



PHISING Awareness Training

Let's start by understanding what phishing is and why it's important to start vigilant

Today, we'll discuss what phishing is and how to recognize and avoid phishing attempts.



What is phishing?

- Phishing is a fraudulent attempt to obtain sensitive information, such as usernames, passwords, and credit card details, by disguising as a trustworthy entity in electronic communication.
- Phishing attacks can occur via email, text messages, phone calls, or even social media.
- Attackers often use tactics like urgency, fear, or curiosity to manipulate individuals into clicking on malicious links or providing personal information.



Learn to spot phishing emails

- Spoofed Emails: Emails that appear to be from legitimate sources but are actually from attackers.
- Urgency: Messages that create a sense of urgency, such as "Your account will be suspended unless you act now!"
- Fake Links: Hyperlinks that lead to fake websites designed to steal your information.



How do we stop getting phished?

- Be cautious of unsolicited emails, especially those requesting sensitive information or urgent action.
- Verify the sender's email address and look for any spelling or grammatical errors.
- Avoid clicking on suspicious links or downloading attachments from unknown sources.
- Hover over links to preview the URL before clicking to ensure they lead to legitimate websites.
- Enable multi-factor authentication (MFA) whenever possible to add an extra layer of security to your accounts.