







```
Enum eSystemRole {
  Admin
  User
  Guest
Enum eActionType {
  Create
  Update
  Delete
  Deactivate
  Signup
  Signin
  Signout
Enum eTrainingGoal {
  Agility
  Balance
  Bulking
  Cardio
  Cutting
  Endurance
  Explosivness
  Flexibility
  Strength
```

## Enum eSocialMediaPlatforms {

```
Facebook
Twitter
Instagram
LinkedIn
YouTube
TikTok
Pinterest
Snapchat
WhatsApp
Telegram
Reddit
```



```
Enum elnjuryType {
  Kneelnjury
  ShoulderInjury
  BackInjury
  ElbowInjury
  WritstInjury
  AnkleInjury
  HipInjury
  NeckInjury
  Asthma
  HeartCondition
  Diabetes
  Arthritis
  HighBloodPressure
  LowBloodPressure
  Pregnancy
  ChronicFatigue
  Scoliosis
  PlantarFasciitis
  Tendinitis
  CarpalTunnelSyndrome
  ChestInjury
  Biceplnjury
  Triceplnjury
  QuadInjury
  HamstringInjury
Enum eMeasurementUnit {
  Kilograms
  Pounds
  Centimeters
  Inches
```

```
Enum eChallengeStatus {
 Pending
  Approved
 InProgress
  Completed
  Rejected
  Cancelled
 Failed
Enum eChallengeParticipantStasus {
 Joined
  Completed
 Dropped
 Disqualified
 Pending
 Inactive
 Failed
 Suspended
 Mastered
```

