

**FOOD AND DRINK**

**ZAKUDYA NDI  
ZAKUMWA**



307.



fruit

chipatso

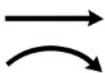


308.



fruit

chipatso



309.



mango

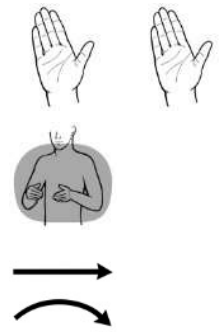
mango

310.

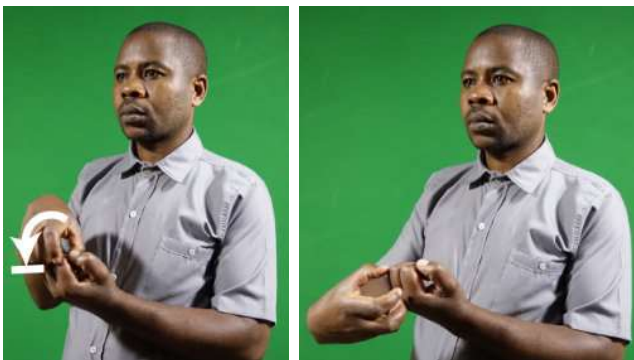


pawpaw

papaya



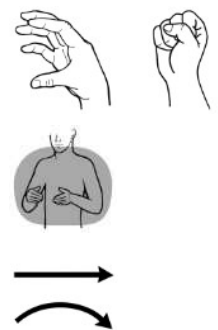
311.



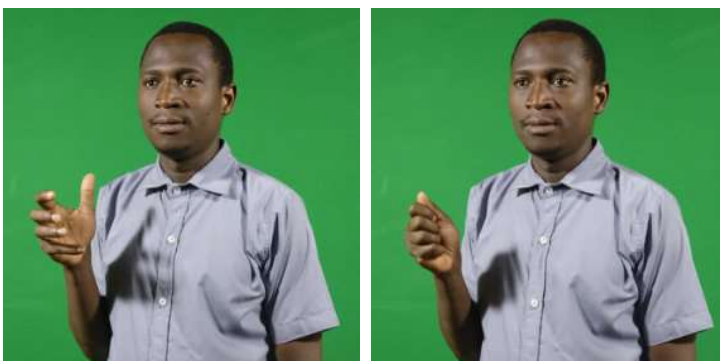
orange

1. lalanje

2. Mwanza



312.

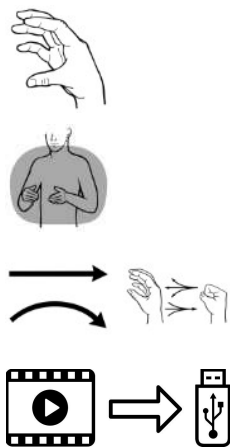


lemon

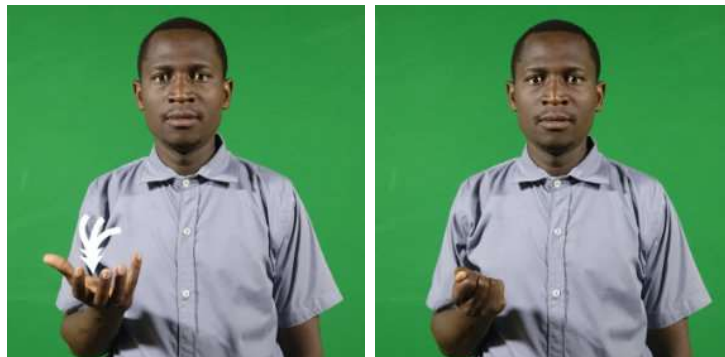
1. ndimu

2. mandalena



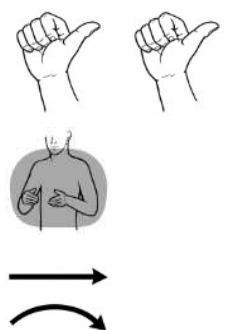


313.

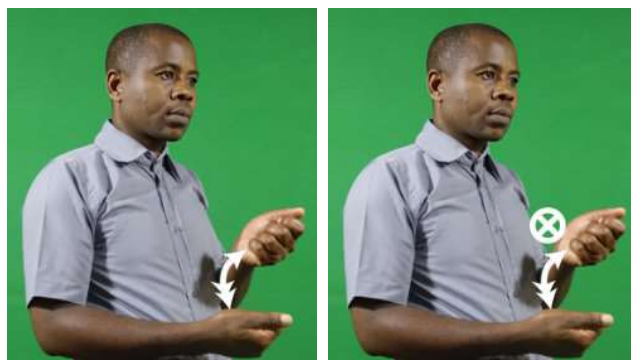


nsima

nsima



314.

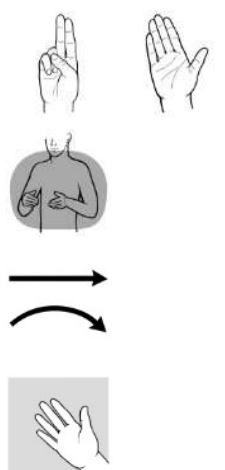


1. maize

2. green maize

1. chimanga

2. mondokwa, dowe



315.



1. porridge

2. rice

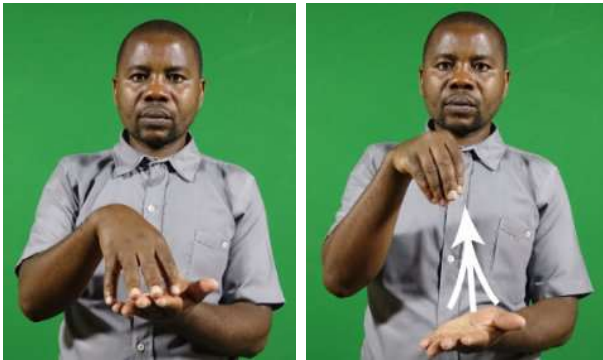
1. phala

2. pholichi

3. mpunga

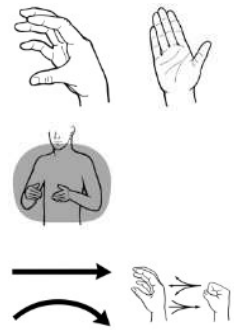
VARIATION  
KUSIYANA  
(one hand)

316.



flour

ufa

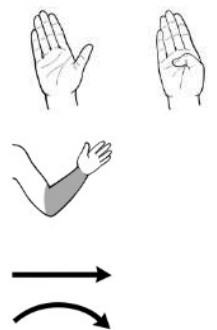


317.



cassava

chinangwa

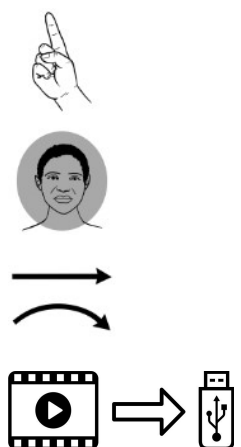


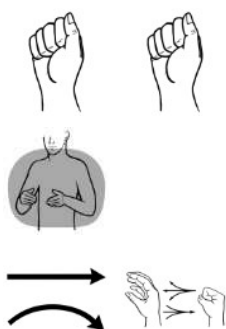
318.



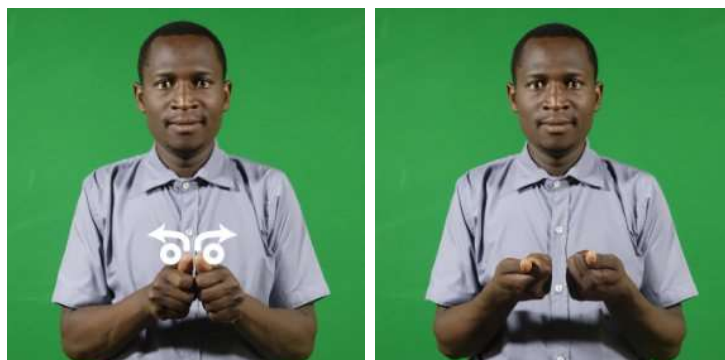
beans

nyemba, mbwanda





319.



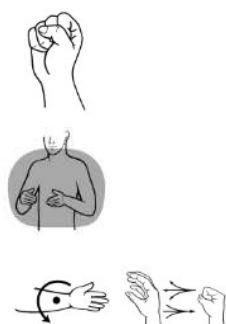
ground nut  
mtedza, nsawa



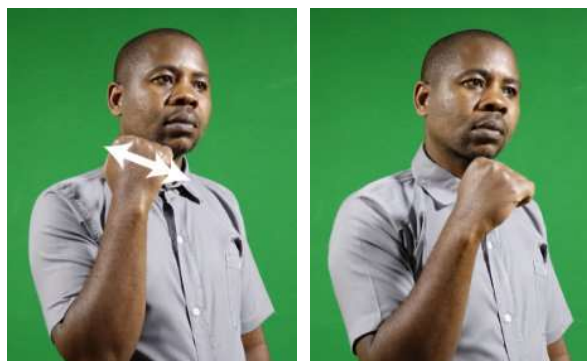
320.



irish potatoes  
1. kachewere  
2. mbatatesi



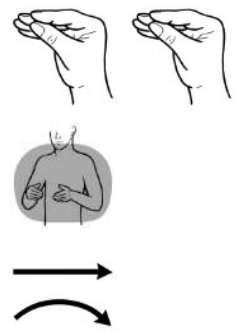
321.



sugarcane  
nzimbe



322.



pumpkin leaves

mnkhwani

323.



relish

ndiwo

324.



meat

nyama



325.



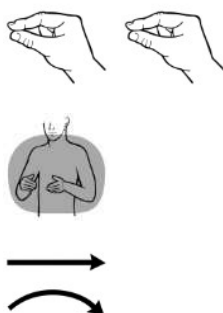
egg  
dzira



326.



egg  
dzira



327.



usipa (small fish)  
usipa

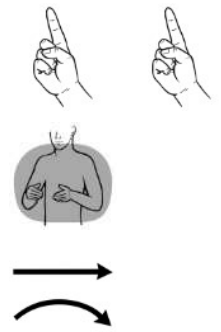


328.



**usipa (small fish)**

**usipa**

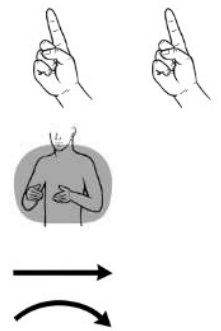


329.



**mustard**

**mpiru, tanaposi**



330.



**delicious**

**kukoma**





331.



sweet

1. kunzuna

2. kusekemera



332.



margarine

majalini



333.



puff

kamba

334.



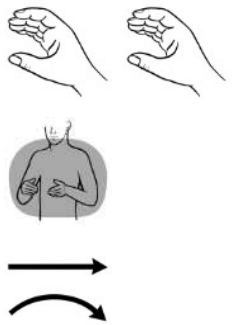
biscuit  
bisiketi



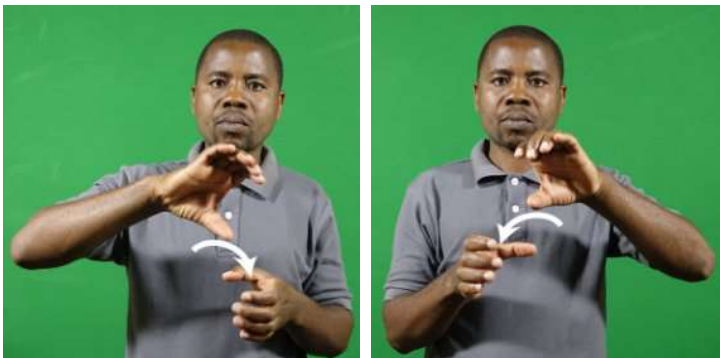
335.



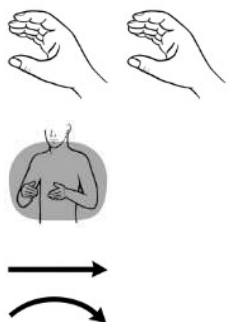
bottle  
botolo



336.



squash  
1. chakumwa chosungunula ndi madzi  
2. sikwashi





337.



beer  
mowa



338.



tea  
tiyi



339.



1. full stomach  
2. satisfied  
  
1. -khuta  
2. -kwanilitsidwa, khutilitsidwa

