

- 1) 3 Major function of Kidney
  - I) **Regulation:** Water, acid-base , electrolyte
  - II) **Excretion:** Urea, Creatinine, organic acids, phosphate
  - III) **Hormone:** Production and elaboration
    - ➔E.g. Renin, erythropoietin, ADH
- 2) Basic facts about kidney
  - I) Each kidney is made up of  $10^6$  nephrons (functional units)
  - II) **Glomerular function ➔ Filtering function**
  - III) **Tubular function**
    - ➔ Reclamation of essentials
    - ➔ Concentrating solution
    - ➔ Secreting waste products
  - IV) **Renal blood flow:** 1200mL / min (~20% of cardiac output)
  - V) **Glomerular filtrate rate:** 125mL/min
    - ➔The BEST measure of glomerular function
  - VI) **Urine formation:** 1mL/min
- 3) Renal function Test
  - ➔Depends on measuring the **glomerular filtration rate (GFR)**
    - ➔Clearance of substances \*\*\*\*
  - a) **Creatinine Clearance (male: 80-115, female 53-97 mmol)**
    - I) **Background**
      - ➔Convenient but not insensitive
      - ➔End product of muscle metabolism
      - ➔Freely filtered and not reabsorbed
      - ➔BEST indicator of GFR
    - II) **Limitations**
      - 1) Plasma level is dependent on **muscle mass**
      - 2) **Secretion** present in proximal tubules
        - ➔OVER-estimation of GFR
        - ➔Some drugs may also interfere with this secretion
      - 3) Various substances may causing bias by **Jaffe reaction**
      - 4) Dietary factors (E.g. Roasted meat have much creatinine)

### **III) Other conditions affecting creatinine independent of GFR**

- 1) Factor decreasing creatinine (OVER-estimation of GFR)
  - i) **Increasing age**  
→ Physiological decrease muscle mass
  - ii) **Cachexia**  
→ Pathological decrease muscle mass
- 2) Factor Increasing creatinine (UNDER-estimation of GFR)
  - i) **Ingested cooked meat**  
→ Gastro absorption of creatinine
  - ii) **Drugs**  
→ Inhibit tubular creatinine secretion
  - iii) **Cefoxitin, Cephalothin** (creatinine-like)
  - iv) **Ketoacidosis** (Creatinine-like)

### **IV) Creatinine Clearance Formula (Cr Cl)**

- Cr Cl = Ucr × V / Pcr
- Ucr = Urine concentration of creatinine
- Pcr = Plasma concentration of creatinine
- V = Volume of urine produced over a fixed period
- **Cockroft and Gault formula**
- Can eliminate the affecting factors (Age, body weight)

#### **b) Urea Clearance**

→ Depends on Urine flow Rate

→ Very poor indicator of GFR

##### **I) Background**

→ Waste product of Amino acid metabolism

→ Filter freely but reabsorb back by passive diffusion

##### **II) Reason for a POOR indicator**

- 1) Decrease production of urea can lower plasma urea

→ Decrease intake of protein will lead to

→ Renal insufficiency patient may have normal plasma level
- 2) GFR has to drop ~40% before urea level rise
- 3) Increase production of urea may not result in proportionately high level of plasma urea

### **III) Other conditions affecting creatinine independent of GFR**

- 1) Factors increasing urea level
  - ➔ High protein diet
  - ➔ Gastrointestinal bleeding
  - ➔ Tissue trauma
  - ➔ Drugs: Glucocorticoids, tetracycline
- 2) Factors decreasing urea level
  - ➔ Liver disease
  - ➔ Malnutrition

#### **c) Overall Clinical situations where clearance that necessary to estimate GFR**

- I) Extremes of age / body sizes
- II) Severe obesity / inanition
- III) Disease of skeletal muscle
- IV) Paraplegia and tetraplegia
- V) Vegetarian diet
- VI) Rapidly changing renal function

### **4) Proteinuria**

#### **a) Basics**

- ➔ Normally small proteins can be freely filtered but can completely reabsorbed (<15kDa)
- ➔ Normally daily excretion < 150mg, about 40-50% is albumin

#### **b) Measurement**

- ➔ 24 hr / 12-hr overnight / 4 hr
- ➔ **Dipstick methods**
  - ➔ Most sensitive to albumin
  - ➔ Poor for detecting tubular proteinuria
  - ➔ Based on protein association with pH indicator
    - ➔ Test pad with dye **tetrabromphenol blue** at **pH 3**
    - ➔ If proteins binds, **Yellow to Green**

**c) Classification**

- I) **Overload proteinuria**
  - ➔ Haemoglobin
  - ➔ Myoglobin (crush injury, rhabdomylosis)
  - ➔ Bence jones (Multiple myeloma)
- II) **Tubular Proteinuria**
  - ➔ Mostly low molecular weight proteins (Not albumin)
  - ➔ Heavy metal toxicity, cystinosis, galactosaemia
- III) **Glomerular Proteinuria**
  - ➔ Mostly albumin at first
    - Then larger proteins appear as membrane selectivity is lost
- IV) **Other**
  - 1) **Orthostatic Proteinuria**
    - ➔ Standing position increase protein excretion
      - 10-20% healthy subjects at prolonged upright posture have
  - 2) **Transient Proteinuria**
    - ➔ Systemic illnesses not related to kidneys
      - Eg High fever, congestive heart failure

**d) Nephrotic Syndrome**

- ➔ Proteinuria > 3.5g / day /  $1.73m^2$
- ➔ Associated with hypoalbuminaemia, hyperlipoproteinemia, edema
- ➔ Hyperlipoprotein due to leaking of small molecules

5) Arterial Blood Gases Analysis (Acid-Base disorders)

➔ pH, PO<sub>2</sub>, PCO<sub>2</sub>, HCO<sub>3</sub>-, O<sub>2</sub> saturation

**a) Concepts and vocab**

- ➔ By measuring H<sup>+</sup>, HCO<sub>3</sub><sup>-</sup> concentration, pCO<sub>2</sub>
  - The component of bicarbonate buffer system

I) **Metabolic acid-base disorders**

- ➔ Primary Problem with hydrogen ion production or excretion
  - Reflected in conc. Of HCO<sub>3</sub><sup>-</sup>

II) **Respiratory Acid-base disorders**

- ➔ Primary Problem with CO<sub>2</sub> excretion
  - Reflected in PCO<sub>2</sub>

III) **Compensation process**

- ➔ The body got physiological mechanisms to try restore H<sup>+</sup> conc.

⇒ Acid-base disorder = Balance between **primary disturbance** and **compensation**

**b) Diagnosis of Acid-Base disorder**

- I) Compensated acidosis /alkalosis
- II) Partially compensated
- III) Fully compensated

**c) Common cause**

- I) **Acidosis**
  - ➔ Impaired H<sup>+</sup> excretion
  - ➔ Increased H<sup>+</sup> production or ingestion
  - ➔ Loss of HCO<sub>3</sub><sup>-</sup>
- II) **Alkalosis**
  - ➔ Loss of H<sup>+</sup> in vomiting
  - ➔ Alkali ingestion
  - ➔ Potassium deficiency

**d) Management**

- ➔ Correct underlying disease

**6) Immunological tests**

**a) Antinuclear antibodies (ANA)**

- I) **Background**
  - ➔ Antibodies that against nuclear constituents
  - ➔ Usually tested by **indirect immunofluorescence (IIF)**
- II) **Common Clinical use**
  - 1) Systemic lupus erythematosus (95%)
  - 2) Rheumatoid arthritis (60%)
  - 3) Scleroderma (90%)
  - 4) Normal (3-4%)
  - 5)
- III) **Pattern of ANA**
  - 1) **Diffuse:** Deoxyribonucleoprotein, Non-specific
  - 2) **Speckled** 班點: ENA, rheumatic disease
  - 3) **Rim** 環繞: dsDNA, SLE
  - 4) **Centromere:** CREST
  - 5) **Nucleolar:** Ribonucleoprotein precursors, scleroderma

#### IV) Classification

##### **1) Anti-dsDNA**

→ Specific to SLE, but present only in 70% of SLE patient

→ Level correlate with activity in most patient

→ May have a delay of weeks

→ Detected by ELISA / Farr assay /IIF

##### **2) Anti-ENA (Anti extractable nuclear antigen)**

→ At least 30 different specificities

→ Detected by Double immunodiffusion, ELISA

→ Sub-division

I)      **Smith:** highly specific for SLE (30% present)

II)     **nRNP:**

→ **High titre:** Associated with mixed connective tissue(MCTD)

→ **Lower titre:** SLE and other connective tissue disease

III)    **Ro(SS-A)**

→ Associated with heterogeneous clinical manifestations

→ E.g. Neonatal lupus, subacute cutaneous LE

IV)    **La(SS-B)**

→ Similar to RO, have affinity to one another

##### **3) Anti-centromere (C3,C4)**

→ Related to CREST

→ Calcinosis, Raynaud's phenomenon, Esophagus dysmotility

→ Sclerodactyly, Telangiectases

→ Subdivision

I)      **Decrease in C3 and C4**

→ Normally secondary cause

→ Consumptive: AP / CP

→ Decreased production: chronic liver disease

→ Also related to SLE, C1-inhibitor deficiency

II)     **Increase in C3 and c4**

→ In acute phase response

#### b) Anti-Thyroid antibodies

→ Anti-thyroglobulin Ab / Anti-thyroid microsomal Ab

I)      Methodology

→ By ELISA / particle agglutination

II)     Clinical use

→ Associated with thyroid autoimmunity

→ Can be found in thyroid malignancy

c) Anti-Smooth Muscle Antibodies

- ➔ Found in
  - ➔ Chronic active hepatitis 70%
  - ➔ Primary biliary cirrhosis 20%
  - ➔ Cryptogenic cirrhosis 30%

d) Anti-Mitochondrial Antibodies

- ➔ Found in
  - ➔ Chronic active hepatitis 25%
  - ➔ Primary biliary cirrhosis 90%
  - ➔ Cryptogenic cirrhosis 25%

e) Rheumatoid factor

- ➔ IgM against IgG Fc
- I)     **Methodology**
  - ➔ Nephelometry
  - ➔ ELISA
  - ➔ Agglutination method

II)    **Diagnostic significance**

- 1) **Rheumatoid Arthritis \*\*\***
  - ➔ Not sensitive / specific
- 2) **Other AI diseases:** SLE, scleroderma, CAH
- 3) **Chronic infections:** TB, Osteomyelitis

4) **Normal**

- III)    **High titre:** Active disease
- IV)    **Very High Titre:** Rheumatoid vasculitis

f) Anti-Neutrophil cytoplasmic antibodies (ANCA)

- ➔ By IIF, ELISA
- ➔ 2 staining pattern
  - ➔ Cytoplasmic, perinuclear
- ➔ Clinical use
  - 1) **Small vessel vasculitis**
    - ➔ cANCA ➔ Wegener's granulomatosis
    - ➔ pANCA ➔ Microscopic polyarteritis

**g) Anti-Phospholipid antibodies**

I) **Methodology**

- 1) **VDRL:** Least sensitive
- 2) **Lupus anticoagulant(LA):** Most specific
- 3) **Solid-phase assays:**
- 4) **Anti cardiolipin antibody test:** by ELISA
- 5) **Anti-beta2-glycoprotein I antibody test:** by ELISA

**h) Paraproteins**

I) **Definition of paraprotein**

- ➔ Abnormal discrete bands seen on electrophoresis of serum or urine
- ➔ Comprise intact / fragmented homogenous Ig derived from a single clone of B cells
- ➔ Benign /Malignant

II) **Disease associated**

a) **Malignant**

- ➔ Multiple myeloma \*\*
- ➔ B cell lymphoma
- ➔ Heavy-chain disease
- ➔ Amyloidosis

b) **Benign**

- ➔ Infectious processes
- ➔ Conditions associated with hyper-gamma-globulinaemia

i) **IgG, IgA, IgM abnormalities**

I) **Antibody deficiency**

- ➔ Primary cause: CVID, selective IgA deficiency
- ➔ Secondary: Myeloma

II) **Raised Ig**

- ➔ Chronic liver diseases, AIDS

甲、 **Quantitation of paraprotein**

- ➔ Cheaper and easier than densitometry
- ➔ But can give gross error

7) Diagnosis of multiple myeloma

I) **Serum and urine presence of paraprotein**

II) **Bone marrow biopsy (increased number and abnormal morphology)**

III) **Skeletal X ray – lytic lesions**

8) Basics about microbiology investigation of infectious disease

a) **Common Roles of microbiology laboratory**

- 1) Microbiological examination of specimen
- 2) Consultation on investigation and management of patient
- 3) Control of hospital infection
- 4) Public health surveillance 監視

b) **Principle of laboratory diagnosis of infection**

I) **Specimen**

- 1) quality
- 2) timing
- 3) collection technique
- 4) preservation

II) **Requests**

→ Right test, Right purpose

9) Methods of microbiology investigation

a) **Microscopic examinations**

I) **Direct light microscopic examination**

II) **With staining**

→ **Gram-stain:** Identify **Gram+ve organism**

→ **Ziehl-Neelsen stain:** Identify **Acid-fast organism**

→ E.g. *Mycobacterium tuberculosis*

→ **Silver stain:** To visualize DNA, proteins

III) **With immunofluorescence**

IV) **Electron microscopy**

b) **Identification of microorganism**

I) **Phenotypic**

→ Colony morphology, microscopic-morphology, biochemical tests

II) **Genotypic**

→ Probe hybridization, DNA sequencing

III) **Mass Spectrometry**

c) **Culture**

I) **Solid media**

II) **Liquid Media**

III) **Tissue culture**

IV) **Animal inoculation 接種**

**d) Antigen / antibody detection**

- ➔ By serology on blood and other fluid
- ➔ **Antimicrobial susceptibility testing**
- ➔ To guide the choice of treatment (Anti-microbial agents)
- ➔ Report as Sensitive / Susceptible / resistant

**I) Pros of Antibody:**

- 1) Fast
- 2) No dependence on culture
- 3) Non-invasive

**II) Cons of Antibody:**

- 1) Cross reaction
- 2) Cannot differentiate **new /old** infections
- 3) Time needed for antibody immune response
- 4) Patients with immunosuppression

**III) Antigen**

- ➔ Can be performed in various body fluids
- ➔ Less problem than antibody detection , but not often available

**e) Nucleic Acid Amplification and Detection**

- ➔ By Polymerase chain reaction (PCR)

**I) Pros**

- 1) Relatively fast
- 2) Does not depend on culture
- 3) Usually Very sensitive

**II) Cons**

- 1) May not differentiate between **live / dead**
- 2) **Inhibitor** affecting
- 3) High **cost**

**f) Blood culture criteria**

- I) Must only be taken in suspected sepsis / severe infection
- II) Aerobic + Anaerobic culture
- III) At least 2 set from different sites
- IV) Strict aseptic techniques
- V) Adequate volume: 5-10mL per bottle

10) Clinical features of Microbiological investigation of infectious disease

**A) CNS infection**

**a) Common types of infection**

- 1) Meningitis
- 2) Encephalitis
- 3) Brain abscess, epidural / subdural abscess
- 4) Ventricular shunt infections
- 5) Spine epidural / subdural abscess

**b) Common types of specimen**

- 1) Cerebrospinal fluid  
→ Lumbar puncture / Ventricular drains
- 2) Brain abscess drainage
- 3) Brain biopsy
- 4) Blood culture
- 5) Serology  
→ Antigen / antibody

**B) Upper respiratory tract infection**

**a) Tonsillopharyngitis**

- I) *Streptococcus pyrogens*  
→ By throat swab
- II) Viruses
- III) *Corynebacterium diphtheriae* (Rare)

**b) Epiglottitis**

**c) Sinusitis**

- I) **Cause**  
→ *Streptococcus pneumoniae*  
→ *Haemophilus influenza*  
→ *Moraxella catarrhalis*
- II) **Culture**  
→ Nasal pus / sinus exudates **NOT reliable**  
→ Sinus puncture **Preferred**

**d) Otitis media**

- I) **Cause** same as sinusitis
- II) **Culture**  
→ External auditory meatus **NOT reliable**  
→ Tympanocentesis **Preferred** only seriously ill

**e) Common cold:** No need, viral infection

**C) Lower respiratory tract infection**

- a) Pertussis (whooping cough 百日咳)
  - Caused by *Bordetella pertussis*
  - Culture of nasopharyngeal aspirate or swab on special medium
- b) Lung abscess
- c) Empyema thoracis 蓄膿
- d) Pulmonary tuberculosis
- e) Pneumonia
  - I) Blood count, Blood gas
  - II) Cultures: blood, respiratory tract specimen, pleural fluid
  - III) CT + X-ray
  - IV) Sputum examination
    - Gram stain: Leukocytes, epithelial cells, predominant flora
    - Culture: Blood agar, chocolate agar, selective media
  - V) Other respiratory tract specimen
    - Balance the risk of procedure (Deeper, higher yield)
    - Nasopharyngeal aspirate for viruses
    - Tracheostomy aspiration
    - Transbronchial biopsy
    - Open Lung biopsy
    - Urine antigen detection assays
    - For Strep.pneumoniae + Legionella pneumophilia

**D) Urinary tract infection**

- a) Clinical Diagnosis
  - Urinary symptoms + Systemic symptoms
- b) Specimens
  - I) Midstream urine
  - II) Catheterized urine
  - III) Suprapubic aspiration
  - IV) Ureteric catheterization
  - V) Percutaneous nephrostomy urine
  - VI) Ileal conduit urine
  - VII) Bag urine
  - VIII) Blood culture

**c) Transporting criteria + Measures**

**1) Quantitation of bacterial count \*\***

**I) Significant bacteriuria**

→ >10<sup>5</sup> CFU / mL urine

→ 80% indicative for 1 sample, 95% for 2 samples

**II) Low-level bacteriuria**

→ 10<sup>4</sup> – 10<sup>5</sup> / mL urine

→ Asymptomatic women: 95% = contamination

→ Symptomatic women: 33% having infection

**2) Within 2 hrs**

**3) Dip-slide technique**

**4) Boric acid(1.8%) for preservation if can't be transported in time**

**d) Urinalysis**

**I) Chemistry**

→ Nitrite, leukocyte esterase, haemoglobin, protein

**II) Microscopy**

→ Bacteria, Leukocyte, RBC, Casts, Squamous epithelial cells

**E) Gastrointestinal tract infection**

**a) Infectious agents**

**I) Bacteria**

→ *Helicobacter pylori*

→ *C. difficile*

→ *Staphylococcus aureus*

→ *Enterobacteriaceae*

→ *Salmonella, Shigella*

**II) Viruses**

→ Rotavirus, Astrovirus, norovirus, adenovirus etc.

→ Hepatitis A, E

**III) Parasites**

→ Protozoa, nematodes, trematodes, cestodes

**b) Specimens**

→ Stool, rectal swab

→ Gastric / intestinal biopsy

→ Duodenal aspirates

→ Blood culture / serology

→ Incriminated food /water samples

**c) Investigations**

**I) Culture:**

→ **Selective media:** Routine culture for common pathogens

→ e.g. Salmonella, shigella, vibrio, aeromonas

→ **Microscopy:** For leukocytes parasites

→ **Anaerobic culture:** For C.difficile

**II) Cytotoxin assay:** For Clostridium difficile

**III) Antigen detection:** For virus

**IV) Electron microscopy:** For virus

**d) Special requests \*\***

**I) Enterohaemorrhagic E.Coli (EHEC)**

→ **Bloody diarrhea, food history, travel history**

**II) Verocytotoxigenic E.Coli (VTEC)**

→ **Bloody diarrhea, food history, travel history**

**III) Enteropathogenic E.Coli (EPEC)**

→ **Infantile diarrhea**

**IV) Clostridium difficile culture and cytotoxin**

→ **Antibiotic-associated diarrhea**

**V) Parasites**

→ Entameba histolytica, Giardia lamblia

**VI) Helicobacter pylori**

**11) Basics about cytological examination**

⇒ By looking at the specific morphological features under microscopy

**a) Source of specimen**

**I) Exfoliation**

→ Cells exfoliated from linings of body cavities

→ Due to natural cell turnover

**II) Fine needle aspiration biopsy**

→ Obtained by needle suction

**b) Major application**

**I) Detection of dysplasia / malignancy**

→ More sensitive to central tumours

→ **More** sensitive to high grade tumours

- 1) Variable size, shape
- 2) Irregular nuclear outline, staining
- 3) Large nucleoli

**II) Diagnosis of specific infections**

→ Organisms with characteristic appearance

**c) Diagnostic categories**

**I) Normal / Negative**

**II) Atypical cells**

→ May be reactive / hyperplasia / benign / malignant

**III) Suspicious cells**

**IV) Malignant cells**

→ Can suggest tumour type

→ Carcinoma / sarcoma / lymphoma

**12) Examples of Exfoliation cytology**

**A) Bronchial cells examination**

**a) Normal bronchial cells**

**I) Epithelial cell**

→ Columnar shape

→ Basal nucleus

→ Terminal plate & cilia

**II) Goblet cells**

→ Apical mucin globule

**b) Preparation of specimens**

**I) Sputum**

- 1) Produce sputum by steam inhalation
- 2) Examined with naked eye for **small cell clumps**
- 3) Pick and smear the cell clumps on a glass slide

**II) Bronchial fluid**

- 1) Inject saline
- 2) Re-aspirate by bronchoscope
- 3) Stain with **Papanicolaou stain**

c) **Small cell carcinoma**

- I) **Small, Dense, hyper-chromatic nuclei**  
→ <4X lymphocyte / normal bronchial epithelial cell diameter)
- II) **Fine chromatin, uniform distribution**
- III) **Nuclear molding**
- IV) **Absent nucleoli**

d) **Squamous cell carcinoma**

- I) **Keratinization:** Dense cytoplasm
- II) **Nucleus:** Dense, dark, irregular size & shape
- III) **Bizarre cell shape:** Tadpole, Caudate, fibre

e) **Adenocarcinoma**

- I) **Columnar / round**
- II) **Eccentric nuclei 古怪**
- III) **Vacuolated, foamy cytoplasm**
- IV) **Gland-like arrangement of cells**

f) **Fungal infections**

- I) **Aspergillosis**
  - Long uniform septate hyphae
  - Acute angle-branching
- II) **Cryptococcosis**
  - Spherical to elliptical uninucleate
  - **Thin-walled yeast forms**
  - Thick mucinous capsule
- III) **Candidiasis**
  - Narrow-based budding yeast, pseudo-hyphae
- IV) **Mucormycosis**
  - Non-septate
  - Non uniform width, wavy, branching at 90oC

g) **HSV infection**

- Ground-glass chromatin
- Chromatin margination to nuclear membrane

## B) Gynecological Cytology

### a) Pathogenesis of cervical carcinoma

- I) Majority due to **HPV infection**
- II) **Viral proteins interact** with host cell cycle proteins
  - Lead to increased cell proliferation
  - Eventually cancer development
- III) **Progression** from pre-invasive to invasive phase
  - May take many years
- IV) **Stop cancer progression** at the pre-invasive phase

### b) Squamous Intraepithelial Lesion(SIL)

- **Low grade:** Low nucleus to cell ratio
- **High grade:** High nucleus to cell ratio

## 13) Fine needle Aspiration biopsy

### a) Advantages of FNA

- I) Simple, safe
- II) Painless ??
- III) Outpatient procedure
- IV) Readily repeated
- V) Speedy results
- VI) Cheap
- VII) Obtain material for other tests

### b) Complications

- I) Infrequent
- II) Usually minor degree, resolve spontaneously
- III) Site may influence
- IV) Experience of operator dependent

## 14) Comparison between exfoliative cytology and FNA

Exfoliative cytology advantages	FNA Advantages
Specimens collected with minimal discomfort	I) Active sampling of otherwise not reachable lesions
Procedure can be repeated many times	II) Cells fresh, well-preserved
Specimen samples a wide area	III) Inexpensive, out-patient
Equipment for collection is inexpensive	IV) May allow application of histological criteria if material adequate

## 15) Basics about Haematological system

### a) Elements

- I) **Organs:** Bone marrow, thymus, spleen, lymph nodes
- II) **Cell:** WBC, RBC, platelets
- III) **Plasma:** Coagulation factors, Anticoagulants

### b) Nature of haematological disorder

- I) Hereditary VS acquired
- II) Benign/reactive VS malignant
- III) Primary VS secondary (Systemic disease)

### c) Aim of lab investigation

- 1) Establish **diagnosis**
- 2) Predict **prognosis**
- 3) Guide **treatment**
- 4) Help **monitoring**

### d) Basic principle of laboratory investigation

- I) Simple fast screening to complex confirmatory test
- II) Cheap to expensive test
- III) Non-invasive to invasive tests

## 16) Clinical features of haematological tests

### A) Blood cell investigation

→ Complete Blood count

→ Fast, Simple, Cheap, Non-invasive, Excellent

#### a) Iron deficiency Anaemia (Microcytic)

- I) Small and pale RBC
- II) Low serum iron
- III) Low serum ferritin (**Low storage**)
- IV) High serum transferrin (**Compensatory aiming at increase transport**)
- V) Lower transferrin saturation

#### b) Alpha-Thalassemia (Microcytic)

- I) Small RBC
- II) Detection of HbH(beta-4) Inclusion Bodies

#### c) Megaloblastic anemia (Vit B12 and folate deficiency)

- I) Hypersegmented neutrophils
- II) Oval macrocytes

d) **Sickle cell anaemia (Hereditary)**

→ Sickle blood cells

e) **Bone marrow disease**

I) Circulating blasts

II) Unexplained cytopenia

**B) Bone Marrow investigation**

→ Invasive but safe

→ Requires expertise in assessment

→ Determine if it is **inadequate vs ineffective** haemopoiesis in cytopenia\*\*\*

a) **Congenital dyserythropoietic anaemia**

→ Ineffective erythropoiesis

→ Erythrocytopenia

b) **Aplastic Anaemia**

→ Damage in bone marrow cells

→ Pancytopenia

c) **Miliary tuberculosis**

d) **Acute promyelocytic leukaemia**

→ Cancer of WBC

→ Abnormal accumulation of immature granulocytes (Promyelocytes)

e) **Myelodysplastic syndrome**

→ Ineffective production of all blood cells

→ Pancytopenia

f) **Primary myelofibrosis**

→ Bone marrow cancer

→ Proliferation of abnormal bone marrow cells

g) **Other malignant cases**

→ Provide optimal material for further special investigations

### **C) Special investigation for malignant haematological diseases**

#### **a) Aim**

- I) To classify malignant disease for choice of specific treatment
- II) To predict prognosis for counselling and risk-adapted therapy
- III) To monitor residual disease after treatment

#### **b) Measures**

##### **I) Cytochemistry**

- ➔ To classify acute leukaemia
- ➔ Demonstrate enzymatic function of blast

##### **II) Immunophenotyping**

- ➔ To classify leukaemia
- ➔ Using antibodies to detect lineage-associated antigens in abnormal cells
- ➔ By Flow cytometer

### **D) Genetic Testing**

#### **a) Aim**

- ➔ Confirmation for inherited haematological diseases with known genetic defects
  - ➔ E.g. Thalassemia
- ➔ Some malignant hematological disease are also genetic diseases
  - ➔ Acquired mutations

#### **b) Measures**

##### **I) Cytogenetic studies**

- ➔ Culture malignant cells and examine their chromosomes
- ➔ Predict prognosis and examine their chromosomes

##### **II) Molecular genetic tests**

- ➔ Classification, prediction of prognosis and MRD monitoring
- ➔ Determine lineage of abnormal cells, gene mutation, fusion

**E) Bleeding and Thrombosis investigation**

**a) Prothrombin Time (PT)**

- ➔ Add tissue factor + phospholipid + calcium
- ➔ Measure **extrinsic + common** pathway
- ➔ **Factor VII, X, V, prothrombin, fibrinogen defect \*\*\***
- ➔ Liver disease (production)
- ➔ Disseminate intravascular coagulation (consumption)
- ➔ Warfarin therapy (inactivate)

**b) Activated partial thromboplastin time (APTT)**

- ➔ Add phospholipid + calcium
- ➔ Measure **intrinsic + common** pathway
- ➔ **Factor XII, XI, X, IX, VIII, V, prothrombin, fibrinogen**
- ➔ Liver disease (production)
- ➔ Disseminate intravascular coagulation (consumption)
- ➔ Heparin therapy (inhibition)

**c) Thrombin time (TT)**

- ➔ Add thrombin
- ➔ Measure **common** pathway
- ➔ **Fibrinogen**
- ➔ Liver disease (production)
- ➔ Disseminate intravascular coagulation (consumption)
- ➔ Heparin therapy (inhibition)

**d) Von Willebrand Factor (vWF) Testing**

- e) Platelet function test**
- f) Coagulation inhibitor testing**
- g) Specific coagulation factor assay**
- h) PC,PS,AT assay**

17) 1

18) 1

19) 1

