```
clc, clear, close all
load constants.mat
EnergyFrequency(0.07, 20, 2);
datetime(clock)
```

For an electron meff = 0.07, in L = 20 nm:
E2 = 54 meV; w2 = 8e+13 rad/s

ans =

  datetime

   11-Oct-2023 21:27:07

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