

Oslo 18. april 2016



Teknologi for et bedre samfunn

# Med hjertet på Internett

## Sikkerhet i det medisinske IoT

Marie Moe, PhD, Forsker ved SINTEF IKT, Systemutvikling og sikkerhet



@MarieGMoe

@SINTEF\_Infosec

# NETT I HJERTET

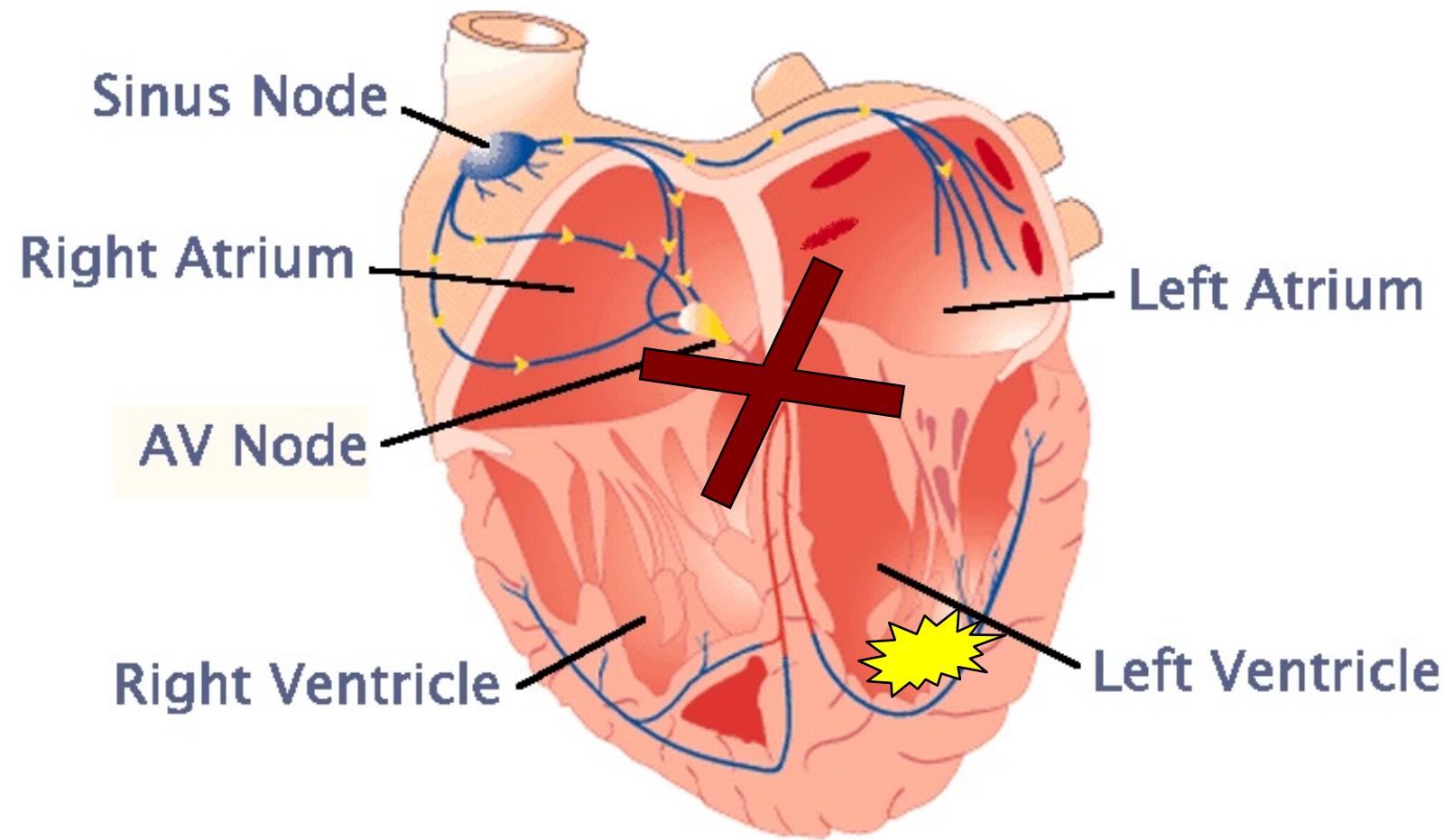
Da sikkerhetseksperten Marie Moe (37) fikk hjerteproblemer, oppdaget hun at det er mulig å hake livskritiske, medisinske apparater som pacemakere, morfinpumper og insulinutstyr.

TEKST OSMAN KIBAR FOTO MAXIM SERGIENKO

*Hamburg*

Dagens Næringsliv Magasinet 9. januar 2016

# Hjertets elektriske system



# Pacemaker

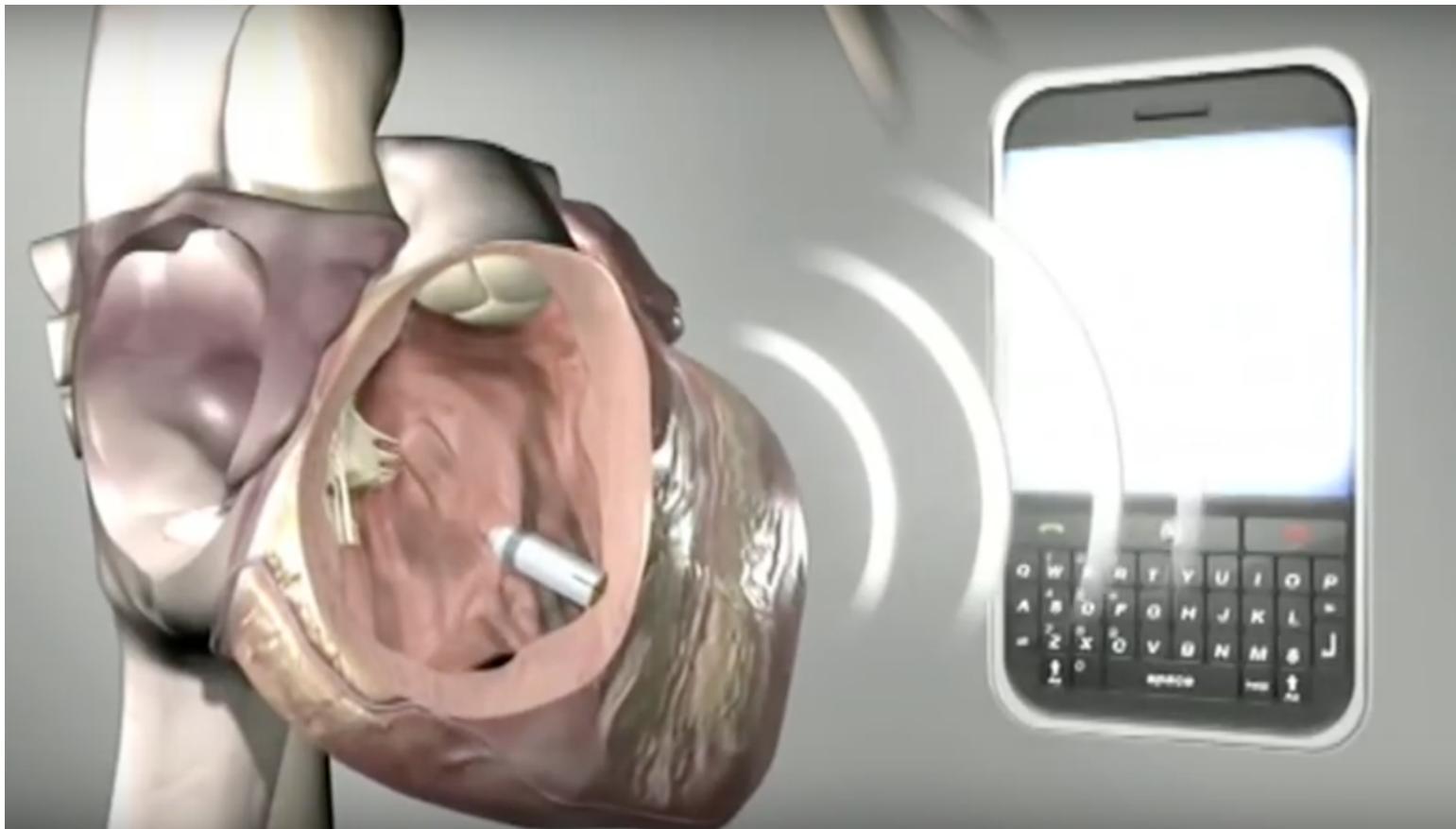


<https://www.youtube.com/watch?v=-f2FKmMneXY>

# Nyeste generasjon pacemaker



# I en ganske nær fremtid...



<https://www.youtube.com/watch?v=ZiQJlpd2n8k>

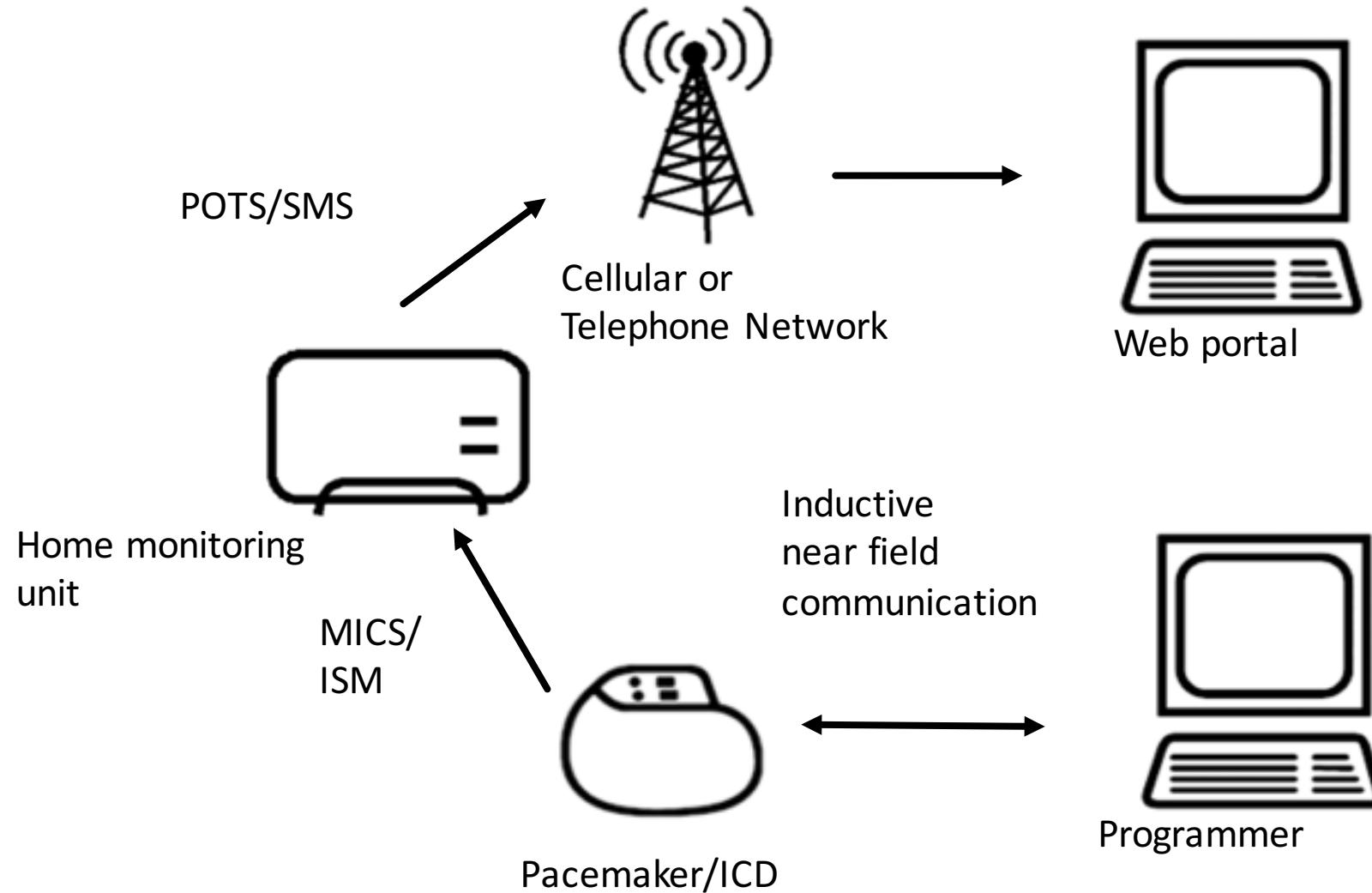
# Fremtiden er nå



<https://youtu.be/JzjXLtR5vkE?list=PLI6tVViVpg8gwKwWjYI8MOMUK8b0Rmm6v>

## Det "medisinske Internet of Things"

Når sensorsystemene implanteres i kroppen må vi beskytte vår personlige kritiske infrastruktur!



# Hva kan gå galt?



# Mulige konsekvenser

- Pasientinformasjon på avveie
- Tømming av batteri
- Feiltilstander og feilkonfigurasjon
- Livstruende feilbehandling
- Trusler og utpressing

# Utfordringer for sikkerhet i medisinsk utstyr

- Proprietære løsninger uten velkjente og standardiserte protokoller
- Leverandør krever hull i brannmur for fjerntilgang
- Standard eller hardkodede passord, dårlig nøkkeldåndtering
- Ikke implementert tilfredsstillende mekanismer eller rutiner for softwareoppdatering
- Det fysiske produktet har lang levetid og blir hengende etter i forhold til nye sikkerhetsmekanismer og utviklingen i trusselbildet
- Produkter som tradisjonelt har fungert i lukkede miljø kobles på nett
- Mangelfull regulering og lovverk
- Lav bruker- og bestillerkompetanse

Man kan ikke alltid stole på utstyrleverandøren...

## Guidant to pay a fine of \$296M

The Arden Hills-based firm was charged with misleading federal safety regulators.

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By **Janet Moore** Star Tribune | JANUARY 12, 2011 — 9:26PM

In what is believed to be the largest criminal penalty ever imposed in a medical device case, a federal judge on Wednesday approved an agreement calling for Guidant Corp. to pay \$296 million for concealing safety information about several of its heart devices.

# Hva skjer med min pasientdata i skyen?

Life of our patients is at stake - I am desperately asking you to contact



Posted by: md76040303317

Posted on: Apr 22, 2011 11:20 PM

This question is **answered**. Helpful answers available: **2**. Correct answers available: **1**.

Sorry, I could not get through in any other way

We are a monitoring company and are monitoring hundreds of cardiac patients at home.  
We were unable to see their ECG signals since 21st of April

Could you please contact us?

Our account number is: 9252-9100-7360

Our servers IDs:

i-bb5c0fd0

i-8e6163e5

i-6589720f

Or please let me know how can I contact you more directly.

Thank you

**Replies: 35** | **Pages: 2** - **Last Post:** Aug 12, 2011 8:17 AM by: Caryatid

# En veldig lang trapp...



# Når det som står på skjermen ikke stemmer...



# Fordelene utveier ulempene!

# Jay Radcliffe: Hacket sin egen insulinpumpe



# Hugo Campos: Tilgang til egen data fra ICD



# Dr. Kevin Fu: Forsker på sikkerhet i pacemakere/ICDer



**Kevin Fu** @DrKevinFu · Jan 20

Meeting w/pacemaker patient and patient security researcher  
@MarieGMoe at @US\_FDA. Thx 4 crossing the pond. #medsec



# Noen referanser

## Pacemakere:

- Kevin Fu et al:
  - Pacemakers and implantable cardiac defibrillators: Software radio attacks and zero-power defenses (2008)
  - Mitigating EMI signal injection attacks against analog sensors (2013)
- Barnaby Jack

## Annet medisinsk utstyr:

- Hardkodede passord og “medical device honeypots” (Scott Erven)
- Insulinpumper (Jay Radcliffe)
- Medisinpumper (Billy Rios)

# Første eksempel på tilbaketrekking pga cybersikkerhet

The screenshot shows the official website of the U.S. Food and Drug Administration (FDA). The header includes the U.S. Department of Health and Human Services logo, the FDA logo with the text "U.S. Food and Drug Administration Protecting and Promoting Your Health", and navigation links for "A to Z Index", "Follow FDA", and "En Español". A search bar is also present. The main menu at the top includes "Home", "Food", "Drugs", "Medical Devices", "Radiation-Emitting Products", "Vaccines, Blood & Biologics", "Animal & Veterinary", "Cosmetics", and "Tobacco Products". Below the menu, the "Medical Devices" section is selected. The breadcrumb navigation shows the path: Home > Medical Devices > Medical Device Safety > Safety Communications. On the left, a sidebar under "Safety Communications" lists "Information About Heparin" and "Preventing Tubing and Luer Misconnections". The main content area features a large title: "Cybersecurity Vulnerabilities of Hospira Symbiq Infusion System: FDA Safety Communication". Below the title are social sharing icons for Facebook, Twitter, LinkedIn, Pinterest, Email, and Print. The text "Date Issued: July 31, 2015" is followed by "Audience: Health care facilities using the Hospira Symbiq Infusion System" and "Device: Symbiq Infusion System, Version 3.13 and prior versions".

# **Postmarket Management of Cybersecurity in Medical Devices**

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## **Draft Guidance for Industry and Food and Drug Administration Staff**

***DRAFT GUIDANCE***

**This guidance document is being distributed for comment purposes only.**

**Document issued on: January 22, 2016**

<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm481968.htm>

# Hvordan få bedre sikkerhet?

- **Cybersafety-by-design:** Sikkerhet i programvareutviklingsløpet for medisinsk utstyr hos produsenter og i hele leverandørkjeden
- **Bevissikring:** Bevissikring og logging vil kunne brukes i hendelseshåndtering og etterforskning i etterkant av en hendelse der medisinske implantat kan ha blitt utsatt for cyberangrep
- **Testing:** Metodikk og rammeverk for tredjeparts testing
- **Patching:** Løsninger for rask og sikker patching av sårbarheter og sikkerhetshull i medisinske implantat
- **Resilience:** Hvordan sørge for at komponenter i det medisinske implantatet fortsetter å levere kritisk pasientbehandling også under feiltilstander eller forsøk på angrep

# I Am The Cavalry

The Cavalry isn't coming... It falls to us

## Problem Statement

Our society is adopting connected technology *faster than we are able to secure it.*

## Mission Statement

To ensure connected technologies with the potential to impact public safety and human life are *worthy of our trust.*



Medical



Automotive



Connected  
Home



Public  
Infrastructure

**Why** Trust, public safety, human life

**How** Education, outreach, research

**Who** Infosec research community

**Who** Passionate volunteers

**What** Long-term vision for cyber safety

**Collecting** existing research, researchers, and resources

**Connecting** researchers with each other, industry, media, policy, and legal

**Collaborating** across a broad range of backgrounds, interests, and skillsets

**Catalyzing** positive action sooner than it would have happened on its own

# Hippocratic Oath

## For Connected Medical Devices

**Cyber Safety Capabilities** What is your ready posture toward failure?



- ⌘ **Cyber Safety by Design** – Anticipate and avoid failure
- ⌘ **Third-Party Collaboration** – Engage willing allies to avoid failure
- ⌘ **Evidence Capture** – Observe and learn from failure
- ⌘ **Resilience and Containment** – Prevent cascading failure
- ⌘ **Cyber Safety Updates** – Correct failure conditions once known

**In Collaboration With**



Security  
Researchers



Patients



Device  
Makers



Policy  
Makers



Insurers  
& Payers



Physicians &  
Care Givers



Standards  
Organizations



Healthcare  
Providers



Government  
Agencies

<https://www.iamthecavalry.org/oath>

# Konklusjon

*Vår avhengighet av systemer som styres av programvare øker raskere enn vår evne til å sikre systemene*

- Utstyrsprodusenter må bygge inn sikkerhet i produktene
- Brukere må gjøre egne risikoanalyser og følge med på utviklingen i risikobildet
- Vi må innse at det vil gå galt, og planlegge for dette
- Mer uavhengig forskning og tredjeparts testing trengs
- Standardisering, ansvarsavklaring og bedre lovregulering

I am The Cavalry

# Takk til

Éireann Leverett (@blackswanburst)

Tony Naggs (@xa329)

Gunnar Alendal (@gradoisageek)

Hugo Campos (@HugoOC)

Scott Erven (@scotterven)

Alexandre Dulaunoy (@adulau)

Claus Cramon Houmann (@ClausHoumann)

Joshua Corman (@joshcorman)

Beau Woods (@beauwoods)

Suzanne Schwartz (US FDA)

Familie & venner ❤

# Takk for oppmerksomheten!

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