

# Clinical Decision Support (CDS) Content and Health Level 7 (HL7)- compliant Knowledge Artifacts (KNARTS)

## Cardiology: Pre-Op Risk Assessment Clinical Content White Paper

Consisting of:

- Cardiology: Pre-Op Risk Assessment Documentation Template (B37, CLIN0005AC)
- Cardiology: Pre-Op Risk Assessment Order Set (B13, CLIN0004AC)
- Cardiology: Pre-Op Risk Assessment Consult Request (Composite KNART) (B58)

Contract: VA118-16-D-1008, Task Order (TO): VA-118-16-F-1008-0007

Department of Veterans Affairs (VA)

(VA color seal image)

Knowledge Based Systems (KBS)

Office of Informatics and Information Governance (OIIG)

Clinical Decision Support (CDS)

November, 2017

Version 1.0

**Comment [KK1]:** Summary of 12/22 updates:  
-Responded to all PO questions as listed below  
and accept any other edits made by PO since  
12/15 revision

Questions from PO:

-Multiple KBS comments beginning on the  
attached Word file page 28 (when the file is in  
"Final Show Markup" view on the Review tab)  
regarding the titles assigned to Figures A.5  
through A.13, many of which are duplicate titles  
from one figure to the next. The VA Program  
Office will need to see the resolution of the  
duplicate title problem when B3 Team has had  
chance to revise the Figure titles in the DocBook  
file (see the comment attached to Figure A.10 in  
the attached Word file page 33).  
-KBS comments regarding the need for references  
to be added:

- A citation to be added to the bibliography  
for this KNART, noted by KBS in a  
comment on Page 11 of the Word file
- A reference is needed for the source  
material for information included in Figure  
4.A MET Equivalents that appears on page  
26 of the Word document, and
- A reference is needed for the figure  
"Appropriate Candidate for CV Imaging  
Test" that appears on page 37 of the Word  
document.

■4/18 Revision: Noted image was removed  
in earlier version of the document (October  
2017)

**Comment [LLW2]:** 4/13/18 Linda/KBS: The  
only remaining questions I have relative to these  
comments are the ones about the references. Can  
you please indicate where the 3 references can be  
found? I cannot find them.

**Comment [LLW3]:** 4/18/18 Linda/KBS: OK,  
resolved – found the first 2 references and the 3<sup>rd</sup>  
no longer needed because the figure that is  
referenced has been removed from the document.

22 **Clinical Decision Support (CDS) Content and Health Level 7**  
23 **(HL7)-compliant Knowledge Artifacts (KNARTS): Cardiology: Pre-**  
24 **Op Risk Assessment Clinical Content White Paper**

25 Cardiology: Pre-Op Risk Assessment Documentation Template (B37, CLIN0005AC), Cardiology: Pre-Op Risk  
26 Assessment Order Set (B13, CLIN0004AC), Cardiology: Pre-Op Risk Assessment Consult Request  
27 (Composite) (B58)

28

29 Publication date December, 2017

**Comment [FC4]:** 02/16/18 KBS; Per Dr. Wedemeyer's comment above from January the identification of KNARTS needs to be represented in a table, consistent with the convention being used in other KNARTS white papers. B3 please make this change.

30

## Table of Contents

31	VA Subject Matter Expert Panel .....	vi
32	Introduction .....	vii
33	Conventions Used .....	vii
34	1. Clinical Context: Cardiology Pre-op Risk Assessment .....	94
35	1. Knowledge Artifacts .....	94
36	2. Composite .....	103
37	1. Knowledge Narrative .....	103
38	2. Consult Request .....	103
39	3. Evidence .....	Error! Bookmark not defined.3
40	3. Documentation Template .....	114
41	1. Knowledge Narrative .....	114
42	2. Documentation Template Applicability .....	114
43	3. Procedure Risk .....	114
44	3.1. Low .....	Error! Bookmark not defined.4
45	3.2. Medium .....	Error! Bookmark not defined.5
46	3.3. High .....	Error! Bookmark not defined.5
47	4. Patient Risk .....	126
48	5. Laboratory Studies .....	147
49	6. Imaging and Diagnostic Studies .....	148
50	7. Evidence .....	159
51	4. Order Set .....	1740
52	1. Knowledge Narrative .....	1740
53	2. Order Set Applicability .....	1740
54	3. Consults and Referrals .....	1740
55	4. Risk Stratification .....	1740
56	A. Appendix: Existing VA Artifacts .....	1942

## List of Figures

58	A.1. Provider's Note .....	<del>20</del> <sup>12</sup>
59	A.2. Reason for Request: WEBLINK.....	<del>21</del> <sup>13</sup>
60	A.3. Basic Surgical Risk Categorization .....	<del>22</del> <sup>14</sup>
61	A.4. Met Equivalents .....	<del>23</del> <sup>15</sup>
62	A.5. Template: Cardiology Pre-Op Service .....	<del>25</del> <sup>16</sup>
63	A.6. Template: Cardiology Pre-Op Service .....	<del>26</del> <sup>17</sup>
64	A.7. Template: Cardiology Pre-Op Service .....	<del>27</del> <sup>18</sup>
65	A.8. Template: Cardiology Pre-Op Service .....	<del>28</del> <sup>19</sup>
66	A.9. Order a Consult.....	<del>29</del> <sup>20</sup>
67	A.10. Template: Cardiology Pre-Op Service.....	<del>30</del> <sup>21</sup>
68	A.11. Template: Cardiology Pre-Op Service.....	<del>31</del> <sup>22</sup>
69	A.12. Template: Cardiology Pre-Op Service.....	<del>32</del> <sup>23</sup>
70	A.13. Order a Consult.....	<del>33</del> <sup>24</sup>

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71 **List of Tables**

72	1.1. Clinical Context Domains.....	9+
73	3.1. Duke Activity Status Index (DASI)([Hlatky, 1989]).....	<u>Error! Bookmark not defined.</u> 6

74  
75

# VA Subject Matter Expert Panel

Name	Title	Project Role
Bruce Bray, MD	Professor, Cardiovascular Medicine University of Utah School of Medicine Staff Cardiologist, Salt Lake City VAMC	SME, Primary
Scott Wall, MD	Assistant Professor, Cardiovascular Medicine University of Utah School of Medicine Staff Cardiologist, Electrophysiology Salt Lake City VAMC	SME, Secondary
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## Introduction

The VA is committed to improving the ability of clinicians to provide care for patients while increasing quality, safety, and efficiency. Recognizing the importance of standardizing clinical knowledge in support of this goal, VA is implementing the HL7 Knowledge Artifact Specification for a wide range of VA clinical use cases. Knowledge Artifacts, referred to as KNARTs, enable the structuring and encoding of clinical knowledge so the knowledge can be integrated with electronic health records to enable clinical decision support.

The purpose of this Clinical Content White Paper is to capture the clinical context and intent of KNART use cases in sufficient detail to provide the KNART authoring team with the clinical source material to construct the corresponding knowledge artifacts using the HL7 Knowledge Artifact Specification. This paper has been developed using material from a variety of sources: VA artifacts, clinical practice guidelines, evidence in the body of medical literature, and clinical expertise. After reviewing these sources, the material has been synthesized and harmonized under the guidance of VA subject matter experts to reflect clinical intent for this use case.

Unless otherwise noted, items within this white paper (e.g., documentation template fields, orderable items, etc.) are chosen to reflect the clinical intent at the time of creation. To provide an exhaustive list of all possible items and their variations is beyond the scope of this work.

## Conventions Used

Conventions used within the knowledge artifact descriptions include:

- `<obtain>`: Indicates a prompt to obtain the information listed
  - The requested information should be obtained from the underlying system(s), if possible. If not, prompting the user for information may be required.
  - The technical and clinical notes associated with a section should be consulted for specific constraints on the information (e.g., time-frame, patient interview, etc.).
  - Default values: unless otherwise noted, `<obtain>` indicates to obtain the most recent observation. It is recognized that this default time-frame value may be altered by future implementations.
- `[...]`: Square brackets enclose explanatory text that indicates some action on the part of the user, or general guidance to the clinical or technical teams. Examples include, but are not limited to:
  - `[Begin ...]`, `[End ...]`: The start and end of specific areas to clearly delineate them for technical purposes.
  - `[Activate ...]`: Initiate another knowledge artifact or knowledge artifact section.
  - Section Prompt: `...`: If this section is applicable, then the following prompt should be displayed to the user.

- 
- 113 • [Section Selection Behavior: ....]: Indicates technical constraints or considerations for the  
114 selection of items within the section.
- 115 • [Attach: ...]: The specified item should be attached to the documentation template if  
116 available.
- 117 • [Link: ...]: Rather than attaching, a link to the item should be included in the  
118 documentation template.
- 119 • [Clinical Comments]: Clinical rationale or guidance.
- 120 • [Technical Note: ...]: Technical considerations or notes.
- 121 • [If ...]: The beginning of a conditional section.
- 122 • [Else, ...]: The beginning of the alternative branch of a conditional section.
- 123 • Check boxes:
- 124 Indicate items that should be selected based upon the section selection behavior.
- 125



# Chapter 1. Clinical Context: Cardiology Pre-op Risk Assessment

Primary care providers benefit from a standardized approach for determining whether a patient should be referred to cardiology for an evaluation prior to an elective, non-cardiac surgery. Essentially, any non-low-risk patient who is undergoing a non-low-risk procedure should be referred to cardiology for a preoperative evaluation prior to non-cardiac surgery. The terms “non-low-risk patient” and “non-low-risk procedure” are defined within the documentation template, section 3 and 4 in chapter 3. The consult request portion of the knowledge artifact contains information pertinent to the consult.

The Cardiology Pre-op Risk Assessment group of KNARTs are intended for clinical providers caring for adult patients in a Primary Care Clinic who require referral to a cardiologist for preoperative medical clearance prior to non-cardiac surgery. This consult request as well as the associated documentation template and order set components are intended to ensure that a cardiology consultation is appropriate and, if so, that the necessary workup is initiated prior to a cardiology consultation for a preoperative evaluation. The intent of these artifacts is to ensure a minimum workup is initiated prior to a Cardiology Consultation. Specific constraints for these artifacts are that the artifacts:

- Apply to outpatients undergoing elective, non-cardiac surgery
- Are not appropriate for use for patients with acute coronary syndrome (ACS)
- Are not appropriate for use for patients requiring emergency surgery

These context domains are summarized in the table below.

## Clinical Context Domains

Target User	Provider in a Primary Care Clinic
Patient	Adult being considered for elective, non-emergent, non-cardiac surgery
Priority	Routine
Specialty	Primary Care
Location	Outpatient

## 1. Knowledge Artifacts

This section describes the CDS knowledge artifacts that are part of the Cardiology Pre-Op Risk Assessment group, and include:

- A Cardiology: Pre-Op Risk Assessment Consult Request Composite KNART
  - High-level, encompassing artifact which uses the Cardiology: Pre-Op Risk Assessment Documentation Template and the Cardiology: Pre-Op Risk Assessment Order Set
- A Cardiology: Pre-Op Risk Assessment Documentation Template KNART
  - Documents the information provided by the referring provider
  - Includes logic for appropriate display of documentation sections
- A Cardiology: Pre-Op Risk Assessment Order Set KNART
  - Orderable items associated with the consult request
  - Includes logic for appropriate display of the order set

# Chapter 2. Composite

[Begin Composite.]

## 1. Knowledge Narrative

[See Clinical Context in Chapter 1.]

## 2. Consult Request

[Technical Note: The following list provides the basic components of the consult request. This is the high-level, encompassing artifact, and must be combined with the documentation template and order set to form a fully functional knowledge artifact.]

[Section Prompt: In order to initiate a Cardiology consult to evaluate a patient for a preoperative assessment for a non-cardiac elective surgery, please provide the following information.]

- Reason for Consult: Preoperative cardiovascular evaluation for adult candidate for non-cardiac surgery
- Consult Specialty: Cardiology
- Priority: Routine
- <obtain> Referring Physician<name>
- <obtain> Referring Physician Contact Information (including specialty and location if referring to outside of VA)

[Activate associated documentation template]

[End Composite.]

## 3. Bibliography/Evidence

A. Donati and M. Adrario. "A new and feasible model for predicting operative risk". *Br J Anaesth.* 2004. 93. (3). 393-399.

**Comment [KK5]:** Team B3 11/9: NOTE – per common issues, single bibliography will be made when DocBook is finalized. KBS: program office will need to review final document to ensure this happens.

**Comment [KK6]:** Team B3 4/16: all references have been consolidated into a single Bibliography end of document before Appendix A – Existing Sample VA Artifacts.

**Comment [JF7]:**

**KBS 10/26/2017:** Please add into the Bibliography the following item:

The ASA published anesthesia cardiac risk stratification system. (Here is a link to an article describing the classification system, but please look for , or check with the Pre-op VA SME team what the best reference to use : <http://anesthesiology.pubs.asahq.org/article.aspx?cleid=2026575> )

**Team B3 11/9:** will add.

Team B3 12/22: ASA recommendations are based upon the ACC guidelines, which are already cited as a primary source.

**Comment [DM8]:** KBS 10/26/2017: This is a single reference that is 13 years old. Do we know that it is not outdated? Regardless, there must be more recent reference(s) that are more appropriate to include here. bibliography

Team B3 11/9: see comment above for single bibliography

**Comment [LLW9]:** Linda 1/22/18: I do not understand this response. What comment are you referring to, and how does it answer the question?

KBS 02/15/18: B3 team has not answered the question from 10/26/17 regarding the possible need for references that are more recent than the 13 year old

Team B3 4/16: This article is current per content provided by Motive.

4/18: ready to resolve.

# Chapter 3. Documentation Template

[Begin Documentation Template.]

## 1. Knowledge Narrative

[See Clinical Context in Chapter 1.]

The approach to the assessment of perioperative risk for patients undergoing non-cardiac surgery has been extensively codified and validated by the American College of Cardiology/American Heart Association (ACC/AHA). Additionally, several other instruments have been independently validated, are widely used, and may add further value (Hlatky 1989; Lee 1999). The ACC/AHA approach focuses largely on patient-specific factors, such as age and comorbidity (Fleisher 2014). Alternative procedure-specific approaches have also been developed by other organizations. Of these, the approach selected for use within this documentation template is the Modified Johns Hopkins Surgical Criteria (Donati 2004). These criteria suggest that a NON-LOW-RISK PATIENT who is undergoing a NON-LOW-RISK PROCEDURE should be referred to cardiology for a preoperative evaluation prior to non-cardiac surgery. A NON-LOW-RISK PATIENT is defined using the revised cardiac risk index (RCRI) as a patient with 2 or more Revised Cardiac Risk Index (RCRI) predictors. The RCRI predictors are: high-risk type of surgery, ischemic heart disease, history of congestive heart failure, history of cerebrovascular disease, insulin therapy for diabetes, and preoperative serum creatinine > 2 mg/dL. (Lee 1999.) A NON-LOW-RISK PROCEDURE is defined as any grade II or grade III surgery, based on the modified Johns Hopkins surgical criteria. (Donati 2004.)

## 2. Documentation Template Applicability

[Section Prompt: This documentation template is not applicable to emergency surgery patients or patients with an acute coronary syndrome. It is intended for patients anticipating an elective, non-cardiac surgery.]

## 3. Procedure Risk

[Begin Procedure Risk.]

[Section Prompt: With respect to the surgical procedure that the patient requires, define the procedure as Low, Medium or High surgical risk by selecting the appropriate checkbox from just one of the three category options shown below. Note that a "NON-LOW-RISK PROCEDURE" is defined as any surgery that is medium or high risk, based on the modified Johns Hopkins surgical criteria (Donati 2004). To assist the clinical provider in decision making, representative examples of procedures that would be defined as Low, Medium, or High risk appear below the checkbox options.]

[Section Selection Behavior: Only one checkbox from among Low, Medium, High should be checked. At least one checkbox must be checked.]

☐ Low: minimal to moderately invasive procedure

☐ Medium: moderately to significantly invasive procedures (Note: Medium Risk is a NON-LOW RISK Procedure)

☐ High: highly invasive procedure (Note: High Risk is a NON-LOW RISK Procedure)

The following are representative examples of procedures that would be considered Low, Medium, or High Risk. The list is not exhaustive, and does not supersede clinical judgement regarding the risk a particular surgical procedure carries.

LOW Risk Procedures	MEDIUM Risk Procedures	HIGH Risk Procedures
Breast biopsy	Thyroidectomy	Major orthopedic-spinal

**Comment [DM10]:** KBS 10/26/2017: See text editing for this Clinical Comment.

		reconstruction
Removal of minor skin or subcutaneous lesions	Hysterectomy	Major reconstruction of the gastrointestinal tract
Myringotomy tubes	Myomectomy	Major genitourinary surgery (e.g., radical retropubic prostatectomy)
Hysteroscopy	Cystectomy	Major vascular repair without postoperative ICU stay
Cystoscopy	Cholecystectomy	Cardiothoracic procedure
Vasectomy	Laminectomy	Intracranial procedure
Fiber-optic bronchoscopy	Hip/knee replacement	Major procedure on the oropharynx
Diagnostic laparoscopy	Nephrectomy	Major vascular, skeletal, neurological repair
Dilation and curettage	Major laparoscopic procedures	
Fallopian tube ligation	Resection/reconstructive surgery of the digestive tract	
Arthroscopy		
Inguinal hernia repair		
Laparoscopic lysis of adhesion		
Tonsillectomy/rhinoplasty]		
Breast biopsy		

219 [End Procedure Risk.]

## 220 4. Patient Risk

221 [Begin Patient Risk.]

222 [Section Prompt: Define the patient's risk for surgery as LOW RISK or NON-LOW RISK. A NON-LOW-  
223 RISK PATIENT is defined as a patient with 2 or more revised cardiac risk index (RCRI) predictors. The RCRI  
224 predictors are: a NON-LOW-RISK PROCEDURE, ischemic heart disease, history of congestive heart failure,  
225 history of cerebrovascular disease, insulin therapy for diabetes, and preoperative serum creatinine > 2 mg/dL.]

### 226 Revised Cardiac Risk Index (RCRI)

227 [Section Prompt: Check any of the following that apply to the patient.]

228 [Section Selection Behavior: None or as many as all may be selected.]

229 [Technical Note: The first box ("Medium or High Risk procedure") should be pre-selected if the procedure is a  
230 NON-LOW RISK PROCEDURE as defined in chapter 3 above.]

231 • ☐ Medium or High Risk procedure

232 • ☐ Ischemic heart disease

**Comment [LLW11]:** 4/13/18 Linda/KBS: We appear to have left this criterion out of the list of checkboxes used to collect data for the RCRI.

**Comment [KK12]:** Team B3 4/16: Additional checkbox added below.

4/18: ready to resolve.

**Comment [LLW13]:** 4/18/18 Linda/KBS: OK reosolved.

- 233 • ☐ History of congestive heart failure
- 234 • ☐ History of cerebrovascular disease
- 235 • ☐ Insulin-dependent diabetes mellitus
- 236 • ☐ Preoperative serum creatinine > 2 mg/dL
- 237 **Risk of Major Adverse Cardiac Event (MACE)**
- 238 • [Technical Note: Add the number of items checked above in the Revised Cardiac Risk Index (RCRI) Section  
239 in order to calculate the Risk of MACE:
- 240 • If 0 items checked, the risk of a major adverse cardiac event (RISK OF MACE) is 0.4%,
- 241 • If 1 item checked, the RISK OF MACE is 0.9%,
- 242 • If 2 items checked, the RISK OF MACE is 6.6%,
- 243 • If 3 or more items checked, the RISK OF MACE is 11%]
- 244 • [Section Prompt: The Risk of MACE is estimated by totaling the number of variables that apply from the  
245 Revised Cardiac Risk Indicator.
- 246 • If 0 items were selected from the RCRI variables, the risk of a major adverse cardiac event (RISK OF  
247 MACE) is 0.4%,
- 248 • If any 1 item was selected, the RISK OF MACE is 0.9%,
- 249 • If any 2 items were selected, the RISK OF MACE is 6.6%,
- 250 • If any 3 items were selected, the RISK OF MACE is 11%]
- 251 • [Section Prompt: The patient's estimated risk of a major adverse cardiac event (RISK of MACE) is:]
- 252 Display the RISK OF MACE.
- 253 **RISK OF MACE is less than 1%**
- 254 [Technical Note: If RISK OF MACE is less than 1%:]
- 255 • [Section Prompt: Consider proceeding to surgery without cardiology consultation since the patient's  
256 estimated risk of a major adverse cardiac event is less than 1%.]
- 257 • [Documentation Template complete.]
- 258 **RISK OF MACE is NOT less than 1%**
- 259 • [Section Prompt: Can the patient perform activity of at least 4 metabolic equivalents (METs)? (Examples of 4  
260 METs would include: light yard work, walking slowly on a flat surface at a 15-minute mile pace, or a  
261 moderate amount of work around the house like sweeping floors or carrying groceries.) (Fleisher 2014; Jette  
262 1990: <https://onlinelibrary.wiley.com/doi/pdf/10.1002/clc.4960130809>)]
- 263 ☐ Yes, the patient can perform at least 4 METs
- 264 ☐ No, the patient cannot perform at least 4 METs
- 265 [Technical Note: If the patient can perform at least 4 METs:]

Formatted: Font: Bold, Font color: Auto

Comment [14]:

Comment [15]:

Comment [16]:

Comment [17]:

Comment [18]:

Comment [19]:

Comment [20]:

Comment [21]:

Comment [22]:

Comment [23]:

Comment [LLW24]: 4/18/18 Linda/KBS: Please  
add the Jette reference to the bibliography:  
<https://onlinelibrary.wiley.com/doi/pdf/10.1002/clc.4960130809>

Comment [KK25]: 4/19: Removal of Fleisher  
reference from this section noted. Added Jette  
reference to bibliography.

Comment [26]:

Comment [27]:

266 • [Section Prompt: If the patient is able to perform at least 4 METs, the patient may proceed to surgery since  
267 their functional capacity is at least 4 METs.]

Comment [28]:

Comment [29]:

268 • [End Documentation Template.]

Comment [30]:

269 [Technical Note: If the patient cannot perform at least 4 METs.]

Comment [31]:

270 • [Section Prompt: If the patient cannot perform at least 4 METs, consider referring the patient for cardiology  
271 consult for risk stratification due to less than moderate functional capacity.]

Comment [32]:

Comment [33]:

272 • [End Patient Risk.]

Comment [34]:

273 • [ ]

Comment [35]:

Comment [36]:

Comment [37]:

## 274 5. Laboratory Studies

275 [Technical Note: The following information should be included (latest value within the past 2 years), if  
276 available.]

277 • <obtain> Basic Metabolic Profile Lab Result

278 • <obtain> Complete Blood Count Lab Result

## 279 6. Imaging and Diagnostic Studies

280 [Technical Note: For this documentation template, the following information should be included, if available  
281 from the prior 30 days.]

282 • [Technical Note: Image and result text should be attached automatically if they are provided for the 12-Lead  
283 Electrocardiogram Interpretation field.]

284 • <obtain> resting 12-Lead Electrocardiogram Interpretation

285 • [Attach/link Images: 12-Lead Electrocardiogram]

286 • [Technical Note: Result text should be linked automatically if it is provided for the Stress  
287 Electrocardiography Interpretation field.]

288 • <obtain> Stress Electrocardiography Interpretation

289 • [Attach/link Images: Stress Electrocardiography]

290 • [Technical Note: Result text should be linked automatically if it is provided for the Resting  
291 Echocardiogram/Doppler Interpretation field.]

292 • <obtain> Resting Echocardiogram/Doppler Interpretation

293 • [Link Images: Resting Echocardiogram/Doppler Electrocardiography]

294 • [Technical Note: Result text should be linked automatically if it is provided for the Stress Echocardiogram  
295 Interpretation field. This includes treadmill and dobutamine stress echo.]

296 • <obtain> Stress Echocardiogram Interpretation

297 • [Link Images: Stress Echocardiogram]

298 • [Technical Note: Result text should be linked automatically if it is provided for the Stress Myocardial  
299 Perfusion Imaging (MPI) Interpretation field.]

- 300 • <obtain> Stress MPI Interpretation
- 301 • [Link Images: Stress MPI]
- 302 • [Technical Note: Result text should be linked automatically if it is provided for the Rest/Stress MRI Interpretation field.]
- 303
- 304 • <obtain> Rest/Stress MRI Interpretation
- 305 • [Link Images: Rest/Stress MRI]
- 306 • [Technical Note: Result text should be linked automatically if it is provided for the Chest CT and/or Cardiac CT and/or Coronary CT Angiography (CTA) Interpretation field.]
- 307
- 308 • <obtain> Chest CT and/or Cardiac CT and/or Coronary CT Angiography (CTA) Interpretation
- 309 • [Link Images: Chest CT and/or Cardiac CT and/or Coronary CT Angiography (CTA)]
- 310 • [Technical Note: Result text should be linked automatically if it is provided for the X-Ray Chest Interpretation field.]
- 311
- 312 • <obtain> X-Ray Chest Interpretation
- 313 • [Link Images: X-Ray Chest]
- 314 [End Documentation Template.]

Comment [38]:

Comment [39]:

Comment [40]:

## 316 Bibliography/ Evidence

- 317 *ACS NSQIP Surgical Risk Calculator*. <http://riskcalculator.facs.org/RiskCalculator/index.jsp>. 2017.
- 318 [Daley, 2015] B.J. Daley, W. Cecil, PC Clarke, JB Cofer, and OD Guillaumondegui. "How slow is too slow? Correlation of operative time to complications: an analysis from the Tennessee Surgical Quality Collaborative." *J Am Coll Surg*. 2015. 220(4). 550-558.
- 319
- 320
- 321 [Donati, 2004] A. Donati, M. Ruzzi, and E. Adrario. "A new and feasible model for predicting operative risk". *Br J Anaesth*. 2004. 93(3). 393-399.
- 322
- 323 [Fleisher, 2014] LA Fleisher, KE Fleischmann, and AD Auerbach. "2014 ACC/AHA guideline on perioperative cardiovascular evaluation and management of patients undergoing non-cardiac surgery: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines." *Circulation*. 2014. 130(24). e278-e333.
- 324
- 325
- 326
- 327 [Hlatky, 1989] MA Hlatky, RE Boineau, and MB Higginbotham. "A brief self-administered questionnaire to determine functional capacity (the Duke Activity Status Index)." *Am J Cardiol*. 1989. 64(10). 651-654.
- 328
- 329 [Hu, 2016] WH Hu, HH Chen, and KC Lee. "Assessment of the addition of hypoalbuminemia to ACS NSQIP surgical risk calculator in colorectal cancer". *Medicine (Baltimore)*. 2016. 95(10). e2999.
- 330
- 331 [Lee, 1999] TH Lee, ER Marcantonio, and CM Mangione. "Derivation and prospective validation of a simple index for prediction of cardiac risk of major non-cardiac surgery". *Circulation*. 1999. 100(10). 1043-1049.
- 332
- 333
- 334 [McMillan, 2017] MT McMillan, V Allegrini, and HJ Asbun. "Incorporation of procedure-specific risk into the ACS NSQIP surgical risk calculator improves the prediction of morbidity and mortality after pancreaticoduodenectomy." *Ann Surg*. 2017. 265(5). 978-986.
- 335
- 336

Comment [KK41]: Team B3 4/16: all references have been consolidated into a single Bibliography end of document before Appendix A – Existing Sample VA Artifacts.

Comment [42]:

337 [\[Neuberger, 2017\]](#) JM Neuberger, WO Bechstein, and DR Kuypers. “Practical recommendations for long-term  
338 management of modifiable risks in kidney and liver transplant recipients: a guidance report and clinical  
339 checklist by the Consensus on Managing Modifiable Risk in Transplantation (COMMIT) Group.”  
340 *Transplantation*. 2017. 101(4S Suppl 2). S1–S56.



# Chapter 4. Order Set

[Begin Order Set.]

## 1. Knowledge Narrative

[See Clinical Context in Chapter 1.]

## 2. Order Set Applicability

[Section Prompt: This order set is not applicable to emergency surgery patients or patients with an acute coronary syndrome. It is intended for patients anticipating an elective, non-cardiac surgery.]

[Section Prompt: This order set should be used for a patient who is being referred to cardiology for preoperative cardiac risk stratification prior to non-cardiac surgery, subsequent to determination during use of the documentation template that the patient requires this evaluation. The referring provider should also consider ordering an appropriate risk stratification study from the options presented within this order set in conjunction with the cardiology consult. All orders are routine unless otherwise specified.]

## 3. Consults and Referrals

[Section Selection Behavior: Optional.]

- ☐ Order referral to cardiology for preoperative assessment prior to elective non-cardiac surgery

## 4. Risk Stratification Testing

### Exercise Stress Testing

[Section Prompt: Consider for patients with no known or suspected coronary artery disease, low probability for coronary artery disease, ability to exercise, normal electrocardiogram, and heart rate > 60 beats per minute.]

[Section Selection Behavior: Optional.]

- ☐ exercise stress testing

### Stress Testing with Echocardiography

[Section Prompt: Consider for patients with no known or suspected coronary artery disease, low to intermediate probability for coronary artery disease, ability to exercise, and normal electrocardiogram.]

[Section Selection Behavior: Optional.]

- ☐ stress testing echocardiography

### Dobutamine Stress Testing with Myocardial Perfusion Imaging (MPI)

[Section Prompt: Consider for patients with no known or suspected coronary artery disease, intermediate probability for coronary artery disease, inability to exercise, inability to tolerate other vasodilator stress agents and normal electrocardiogram.]

[Section Selection Behavior: Only one should be selected. Optional.]

- ☐ dobutamine stress testing myocardial perfusion imaging

### Coronary CT Angiogram

Comment [43]:

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Comment [63]:

Comment [64]:

Comment [65]:

375 [Section Prompt: Consider for patients with no known or suspected coronary artery disease, high probability for  
376 coronary artery disease, inability to exercise, and normal electrocardiogram.]

Comment [66]:

Comment [67]:

377 [Section Selection Behavior: Only one should be selected. Optional.]

- 378 • ☐ coronary CT angiogram

379 **Vasodilator Stress Testing with MPI**

380 [Section Prompt: Consider for patients with no known or suspected coronary artery disease, intermediate  
381 probability for coronary artery disease, inability to exercise, and abnormal electrocardiogram.]

Comment [68]:

Comment [69]:

382 [Section Selection Behavior: Only one should be selected. Optional.]

- 383 • ☐ adenosine stress testing myocardial perfusion imaging

Comment [70]:

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386 **Exercise Stress Testing with MPI**

387 [Section Prompt: Consider for patients with known or suspected coronary artery disease, ability to exercise, and  
388 normal ST-T.]

389 [Section Selection Behavior: Optional.]

- 390 • ☐ exercise stress testing myocardial perfusion imaging

391 **Dobutamine Stress Testing with Echocardiography or MPI**

392 [Section Prompt: Consider for patients with known or suspected coronary artery disease, inability to exercise,  
393 normal electrocardiogram, and no prior myocardial infarction. Only one should be selected.]

Comment [80]:

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394 [Section Selection Behavior: Only one should be selected. Optional.]

- 395 • ☐ dobutamine stress testing echocardiography

- 396 • ☐ dobutamine stress testing myocardial perfusion imaging

Comment [84]:

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397 **Vasodilator Stress Testing with MPI**

398 [Section Prompt: Consider for patients with known or suspected coronary artery disease who have any of the  
399 following: abnormal electrocardiogram; permanent pacemaker with ventricular-paced rhythm; poor exercise  
400 tolerance. Also consider for patients with a history of myocardial infarction (MI) or regional wall motion  
401 abnormalities, especially for more severe/extensive disease.]

Comment [86]:

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402 [Section Selection Behavior: Only one should be selected. Optional.]

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- 403 • ☐ adenosine stress testing myocardial perfusion imaging

404 End Order Set.]

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**Comment [KK100]:** Team B3 4/16: see response regarding this reference per the comment on page

**Comment [LLW101]:** 4/18/18 Linda/KBS: O reosolved.

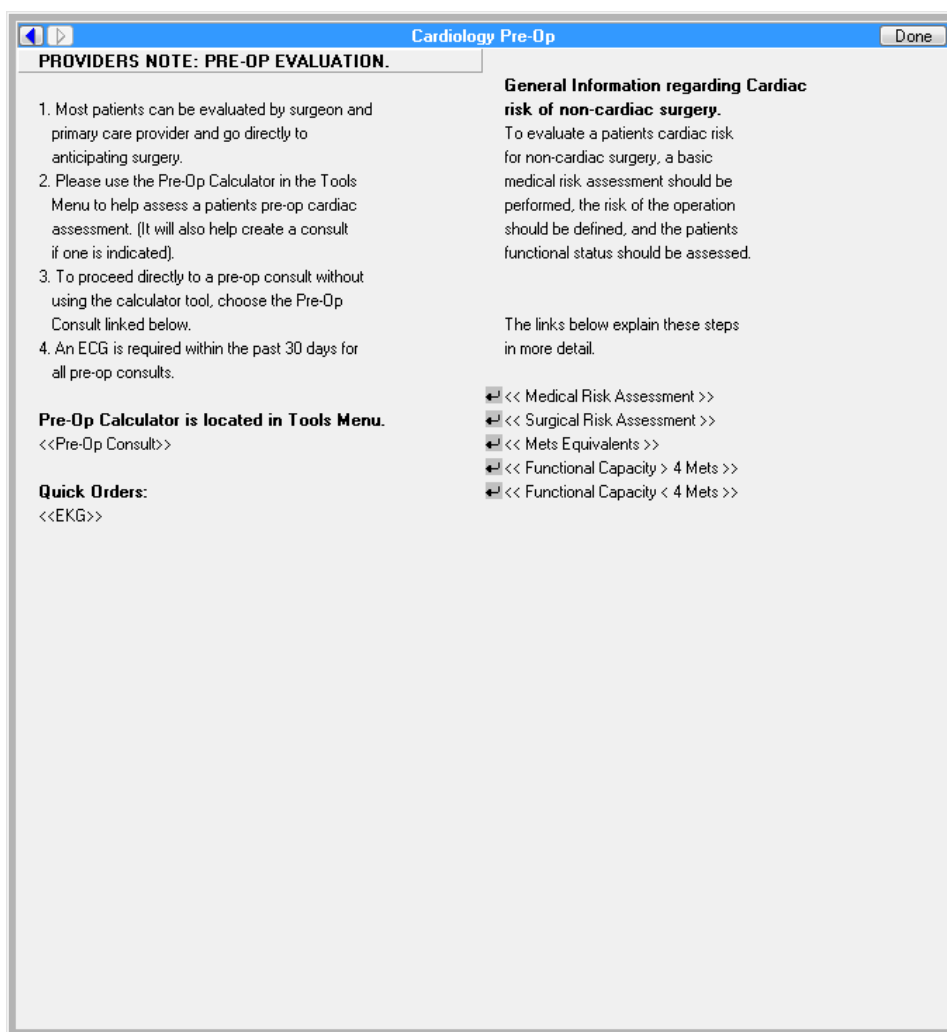
**Comment [KK102]:** 4/19: added per request in section 3.4.

**Formatted:** Font: Italic

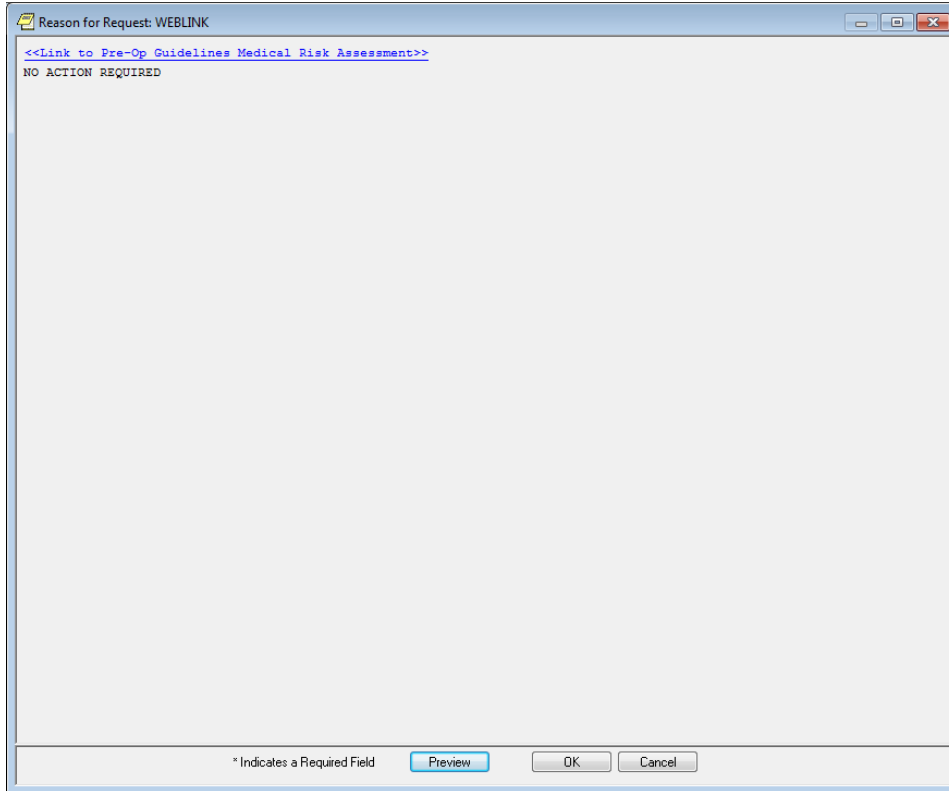
## Appendix A: Existing Sample VA Artifacts

These artifacts consist of screenshots from the Portland VAMC cardiology pre-op service.

**Figure A.1. Guidance to Referring Provider for Cardiology Pre-Op Consultation**



**Figure A.2. Guidance for Pre-op Medical Risk Assessment**



Comment [103]:

Comment [104]:

Comment [105]:

443

**Figure A.3. Basic Surgical Risk Categorization****Basic surgical risk categorization:****Low risk <1% of mi or death:**

- **Dermatology:** Superficial procedures
- **ENT** unless tracheostomy or neck resection intermediate
- **General Surgery:** biopsy, debridement, excision of superficial lesion, hemorrhoidectomy, lymph node biopsy, small umbilical hernia
- **GI:** Endoscopic procedures, ERCP
- **GYN:** most low except total hysterectomy intermediate, cancer surgery intermediate
- **Optho:** Cataract operation
- **Ortho:** low risk- knee arthroscopy
- **Plastics:** Breast operation, all low unless large quantities of epinephrine use or reconstructive flap
- **Urology:** more superficial surgeries are low risk: penile biopsy, hydrocoele repair; vasectomies and reversals; simple flex cysto and rigid cyst are low risk; anything into ureter is low plus risk (stimulates vagal response)

**Intermediate risk (<5%):**

- Intraperitoneal and intrathoracic operations
- **General Surgery:** abdominal surgery, abdominal abscess, excision of stomach lesion, hernia repair with mesh, partial colectomy, intraperitoneal procedure if adhesions, nissen fundoplication, large umbilical hernias
- **Gyn Surgery:** Total hysterectomy, cancer surgery
- **Head and neck operations:** tracheostomy (simple with no reconstruction-hemilaryngectomies), neck resection
- Intraperitoneal and intrathoracic operation
- **Neurosurgery:** most neurosurgery (spinal and cranium) intermediate except oncologic surgeries and recisions high risk. Veretebroplasty for compression fractures through neck, and endarterectomy are intermediate risk. Vertebroplasty through belly or chest is high risk.
- **Orthopedic operation:** hip replacements (no tourniquet, large blood loss), first time hip surgery with up to 500 cc blood loss, hip fractures-intermediate; larger blood loss associated with revision of hip- high risk; oncologic surgery at knee or below
- **Plastics:** surgeries using large quantities of epinephrine or reconstructive flap
- **Pulmonary:** mostly intermediate; pneumonectomy high risk; afib common after pulmonary surgery; risk increases if patient has pulmonary hypertension or sleep apnea
- **Urology:** turp (significant fluid load); simple nephrectomy, suprapubic prostatectomies are all intermediate risk; radical nephrectomy and radical prostatectomy (nodes and organ removal) are intermediate plus risk
- **Vascular:** carotid endarterectomy

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Figure A.4. Met **Equivalents** (Jette 1990)

**Comment [KK106]:** 4/18 update: confirm Fleisher 2014 is correct reference; if so, add as no for Figure title/support

**Comment [LLW107]:** Fleischer is not the correct reference.  
<https://onlinelibrary.wiley.com/doi/pdf/10.1002/c.960130809>

This chart is very nice, but I am not comfortable keeping it here unless we know exactly where it came from. Is it possible to figure that out? Jette the original source, but this table came from elsewhere. Would Motive know the exact referen for this very nice summary table?

**Comment [KK108]:** 4/19: In the Portland KNARTs screenshots Linda provided early on in project, pg 110 is the image in Figure A.4 here. There is a reference in that screenshots document the end of pg 106.

B3 will need confirmation 1) if that's the correct reference, and 2) if the PO would like to leave the image in as-is or remove entirely.

**Comment [109]:**

**Comment [110]:**

**Comment [111]:**

## MET EQUIVALENTS

**Definition: MET – The energy expended while resting, usually calculated as the energy used to burn 3 to 4 milliliters of oxygen per kilogram of body weight per minute.**

1 MET:	Eating, getting dressed, working at a desk.
2 METs:	Taking a shower, shopping, cooking. Walking down eight steps.
3 METs:	Walking slowly on a flat surface.
4 METs:	Light yard work, i.e., raking leaves, weeding, sweeping, or pushing a power mower; painting or light carpentry.  A <u>moderate</u> amount of work around the house, like vacuuming, sweeping the floors or carrying groceries.  Walking slowly on a flat surface at a 15-minute mile pace.
5 METs:	Walking briskly. Social dancing, washing the car. Arm-powered wheelchair grocery shopping.
6 METs:	Play nine holes of golf carrying your own clubs. Heavy carpentry, mow lawn with push mower.
7 METs:	Carry 60 pounds, perform heavy outdoor work, i.e., digging, spading soil, etc. Walking uphill.
8 METs:	Carry groceries upstairs, move heavy furniture. Jog slowly on flat surface, climb stairs quickly.
9 METs:	Bicycling at a moderate pace, sawing wood, jumping rope (slowly).
10 METs:	Brisk swimming, bicycle up a hill, jog six miles per hour.
11 METs:	Carry a heavy load (i.e., a child or firewood) up two flights of stairs. Cross country ski, bicycling briskly, continuously.
12 METs:	Running briskly, continuously (level ground, eight minutes per mile.)
13 METs:	Any competitive activity, including those which involve intermittent sprinting. <del>Running competitively, rowing competitively, bicycle racing.</del>



Comment [112]:

447

**Figure A.5. Template: Cardiology Pre-Op Consult (Screen 1 of 4)**

Template: Cardiology Pre - Op Service

YOU MUST COMPLETE ALL QUESTIONS FOR CONSULT TO BE ADEQUATELY ADDRESSED.

PRE-OP EVALUATION

The stress of surgery is equivalent to 4 METs.

NOTE: 4 METs: light yard work, i.e. raking leaves, weeding, sweeping, or pushing a power mower.

5 METs: walking briskly, social dancing, washing the car.

☐ YES. Patient can exercise 4 METs. ...

☐ NO. Patient can not exercise 4 METs. ...

All None \* Indicates a Required Field Preview OK Cancel

448

Comment [113]:

449 Figure A.6. Template: Cardiology Pre-Op Consult (Screen 2 of 4)

Template: Cardiology Pre - Op Service

YES. Patient can exercise 4 METs.

1) Does patient have angina?  
(chest pain at rest, increasing in frequency, or changed from prior)  
\*

☒ Patient does not have angina.  
☐ Patient has stable angina.  
☐ Patient has unstable angina.

2) Has the patient been hospitalized for CHF within the past year?  
(If yes, give details below) \* ☐ Yes ☐ No

3) Has the patient been revascularized in the past 5 years?  
(CHECK ALL THAT APPLY AND GIVE DETAILS)  
\*

☐ NO.  
☐ CABG.  
☐ PTCA/STENT. NOTE: For patient's S/P PTCA and stent  
placements minimum duration of clopidogrel therapy:  
Bare metal stent - 1 month  
Drug eluting stent - 12 months  
(e.g. Cordis Cypher stent or the Boston Scientific Taxus stent)

4) Has the patient had a comprehensive cardiologic evaluation  
within the past 2 years? (CHECK ALL THAT APPLY AND GIVE DETAILS)  
\*

☐ NO. Patient has not had a comprehensive evaluation.  
☐ ECG (less than 1 year)  
☐ ETT. Done at PVAMC.  
☐ Echo. Done at PVAMC.  
☐ Cath. Done at PVAMC.  
☐ Myocardial Perfusion Scan. Done at PVAMC.  
☐ ETT. Done on date and location noted below.  
☐ Echo. Done on date and location noted below.

\* Indicates a Required Field

Preview OK Cancel

450

Comment [114]:

Figure A.7. Template: Cardiology Pre-Op Consult (Screen 3 of 4)

Template: Cardiology Pre - Op Service

☒ Echo. Done on date and location noted below.

☒ Cath. Done on date and location noted below.

☒ Myocardial Perfusion Scan. Done on date and location noted below.

test

5) Has patient had a cardiac event or become symptomatic since evaluation or revascularization? (If yes, give details below)

\* ☒ Yes ☐ No

test

6) Does patient's current medications include the following? (Check ALL that apply.) \*

☒ Aspirin

☒ Clopidrogel

☒ Warfarin

☒ Beta blocker

☒ Nitrates

☒ Diuretics for CHF

☒ Insulin

☒ Immunosuppressives

☒ Oxygen therapy

☐ None of the above

7) Allergies and reactions? (If yes, give details below)

\* ☒ Yes ☐ Not Applicable

test

8) Does the patient have poorly controlled diabetes? (HGA1C > 8)

\* ☒ Yes ☐ No Current HGA1C:

No HEMOGLOBIN A1C in the last 1Y

9) Is the patient's Serum CO2 level greater than 30? \* ☒ Yes ☐ No

N/A

10) Does the patient drink alcohol daily? \* ☒ Yes ☐ No

\* Indicates a Required Field

Preview OK Cancel

Comment [115]:

453 Figure A.8. Template: Cardiology Pre-Op Consult (Screen 4 of 4)

**Template: Cardiology Pre - Op Service**

7) Allergies and reactions? (If yes, give details below)  
 \* ☒ Yes ☐ Not Applicable  
 test

8) Does the patient have poorly controlled diabetes? (HGA1C > 8)  
 \* ☒ Yes ☐ No Current HGA1C:   
 No HEMOGLOBIN A1C in the last 1Y

9) Is the patient's Serum CO2 level greater than 30? \* ☒ Yes ☐ No  
 N/A

10) Does the patient drink alcohol daily? \* ☒ Yes ☐ No  
 (If yes, give details below)  
 test

11) Are there other important clinical factors, patient values, etc. of concern?  
 (Such as Jehovah's Witness or patient has dementia) \* ☒ Yes ☐ No  
 (If yes, give details below)  
 test

12) What is the planned surgery and anticipated date?:  
 \* test

Please enter any additional comments or information below:

No Exercise Tolerance Test on file in the time period  
 No EKG on file in the time period  
 No EKG on file for the last 365 days.  
 No Echocardiogram on file in the time period  
 No Echocardiogram on file in the time period  
 Cardiac Catheterization on: 07/10/2008 13:16  
 PROCEDURE: Cardiac Catheterization  
 Indication info not found for last Cardiac Catheterization  
 Impression not found for last Cardiac Catheterization

\* Indicates a Required Field    Preview    OK    Cancel

454

455 **Figure A.9. Order a Cardiology Pre-Op Consult**

**Order a Consult**

Consult to Service/Specialty  
Cardiology Pre - Op Service Outpt  
Cardiology Pre - Op Service Outpt

Urgency  
ROUTINE

Attention

Clinically indicated date:

Patient will be seen as an:  
☐ Inpatient ☒ Outpatient

Place of Consultation  
CONSULTANT'S CHOICE

Provisional Diagnosis  
PRE - OP

Reason for Request (not editable)  
YES. Patient can exercise 4 METs.  
1) Does patient have angina?  
Patient has unstable angina.  
2) Has the patient been hospitalized for CHF within the past year?  
Yes test  
3) Has the patient been revascularized in the past 5 years?  
CABG., PTCA/STENT.

Cardiology Pre - Op Service Outpt Cons CONSULTANT'S CHOICE

Accept Order Quit

456

Figure A.10. Template: Cardiology Pre-Op Consult (Screen 1 of 4)

Template: Cardiology Pre - Op Service

NO. Patient can not exercise 4 METs.

1) What is the nature of this limitation? \*

Dyspnea, chest pain - please explain.

test

2) Does patient have angina?

(chest pain at rest, increasing in frequency, or changed from prior)

\*

☐ Patient does not have angina.

☐ Patient has stable angina.

☒ Patient has unstable angina.

3) Has the patient been hospitalized for CHF within the past year?

(If yes, give details below) \* ☒ Yes ☐ No

test

4) Has the patient been revascularized in the past 5 years?

(CHECK ALL THAT APPLY AND GIVE DETAILS)

\*

☐ NO.

☒ CABG.

☒ PTCA/STENT. NOTE: For patient's S/P PTCA and stent placements minimum duration of clopidogrel therapy:

Bare metal stent - 1 month

Drug eluting stent - 12 months

(e.g. Cordis Cypher stent or the Boston Scientific Taxus stent)

test

5) Has the patient had a comprehensive cardiologic evaluation within the past 2 years? (CHECK ALL THAT APPLY AND GIVE DETAILS)

\*

☐ NO. Patient has not had a comprehensive evaluation.

☒ ECG (less than 1 year)

☒ ETT. Done at PVAMC.

☒ Echo. Done at PVAMC.

☐ Cath. Done at PVAMC.

\* Indicates a Required Field

Preview OK Cancel

459 Figure A.11. Template: Cardiology Pre-Op Consult (Screen 2 of 4)

**Template: Cardiology Pre - Op Service**

☒ Echo. Done at PVAMC.  
☒ Cath. Done at PVAMC.  
☒ Myocardial Perfusion Scan. Done at PVAMC.  
☒ ETT. Done on date and location noted below.  
☒ Echo. Done on date and location noted below.  
☒ Cath. Done on date and location noted below.  
☒ Myocardial Perfusion Scan. Done on date and location noted below.

test

6) Has patient had a cardiac event or become symptomatic since evaluation or revascularization? (If yes, give details below)  
☒ Yes ☐ No  
 test

7) Does patient's current medications include the following?  
 (Check ALL that apply.) \*

☒ Aspirin  
☒ Clopidrogel  
☒ Warfarin  
☒ Beta blocker  
☒ Nitrates  
☒ Diuretics for CHF  
☒ Insulin  
☒ Immunosuppressives  
☒ Oxygen therapy  
☐ None of the above

8) Allergies and reactions? (If yes, give details below)  
☒ Yes ☐ Not Applicable  
 tset

9) Does the patient have poorly controlled diabetes? (HGA1C > 8)  
☒ Yes ☐ No Current HGA1C:

\* Indicates a Required Field    Preview    OK    Cancel

460

461 **Figure A.12. Template: Cardiology Pre-Op Consult (Screen 3 of 4)**

**Template: Cardiology Pre - Op Service**

8) Allergies and reactions? (If yes, give details below)  
 \* ☒ Yes ☐ Not Applicable  
 tset

9) Does the patient have poorly controlled diabetes? (HGA1C > 8)  
 \* ☒ Yes ☐ No Current HGA1C:   
 No HEMOGLOBIN A1C in the last 1Y

10) Is the patient's Serum CO2 level greater than 30? \* ☒ Yes ☐ No  
 N/A

11) Does the patient drink alcohol daily? \* ☒ Yes ☐ No  
 (If yes, give details below)  
 test

12) Are there other important clinical factors, patient values, etc. of concern?  
 (Such as Jehovah's Witness or patient has dementia) \* ☒ Yes ☐ No  
 (If yes, give details below)  
 test

13) What is the planned surgery and anticipated date?:  
 \* test

Please enter any additional comments or information below:

No Exercise Tolerance Test on file in the time period  
 No EKG on file in the time period  
 No EKG on file for the last 365 days.  
 No Echocardiogram on file in the time period  
 No Echocardiogram on file in the time period  
 Cardiac Catheterization on: 07/10/2008 13:16  
 PROCEDURE: Cardiac Catheterization  
 Indication info not found for last Cardiac Catheterization  
 Impression not found for last Cardiac Catheterization

\* Indicates a Required Field    Preview    OK    Cancel

462



463 **Figure A.13. Order a Cardiology Pre-Op Consult (Screen 4 of 4)**

**Order a Consult**

Consult to Service/Specialty  
Cardiology Pre - Op Service Outpt  
Cardiology Pre - Op Service Outpt

Urgency: ROUTINE  
Attention:   
Clinically indicated date:   
Patient will be seen as an:   
☐ Inpatient ☒ Outpatient  
Place of Consultation: CONSULTANT'S CHOICE  
Provisional Diagnosis: PRE - OP  
Lexicon

Reason for Request (not editable)  
NO. Patient can not exercise 4 METs.  
1) test  
2) Does patient have angina?  
Patient has unstable angina.  
3) Has the patient been hospitalized for CHF within the past year?  
Yes test  
4) Has the patient been revascularized in the past 5 years?

Cardiology Pre - Op Service Outpt Cons CONSULTANT'S CHOICE  
Accept Order Quit

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Appendix: Existing VA Artifacts

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Comment [116]:

Comment [117]: