Fast Food Nutrition Analysis

This project explores nutrition data from different fast food

Restaurants using Excel.

What’s in the Dashboard

* Restaurant slicer : lets you filter the charts by restaurant
* Average Calories by Restaurant : shows which restaurants

have the heaviest foods on average

* Average Sugar by Restaurant : compares how much sugar

their items with the most calories

* Top 10 Highest Calorie items : highlights the single menu

items with the most calories

* Average Protein by Restaurant : shows which restaurants

offer more protein rich options

Tools Used

Excel(Pivot Tables, Pivot Charts, Slicer)