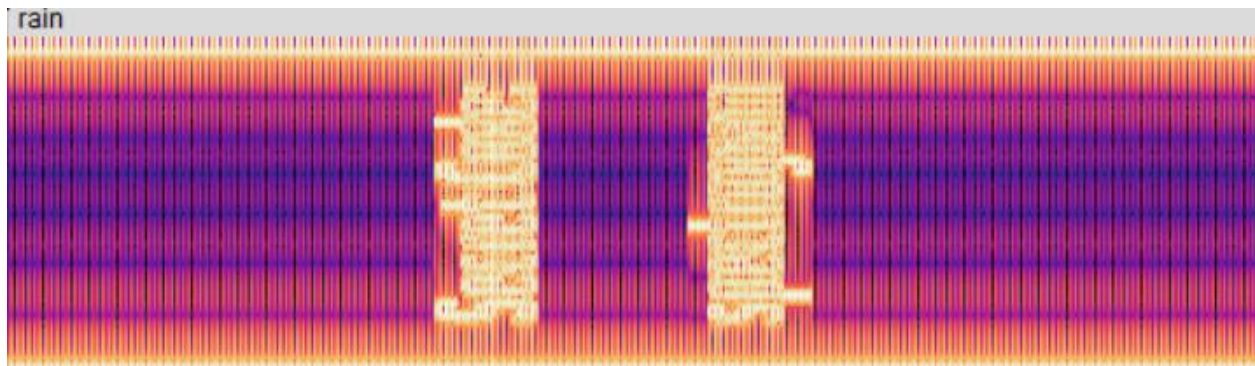If se open rain.wav with audacity, switch to spectrogram view and zoom to 5300-7000 frequency, we see this:

Now the plaintext word isn't completely readable, but given the context it seems we have SecretCode spectrogram, so we try to submit that as a flag and it works. Otherwise, we probably would have need to mess around a bit with the window size to improve the quality.

Made with love by: AndreiCat