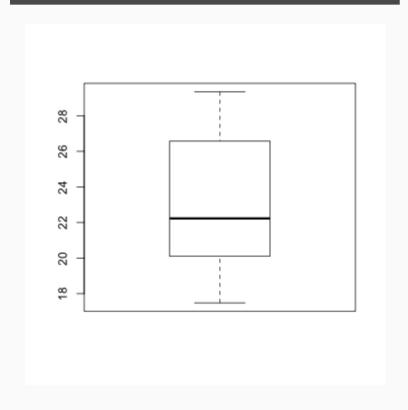
> boxplot(mydata\$bmi)



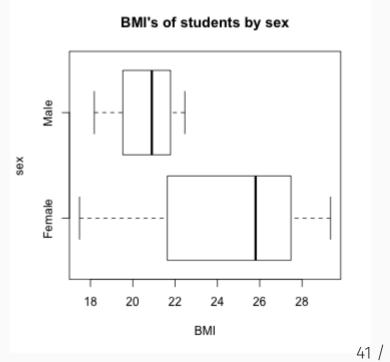
## Basic plots of numeric data (2/3)

#### **Boxplot**

boxplot(mydata\$bmi)



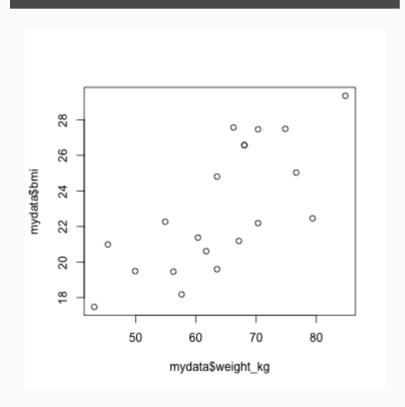
```
> boxplot(mydata$bmi ~ mydata$sex,
   horizontal = TRUE,
   xlab = "BMI", ylab = "sex",
   main = "BMI's of students by sex")
```

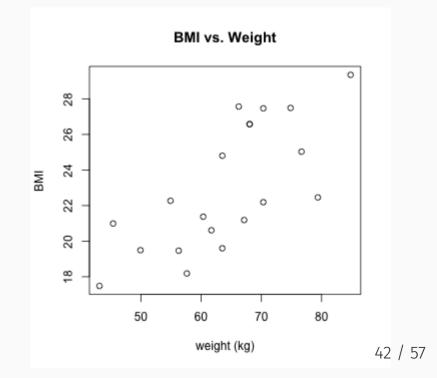


## Basic plots of numeric data (3/3)

#### Scatterplot

```
> plot(mydata$weight_kg, mydata$bmi)
```





## Summary stats of numeric data (1/2)

#### Standard R summary command

```
> summary(mydata$bmi)

Min. 1st Qu. Median Mean 3rd Qu. Max.

17.48 20.36 22.23 23.01 26.58 29.35
```

#### Mean and standard deviation

```
> mean(mydata$bmi)

[1] 23.00838

> sd(mydata$bmi)

[1] 3.56471
```

## Summary stats of numeric data (2/2)

#### Min, max, & median

```
> min(mydata$bmi)

[1] 17.4814

[1] 22.22985

> max(mydata$bmi)

[1] 29.3495
```

#### Quantiles

## Add height column to data frame

```
Since \mathrm{BMI} = rac{kg}{m^2}, we have \mathrm{height}(m) = \sqrt{rac{\mathrm{weight}(kg)}{\mathrm{BMI}}}
```

```
> mydata$height_m ← sqrt( mydata$weight_kg / mydata$bmi)
> mydata$height_m

[1] 1.550000 1.699999 1.779999 1.680001 1.799998 1.780000 1.469998
[8] 1.570002 1.879998 1.600001 1.779998 1.699999 1.730001 1.600001
[15] 1.600001 1.600000 1.750001 1.569998 1.599999 1.650001
```

```
> dim(mydata); names(mydata)
```

```
[1] 20 11
```

### Access specific columns in data set

Previously we used DatSetName[, column#]

```
> mydata[, c(2, 6)] # sixth column
```

```
bmi
                     age
            17 years old 27.5671
            16 years old 29.3495
            14 years old 18.1827
            15 years old 21.3754
            15 years old 19.5988
            16 years old 22.1910
            16 years old 20.9913
            17 years old 17.4814
            15 years old 22.4593
            17 years old 26.5781
            16 years old 21.1874
            17 years old 19.4637
12
            17 years old 20.6121
            15 years old 27.4648
15
            16 years old 26.5781
            16 years old 24.8047
            16 years old 25.0318
```

The code below uses *column names* instead of numbers.

```
> mydata[, c("age", "bmi")]
```

```
bmi
         age
17 years old 27.5671
16 years old 29.3495
14 years old 18.1827
15 years old 21.3754
15 years old 19.5988
16 years old 22.1910
16 years old 20.9913
17 years old 17.4814
15 years old 22.4593
17 years old 26.5781
16 years old 21.1874
17 years old 19.4637
17 years old 20.6121
15 years old 27.4648
16 years old 26.5781
                             57
16 years old 24.8047
```

### Access specific rows in data set

• Rows for 14 year olds only

```
> mydata[mydata$age = "14 years old",]

id         age sex grade race4         bmi weight_kg
3 922382 14 years old Male    9th White 18.1827     57.61
text while driving 30d smoked ever bullied past 12mo height m
```

FALSE 1.779999

In this case the output is only one row since there is only one 14 year old.

Yes

Rows for teens with BMI less than 19

<NA>

```
> mydata[mydata$bmi < 19,]
```

```
id age sex grade race4 bmi weight_kg
3 922382 14 years old Male 9th White 18.1827 57.61
8 935435 17 years old Female 12th All other races 17.4814 43.09
text_while_driving_30d smoked_ever bullied_past_12mo height_m
3 <NA> Yes FALSE 1.779999
8 <NA> No FALSE 1.570002
```

## Access specific values in data set

• Grade and race for 15 year olds only

```
> mydata[mydata$age == "15 years old", c("grade", "race4")]
```

```
grade race4
4 9th White
5 10th Black or African American
9 10th All other races
14 10th Hispanic/Latino
```

Age, sex, and BMI for students with BMI less than 19

```
> mydata[mydata$bmi < 19, c("age", "sex", "bmi")]
```

```
age sex bmi
3 14 years old Male 18.1827
8 17 years old Female 17.4814
```

#### **Practice**

- 1. Create data frames for males and females separately.
- 2. Do males and females have similar BMI's? Weights? Compares means, standard deviations, range, and boxplots.
- 3. Plot BMI vs. weight for each gender separately. Do they have similar relationships?
- 4. Are males or females more likely to be bullied in the past 12 months? Calculate the percentage bullied for each gender.
- 5. Are students that were bullied in the past year more likely to have smoked in the past? Does this vary by gender?

#### Save data frame

• Save **.RData** file: the standard R format, which is recommended if saving data for future use in R

```
> save(mydata, file = "mydata.RData")
```

You can load .RData files using the load() command:

```
> load("mydata.RData")
```

• Save **csv** file: comma-separated values

```
> write.csv(mydata, file = "mydata.csv", col.names = TRUE, row.names = FALSE)
```

## The more you know

## Installing and using packages

(Packages are to R/Rstudio like apps are to your phone/OS)

#### CRAN = package mothership

Comprehensive R Archive Network

Also can use the "Packages" tab in the Files/Plots/Packages/Help/Viewer window

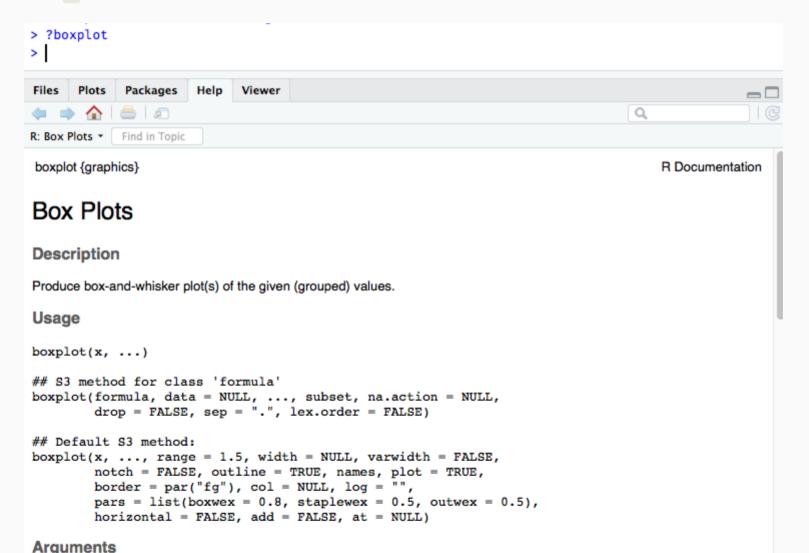
```
> # Install a package from CRAN (main package repository)
> install.packages("tidyverse")
> # Load the package
> library(tidyverse)
```

#### Other places (i.e. github) = wild west

```
> install.packages("devtools")
> library(devtools)
> # Install a package from github (often in development, no testing)
> # https://github.com/hadley/yrbss
> install_github("hadley/yrbss")
> library(yrbss)
```

## How to get help (1/2)

Use ? in front of function name in console. Try this:



## How to get help (2/2)

- Use ?? (i.e ??dplyr or ??read\_csv) for searching all documentation in installed packages (including unloaded packages)
- search Stack Overflow #r tag
- google your question + rcran or + r (i.e. "make a boxplot rcran" "make a boxplot r")
- google the error in quotes (i.e. "Evaluation error: invalid type (closure) for variable '\*'")
- search github for your function name (to see examples) or error
- Rstudio community
- twitter #rstats

#### Resources

- RStudio IDE Cheatsheet
- Install R/RStudio help video
- Basic Basics

#### Interactive lessons

- DataCamp
  - Introduction to R (free course)
  - Introduction to the Tidyverse
  - Intermediate R

Some of this is drawn from materials in online books/lessons:

- Intro to R/RStudio by Emma Rand
- Modern Dive An Introduction to Statistical and Data Sciences via R by Chester Ismay & Albert Kim
- Cookbook for R by Winston Chang

### Local resources

- OHSU's BioData club
- Portland's R user meetup group
- R-ladies PDX meetup group
- in June in Portland, the WNAR Annual meeting (biostats conference) will have R related workshops
- in June in Redmond, the Cascadia R conference will have presentations

## Possible Future Workshop Topics?

- data wrangling with the tidyverse
- reproducible reports in R
- tables
- ggplot2 visualization
- advanced tidyverse: functions, purrr
- statistical modeling in R

Code for these slides on github: jminnier/berd\_r\_courses