

1) 3 Major function of Kidney

- I) **Regulation:** Water, acid-base , electrolyte
- II) **Excretion:** Urea, Creatinine, organic acids, phosphate
- III) **Hormone:** Production and elaboration  
→ E.g. Renin, erythropoietin, ADH

2) Basic facts about kidney

- I) Each kidney is made up of  $10^6$  nephrons (functional units)
- II) **Glomerular function** → Filtering function
- III) **Tubular function**
  - Reclamation of essentials
  - Concentrating solution
  - Secreting waste products
- IV) **Renal blood flow:** 1200mL / min (~20% of cardiac output)
- V) **Glomerular filtrate rate:** 125mL/min  
→ The BEST measure of glomerular function
- VI) **Urine formation:** 1mL/min

3) Renal function Test

- Depends on measuring the **glomerular filtration rate (GFR)**  
→ Clearance of substances \*\*\*\*

a) **Creatinine Clearance** (male: 80-115, female 53-97 mmol)

I) **Background**

- Convenient but not insensitive
- End product of muscle metabolism
- Freely filtered and not reabsorbed
- **BEST indicator of GFR**

II) **Limitations**

- 1) Plasma level is dependent on **muscle mass**
- 2) **Secretion** present in proximal tubules
  - OVER-estimation of GFR
  - Some drugs may also interfere with this secretion
- 3) Various substances may causing bias by **Jaffe reaction**
- 4) Dietary factors (E.g. Roasted meat have much creatinine)

### III) Other conditions affecting creatinine independent of GFR

- 1) Factor decreasing creatinine (OVER-estimation of GFR)
  - i) **Increasing age**  
→ Physiological decrease muscle mass
  - ii) **Cachexia**  
→ Pathological decrease muscle mass
- 2) Factor Increasing creatinine (UNDER-estimation of GFR)
  - i) **Ingested cooked meat**  
→ Gastro absorption of creatinine
  - ii) **Drugs**  
→ Inhibit tubular creatinine secretion
  - iii) **Cefoxitin, Cephalothin** (creatinine-like)
  - iv) **Ketoacidosis** (Creatinine-like)

### IV) Creatinine Clearance Formula (Cr Cl)

$$\rightarrow \text{Cr Cl} = \text{Ucr} \times \text{V} / \text{Pcr}$$

→ Ucr = Urine concentration of creatinine

→ Pcr = Plasma concentration of creatinine

→ V = Volume of urine produced over a fixed period

#### → Cockcroft and Gault formula

→ Can eliminate the affecting factors (Age, body weight)

### b) Urea Clearance

→ Depends on **Urine flow Rate**

→ **Very poor indicator of GFR**

#### I) Background

→ Waste product of Amino acid metabolism

→ Filter freely but reabsorb back by passive diffusion

#### II) Reason for a POOR indicator

1) Decrease production of urea can lower plasma urea

→ Decrease intake of protein will lead to

→ Renal insufficiency patient may have normal plasma level

2) GFR has to drop ~40% before urea level rise

3) Increase production of urea may not result in proportionately high level of plasma urea

### III) Other conditions affecting creatinine independent of GFR

- 1) Factors increasing urea level
  - ➔ High protein diet
  - ➔ Gastrointestinal bleeding
  - ➔ Tissue trauma
  - ➔ Drugs: Glucocorticoids, tetracycline
- 2) Factors decreasing urea level
  - ➔ Liver disease
  - ➔ Malnutrition

### c) Overall Clinical situations where clearance that necessary to estimate GFR

- I) Extremes of age / body sizes
- II) Severe obesity / inanition
- III) Disease of skeletal muscle
- IV) Paraplegia and tetraplegia
- V) Vegetarian diet
- VI) Rapidly changing renal function

### 4) Proteinuria

#### a) Basics

- ➔ Normally small proteins can be freely filtered but can completely reabsorbed (<15kDA)
- ➔ Normally daily excretion < 150mg, about 40-50% is albumin

#### b) Measurement

- ➔ 24 hr / 12-hr overnight / 4 hr
- ➔ **Dipstick methods**
  - ➔ Most sensitive to albumin
  - ➔ Poor for detecting tubular proteinuria
  - ➔ Based on protein association with pH indicator
    - ➔ Test pad with dye **tetrabromophenol blue** at **pH 3**
    - ➔ If proteins binds, **Yellow to Green**

### c) Classification

#### I) **Overload proteinuria**

- Haemoglobin
- Myoglobin (crush injury, rhabdomyolysis)
- Bence Jones (Multiple myeloma)

#### II) **Tubular Proteinuria**

- Mostly low molecular weight proteins (Not albumin)
- Heavy metal toxicity, cystinosis, galactosaemia

#### III) **Glomerular Proteinuria**

- Mostly albumin at first
- Then larger proteins appear as membrane selectivity is lost

#### IV) **Other**

##### 1) **Orthostatic Proteinuria**

- Standing position increase protein excretion
- 10-20% healthy subjects at prolonged upright posture have

##### 2) **Transient Proteinuria**

- Systemic illnesses not related to kidneys
- Eg High fever, congestive heart failure

### d) **Nephrotic Syndrome**

- Proteinuria  $> 3.5\text{g} / \text{day} / 1.73\text{m}^2$
- Associated with hypoalbuminaemia, hyperlipoproteinaemia, edema
- Hyperlipoprotein due to leaking of small molecules

### 5) Arterial Blood Gases Analysis (Acid-Base disorders)

- pH, PO<sub>2</sub>, PCO<sub>2</sub>, HCO<sub>3</sub><sup>-</sup>, O<sub>2</sub> saturation

#### a) **Concepts and vocab**

- By measuring H<sup>+</sup>, HCO<sub>3</sub><sup>-</sup> concentration, pCO<sub>2</sub>
- The component of bicarbonate buffer system

#### I) **Metabolic acid-base disorders**

- Primary Problem with hydrogen ion production or excretion
- Reflected in conc. Of HCO<sub>3</sub><sup>-</sup>

#### II) **Respiratory Acid-base disorders**

- Primary Problem with CO<sub>2</sub> excretion
- Reflected in PCO<sub>2</sub>

#### III) **Compensation process**

- The body got physiological mechanisms to try restore H<sup>+</sup> conc.

⇒ Acid-base disorder = Balance between **primary disturbance** and **compensation**

**b) Diagnosis of Acid-Base disorder**

- I) Compensated acidosis /alkalosis
- II) Partially compensated
- III) Fully compensated

**c) Common cause**

**I) Acidosis**

- ➔ Impaired H<sup>+</sup> excretion
- ➔ Increased H<sup>+</sup> production or ingestion
- ➔ Loss of HCO<sub>3</sub><sup>-</sup>

**II) Alkalosis**

- ➔ Loss of H<sup>+</sup> in vomiting
- ➔ Alkali ingestion
- ➔ Potassium deficiency

**d) Management**

- ➔ Correct underlying disease

**6) Immunological tests**

**a) Antinuclear antibodies (ANA)**

**I) Background**

- ➔ Antibodies that against nuclear constituents
- ➔ Usually tested by **indirect immunofluorescence (IIF)**

**II) Common Clinical use**

- 1) Systemic lupus erythematosus (95%)
- 2) Rheumatoid arthritis (60%)
- 3) Scleroderma (90%)
- 4) Normal (3-4%)
- 5)

**III) Pattern of ANA**

- 1) **Diffuse:** Deoxyribonucleoprotein, Non-specific
- 2) **Speckled 斑點:** ENA, rheumatic disease
- 3) **Rim 環繞:** dsDNA, SLE
- 4) **Centromere:** CREST
- 5) **Nucleolar:** Ribonucleoprotein precursors, scleroderma

#### IV)      **Classification**

##### **1) Anti-dsDNA**

- ➔ Specific to SLE, but present only in 70% of SLE patient
- ➔ Level correlate with activity in most patient
  - ➔ May have a delay of weeks
- ➔ Detected by ELISA / Farr assay / IIF

##### **2) Anti-ENA (Anti extractable nuclear antigen)**

- ➔ At least 30 different specificities
- ➔ Detected by Double immunodiffusion, ELISA
- ➔ Sub-division
  - I)      **Smith:** highly specific for **SLE (30% present)**
  - II)      **nRNP:**
    - ➔ **High titre:** Associated with mixed connective tissue(MCTD)
    - ➔ **Lower titre:** SLE and other connective tissue disease
  - III)      **Ro(SS-A)**
    - ➔ Associated with heterogeneous clinical manifestations
    - ➔ E.g. Neonatal lupus, subacute cutaneous LE
  - IV)      **La(SS-B)**
    - ➔ Similar to RO, have affinity to one another

##### **3) Anti-centromere (C3,C4)**

- ➔ Related to **CREST**
  - ➔ Calcinosis, Raynaud's phenomenon, Esophagus dysmotility
  - ➔ Sclerodactyly, Telangiectases
- ➔ Subdivision
  - I)      **Decrease in C3 and C4**
    - ➔ Normally secondary cause
      - ➔ Consumptive: AP / CP
      - ➔ Decreased production: chronic liver disease
    - ➔ Also related to SLE, C1-inhibitor deficiency
  - II)      **Increase in C3 and c4**
    - ➔ In acute phase response

#### **b) Anti-Thyroid antibodies**

➔ Anti-thyroglobulin Ab / Anti-thyroid microsomal Ab

##### I)      Methodology

- ➔ By ELISA / particle agglutination

##### II)      Clinical use

- ➔ Associated with thyroid autoimmunity
- ➔ Can be found in thyroid malignancy

c) **Anti-Smooth Muscle Antibodies**

→ Found in

→ Chronic active hepatitis 70%

→ Primary biliary cirrhosis 20%

→ Cryptogenic cirrhosis 30%

d) **Anti-Mitochondrial Antibodies**

→ Found in

→ Chronic active hepatitis 25%

→ Primary biliary cirrhosis 90%

→ Cryptogenic cirrhosis 25%

e) **Rheumatoid factor**

→ IgM against IgG Fc

I) **Methodology**

→ Nephelometry

→ ELISA

→ Agglutination method

II) **Diagnostic significance**

1) **Rheumatoid Arthritis \*\*\***

→ Not sensitive / specific

2) **Other AI diseases:** SLE, scleroderma, CAH

3) **Chronic infections:** TB, Osteomyelitis

4) **Normal**

III) **High titre:** Active disease

IV) **Very High Titre:** Rheumatoid vasculitis

f) **Anti-Neutrophil cytoplasmic antibodies (ANCA)**

→ By IIF, ELISA

→ 2 staining patterns

→ Cytoplasmic, perinuclear

→ Clinical use

1) **Small vessel vasculitis**

→ cANCA → Wegener's granulomatosis

→ pANCA → Microscopic polyarteritis

**g) Anti-Phospholipid antibodies**

**I) Methodology**

- 1) **VDRL:** Least sensitive
- 2) **Lupus anticoagulant(LA):** Most specific
- 3) **Solid-phase assays:**
- 4) **Anti cardiolipin antibody test:** by ELISA
- 5) **Anti-beta2-glycoprotein I antibody test:** by ELISA

**h) Paraproteins**

**I) Definition of paraprotein**

- ➔ Abnormal discrete bands seen on electrophoresis of serum or urine
- ➔ Comprise intact / fragmented homogenous Ig derived from a single clone of B cells
- ➔ Benign / Malignant

**II) Disease associated**

**a) Malignant**

- ➔ **Multiple myeloma \*\***
- ➔ B cell lymphoma
- ➔ Heavy-chain disease
- ➔ Amyloidosis

**b) Benign**

- ➔ Infectious processes
- ➔ Conditions associated with hyper-gamma-globulinaemia

**i) IgG, IgA, IgM abnormalities**

**I) Antibody deficiency**

- ➔ Primary cause: CVID, selective IgA deficiency
- ➔ Secondary: Myeloma

**II) Raised Ig**

- ➔ Chronic liver diseases, AIDs

**甲、 Quantitation of paraprotein**

- ➔ Cheaper and easier than densitometry
- ➔ But can give gross error

**7) Diagnosis of multiple myeloma**

**I) Serum and urine presence of paraprotein**

**II) Bone marrow biopsy (increased number and abnormal morphology)**

**III) Skeletal X ray – lytic lesions**



8) Basics about microbiology investigation of infectious disease

a) **Common Roles of microbiology laboratory**

- 1) Microbiological examination of specimen
- 2) Consultation on investigation and management of patient
- 3) Control of hospital infection
- 4) Public health surveillance 監視

b) **Principle of laboratory diagnosis of infection**

I) **Specimen**

- 1) quality
- 2) timing
- 3) collection technique
- 4) preservation

II) **Requests**

→ Right test, Right purpose

9) Methods of microbiology investigation

a) **Microscopic examinations**

I) **Direct light microscopic examination**

II) **With staining**

→ *Gram-stain*: Identify **Gram+ve organism**

→ *Ziehl-Neelsen stain*: Identify **Acid-fast organism**

→ E.g. *Mycobacterium tuberculosis*

→ *Silver stain*: To visualize DNA, proteins

III) **With immunofluorescence**

IV) **Electron microscopy**

b) **Identification of microorganism**

I) **Phenotypic**

→ Colony morphology, microscopic-morphology, biochemical tests

II) **Genotypic**

→ Probe hybridization, DNA sequencing

III) **Mass Spectrometry**

c) **Culture**

I) **Solid media**

II) **Liquid Media**

III) **Tissue culture**

IV) **Animal inoculation 接種**

**d) Antigen / antibody detection**

→ By serology on blood and other fluid

→ **Antimicrobial susceptibility testing**

→ To guide the choice of treatment (Anti-microbial agents)

→ Report as Sensitive / Susceptible / resistant

**I) Pros of Antibody:**

- 1) Fast
- 2) No dependence on culture
- 3) Non-invasive

**II) Cons of Antibody:**

- 1) Cross reaction
- 2) Cannot differentiate **new /old** infections
- 3) Time needed for antibody immune response
- 4) Patients with immunosuppression

**III) Antigen**

→ Can be performed in various body fluids

→ Less problem than antibody detection , but not often available

**e) Nucleic Acid Amplification and Detection**

→ By Polymerase chain reaction (PCR)

**I) Pros**

- 1) Relatively fast
- 2) Does not depend on culture
- 3) Usually Very sensitive

**II) Cons**

- 1) May not differentiate between **live / dead**
- 2) **Inhibitor** affecting
- 3) High **cost**

**f) Blood culture criteria**

- I) Must only be taken in suspected sepsis / severe infection
- II) Aerobic + Anaerobic culture
- III) At least 2 set from different sites
- IV) Strict aseptic techniques
- V) Adequate volume: 5-10mL per bottle

## 10) Clinical features of Microbiological investigation of infectious disease

### A) CNS infection

#### a) Common types of infection

- 1) Meningitis
- 2) Encephalitis
- 3) Brain abscess, epidural / subdural abscess
- 4) Ventricular shunt infections
- 5) Spine epidural / subdural abscess

#### b) Common types of specimen

- 1) Cerebrospinal fluid  
→ Lumbar puncture / Ventricular drains
- 2) Brain abscess drainage
- 3) Brain biopsy
- 4) Blood culture
- 5) Serology  
→ Antigen / antibody

### B) Upper respiratory tract infection

#### a) Tonsillopharyngitis

- I) *Streptococcus pyrogens*  
→ By throat swab
- II) Viruses
- III) *Corynebacterium diphtheria* (Rare)

#### b) Epiglottitis

#### c) Sinusitis

- I) Cause  
→ *Streptococcus pneumoniae*  
→ *Haemophilus influenza*  
→ *Moraxella catarrhalis*
- II) Culture  
→ Nasal pus / sinus exudates **NOT reliable**  
→ Sinus puncture **Preferred**

#### d) Otitis media

- I) Cause same as sinusitis
- II) Culture  
→ External auditory meatus **NOT reliable**  
→ Tympanocentesis **Preferred** only seriously ill

#### e) Common cold: No need, viral infection

### C) Lower respiratory tract infection

#### a) Pertussis (whooping cough 百日咳)

→ Caused by *Bordetella pertussis*

→ Culture of nasopharyngeal aspirate or swab on special medium

#### b) Lung abscess

#### c) Empyema thoracis 蓄膿

#### d) Pulmonary tuberculosis

#### e) Pneumonia

##### I) Blood count, Blood gas

##### II) Cultures: blood, respiratory tract specimen, pleural fluid

##### III) CT + X-ray

##### IV) Sputum examination

→ Gram stain: Leukocytes, epithelial cells, predominant flora

→ Culture: Blood agar, chocolate agar, selective media

##### V) Other respiratory tract specimen

→ Balance the risk of procedure (Deeper, higher yield)

→ Nasopharyngeal aspirate for viruses

→ Tracheostomy aspiration

→ Transbronchial biopsy

→ Open Lung biopsy

→ Urine antigen detection assays

→ For *Strep.pneumoniae* + *Legionella pneumophila*

### D) Urinary tract infection

#### a) Clinical Diagnosis

→ Urinary symptoms + Systemic symptoms

#### b) Specimens

##### I) Midstream urine

##### II) Catheterized urine

##### III) Suprapubic aspiration

##### IV) Ureteric catheterization

##### V) Percutaneous nephrostomy urine

##### VI) Ileal conduit urine

##### VII) Bag urine

##### VIII) Blood culture

**c) Transporting criteria + Measures**

**1) Quantitation of bacterial count \*\***

**I) Significant bacteriuria**

→  $>10^5$  CFU / mL urine

→ 80% indicative for 1 sample, 95% for 2 samples

**II) Low-level bacteriuria**

→  $10^4 - 10^5$  / mL urine

→ Asymptomatic women: 95% = contamination

→ Symptomatic women: 33% having infection

**2) Within 2 hrs**

**3) Dip-slide technique**

**4) Boric acid(1.8%) for preservation if can't be transported in time**

**d) Urinalysis**

**I) Chemistry**

→ Nitrite, leukocyte esterase, haemoglobin, protein

**II) Microscopy**

→ Bacteria, Leukocyte, RBC, Casts, Squamous epithelial cells

**E) Gastrointestinal tract infection**

**a) Infectious agents**

**I) Bacteria**

→ *Helicobacter pylori*

→ *C. difficile*

→ *Staphylococcus aureus*

→ *Enterobacteriaceae*

→ *Salmonella, Shigella*

**II) Viruses**

→ Rotavirus, Astrovirus, norovirus, adenovirus etc.

→ Hepatitis A, E

**III) Parasites**

→ Protozoa, nematodes, trematodes, cestodes

**b) Specimens**

→ Stool, rectal swab

→ Gastric / intestinal biopsy

→ Duodenal aspirates

→ Blood culture / serology

→ Incriminated food / water samples

**c) Investigations**

**I) Culture:**

→ **Selective media:** Routine culture for common pathogens

→ e.g. Salmonella, shigella, vibrio, aeromonas

→ **Microscopy:** For leukocytes parasites

→ **Anaerobic culture:** For C.difficile

**II) Cytotoxin assay:** For Clostridium difficile

**III) Antigen detection:** For virus

**IV) Electron microscopy:** For virus

**d) Special requests \*\***

**I) Enterohaemorrhagic E.Coli (EHEC)**

→ **Bloody diarrhea, food history, travel history**

**II) Verocytotoxigenic E.Coli (VTEC)**

→ **Bloody diarrhea, food history, travel history**

**III) Enteropathogenic E.Coli (EPEC)**

→ **Infantile diarrhea**

**IV) Clostridium difficile culture and cytotoxin**

→ **Antibiotic-associated diarrhea**

**V) Parasites**

→ Entamoeba histolytica, Giardia lamblia

**VI) Helicobacter pylori**

**11) Basics about cytological examination**

⇒ By looking at the specific morphological features under microscopy

**a) Source of specimen**

**I) Exfoliation**

→ Cells exfoliated from linings of body cavities

→ Due to natural cell turnover

**II) Fine needle aspiration biopsy**

→ Obtained by needle suction

**b) Major application**

**I) Detection of dysplasia / malignancy**

➔ More sensitive to central tumours

➔ **More** sensitive to high grade tumours

- 1) Variable size, shape
- 2) Irregular nuclear outline, staining
- 3) Large nucleoli

**II) Diagnosis of specific infections**

➔ Organisms with characteristic appearance

**c) Diagnostic categories**

**I) Normal / Negative**

**II) Atypical cells**

➔ May be reactive / hyperplasia / benign / malignant

**III) Suspicious cells**

**IV) Malignant cells**

➔ Can suggest tumour type

➔ Carcinoma / sarcoma / lymphoma

**12) Examples of Exfoliation cytology**

**A) Bronchial cells examination**

**a) Normal bronchial cells**

**I) Epithelial cell**

➔ Columnar shape

➔ Basal nucleus

➔ Terminal plate & cilia

**II) Goblet cells**

➔ Apical mucin globule

**b) Preparation of specimens**

**I) Sputum**

- 1) Produce sputum by steam inhalation
- 2) Examined with naked eye for **small cell clumps**
- 3) Pick and smear the cell clumps on a glass slide

**II) Bronchial fluid**

- 1) Inject saline
- 2) Re-aspirate by bronchoscope
- 3) Stain with **Papanicolaou stain**

**c) Small cell carcinoma**

- I) **Small, Dense, hyper-chromatic nuclei**  
→ <4X lymphocyte / normal bronchial epithelial cell diameter)
- II) **Fine chromatin, uniform distribution**
- III) **Nuclear molding**
- IV) **Absent nucleoli**

**d) Squamous cell carcinoma**

- I) **Keratinization:** Dense cytoplasm
- II) **Nucleus:** Dense, dark, irregular size & shape
- III) **Bizarre cell shape:** Tadpole, Caudate, fibre

**e) Adenocarcinoma**

- I) **Columnar / round**
- II) **Eccentric nuclei** 古怪
- III) **Vacuolated, foamy cytoplasm**
- IV) **Gland-like arrangement of cells**

**f) Fungal infections**

- I) **Aspergillosis**
  - Long uniform septate hyphae
  - Acute angle-branching
- II) **Cryptococcosis**
  - Spherical to elliptical uninucleate
  - **Thin-walled yeast forms**
  - Thick mucinous capsule
- III) **Candidiasis**
  - Narrow-based budding yeast, pseudo-hyphae
- IV) **Mucormycosis**
  - Non-septate
  - Non uniform width, wavy, branching at 90oC

**g) HSV infection**

- Ground-glass chromatin
- Chromatin margination to nuclear membrane



## B) Gynecological Cytology

### a) Pathogenesis of cervical carcinoma

- I) Majority due to **HPV infection**
- II) **Viral proteins interact** with host cell cycle proteins
  - Lead to increased cell proliferation
  - Eventually cancer development
- III) **Progression** from pre-invasive to invasive phase
  - May take many years
- IV) **Stop cancer progression** at the pre-invasive phase

### b) Squamous Intraepithelial Lesion(SIL)

- **Low grade:** Low nucleus to cell ratio
- **High grade:** High nucleus to cell ratio

## 13) Fine needle Aspiration biopsy

### a) Advantages of FNA

- I) Simple, safe
- II) Painless ??
- III) Outpatient procedure
- IV) Readily repeated
- V) Speedy results
- VI) Cheap
- VII) Obtain material for other tests

### b) Complications

- I) Infrequent
- II) Usually minor degree, resolve spontaneously
- III) Site may influence
- IV) Experience of operator dependent

## 14) Comparison between exfoliative cytology and FNA

<b>Exfoliative cytology advantages</b>	<b>FNA Advantages</b>
Specimens collected with minimal discomfort	I) Active sampling of otherwise not reachable lesions
Procedure can be repeated many times	II) Cells fresh, well-preserved
Specimen samples a wide area	III) Inexpensive, out-patient
Equipment for collection is inexpensive	IV) May allow application of histological criteria if material adequate

## 15) Basics about Haematological system

### a) Elements

- I) **Organs:** Bone marrow, thymus, spleen, lymph nodes
- II) **Cell:** WBC, RBC, platelets
- III) **Plasma:** Coagulation factors, Anticoagulants

### b) Nature of haematological disorder

- I) Hereditary VS acquired
- II) Benign/reactive VS malignant
- III) Primary VS secondary (Systemic disease)

### c) Aim of lab investigation

- 1) Establish **diagnosis**
- 2) Predict **prognosis**
- 3) Guide **treatment**
- 4) Help **monitoring**

### d) Basic principle of laboratory investigation

- I) **Simple fast screening to complex confirmatory test**
- II) **Cheap to expensive test**
- III) **Non-invasive to invasive tests**

## 16) Clinical features of haematological tests

### A) Blood cell investigation

→ Complete Blood count

→ Fast, Simple, Cheap, Non-invasive, Excellent

#### a) Iron deficiency Anaemia (Microcytic)

- I) Small and pale RBC
- II) Low serum iron
- III) Low serum ferritin (**Low storage**)
- IV) High serum transferrin (**Compensatory aiming at increase transport**)
- V) Lower transferrin saturation

#### b) Alpha-Thalassemia (Microcytic)

- I) Small RBC
- II) Detection of HbH(beta-4) Inclusion Bodies

#### c) Megaloblastic anemia (Vit B12 and folate deficiency)

- I) Hypersegmented neutrophils
- II) Oval macrocytes

d) **Sickle cell anaemia (Hereditary)**

→ Sickle blood cells

e) **Bone marrow disease**

I) Circulating blasts

II) Unexplained cytopenia

**B) Bone Marrow investigation**

→ Invasive but safe

→ Requires expertise in assessment

→ Determine if it is **inadequate vs ineffective** haemopoiesis in cytopenia\*\*\*

a) **Congenital dyserythropoietic anaemia**

→ Ineffective erythropoiesis

→ Erythrocytopenia

b) **Aplastic Anaemia**

→ Damage in bone marrow cells

→ Pancytopenia

c) **Miliary tuberculosis**

d) **Acute promyelocytic leukaemia**

→ Cancer of WBC

→ Abnormal accumulation of immature granulocytes (Promyelocytes)

e) **Myelodysplastic syndrome**

→ Ineffective production of all blood cells

→ Pancytopenia

f) **Primary myelofibrosis**

→ Bone marrow cancer

→ Proliferation of abnormal bone marrow cells

g) **Other malignant cases**

→ Provide optimal material for further special investigations

### C) Special investigation for malignant haematological diseases

#### a) Aim

- I) To classify malignant disease for choice of specific treatment
- II) To predict prognosis for counselling and risk-adapted therapy
- III) To monitor residual disease after treatment

#### b) Measures

##### I) **Cytochemistry**

- ➔ To classify acute leukaemia
- ➔ Demonstrate enzymatic function of blast

##### II) **Immunophenotyping**

- ➔ To classify leukaemia
- ➔ Using antibodies to detect lineage-associated antigens in abnormal cells
- ➔ By **Flow cytometer**

### D) Genetic Testing

#### a) Aim

- ➔ Confirmation for inherited haematological diseases with known genetic defects
  - ➔ E.g. **Thalassemia**
- ➔ Some malignant hematological disease are also genetic diseases
  - ➔ Acquired mutations

#### b) Measures

##### I) **Cytogenetic studies**

- ➔ Culture malignant cells and examine their chromosomes
- ➔ Predict prognosis and examine their chromosomes

##### II) **Molecular genetic tests**

- ➔ Classification, prediction of prognosis and MRD monitoring
- ➔ Determine lineage of abnormal cells, gene mutation, fusion

## **E) Bleeding and Thrombosis investigation**

### **a) Prothrombin Time (PT)**

- ➔ Add tissue factor + phospholipid + calcium
  - ➔ Measure **extrinsic + common** pathway
  - ➔ **Factor VII, X, V, prothrombin, fibrinogen defect \*\*\***
- ➔ Liver disease (production)
- ➔ Disseminate intravascular coagulation (consumption)
- ➔ Warfarin therapy (inactivate)

### **b) Activated partial thromboplastin time (APTT)**

- ➔ Add phospholipid + calcium
  - ➔ Measure **intrinsic + common** pathway
  - ➔ **Factor XII, XI, X, IX, VIII, V, prothrombin, fibrinogen**
    - ➔ Liver disease (production)
    - ➔ Disseminate intravascular coagulation (consumption)
    - ➔ Heparin therapy (inhibition)

### **c) Thrombin time (TT)**

- ➔ Add thrombin
  - ➔ Measure **common** pathway
  - ➔ **Fibrinogen**
- ➔ Liver disease (production)
- ➔ Disseminate intravascular coagulation (consumption)
- ➔ Heparin therapy (inhibition)

### **d) Von Willebrand Factor (vWF) Testing**

### **e) Platelet function test**

### **f) Coagulation inhibitor testing**

### **g) Specific coagulation factor assay**

### **h) PC,PS,AT assay**

17) 1

18) 1

19) 1

