

# Thalara Haven Retreat

## BREAKFAST MENU

### Hot Breakfast

#### **The Bushveld Breakfast**

bacon, boerewors (a traditional South African sausage), grilled tomato, sautéed mushrooms, and a slice of toast.

#### **Eggs Benedict**

Two perfectly poached eggs on a toasted English muffin, topped with gypsy ham and a classic hollandaise sauce.

#### **Omelette**

A three-egg omelette with your choice of two fillings: ham, cheese, tomato, mushrooms, or onion.

**Additional fillings:** R15 each

### Lighter and Sweeter

#### **Fresh Fruit Platter of toast.**

A selection of seasonal fruit, including melon, berries, and mango, served with a dollop of Greek yoghurt.

#### **Stack of Flapjacks**

Warm flapjacks served with a drizzle of maple syrup and your choice of fresh berries or sliced banana.

### Beverages

**R160**

Fresh Squeezed Orange Juice

**R55**

Cranberry Juice

Apple Juice

**R145**

### Smoothies

**R110**

Banana Berry

**R40**

Strawberry Vanilla

Strawberry Mango

Mango Strawberry

Chocolate Vanilla

**R90**

### HotDrinks

Double Espresso

**R45**

Cafe Americano

**R45**

Cappuccino

**R45**

Cafe Latte

**R45**

Vanilla Latte

**R50**

**R85**

