

Praise & Prayer





CREDO

PRAISE & PRAYERS



Firmly I Believe and Truly

Firmly I believe and truly, God is three and God is one;
And I next acknowledge duly manhood taken by the Son.
And I trust and hope most fully in that manhood crucified;
And I love supremely, solely Christ who for my sins has died.
And I hold in veneration for the love of him alone,
Holy Church as his creation, and her teachings as his own.
Praise and thanks be ever given with and through the angel host,
To the God of earth and heaven, Father, Son and Holy Spirit.
Amen.

(adapted from the text of John H. Newman, 1890)

CREDO

PRAISE & PRAYERS

Psalm 62: God, My Rock and Salvation

For God alone my soul waits in silence;
from him comes my salvation.

He alone is my rock and my salvation,
my fortress; I shall not be greatly moved.

How long will you set upon a man
to shatter him, all of you,
like a leaning wall, a tottering fence?

They only plan to thrust him down from his eminence.

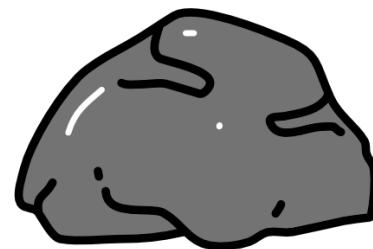
They take pleasure in falsehood.
They bless with their mouths,
but inwardly they curse.

For God alone my soul waits in silence,
for my hope is from him.

He alone is my rock and my salvation,
my fortress; I shall not be shaken.

On God rests my deliverance and my honor;
my mighty rock, my refuge is God.
Trust in him at all times, O people;
pour out your heart before him;
God is a refuge for us.

(taken from Psalm 62:1-8)



Psalm 62 :
God, My Rock
and Salvation

CREDO

PRAISE & PRAYERS

The Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior,
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.

He has shown the strength of his arm,
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,
and has lifted up the lowly.

He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel
for he has remembered his promise of mercy,
the promise he made to our fathers,
to Abraham and his children forever.

Glory to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and will be forever.
Amen.

(taken from Luke 1:47-55, New American Bible.)



The magnificat

CREDO

PRAISE & PRAYERS

Take Up Your Cross

Take up your cross, the Savior said, if you
would my disciple be
Deny yourself, the world forsake, and hum-
bly follow after me.
Take up your cross, let not its weight fill
your weak spirit with alarm;
His strength shall bear your spirit up, shall
brace your heart and nerve your arm.
Take up your cross then in his strength, and
every danger calmly brave,
To guide you to a better home, and victory
over death and grave.
Take up your cross and follow Christ, nor
think till death to lay it down;
For only he who bears the cross may hope
to wear the glorious crown.
To you, great Lord, the One in three, all
praise for evermore ascend;
O grant us here below to see the heavenly
life that knows no end.
Amen.

(adapted from the text of
Charles William Everest, 1877)



CREDO

PRAISE & PRAYERS

Christ the Lord
Risen is Today



Christ the Lord is Risen Today

Christ the Lord is Risen today, Alleluia!
Sons of men and angels say, Alleluia!
Raise your joys and triumphs high, Alleluia!
Sing, ye heavens, and earth reply, Alleluia!

Hail, the Lord of earth and heaven, Alleluia!
Praise to thee by both be given, Alleluia!
Thee we greet triumphant now, Alleluia!
Hail, the resurrection Thou, Alleluia!

(adapted from the text of Charles Wesley, 1788)

CREDO

PRAISE & PRAYERS

Amazing Grace

Amazing grace
How sweet the sound
That saved a wretch like me
I once was lost, but now I'm found
Was blind, but now I see

'Twas grace that taught my heart to fear
And grace my fears relieved
How precious did that grace appear
The hour I first believed

My chains are gone
I've been set free
My God, my Savior has ransomed me
And like a flood, his mercy rains
Unending love, amazing grace

The Lord has promised good to me
His word my hope secures
He will my shield and portion be
As long as life endures

The Earth shall soon dissolve like snow
The sun forbear to shine
But God, who called me here below
Will be forever mine

(adapted from the text of John Newton, 1807)



CREDO

PRAISE & PRAYERS

Novena to Our Lady of Fatima

My God, I believe, I adore, I hope and I love you. I ask pardon for those who do not believe, do not adore, do not hope and do not love you. Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly, and I offer you the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference with which he himself is offended. And, through the infinite merits of his most Sacred Heart, and the Immaculate Heart of Mary, I beg of you the conversion of poor sinners.

O Most Holy Virgin Mary, you came to Fatima to reveal the graces that come from praying the Holy Rosary to three little shepherd children. Inspire us with a sincere love of this devotion so that, like the shepherd children, it is not a burdensome task but a life-giving prayer. May our prayers and meditations on the mysteries of our redemption bring us closer to your Son, Our Lord Jesus Christ.

Our Lady of Fatima, pray for us.
Saints Francisco and Jacinta Marto, pray for us.
Saint Joseph, pray for us!
Immaculate Heart of Mary, pray for us!
From sins against the Holy Spirit, deliver us. Amen.

(adapted and revised from the Catholic Crusade)



**Novena of Our
Lady of Fatima**

CREDO

PRAISE & PRAYERS

St. Patrick's Prayer

May the strength of God pilot us.
May the power of God preserve us.
May the wisdom of God instruct us.
May the hand of God protect us.
May the way of God direct us.
May the host of God guard us.
against the snares of the evil ones,
against the temptations of the world.
May Christ be with us.
May Christ before us.
May Christ be in us.
Christ be over all.
May Thy salvation, Lord always be ours
This day and evermore.
Amen.

(taken from the Irish Blessing, Irish Central)



CREDO

PRAISE & PRAYERS

Prayer to St. Michael the Archangel

St. Michael the Archangel, defend us in battle,
be our protection against the wickedness and snares of the devil.

May God rebuke him we humbly pray; and do thou,
O Prince of the Heavenly host, by the power of God,
cast into hell Satan and all the evil spirits who prowl
about the world seeking the ruin of souls.

Amen.

(adapted from the text of Pope Leo XIII, 1886)

Prayer to
St. Michael the
Archangel



CREDO

PRAISE & PRAYERS

For All the Saints

For all the saints who from their labors rest,
who thee by faith before the world confessed,
Thy name, O Jesus, be forever blest.
Alleluia! Alleluia!

Thou wast their rock, their fortress, and their might;
Thou, Lord, their captain in the well-fought fight;
Thou, in the darkness dread, their one true light.
Alleluia! Alleluia!

Oh, may thy soldiers, faithful, true, and bold
fight as the saints who nobly fought of old
and win with them the victor's crown of gold.
Alleluia! Alleluia!

But, lo! there breaks a yet more glorious day;
the saints triumphant rise in bright array;
the King of glory passes on his way.
Alleluia! Alleluia!

From earth's wide bounds, from ocean's farthest coast,
through gates of pearl streams in the countless host,
singing to Father, Son, and Holy Ghost,
Alleluia! Alleluia!

(adapted from the text of William Walsham How, 1864)

For All The Saints



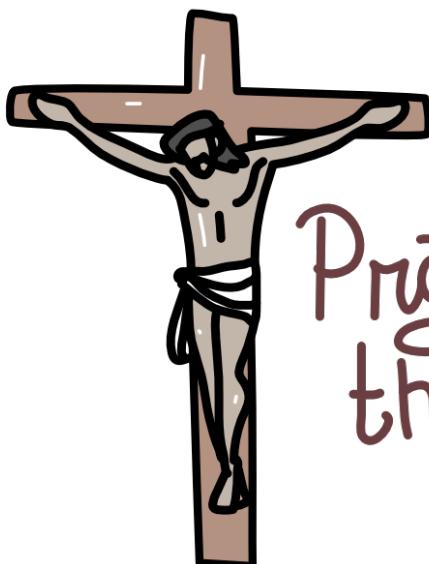
CREDO

PRAISE & PRAYERS

Prayer Before the Crucifix

Look down upon me, good and gentle Jesus while before your face I humbly kneel and, with burning soul, pray and beseech you to fix deep in my heart lively sentiments of faith, hope, and charity, true contrition for my sins, and a firm purpose of amendment. While I contemplate, with great love and tender pity, your five most precious wounds, pondering over them within me and calling to mind the words which David, your prophet, said to You, my Jesus: "They have pierced My hands and My feet, they have numbered all My bones." Amen.

(taken from the prayers of Mary's Call)



Prayer Before
the Crucifix

CREDO

PRAISE & PRAYERS

I Am the Bread of Life

I am the bread of life. He who comes to me shall not hunger.

He who believes in me shall not thirst.
No one can come to me unless the Father draw him.

And I will raise him up.
And I will raise him up.
And I will raise him up on the last day.

I am the resurrection, I am the life.
He who believes in me
Even if he dies, he shall live forever.

Yes, Lord, I believe that you are the Christ
The Son of God,
The Son of God, who has come into the world.

(adapted from the text of S. Suzanne Toolan, 1970)

I Am the Bread of Life



ECCLESIA

PRAISE & PRAYERS

Holy God, We Praise Thy Name

Holy God, we praise Thy Name;
Lord of all, we bow before Thee.
All on earth Thy scepter claim,
All in heaven above adore Thee;
Infinite Thy vast domain,
Everlasting is Thy reign.

Hark! the loud celestial hymn
Angel choirs above are raising,
Cherubim and seraphim,
In unceasing chorus praising;
Fill the heavens with sweet accord:
Holy, holy, holy, Lord.

Holy Father, Holy Son,
Holy Spirit, Three we name Thee;
While in essence only One,
Undivided God we claim Thee;
And adoring bend the knee,
While we own the mystery.

(adapted from the text of Ignas Franz, 1790)



*Holy God,
We Praise
Thy Name*

ECCLESIA

PRAISE & PRAYERS

Psalm 23: The Divine Shepherd



Psalm 23: The Divine Shepherd

The LORD is my shepherd, I shall not want;
he makes me lie down in green pastures.

He leads me beside still waters;
he restores my soul.

He leads me in paths of righteousness for his name's sake.
Even though I walk through the valley of the shadow of death,
I fear no evil; for thou art with me;

Thy rod and thy staff, they comfort me.

Thou preparest a table before me in the presence of my enemies;
Thou anointest my head with oil, my cup overflows.
Surely] goodness and mercy shall follow me all the days of my life;
and I shall dwell in the house of the Lord for ever.

(taken from Psalm 23:1-6, Revised Standard Version Catholic Edition)

ECCLESIA

PRAISE & PRAYERS

Faith of Our Fathers

Faith of our Fathers! living still
In spite of dungeon, fire, and sword:
Oh, how our hearts beat high with joy
Whene'er we hear that glorious word.

Faith of our Fathers! Holy Faith!
We will be true to thee till death.

Our Fathers, chained in prisons dark,
Were still in heart and conscience free:
How sweet would be their children's fate,
If they, like them, could die for thee!

Faith of our Fathers! Holy Faith!
We will be true to thee till death.

Faith of our Fathers! we will love
Both friend and foe in all our strife:
And preach thee too, as love knows how
By kindly words and virtuous life:

Faith of our Fathers! Holy Faith!
We will be true to thee till death.

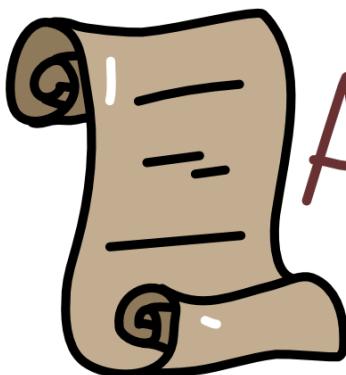
(adapted from the text of Frederick William Faber, 1863)



Faith of Our Fathers

ECCLESIA

PRAISE & PRAYERS



Apostles' Creed

Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.

(taken from the English Language Liturgical Consultation (ELLC), 1988)

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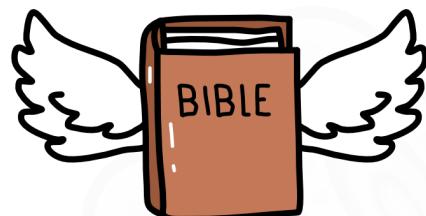
PRAISE & PRAYERS

Prayer of St. Thomas Aquinas

O merciful God, grant that I may ever perfectly do your will in all things.
Let it be my ambition to work only for Your honor and glory.
Let me rejoice in nothing but what leads to You,
nor grieve for anything that leads away from You.
May all passing things be as nothing in my eyes, and
may all that is yours be dear to me, and you, my God, dear above them all.
May all joy be meaningless without you and
may I desire nothing apart from you.
May all labor and toil delight me when it is for you.
Make me, O Lord, obedient without complaint, poor without regret,
patient without murmur, humble without pretense,
joyous without frivolity, and truthful without disguise.

Give me, O God, an ever watchful heart which nothing can ever lure away from you;
a noble heart, which no unworthy affection can draw downwards to the earth;
an upright heart, which no evil can warp;
an unconquerable heart, which no tribulation can crush;
a free heart, which no perverted affection can claim for its own.
Bestow on me, O God, understanding to know you, diligence to seek you,
and wisdom to find you; a life which may please you,
and a hope which may embrace you at the last.
Amen.

(taken from St. Thomas Catholic Online Academy)



Prayer of
St. Thomas Aquinas

ECCLESIA

PRAISE & PRAYERS

Psalm 119: Hope in the Lord

I call with all my whole heart, O Lord;
answer me that I may observe your laws.
I call to you to save me that I may keep your decrees.
I rise before dawn and cry out;
I put my hope in your words.
My eyes greet the night watches
as I meditate on your promise.
Hear my voice in your love, O Lord;
by your edict give me life.
Malicious persecutors draw near me;
they are far from your teaching.
You are near, O Lord; reliable are all your commands.
Long have I known from your decrees
that you have established them forever.

(taken from Psalm 119:145-152, The New American Bible)



Psalm 119 :
Hope in the Lord

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PRAISE & PRAYERS

Prayer to Our Lady of Guadalupe

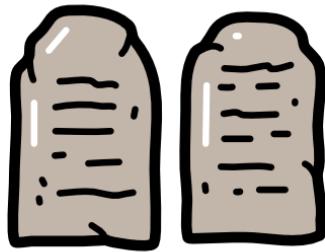
Our Lady of Guadalupe,
Mystical Rose,
make intercession for the holy Church,
protect the sovereign Pontiff,
help all those who invoke you in their necessities,
and since you are the ever Virgin Mary
and Mother of the true God,
obtain for us from your most holy Son
the grace of keeping our faith,
of sweet hope in the midst of the bitterness of life,
of burning charity, and the precious gift of final
perseverance.
Amen.

(taken from Catholicism/Devotion, EWTN)



ECCLESIA

PRAISE & PRAYERS



Prayer for Holiness

Prayer For Holiness

O Lord Jesus Christ, my Savior, Son of the Living God,
through your Most Precious Body and Blood,
I consecrate my body, my soul and my entire being.
Deliver me from the temptations of the enemy
so that I may remain in your love.
Fix my gaze in doing your holy will and
in keeping your sacred commandments,
to love you above all things, and to love others as myself.
Never permit me to be separated from you, O Lord.
Guide my way that I may live for you.
Transform me and make me holy.
All this I pray in your holy name, Lord Jesus,
with the Father and the Holy Spirit.
Amen.

(adapted from the original prayers of Loida Ankrom, 2022)

ECCLESIA

PRAISE & PRAYERS

Blest Are
the Pure
of Heart



Blest are the Pure in Heart

Blest are the pure in heart for they shall see our God;
the secret of the Lord is theirs, their soul is Christ's abode.

The Lord, who left the heavens our life and peace to bring,
to dwell in lowliness with men, their pattern and their King

Still to the lowly soul, he doth himself impart,
and for his dwelling and his throne chooseth the pure in heart.

Lord, we thy presence seek; may ours this blessing be;
give us a pure and lowly heart, a temple meet for thee.

(adapted from the text of S. Keble, 1819)

ECCLESIA

PRAISE & PRAYERS

All Creatures of Our God and King

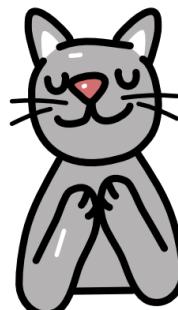
All creatures of our God and king,
Lift up your voices and with us sing,
Alleluia, alleluia
Thou burning with golden beam,
Thou silver moon with softer gleam,
Alleluia, alleluia, alleluia, alleluia,

Thou rushing wind that art so strong,
Ye clouds that sail in heaven along,
Alleluia, alleluia
Thou rising morn in praise rejoice,
Ye light of evening find a voice,
Alleluia, alleluia, alleluia, alleluia,

Thou flowing water pure and clean,
Make music for thy Lord to hear,
Alleluia, alleluia
Thou fire so masterful and bright,
That gives to man both warmth and light,
Alleluia, alleluia, alleluia, alleluia,

(adapted from the text of St. Francis of Assisi, 1226)

All creatures of our God and King



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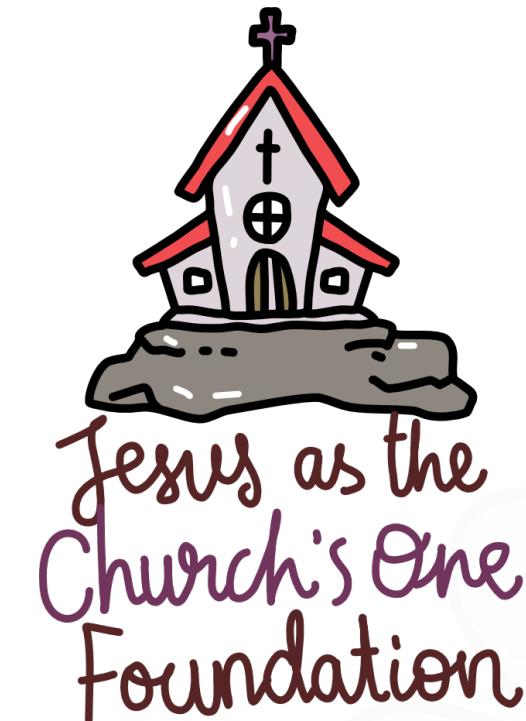
PRAISE & PRAYERS

The Church's One Foundation

The Church's one foundation is Jesus Christ her Lord;
She is his new creation by water and the word.
From heaven he came and sought her to be his holy bride;
With his own blood he bought her, and for her life he died.

Elect from every nation, yet one over all the earth,
Her charter of salvation, one Lord, one faith, one birth;
One holy name she blesses, partakes one holy food,
And to one hope she presses, with every grace endured.

(adapted from the text of Samuel John Stone, 1900)



ECCLESIA

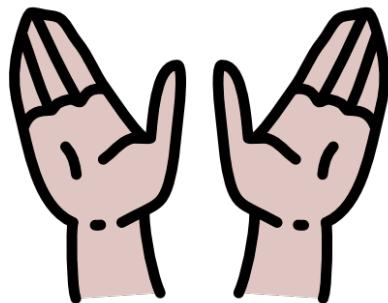
PRAISE & PRAYERS

Song of Daniel

Blessed are you, O Lord, the God of our fathers,
praiseworthy and exalted above all forever;
And blessed is your holy and glorious name,
praiseworthy and exalted above all for all ages.
Blessed are you in the temple of your holy glory,
praiseworthy and exalted above all forever;
Blessed are you on the throne on your kingdom;
praiseworthy and exalted above all forever;
Blessed are you who look into the depths from
your throne upon the cherubim,
praiseworthy and exalted above all forever;
Blessed are you in the firmament of heaven,
praiseworthy and glorious forever;
Bless the Lord, all you works of the Lord,
praise and exalt him above all forever.

(taken from Daniel 3: 52-57, The New American Bible)

Song Of Daniel



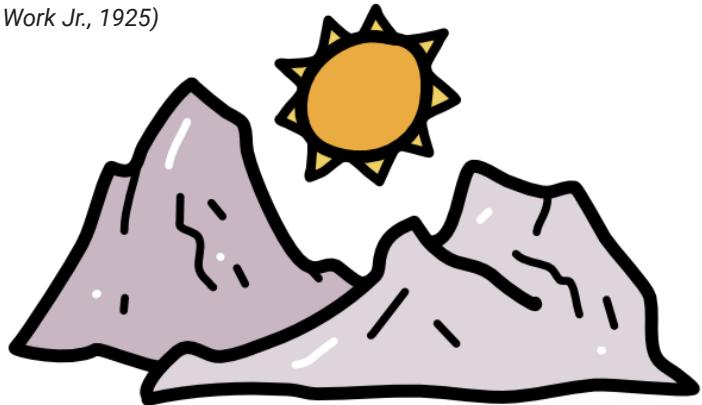
SALVATOR

PRAISE & PRAYERS

Go Tell It To The Mountains

Go, tell it on the mountain, over the hills and everywhere.
Go, tell it on the mountain that Jesus Christ is born.
While shepherds kept their watching over silent flocks by night,
behold throughout the heavens, there shone a holy light.
The shepherds feared and trembled when lo! above the earth
rang out the angel chorus that hailed our Savior's birth.
Down in a lowly manger our humble Christ was born,
and God sent us salvation, that blessed Christmas morn.
When I am a seeker, I seek both night and day.
I seek the Lord to help me, and He shows me the way.
He made me a watchman upon the city wall,
and if I am a Christian, I am the least of all.

(adapted from the text of John Wesley Work Jr., 1925)



Go Tell it
to the Mountain

SALVATOR

PRAISE & PRAYERS

When Jesus Comes To Be Baptized

When Jesus comes to be baptized,
He leaves the hidden years behind,
The years of safety and of peace.
To bear the sins of all mankind.

The Spirit of the Lord comes down,
Anoints the Christ to suffering,
To preach the word, to free the bound,
And to the mourner, comfort bring.

He will not quench the dying flame,
And what is bruised he will not break,
But heal the wound injustice dealt,
And out of death his triumph make.

Our everlasting Father, praise,
With Christ, his well-beloved Son,
Who with the Spirit reigns serene,
Untroubled Trinity in One.

(adapted from the text of the Benedictines of Stanbrook

Prayer of the Holy Families



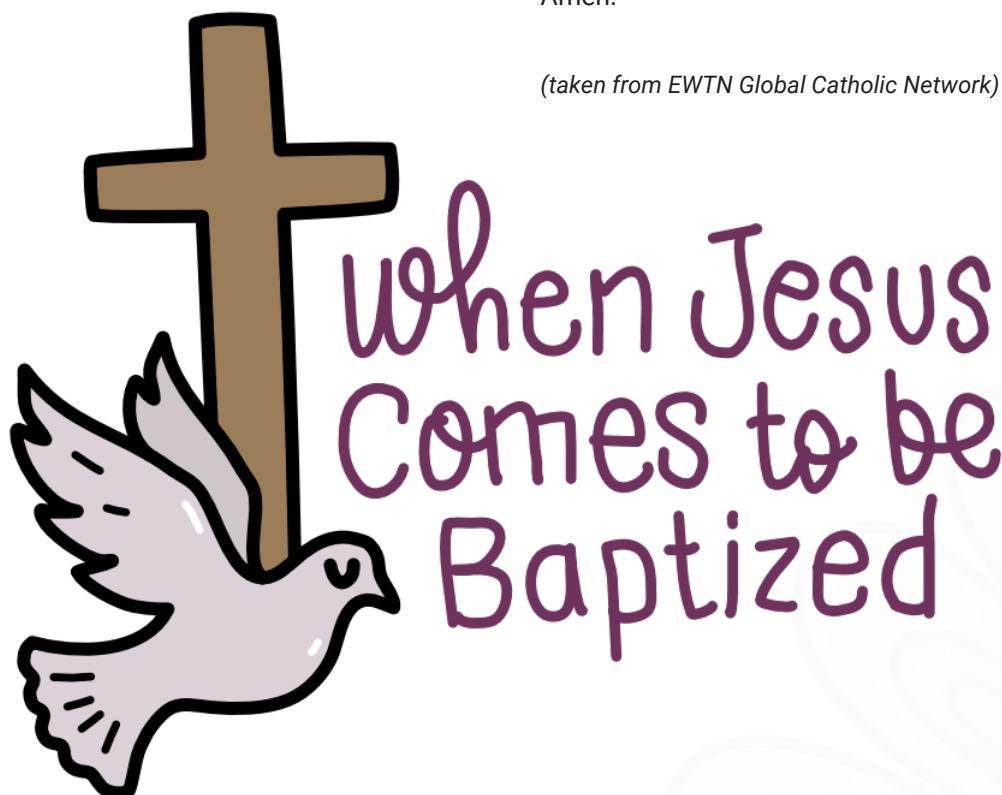
SALVATOR

PRAISE & PRAYERS

Prayer of the Holy Family

Father in heaven, Creator of all,
you ordered the earth to bring forth life and
crowned its goodness by creating the family of man.
In history's moment when all was ready,
you sent your Son to dwell in time,
obedient to the laws of life in the world.
Teach us the sanctity of human love,
show us the value of family life,
and help us to live in peace with all men
that we may share in your life forever.
We ask this through Christ our Lord.
Amen.

(taken from EWTN Global Catholic Network)



SALVATOR

PRAISE & PRAYERS

Jesus, Help Me

In every need let me come to you with a humble trust saying,
Jesus help me.
In all my doubts, perplexities and temptations,
Jesus help me.
In hours of loneliness, weariness and trials,
Jesus help me.
In failure of my plans and hopes, in disappointments, troubles and sorrows,
Jesus help me.
When others fail me and your grace alone can assist me,
Jesus help me.
When I throw myself on your tender love, as my Lord and Savior,
Jesus help me.
When my heart is cast down by failure at seeing no good coming from my efforts,
Jesus help me.
When I am ill and my head and hands cannot work and I am lonely,
Jesus help me.
Always, always, in spite of weariness, falls and shortcomings of every kind,
Jesus help me and never forsake me.
Amen.

(taken from Catholic Door Ministry)

Jesus, Help Me



SALVATOR

PRAISE & PRAYERS

Prayer for Vacation



Prayer For Vocation

Loving and Generous God,
it is you who call us by name and ask us to follow you.
Help us to grow in the love and service
of our Church as we experience it today.
Give us the energy and courage of your Spirit to shape its future
Grant us faith-filled leaders who will embrace
Christ's mission of love and justice.
Inspire us to know You better and open our hearts to hear your call.
We ask this through our Lord Jesus Christ.
Amen.

(taken from *Prayer of Vocations, Prayer #3, USCCB*)

SALVATOR

PRAISE & PRAYERS

The Kenosis of Jesus Christ

Christ Jesus, who, though he was in the form of God,
did not count equality with God a thing to be grasped,
but emptied himself, taking the form of a servant,[c]
being born in the likeness of men.

And being found in human form, he humbled himself
and became obedient unto death, even death on a cross.

Therefore God has highly exalted him and bestowed on him
the name which is above every name, that at the name of Jesus
every knee should bow, in heaven and on earth and under the earth,
and every tongue confess that Jesus Christ is Lord,
to the glory of God the Father.

(taken from *Philippians 2:6-11, Revised Standard Version Catholic Edition*)

The Kenosis of Jesus Christ



SALVATOR

PRAISE & PRAYERS

Have Mercy, O Lord

O Lord Jesus Christ, at prayer in the Garden of Olives
Weeping with sadness and fear, comforted by an angel.
Have mercy, O Lord, have mercy on us.

O Lord Jesus Christ, betrayed by the kiss of Judas,
Abandoned by your apostles, delivered over to sinners.
Have mercy, O Lord, have mercy on us.

O Lord Jesus Christ, buffeted, covered with spittle,
Bruised by the blows of soldiers, condemned to die on the cross.
Have mercy, O Lord, have mercy on us.

O Lord Jesus Christ, scourged and crowned with thorns,
Clothed in a robe of purple, covered with scorn and shame.
Have mercy, O Lord, have mercy on us.

(adapted from the text of Lucien Deiss, C.S. Sp.)



Have Mercy,
O Lord

SALVATOR

PRAISE & PRAYERS



Were You There

Were you there when they crucified my Lord?
Were you there when they crucified my Lord?
O sometimes it causes me to tremble! tremble! tremble!
Were you there when they crucified my Lord?

were You
There?

Were you there when they nailed him to the cross?
Were you there when they nailed him to the cross?
O sometimes it causes me to tremble! tremble! tremble!
Were you there when they nailed him to the cross?

Were you there when they pierced him in the side?
Were you there when they pierced him in the side?
O sometimes it causes me to tremble! tremble! tremble!
Were you there when they pierced him in the side?

Were you there when the sun refused to shine?
Were you there when the sun refused to shine?
O sometimes it causes me to tremble! tremble! tremble!
Were you there when the sun refused to shine?

(taken from the *Old Plantation Hymns*, 1899)

SALVATOR

PRAISE & PRAYERS

Alleluia, Sing to Jesus



Alleluia! Sing to Jesus

Alleluia! Sing to Jesus; his the scepter, his the throne;
Alleluia! his the triumph, his the victory alone.
Hark! The songs of peaceful Zion thunder like a mighty flood:
"Jesus, out of every nation, has redeemed us by his blood."

Alleluia! Bread of heaven, here on earth our food, our stay;
Alleluia! here the sinful flee to you from day to day.
Intercessor, friend of sinners, earth's Redeemer, hear our plea
where the songs of all the sinless sweep across the crystal sea.

Alleluia! Not as orphans are we left in sorrow now;
Alleluia! he is near us; faith believes, nor questions how.
Though the cloud from sight received him when the forty days were o'er,
shall our hearts forget his promise: "I am with you evermore"?

(adapted from the text of W. Chatterton Dix, 1866)

SALVATOR

PRAISE & PRAYERS

Let the Earth Rejoice and Sing

Let the earth rejoice and sing, alleluia!
At the triumph of our King, alleluia!
He ascends from mortal sight, alleluia!
Reigns now at our Father's right, alleluia!

He who died upon a tree, alleluia!
Now shall reign eternally, alleluia!
He who saved our fallen race, alleluia!
Takes in heav'n his rightful place, alleluia!

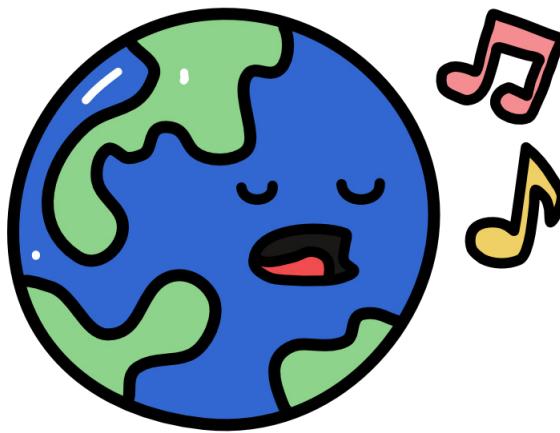
Jesus, Lord, all hail to thee, alleluia!
On this day of victory, alleluia!
Thou didst shatter Satan's might, alleluia!
Rising glorious from the fight, alleluia!

Jesus, Victor, hear our prayer, alleluia!
In thy triumph let us share, alleluia!
Lift our minds and hearts above, alleluia!
Strengthen all men in thy love, alleluia!

While in heaven thou dost gaze, alleluia!
On thy Church who sings thy praise, alleluia!
Fasten all our hope in thee, alleluia!
Till thy face unveiled we see, alleluia!

(adapted from the text of Fr. Melvin Farrell, 1955)

Let the Earth Rejoice and Sing



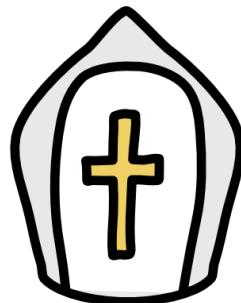
SALVATOR

PRAISE & PRAYERS

A Meditation by Cardinal Newman

God has created me to do him some definite service;
He has committed some work to me which he has not committed to another.
I have my mission - I may never know it in this life, but I shall be told it in the next.
I am a link in a chain, a bond of connection between persons.
He has not created me for naught. I shall do good. I shall do His work.
I shall be an angel of peace, a preacher of truth in my own place while not intending it -
if I do but keep his commandments.

Whatever, wherever I am, I can never be thrown away.
If I am in sickness, my sickness may serve Him;
in perplexity, my perplexity may serve Him;
if I am in sorrow, my sorrow may serve Him.
He does nothing in vain. He knows what he is about.
He may take away my friends. He may throw me among strangers.
He may make me feel desolate, make my spirits sink, hide my future from me –
still he knows what he is about.
Therefore I will trust him.



A meditation of Cardinal Newmann

SALVATOR

PRAISE & PRAYERS

Litany of the Way

As Jesus sought the quiet of the desert, teach us to pray.
As Jesus washed the feet of his disciples, teach us to love.
As Jesus promised paradise to the thief on the cross, teach us to hope.
As Jesus called Peter to walk to him across the water, teach us to believe.
As the child Jesus sat among the elders in the temple, teach us to seek answers.
As Jesus in the garden opened his mind and heart to God's will, teach us to listen.
As Jesus reflected on the Law and the prophets, teach us to learn.
As Jesus used parables to reveal the mysteries of the Kingdom, teach us to teach.

(taken from Catholic Prayers, USCCB)

*Litany
of the Way*



SPIRITUS

PRAISE & PRAYERS

Holy Spirit, God of Light

Holy Spirit, Lord of Light
from Thy clear celestial height,
Thy pure beaming radiance give:
Come, Thou Father of the poor,
Come, with treasures which endure,
Come, Thou Light of all that live.

Heal our wounds, our strength renew;
On our dryness pour Thy dew;
Wash the stains of guilt away;
Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.

Thou, on those who evermore
Thee confess and Thee adore,
In Thy sevenfold gifts, descend:
Give them comfort when they die,
Give them life with Thee on high,
Give them joys that never end.
Amen.

*(adapted from the text of Robert II,
King of France;
Translator: Edward Caswall, 1848)*

Holy Spirit, God of Light



SPIRITUS

PRAISE & PRAYERS

The Spirit of God

The Spirit of God like a fire is burning,
the latter-day glory begins to come forth.
The visions and blessings of old are returning
and angels are coming to visit the earth.

We'll sing, and we'll shout with the armies of heaven;
Hosanna, hosanna to God and the Lamb.
Let glory to them in the highest be given,
Henceforth and forever
Amen and amen.

We'll call in our solemn assemblies in spirit;
to spread forth the Kingdom of Heaven abroad,
that we through our faith may begin to inherit
the visions and blessings and glories of God.

(adapted from the text of William W. Phelps, 1792–1872)



SPIRITUS

PRAISE & PRAYERS

Lord, I Trust You

Divine Heart of Jesus, in you I trust.
I trust you when the dark clouds are over me.
I trust you when my strength is too small.
I trust you when it seems the hardest thing of all.
I trust you for your will is best.
I trust you for your heart is only the place of rest.
I trust you when through doubts and sunshine;
 all my cares upon you I cast,
till the storms of life are over and my trusting days are past.

(revised from Trust Him, Mary's Call)



Lord,
I Trust You

SPIRITUS

PRAISE & PRAYERS

Spiritual Blessings in Christ

Blessed be the God and Father of our Lord Jesus Christ,
who has blessed us in Christ
with every spiritual blessing in the heavenly places,
even as he chose us in him before the foundation of the world,
that we should be holy and blameless before him.
He destined us in love[to be his sons through Jesus Christ,
according to the purpose of his will,
to the praise of his glorious grace
which he freely bestowed on us in the beloved.
In him we have redemption through his blood,
the forgiveness of our trespasses,
according to the riches of his grace which he lavished upon us.
For he has made known to us in all wisdom and insight
the mystery of his will, according to his purpose
which he set forth in Christ as a plan for the fullness of time,
to unite all things in him,
things in heaven and things on earth.

(taken from Ephesians 1:3-10,
Revised Standard Version Catholic Edition)



SPIRITUS

PRAISE & PRAYERS

Prayer to the Blessed Mother

We fly to your protection, most holy Mother of God; please listen to our petitions and needs, and deliver us from all dangers, ever glorious and blessed Virgin Mary.

Mary, our model and mother, by your obedience and patience you have taught us how to be true children of God. Please help us by your powerful assistance to overcome all our weaknesses, and to fulfill perfectly our tasks in life.

By your compassionate aid may we ever stand with you beneath the cross of Christ so that we may also rejoice with you in your divine Son's triumphant victory over sin and death.

In your maternal kindness, help us to be faithful to prayers in the company of God's Church as you were one with the Apostles in the upper room as you waited for the promised Spirit of Pentecost.

With your gracious assistance, may we be near you in the glory of Christ's kingdom to sing with you and all the faithful the eternal praise of God.

V. O Mary, conceived without sin,
R. Pray for us who have recourse to you.

You are all fair, O Virgin Mary,
You never knew the stain of sin;
You are the glory of Jerusalem,
You, the joy of Israel,
You, the great honor of our people,
You, the advocate of sinners.
O Mary, Virgin most prudent,
O Mary, Mother most merciful,
Pray for us,
Intercede for us with our Lord, Jesus Christ.
Amen.



Prayer
To Our
Blessed
Mother

SPIRITUS

PRAISE & PRAYERS

Prayer for the Bearer of Good News

Father, Lord of all, let me be a bearer of Good News
by an example of a holy life and by utilizing some of my talents and time
for the extension of Your Kingdom.

Lord Spirit, give me zeal and enthusiasm
for spreading the wealth of spirituality in the Church.
Let her Sacraments become my source of strength
and grace to fill souls with hope.

Send me at least one soul today
that I may tell him the news of your love.
Let the name of Jesus come quickly to my lips as I reach out
to touch the hopeless, the poor and the sick.

Let mercy spring forth from my heart at any offense
so the world will know You are a forgiving God.
I give you my sufferings today so many souls will find the light.
I give you my love that others will find the Way.

I give you my day that others may see the reflection of your face.
Help me, Lord Jesus, to change the world and build your Church.
Amen.

(taken from the Encyclopedia, Catholic Chaplet Devotions)



SPIRITUS

PRAISE & PRAYERS

Prayer for the Seven Gifts of the Holy Spirit

Lord Jesus, as God's Spirit came down and rested upon you,
may the same Spirit rest upon us, bestowing his sevenfold gifts.

First, grant us the gift of understanding, by which
your precepts may enlighten our minds.

Second, grant us counsel, by which
we may follow in your footsteps
on the path of righteousness.

Third, grant us courage, by which
we may ward off the enemy's attacks.

Fourth, grant us knowledge, by which
we can distinguish good from evil.

Fifth, grant us piety, by which
we may acquire compassionate hearts.

Sixth, grant us fear, by which
we may draw back from evil and submit to what is good.

Seventh, grant us wisdom, that
we may taste fully the life-giving sweetness of your love.

Amen.

(adapted from the text of St. Bonaventure, 1217-1274)



Prayer for the
Seven Gifts of
the Holy Spirit

SPIRITUS

PRAISE & PRAYERS

Hail Mary, Gentle Woman

Hail Mary, Gentle Woman

Hail Mary, full of grace,
the Lord is with you.
Blessed are you among women
and blest is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now
and at the hour of death.



Gentle woman, quiet light,
morning star, so strong and bright,
gentle Mother, peaceful dove,
teach us wisdom; teach us love.

You were chosen by the Father;
you were chosen for the Son.
You were chosen from all women
and for woman, shining one.

Blessed are you among women,
blest in turn all women, too.
Blessed they with peaceful spirits.
Blessed they with gentle hearts.

(adapted from the text of Carey Landry)

SPIRITUS

PRAISE & PRAYERS

Holy, Holy, Holy

Holy, Holy, Holy

Holy, holy, holy! Lord God Almighty!
Early in the morning our song shall rise to Thee;
Holy, holy, holy, merciful and mighty!
God in three Persons, blessed Trinity!
Holy, holy, holy! All the saints adore Thee,
Casting down their golden crowns around the glassy sea;
Cherubim and seraphim falling down before Thee,
Who was, and is, and evermore shall be.
Holy, holy, holy! Though the darkness hide Thee,
Though the eye of sinful man Thy glory may not see;
Only Thou art holy; there is none beside Thee,
Perfect in pow'r, in love, and purity.
Holy, holy, holy! Lord God Almighty!
All Thy works shall praise Thy Name, in earth, and sky, and sea;
Holy, holy, holy; merciful and mighty!
God in three Persons, blessed Trinity!

(adapted from the text of Reginald Heber, 1826)



SPIRITUS

PRAISE & PRAYERS

Holy Spirit, come, confirm us

in the truth that Christ makes known;
We have faith and understanding
through your helping gifts alone.

Holy Spirit, come, console us,
come as advocate to plead;
Loving Spirit stand beside us,
grant in Christ the help we need.

Holy Spirit, come, renew us,
come yourself to make us live;
Make us holy through your presence,
holy through the gifts you give.

Holy Spirit, come, fulfill us,
you the love of Three in One;
Bring our lives to full completion
through your work in us began.

(adapted from the text of Brian Foley)



**Holy Spirit,
Come Confirm Us**

SPIRITUS

PRAISE & PRAYERS

Psalm 150: Praise for God's Surpassing Greatness

Praise the Lord!
Praise God in his sanctuary;
praise him in his mighty firmament.
Praise him for his mighty deeds;
praise him according to his exceeding greatness.
Praise him with trumpet sound;
praise him with lute and harp.
Praise him with timbrel and dance;
praise him with strings and pipe.
Praise him with sounding cymbals;
praise him with loud clashing cymbals.
Let everything that breathes praise the Lord
Praise the Lord!

(taken from Psalm 150:1-6,
Revised Standard Version Catholic Edition)

Psalm 150: Praise for God's Surpassing Greatness



SPIRITUS

PRAISE & PRAYERS

Spiritual Armor Prayer

Heavenly Father, we ask you today for your truth
as a belt around the loins of our mind.
We put on the zeal to announce your good news of peace
as shoes for our feet.
We put on your righteousness, O Christ,
as our breastplate, and the hope of salvation
as the helmet for our head.
Father, we take up faith as a shield which is able
to put out all the fiery darts of the enemy,
and the sword of the Spirit, which is your Word, O Lord.
Father, may the love love with which you have loved Jesus
be in us, and may Jesus be in us.
We ask you for the grace of a servant's heart.
Amen.

(adapted from Ephesians 6:10-18)



Spiritual
Armor
of God

SANCTUM

PRAISE & PRAYERS

Psalm 118 : A Song of Victory



Psalm 118: A Song of Victory

Open to me the gates of righteousness,
that I may enter through them and
give thanks to the Lord.

This is the gate of the LORD;
the righteous shall enter through it.

I thank thee that thou has answered me
and has become my salvation.

The stone which the builders rejected
has become the cornerstone.

This is the Lord's doing;
it is marvelous in our eyes.

This is the day which the LORD has made;
let us rejoice and be glad in it.

Save us, we beseech thee, O Lord!

O Lord, we beseech thee, give us success!

Blessed be he who enters in the name of the Lord!

(taken from Psalm 118: 19-26,
Revised Standard Version Catholic Edition)

SANCTUM

PRAISE & PRAYERS

Divine Mercy Chaplet

Opening Prayer:

You expired, Jesus, but the source of life gushed forth for souls,
and the ocean of mercy opened up for the whole world.

O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty Yourself out upon us.

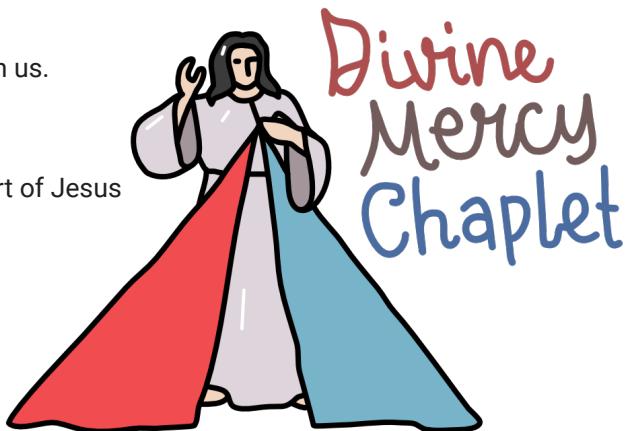
Repeat three times:

O Blood and Water, which gushed forth from the Heart of Jesus
as a fountain of mercy for us, I trust in You!

Our Father

Hail Mary

The Apostle's Creed



For each of the five decades

On each "Our Father" bead of the rosary, pray:

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son,
Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

On each of the 10 "Hail Mary" beads, pray:

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Concluding prayer (repeat three times)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Closing Prayer:

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look
kindly upon us and increase Your mercy in us, that in difficult moments we might not despair
nor become despondent, but with great confidence submit ourselves to Your holy will, which is
Love and Mercy itself.

(adapted from the Prayers of St. Faustina Kowalska)

SANCTUM

PRAISE & PRAYERS

Prayer of St. Benedict

O Lord, I place myself in your hands and dedicate myself to you.
I pledge myself to do your will in all things: To love the Lord God
with all my heart, all my soul, all my strength.

Not to kill. Not to steal. Not to covet. Not to bear false witness. To honor all persons.
Not to do to another what I would not wish done to myself. To chastise the body.
Not to seek after pleasures. To love fasting. To relieve the poor. To clothe the naked.
To visit the sick. To bury the dead. To help in trouble. To console the sorrowing.
To hold myself aloof from worldly ways. To prefer nothing to the love of Christ.

Not to give way to anger. Not to foster a desire for revenge. Not to entertain deceit in
the heart. Not to make a false peace. Not to forsake charity. Not to swear, lest I swear
falsely. To speak the truth with heart and tongue. Not to return evil for evil. To do no in-
jury: yea, even to bear patiently any injury done to me. To love my enemies. Not to curse
those who curse me, but rather to bless them. To bear persecution for justice's sake.

To fulfill the commandments of God by good works. To love chastity. To hate no one.
Not to be jealous or envious of anyone. Not to love strife. Not to love pride.
To honor the aged. To pray for my enemies. To make peace after a quarrel, before the
setting of the sun. Never to despair of your mercy, O God of Mercy. Amen.

(adapted from the longer text of St Benedict of Nursia)

Prayer Of St. Benedict



SANCTUM

PRAISE & PRAYERS

Prayer of Generosity

Lord, teach me to be generous.
Teach me to serve you as you deserve;
 to give and not to count the cost,
 to fight and not to heed the wounds,
 to toil and not to seek for rest,
 to labor and not to ask for reward,
save that of knowing that I do your most holy will.

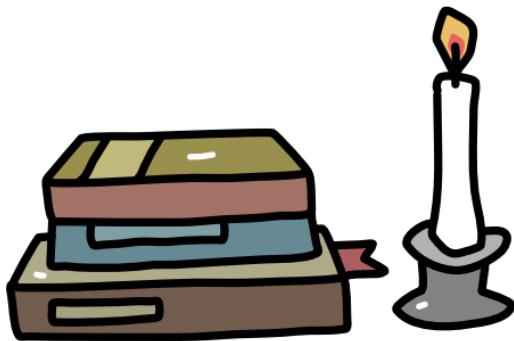
(adapted from the text of St. Ignatius of Loyola)

Prayer for Generosity



SANCTUM

PRAISE & PRAYERS



Prayer of St. Pedro Poveda

Prayer of St. Pedro Poveda

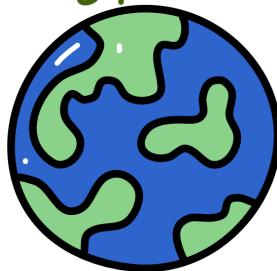
Lord, that I may think what you want me to think,
that I may love what you want me to love,
that I may speak what you want me to speak,
that I may act the way you want me to act,
this is my only ambition, Lord.

(adapted from the text of St. Pedro Poveda, 1936)

SANCTUM

PRAISE & PRAYERS

The World Youth Day Prayer



World Youth Day Prayer

God our Father, be with us on our pilgrim journey of faith.

Give us the grace and courage to step forward in faith and hope on the road ahead.

Open our eyes to see your face in all those we encounter.

Open our ears to hear your voice in those who are often ignored.

Open our hearts that we might be faithful disciples of mercy and truth.

Transform us. Empower us to give of ourselves to the poor;

to welcome the lost; to forgive those who hurt us;

to comfort those who suffer and are marginalized.

Bless those who travel from one country to another

to join the universal Church for World Youth Day.

Like the disciples who journeyed up the mountain

to witness the Transfiguration, may this experience be an encounter

that strengthens us for our work in the world.

Through the intercession of Mary, the Immaculate Conception,

patroness of our nation, may we be worthy witnesses of our faith,

humble representatives of our country, and inspired missionaries

bringing peace, hope, and mercy into our communities.

We ask all this through Christ Our Lord. Amen.

St. John Paul II, founder and patron of World Youth Day, pray for us.

(adapted from the Prayers for World Youth Day, USCCB)

SANCTUM

PRAISE & PRAYERS

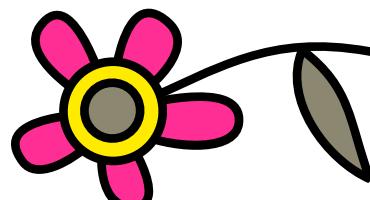
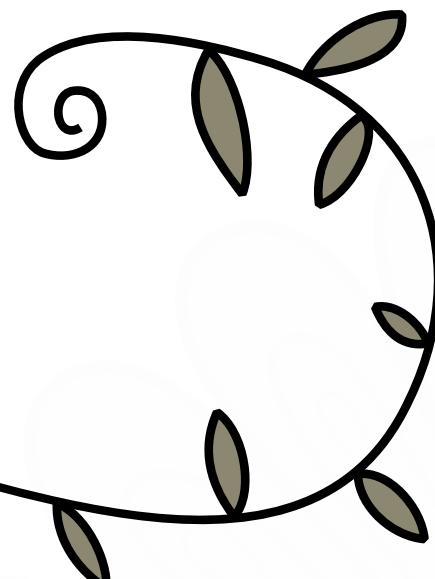
Psalm 86: Prayer Asking For Help

Incline thy ear, O Lord, and answer me,
for I am poor and needy.
Preserve my life, for I am godly;
save thy servant who trusts in thee.
Thou art my God; be gracious to me, O Lord,
for to thee do I cry all the day.
Gladden the soul of thy servant,
for to thee, O Lord, do I lift up my soul.
For thou, O Lord, art good and forgiving,
abounding in steadfast love to all who call on thee.
Give ear, O Lord, to my prayer;
hearken to my cry of supplication.
In the day of my trouble I call on thee,
for thou dost answer me.
Teach me thy way, O LORD,
that I may walk in thy truth;
unite my heart to fear thy name.
I give thanks to thee, O Lord my God, with my whole heart,
and I will glorify thy name forever.

(taken from Psalm 86: 1-7, 11-12,
Revised Standard Version Catholic Edition)



Psalm 86: Prayer Asking for Help



SANCTUM

PRAISE & PRAYERS

Prayer to the Sacred Heart of Jesus

Lord Jesus, let my heart never rest until it finds You,
who are its center, its love, and its happiness.
By the wound in Your heart pardon the sins that I have committed
whether out of malice or out of evil desires.
Place my weak heart in Your own divine Heart,
continually under your protection and guidance,
so that I may persevere in doing good
and in fleeing evil until my last breath.

Amen

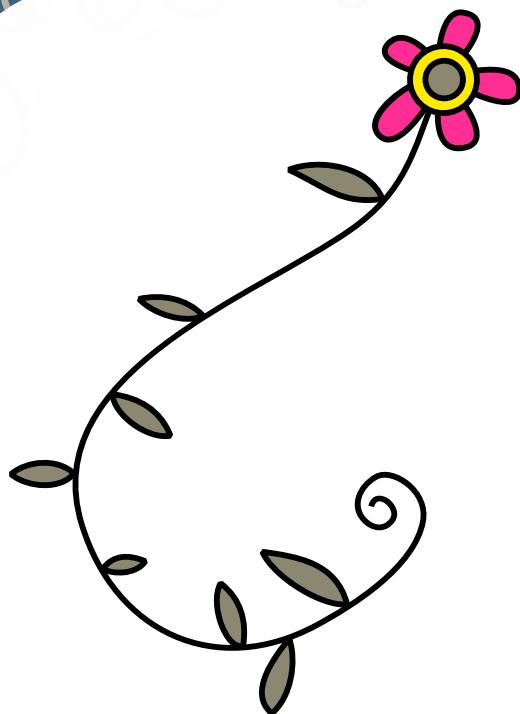
(adapted from the text of St. Margaret Mary Alacoque)

Prayer to the Heart of Jesus



SANCTUM

PRAISE & PRAYERS



Prayer to St. Alphonsus



Prayer to St. Alphonsus

Glorious St Alphonsus,
loving father of the poor and sick,
all your life you devoted yourself,
with a heroic charity,
to lighten their spiritual and bodily miseries.
Full of confidence in your tender pity for the sick,
since you yourself patiently borne the cross of illness,
I come to you for help in my present need...
(Share your request...)

Loving father of the suffering, St Alphonsus,
look with compassion upon me in my suffering.
Ask God to give me good health.
If it is not God's will,
then give me the strength to bear my cross patiently
and to offer my sufferings with my crucified Savior
and his Mother of Sorrows,
for the glory of God and the salvation of souls,
in reparation for my sins and those of others,
for the needs of this troubled world,
and the holy souls in purgatory.
Amen.

(adapted from the text of St. Alphonsus Liguori)

SANCTUM

PRAISE & PRAYERS

To Jesus Christ, Our Sovereign King

To Jesus Christ, our Sovereign King,
Who is the world's salvation,
All praise and homage do we bring,
And thanks and adoration.

Christ Jesus Victor, Christ Jesus Ruler!
Christ Jesus, Lord and Redeemer!
Thy reign extend, O King benign,
to every land and nation,
For in Thy kingdom, Lord divine,
Alone we find salvation.

To Thee and to Thy Church, great King,
We pledge our hearts' oblation,
Until before Thy throne we sing,
In endless jubilation.

(adapted from the text of Fr. Martin B. Hellriegel, 1941)



To Jesus
Christ Our
sovereign
KING

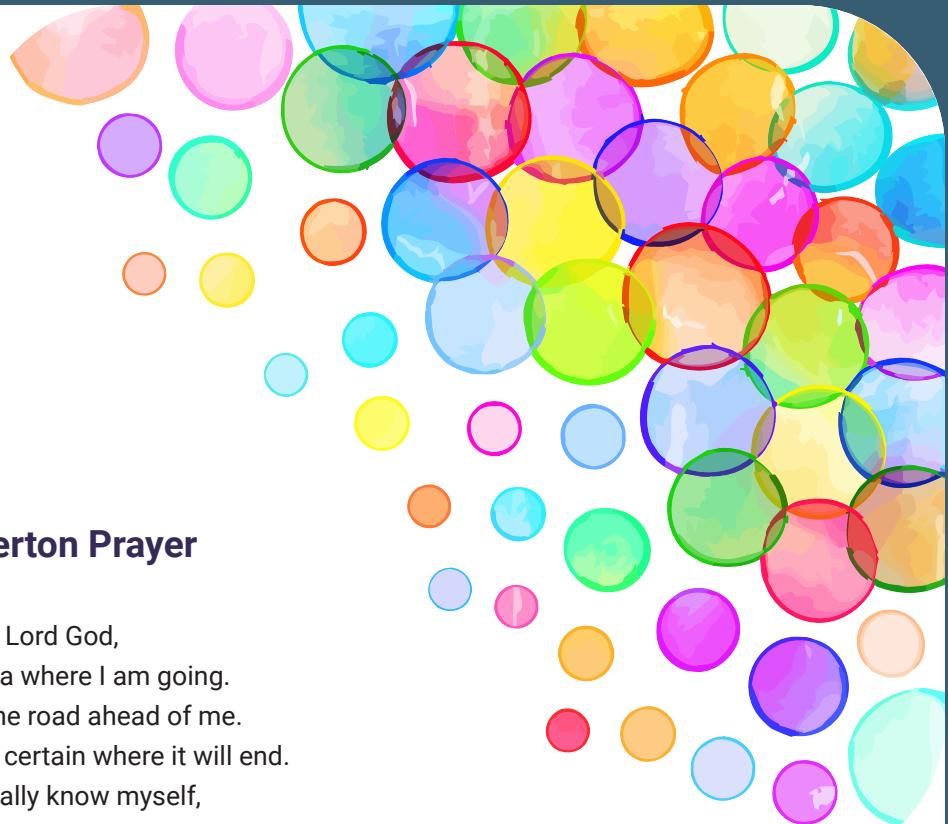
SANCTUM

PRAISE & PRAYERS

The Merton Prayer

My Lord God,
I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.
nor do I really know myself,
and the fact that I think I am following your will
does not mean that I am actually doing so.
But I believe that the desire to please you
does in fact please you.
And I hope I have that desire in all that I am doing.
I hope that I will never do anything apart from that desire.
And I know that if I do this you will lead me by the right road,
though I may know nothing about it.
Therefore will I trust you always though
I may seem to be lost and in the shadow of death.
I will not fear, for you are ever with me,
and you will never leave me to face my perils alone.

(adapted from *Thoughts in Solitude*, The Abbey of Our Lady of Gethsemani)



The Merton Prayer



SANCTUM

PRAISE & PRAYERS

Litany of the Blessed Mother

Lord, have mercy on us. Christ, have mercy on us.

Lord, have mercy on us.

Christ hear us. Christ, graciously hear us.

God, the Father of heaven, Have mercy on us.

God, the Son, Redeemer of the world: Have mercy on us.

God, the Holy Ghost, Have mercy on us.

Holy Trinity, One God, Have mercy on us.

Holy Mary, pray for us. (repeat at end of each phrase.)

Holy Mother of God,
Holy Virgin of virgins,
Mother of Christ,
Mother of divine grace,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother most admirable,
Mother of good counsel,
Mother of our Creator,
Mother of our Savior,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,

Spiritual vessel,
Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of Heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of angels,
Queen of patriarchs,
Queen of prophets,
Queen of apostles,
Queen of martyrs,
Queen of confessors,
Queen of virgins,
Queen of all saints,



SANCTUM

PRAISE & PRAYERS

Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of peace.

Lamb of God, who takest away the sins of the world, Spare us, O Lord.
Lamb of God, who takest away the sins of the world, Graciously hear us O Lord.
Lamb of God, who takest away the sins of the world, Graciously hear us O Lord.
Lamb of God, who takest away the sins of the world, Have mercy on us.

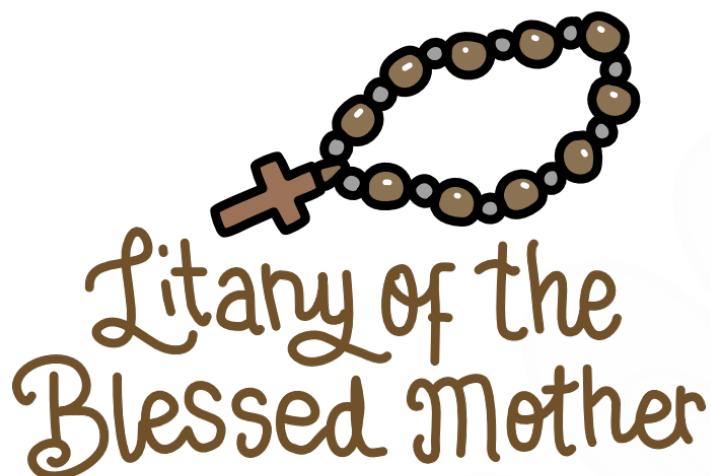
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray:

Grant, O Lord God, we beseech Thee, that we Thy servants may rejoice in continual health of mind and body; and, through the glorious intercession of Blessed Mary ever Virgin, may be freed from present sorrow, and enjoy eternal gladness.

Through Christ our Lord. Amen.

(adapted from the text of the Litany of Loreto)



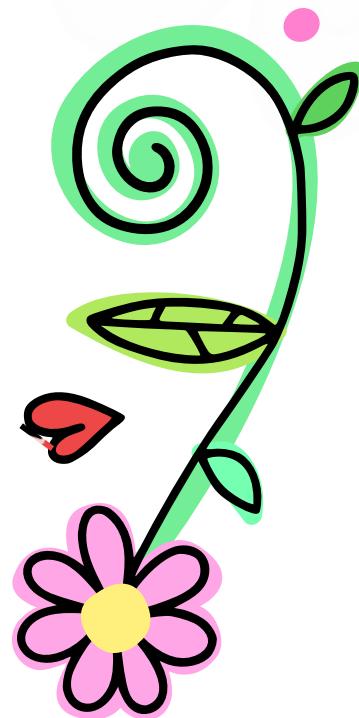
DIAKONIA

PRAISE & PRAYERS

Psalm 8: Praises to the Divine Majesty

O Lord, our Lord,
how majestic is thy name in all the earth!
Thou whose glory above the heavens is chanted
 by the mouth of babes and infants,
thou hast founded a bulwark because of thy foes,
 to still the enemy and the avenger.
When I look at thy heavens, the work of thy fingers,
the moon and the stars which thou hast established;
 what is man that thou art mindful of him,
and the son of man that thou dost care for him?
 Yet thou hast made him little less than God,
 and dost crown him with glory and honor.
Thou hast given him dominion over the works of thy hands;
 thou hast put all things under his feet,
 all sheep and oxen,
 and also the beasts of the field,
the birds of the air, and the fish of the sea,
whatever passes along the paths of the sea.
 O Lord, our Lord,
how majestic is thy name in all the earth!

(taken from Psalm 8:1-9,
Revised Standard Version Catholic Edition)



Psalm 8 :
Praise to the
Divine Majesty

DIAKONIA

PRAISE & PRAYERS

Prayer for Families

We bless your name, O Lord,
for sending your own incarnate Son,
to become part of a family,
so that, as he lived its life,
he would experience its worries and its joys.

We ask you, Lord,
to protect and watch over our families
so that in the strength of your grace
its members may enjoy prosperity,
possess the priceless gift of your peace,
and, as the Church alive in the home,
bear witness in this world to your glory.

We ask this through Christ our Lord.
Amen.

(taken from the Prayer of Families, USCCB)

Prayer for the Family



DIAKONIA

PRAISE & PRAYERS

Prayer To Protect life



Prayer to Protect Life

Loving God, I thank you for the gift of life you gave
and continue to give to me and to all of us.

Merciful God, I ask your pardon and forgiveness
for my own failure and the failure of all people
to respect and foster all forms of life in our universe.

Gracious God, we pray that with your grace,
may all people will give reverence, protect,
and promote all life and that we will be especially sensitive
to the life of the unborn, the abused, neglected, disabled, and the elderly.
We pray, too, that all who make decisions about life in any form will do so
with wisdom, love, and courage.

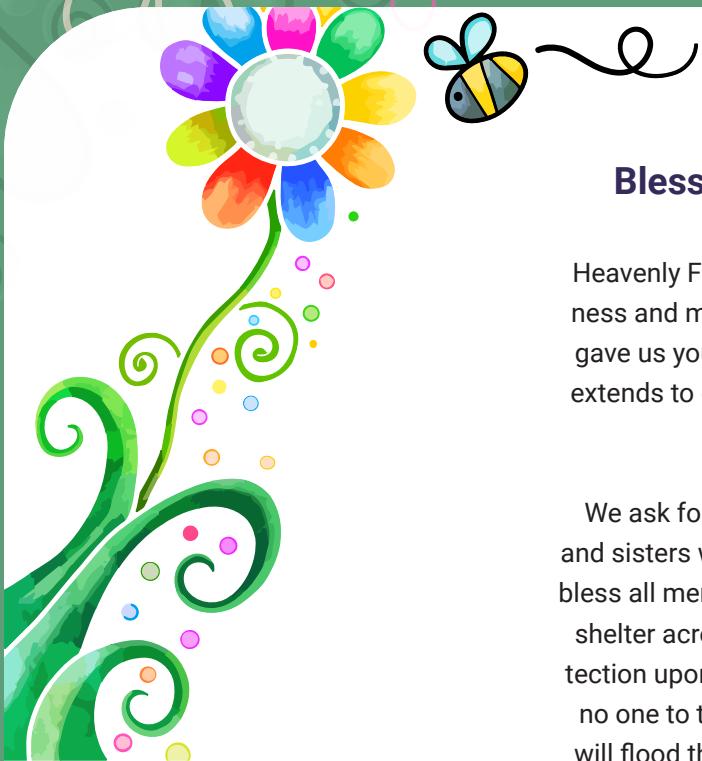
Living God, we praise and glorify you as Father, Source of all life,
as Son, Savior of our lives, and as Spirit, Sanctifier of our lives.

Amen.

(adapted from the text of Sister Mary Margaret Johanning, S.S.N.D., 1994)

DIAKONIA

PRAISE & PRAYERS



Blessing for the Poor and Needy

Heavenly Father, we thank you for the unfailing goodness and merciful love for the world you created. You gave us your only begotten Son to save us. Your love extends to every ethnic group, all genders, race, color, and beyond all borders.

We ask for your abundant blessing for our brothers and sisters who are in great need. We pray that you will bless all men, women and children who may be without shelter across the globe. We pray for your divine protection upon the homeless, poor and hungry who have no one to take them in. We pray that your Holy Spirit will flood them with warmth, security, and strength in Jesus' mighty name. May you become their "refuge and strength, a very present help in trouble". We ask this through Christ our Lord.

Amen.



Blessing for the Poor and Needy

DIAKONIA

PRAISE & PRAYERS

Prayer of Oscar Romero

It helps, now and then, to step back and take a long view.
The Kingdom is not only beyond our efforts, it is even beyond our vision.

We accomplish in our lifetime only a tiny fraction
of the magnificent enterprise that is God's work.

Nothing we do is complete,
which is a way of saying that the Kingdom always lies beyond us.

We plant the seeds that one day will grow.

We water seeds already planted,
knowing that they hold future promise.

We lay foundations that will need further development.

We provide yeast that produces effects far beyond our capabilities.

We cannot do everything,
and there is a sense of liberation in realizing that.

This enables us to do something,
and to do it very well.

It may be incomplete, but it is a beginning, a step along the way,
an opportunity for the Lord's grace to enter and do the rest.

We may never see the end results,
but that is the difference between the master builder and the worker.

We are workers, not master builders;
ministers, not messiahs.

We are prophets of a future that is not our own.
Amen.

Prayer of
Oscar Romero



(taken from bread.org/Prayer/Oscar Romero)

DIAKONIA

PRAISE & PRAYERS



the Supremacy Of Christ

The Supremacy of Christ

He is the image of the invisible God, the first-born of all creation;
for in him all things were created, in heaven and on earth,
visible and invisible, whether thrones or dominions
or principalities or authorities—
all things were created through him and for him.

He is before all things, and in him all things hold together.

He is the head of the body, the church;
he is the beginning, the first-born from the dead,
that in everything he might be pre-eminent.

For in him all the fullness of God was pleased to dwell,
and through him to reconcile to himself all things,
whether on earth or in heaven, making peace by the blood of his cross.

(taken from Colossians 1:15-20, Revised Standard Catholic Edition)

DIAKONIA

PRAISE & PRAYERS

For the Fruits of His Creation

For the fruits of his creation, thanks be to God;
For the gifts to every nation, thanks be to God;

For the ploughing, sowing, reaping

Silent growth while men are sleeping

Future need in earth's safe keeping, thanks be to God.

In the just reward of labor, God's will is done;
In the help we give our neighbor, God's will is done;

In our world-wide task of caring

For the hungry and despairing,

In the harvests men are sharing, God's will be done.

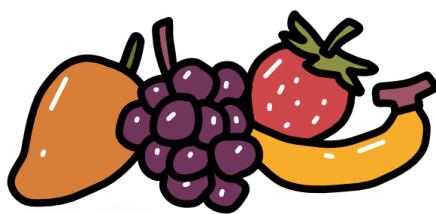
For the harvests of his spirit, thanks be to God;
For the good all men inherit, thanks be to God;

For the wonders that astound us,

For the truth that still confounds us,

Most of all, that love has found us, thanks be to God.

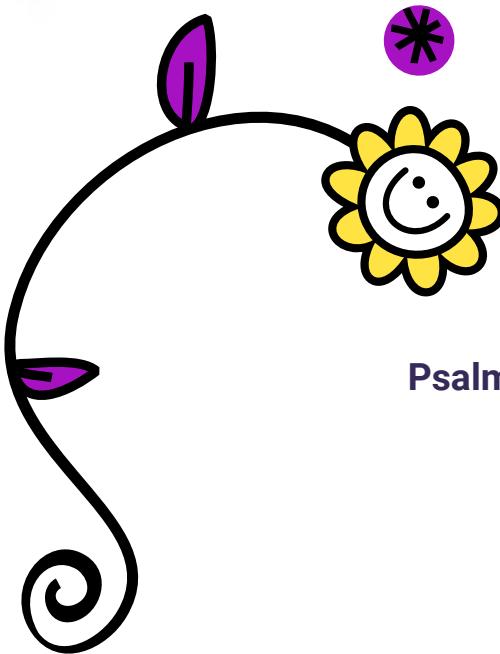
(adapted from the text of f. Pratt Green, 1903)



For The Fruits
of Creation

DIAKONIA

PRAISE & PRAYERS



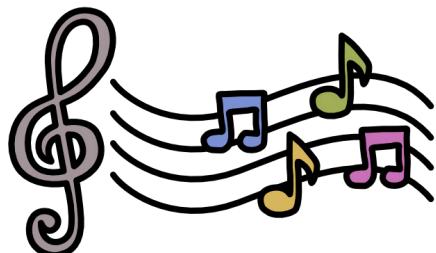
Psalm 98: Praise the Judge of the World

O sing to the Lord a new song,
for he has done marvelous things!
His right hand and his holy arm
have gotten him victory.
The Lord has made known his victory,
he has revealed his vindication in the sight of the nations.
He has remembered his steadfast love and faithfulness
to the house of Israel.
All the ends of the earth have seen
the victory of our God.

Let the sea roar, and all that fills it;
the world and those who dwell in it!
Let the floods clap their hands;
let the hills sing for joy together
before the Lord, for he comes
to judge the earth.
He will judge the world with righteousness,
and the peoples with equity.

(taken from Psalm 98:1-3, 7-9, Revised Standard Version Catholic Edition)

Psalm 98: Praise the Judge of the World



DIAKONIA

PRAISE & PRAYERS

Prayer to St. Vincent de Paul

Noble St. Vincent de Paul,
beloved servant of the poor,
may we follow your example and do good works
among those whom society has abandoned,
enslaved, or forgotten.
Inspire us to feed the hungry,
to love a child,
to provide comfort and medicine to the sick,
to clothe those whose garments are threadbare,
and to offer hope and our Lord's words
to all who need respite.
Pray for us to our beloved God
that we may commit ourselves selflessly
to doing the same charitable acts
that you did all your life,
and intercede with him
that we may have the favor of his guidance
and strength and love upon this important and meaningful work.
Amen.

(taken from daily-prayers.org/Prayers to St. Vincent de Paul)

Prayer to St. Vincent de Paul



DIAKONIA

PRAISE & PRAYERS

The Beatitudes

Blessed are the pure of heart,

Blessed are the merciful,

For they will be blessed upon the earth

Blessed are the poor!

Blessed are they who suffer,

Blessed are they who are persecuted

For they shall be the rulers of the world,

Blessed are the poor!

Blessed are they who labor for peace,

Blessed are they who suffer in war,

For they shall meet the Prince of Peace,

Blessed are the poor!

Blessed are they who hunger and thirst

For justice and the rights of all,

For they shall eat the meal of the Lord

Blessed are the poor.

Blessed are they whose hearts are clean

And blessed are they who keep his word,

For they have inherited the land,

Blessed are the poor!

(adapted from the test of Enrico Garzilli, 1970)



The Beatitudes



DIAKONIA

PRAISE & PRAYERS

Pope Francis' Prayer for Protection During the Pandemic

O Mary, you always shine on our path
as a sign of salvation and of hope.

We entrust ourselves to you, Health of the Sick,
who at the cross took part in Jesus' pain, keeping your faith firm.

You, Mother of the Divine Physician,
know what we need,
and we are sure you will provide
so that, as in Cana of Galilee,
we may return to joy after this time of trial.

Help us, Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who has taken upon himself our sufferings
and carried our sorrows
to lead us, through the cross,
to the joy of the resurrection.

Under your protection, we seek refuge, Holy Mother of God.

Do not disdain the entreaties of we who are in trial,
but deliver us from every danger, O glorious and blessed Virgin.

Amen.

Pope's Prayer for
Protection During
Pandemic



DIAKONIA

PRAISE & PRAYERS

Peace Prayer of St. Francis

Make me a channel of your peace
Where there is hatred let me bring your love
Where there is injury, your pardon Lord
And where there is doubt true faith in You

Make me a channel of your peace
Where there is despair in life let me bring hope
Where there is darkness only light
And where there's sadness ever joy

Oh, Master grant that I may never seek
So much to be consoled as to console
To be understood as to understand
To be loved as to love with all my soul

Make me a channel of your peace
It is in pardoning that we are pardoned
It is in giving to all men that we receive
And in dying that we are born to eternal life

(adapted from the text of

Peace Prayer of St. Francis





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