

# **1. How technology helps improved our lives**

Technology has changed the way people live their everyday lives. It's present in almost everything you do, from how you communicate to how you perform your day-to-day tasks. Thanks to technology it's now easier to go to work or perform household chores. There are various gadgets and equipment that help people live their lives more conveniently. It has also influenced various fields in today's society, such as transportation, education, and medicine.

**Here are some of the benefits of technology in people's lives:**

## **1. Communication Is More Convenient**

Nowadays, there are various means available for everyone to communicate with each other. People can quickly gain access to a mobile phone or a computer, and connect with anyone with the use of the Internet and social media.

The advancements in technology helped pave the way for a faster and easier way to communicate. In the past, exchanging information takes days, sometimes even weeks, since the only way to reach someone distant is through letters or greeting cards. But, now, you can send someone an e-mail in a matter of seconds.

## **2. The Healthcare Industry Became More Efficient**

Another significant benefit of technology in people's lives is the modernization of the healthcare industry. Gone are the days of long lines in the outpatient ward and hours of waiting for a doctor's consultation. Patients can schedule a hospital visit using their mobile phones and check if their doctor's office is open. This way, they don't need to waste their time going to a hospital only to be informed that a doctor can't see them. Hospital procedures are also faster and more efficient, thanks to technology. For instance, healthcare document scanners are now used by many medical facilities to digitize old medical files for easier access. By moving printed documents to a digital system, any healthcare staff can conveniently access a patient's record with a computer. It also lessens the risk of misplacing or losing a patient's records since all information will be stored safely on a web application.

## **3. Access To Information Is Easier**

Before the digital age, searching for specific information means spending hours looking through printed sources, like books, newspapers, and magazines. But, now, all you need is a phone and access to the Internet to find what you need.

Thousands of resources are available on various online platforms, making it convenient for someone to search for the information they need. For instance, technological tools help people access details about their health conditions, which aren't too serious to require medical attention. You can take care of simple health concerns, like allergies or

a cold, since you can search for natural remedies or preventive measures you can do at home.

#### **4. Advancements In Medicine**

Thanks to technology, treatments that seemed too far-fetched are now possible. It's not unusual for hospitals to perform complex treatments, such as organ transplants or chemotherapy, to cure patients suffering from serious illnesses.

Patients who are battling severe health conditions have a higher chance of surviving today, thanks to the vast contributions of technology to the field of medicine. Various medical research and development efforts have also been done to find treatments for serious diseases that seemed incurable before technological advancements.

#### **5. Better Opportunities For Learning**

Classroom learning is now made more interactive and engaging to keep students interested. Teachers use technology to plan activities and create learning materials that may help students pay attention in class.

Technological tools and online applications have also made e-learning or remote learning possible. People who wish to get a degree can now do so in the comfort of their own homes. The integration of technological tools in learning gives students more flexibility and access to education that weren't available before the digital age.

Now, students can access lessons online and find other resources, such as videos or research papers, to better cope with their studies.

#### **Final Thoughts**

There's no doubt that life has become more comfortable, thanks to technology. It's almost unimaginable to live a day without the use of technology since it's present in nearly everything people use. Of course, the digital age also comes with some disadvantages, such as over-dependence on mobile phones or addiction to social media.

However, there's no denying that technology also made a lot of things better for everyone. Essential aspects of today's society, such as healthcare and education, have improved significantly thanks to technology.

<https://www.healthtechzone.com/topics/healthcare/articles/2021/02/19/448068-5-ways-technology-has-improved-our-quality-life.htm#:~:text=Thanks%20to%20technology%2C%20it's%20now,transportation%2C%20education%2C%20and%20medicine.>

# advantages and disadvantages

## **Advantages of new technology:**

- easier, faster and more effective communication
- better, more efficient manufacturing techniques
- less wastage
- more efficient stock management and ordering systems
- the ability to develop new, innovative approaches
- more effective marketing and promotion
- new sales avenues

## **Disadvantages of new technology include:**

- increased dependency on technology
- often large costs involved with using the latest technology (especially for small businesses)
- increased risk of job cuts
- closure of high street stores in favour of online business
- security risk in relation to data and fraud
- required regular updates
- can go down or have faults, which can stop all business operations instantly

<https://www.bbc.co.uk/bitesize/guides/z4bjjhv/revision/6>